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WELCOME TO THE "NEW NORMAL"

What a difference a year makes. On March 2 of last year, spring semester classes at OLLI at AU began normally. Over the next several days, more than 1100 members participated in 93 classes, mingled in our social spaces, dropped by our offices, and experienced the joy of parking in the basement. A week later, the classrooms were empty, and the social space and offices closed as we switched to remote operations via a not-then-widely-known technology named Zoom. Some SGLs cancelled courses because they were uncomfortable with the new technology or felt it would not work well with their courses. Some members withdrew from classes for similar reasons. However, by the time the June Minis and July Shorts rolled around, we—SGLs, members, and staff—were getting our technological footing.

By the end of the fall semester, operating remotely had become not only our New Normal, it actually seemed normal.

Now, as we approach the coming fall semester, we are moving toward yet another New Normal, one that will itself evolve over the academic year. The biggest and most exciting change, of course, will be the return to some in-person classes and other activities. As you will see, we are offering a mix of in-person, hybrid (a combination of in-person and Zoom) and Zoom-only classes. By next February and spring, the large majority of our classes will be in-person and hybrid. We can't wait to see our OLLI friends on campus, but we know that Zoom is an important part of our program now and in the future. SGLs and members who have mobility concerns or who move away from the Washington area can still offer courses or attend some classes here. Thanks to Zoom recordings, members can now view classes or lectures they missed or other classes that interest them. A planned permanent library of selected class recordings will provide a treasure trove of the "Best of OLLI" over the years. In short, we are in many ways a different OLLI from a year or even six months ago, an ironic benefit of the pandemic. The "New Normal" is here to stay even as it continues to change.

We are therefore doubly excited about the fall semester, not only for what we consider to be a very rich list of offerings, but also to see how our experimental trifecta of formats works. We hope you are excited as well. To accommodate your preferences for the different formats available, we have revised the registration process to give you more options (see page 7 for details). Lottery day is September 7. We look forward to receiving your feedback during and at the end of the semester. Meanwhile, we want to extend strong thanks and congratulations to our SGLs, members of the Curriculum Committee, and OLLI staff who have worked so long and hard to bring all these parts together.

In conformance with American University policy, any person attending Fall 2021 OLLI-related classes or events in any AU facilities, must be fully vaccinated, with certain medical and religious exemptions.

John Barger
Chair, Board of Directors

Tony Long
Executive Director

Mailing Address: 4400 Massachusetts Avenue NW, Washington, DC 20016
An Equal Opportunity/Affirmative Action Organization
Phone: 202.895.4860 | **Email:** olli@american.edu | **Website:** www.olli-dc.org

MISSION

The Osher Lifelong Learning Institute (OLLI) at American University is an association of, by, and for the people in the Washington, DC area who wish to continue to study and learn.

*OLLI at AU is dedicated to the proposition that learning is a lifelong process and that **curiosity never retires.***

EQUAL OPPORTUNITY

OLLI does not discriminate on the basis of race, gender, age, religious preference, national origin, or sexual orientation.

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PARKING

Parking is available in the garage beneath 4801. In accordance with DC regulations and AU’s “Good Neighbor Policy,” **OLLI members are required to park in AU lots while attending OLLI.**

FALL IMPORTANT DATES

- Sept. 7 Lottery Day
- Sept. 9 Class assignment letters emailed
- Sept. 14 **Open House:** 10:00 AM via Zoom
- Sept. 20 Fall classes begin
- Oct. 1 **Fall refund deadline**
- Oct. 22 **Town Hall** via Zoom
- Dec. 3 Last day of classes

REFUNDS

The office must receive requests for refunds in a written note or an e-mail **no later than close of business on the date listed above.** A \$10 processing fee will be assessed.

INCLEMENT WEATHER

OLLI follows American University’s weather policy. If AU has a delayed opening, OLLI’s 9:45 AM classes are cancelled and the 11:45 AM and 1:45 PM classes are held. If AU is closed, OLLI also is closed for the day and all classes, including classes on Zoom, are cancelled. **OLLI posts a notification of any delay or closure on its website (olli-dc.org) by 6:30 AM and sends an email to all registrants.**



WHAT IS OLLI AT AU?

Drawing on the talent and experience of seniors in the Washington, DC area, the Osher Lifelong Learning Institute (OLLI) at American University offers a unique opportunity to continue learning at the university level. Members come from varied social, economic, and career backgrounds, ranging from business, academia, and homemaking to education, the arts, and government service. What they have in common is a genuine interest in continuing their learning experiences and intellectual stimulation by participation in an organization with other “seasoned learners.” There are no educational prerequisites for membership in OLLI.

Learning Community

The basic concept of the program is that of peer learning and teaching designed specifically for people who are 50 years of age or older. Members participate fully in study groups through preparation for, and involvement in, discussions on a wide variety of subjects. There are no tests and no grades; members participate purely for the joy of learning. Members are encouraged to discuss the possibility of leading a study group with members of the Curriculum Committee and by participating in our Study Group Leader Training Orientation.

Membership Involvement

Members become involved not only as study group leaders or representatives but also as participants on an elected board and appointed committees. As a democratic membership organization, OLLI depends on the volunteer services of its members. Members are strongly encouraged to participate in one or more of the following:

The **Board of Directors** and its various **committees** develop and implement policies, procedures, and activities designed to enhance the overall program.

Study Group Leaders (SGLs) are members with special expertise or interests who wish to share these with other members by designing and leading study groups. They are entitled to free classes during the semester they lead a group or the following semester.

HOW IS OLLI AT AU ORGANIZED?

OLLI at AU is an independent, 501(c)(3) nonprofit organization incorporated in Washington, DC, and is part of the Osher Lifelong Learning Institute National Network, which now includes 125 Institutes in all 50 states and the District of Columbia. **For the 2021 Fall semester, we will offer classes in three formats: in-person, online, and hybrid (SGL and some members in-person with other members participating online.)**

Support of OLLI at AU

Membership fees (\$270 this semester) support the program. OLLI is further supported by an endowment from the Osher Foundation given to, and managed by, American University. OLLI receives a percentage of the interest from the endowment annually to assist in funding OLLI’s operations.

The Friends of OLLI Fund, established by the Board of Directors, is a reserve fund helping OLLI maintain affordable tuition, expand and enhance its physical facilities, and develop innovative and diverse programs.

THE ABCs OF OLLI

Accessibility

OLLI is making every effort to accommodate members. The building is accessible. We provide documentation in large print format, ask our Study Group Leaders to turn on captions for all videos, and continue to research Zoom and its third-party providers to identify plug-ins to aid accessibility. Please contact the office if you need help in accessing classes or materials.

Adding or Dropping Study Groups

Members may add, drop, or change study groups through the second week of a semester.

American University Benefits

AU Library

Typically, all registered OLLI members may use the AU Library. However, at this time, the University does not know whether the library will be open to members.

Jacobs Fitness Center

Likewise, typically, OLLI members are eligible for an annual membership at the Jacobs Fitness Center (202-885-6267) at a discounted rate. However, at this time, the University does not know whether the Fitness Center will be open to members.

Books

Books are available through Politics and Prose bookstore at 5015 Connecticut Avenue NW, Washington, DC 20008, 202-364-1919 or politics-prose.com online.

Books also can be ordered online (often at reduced prices) or purchased at other book stores. The following are some online suggestions for purchasing books, in alphabetical order:

AbeBooks.com, AddAll.com, Alibris.com, Amazon.com, BookOutlet.com, BookFinder.com, eBay.com, and Powells.com.

You also can help support Black-owned bookstores in the DC, Maryland, and Virginia, including the following stores. Many offer online ordering and shipping.

- In DC: [Loyalty Bookstore](#), [Mahogany Books](#), [Sankofa](#), and [Solid State Books](#);
- In Maryland: [Black Stone Bookstore & Cultural Center](#), [Everyone's Place](#), and [Wisdom Book Center](#); or
- In Virginia: [Books and Crannies](#), [Harambee Books & Artworks](#), [House of Consciousness](#), [Positive Vibes](#), and [Urban Moon Books](#).

Contact Information

Please log into your OLLI account to ensure your contact information, including your home and cell telephone numbers, email, and an emergency contact name and relationship, are current and accurate.

EVENTS

Open Houses occur each fall and spring, enabling new and continuing members to get together, learn about OLLI, and meet board members and study group leaders.

The **Semester Lecture Series** features members of the greater Washington, DC, community presenting free lectures on Fridays from 1:30 to 2:30 PM.

Interim Lecture Series are held on weekday mornings in January and May—from 10:00 to 11:00 AM—featuring speakers on a variety of subjects. Lectures are free.

Special events, including Serendipities!, trips, Coffee Chats, Happy Hours, and virtual tours, are held at various times.

The **Town Hall** in the fall and **Annual Meeting** in the spring give members an opportunity to voice concerns, ask questions, and learn more about OLLI's future plans.

Directory of Members

We publish a member directory each semester listing members' names, addresses, phone numbers, and emails. The directory is available online to download during the second week of classes. A limited number of printed copies are available upon request. Please note the Privacy Policy on the next page.

Email and E-Newsletter

Email is our primary means of communication. Please check your email several times per week during the semester. Also, we email a weekly newsletter on Friday mornings.

Fourth Study Group

After class assignment letters are emailed to members, members may add a free fourth study group on our website.

Lecture Series

We offer four Lecture Series throughout the year. During each semester there is a lecture on Fridays from 1:30-2:30 PM. In January and May, there are lectures on various weekday mornings from 10:00-11:00 AM. During fall 2021, all lectures will be held on Zoom. No registration is required for lectures held via Zoom. The Zoom link is included in the weekly e-newsletter.

Lost and Found

There is a lost and found box beneath the table outside the OLLI office. Please check there if you have misplaced something.

Lunchtime Options

Brown bag lunch with OLLI friends in one of the social spaces on the 5th floor. Buy lunch to carry out or eat in at DeCarlo's Restaurant, Le Pain Quotidien, Millie's, Starbucks, or Wagshal's Market—all within one block of 4801 Massachusetts Ave. NW.

Membership Fee

The fee paid each semester (or for both the fall and spring semesters) is a membership fee. Members may take from one to three study groups for the semester fee. The fee is not a fee per study group. The membership fee entitles you to all of the benefits of membership at OLLI at AU.

Minis

Minis are study groups held once-a-week for four weeks during the month of June. Each class session is 1½ hours long.

Nametags

Please wear your OLLI nametag to all in-person classes. Lanyards and plastic nametag holders are available outside the office.

Parking (See page 4.)

Privacy Policy

OLLI at American University is highly sensitive to the privacy interests of members and believes that the protection of those interests is one of its most significant responsibilities. We publish the member directory as a courtesy to members. We expect members to respect other members' privacy. The directory is not to be shared with others outside of OLLI. If you have questions about this policy, please contact us at 202-895-4860 or olli@american.edu.

Refunds

The office must receive requests for refunds by the deadline specified on the second page of the catalog, opposite the table of contents. A \$10 processing fee will be assessed.

Scholarships

If you need scholarship assistance, please download and complete the scholarship request form on the website. All requests are confidential.

Semesters

OLLI at AU has two regular academic semesters: Spring, which begins in March and Fall, which begins in September. Semester study groups run for 8 to 10 weeks. Each class session is 1½ hours long.

Serendipities!

OLLI at AU members and their friends are invited to give a talk or presentation to the OLLI membership as part of our Serendipities! program. To arrange a Serendipity, please contact the OLLI office by email at olli@american.edu or by phone at 202-895-4860.

Shorts

We offer February and July Shorts, three- to five-day immersion study groups. Each class session is 1½ hours long.

Spring Valley Building

American University and OLLI at AU refer to 4801 Massachusetts Ave. NW as the Spring Valley Building.

Texting

Sign up to receive text messages regarding delayed openings, closings, cancelled classes, etc. **1.** Login to your account. Click on "Edit Account" in the menu on the left. Add your cell phone number to your account if it does not appear, then click "Submit." A blank page titled "Overview" appears. **2.** Click on "Text Messaging." Click on the blue button that reads "Opt In for Text Messaging." You will receive a text to confirm. **3.** Reply "YES." You can opt out at any time.

Transfers

Membership in OLLI is not transferable. Spouses or partners must have their own individual memberships.

Trips

Each academic year we try to offer several trips. Typically, buses are provided. Trips sometimes include boxed lunches or meals at a restaurant. Recent destinations have included:

- Arlington Cemetery
- The State Department Diplomatic Rooms
- Museum of the American Revolution, Philadelphia
- Behind the Scenes at The National Cathedral
- Virginia Museum of Fine Arts, Richmond

Vending Machines

There are vending machines with water, soda, and snacks on the 4th and 6th floors.

Waitlists

If a seat opens in a class which has a waitlist, members will be contacted by staff and offered a seat in the order in which they appear on the waitlist.

Weather Policy for Class Cancellation

OLLI follows American University's weather policy. If AU has a delayed opening, OLLI's 9:45 AM classes are cancelled and the 11:45 AM and 1:45 PM classes are held. If AU is closed, OLLI also is closed for the day and all classes, including classes on Zoom, are cancelled. OLLI posts a notification of any delay or closure on its website (olli-dc.org) by 6:30 AM and sends an email to all registrants.

Website

Please visit the OLLI website at www.olli-dc.org:

- to view our calendar, including lectures and events;
- to register for classes and to pay membership dues with a credit card in an encrypted, secure transaction;
- to add, drop, or change classes; to request a refund; to volunteer; and/or
- to make a donation.

Wi-Fi

Wi-Fi at OLLI is free. The Network Name is AUGuest-ByRCN. No password is required.

PARKING & TRANSIT

Public Transportation

Visit the **Parking & Transit page (in the About submenu)** on our website at for up-to-date information on using public transportation to attend OLLI activities.

Parking

Parking is available in the garage beneath 4801. In accordance with DC regulations and AU's "Good Neighbor Policy," all members of the AU community—including OLLI members—are required to park in AU lots while attending OLLI. Parking on the street while attending OLLI likely will result in a \$200 parking ticket from AU. For full parking information, visit the **Parking & Transit page (in the About submenu)** on our website.

Parking Payment Options

Parking is \$2 per hour. **You must pay for parking before class.** You must know your vehicle's license plate number. **You may pay with cash or credit card: 1) at the kiosks located on each level of the 4801 garage, or 2) with credit card by phone, or 3) with credit card using the PayByPhone app.**

How to Use Pay By Phone

Dial 888-450-7275. The first time, you will be prompted to:

- Enter your cell phone number
- Create a 4-digit pin number
- Enter your 16-digit credit card number
- Enter your 4-digit expiration date
- Enter the 4-digit location code for Spring Valley Garage: 4889
- Enter your license plate number.
- Enter the number of hours you want to park.

AU SHUTTLE BUS FROM TENLEYTOWN METRO

For full information on the shuttle service, go to: <http://www.american.edu/finance/transportation/shuttle.cfm> on AU's website.

The AU shuttle buses are kneeling buses and are handicapped accessible.

A free, open-to-the-public AU shuttle bus leaves regularly from the Tenley Metro station, makes stops at the Katzen Center, and then at the Spring Valley Building (4801 Massachusetts Ave. NW), where OLLI is located. To return to the Katzen Center Garage or the Metro, catch the shuttle at the shuttle bus stop behind 4801 Massachusetts Ave. NW.

How to Use the PayByPhone App

You can download the free "PayByPhone" app from the App Store or Google Play Store to pay for parking via your smartphone.

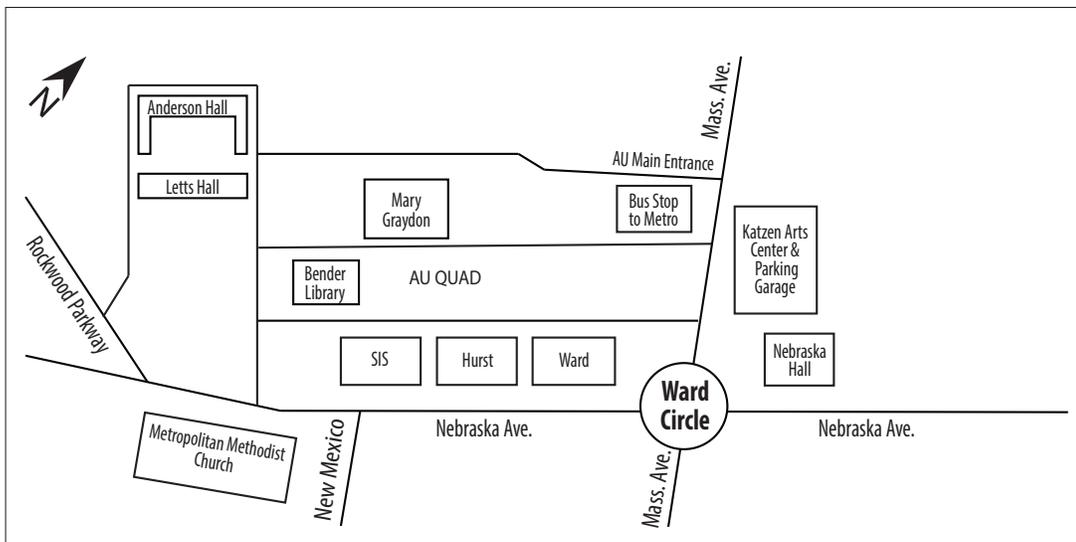
The first time you need to:

- Enter your cell phone number
- Create a 4-digit pin number
- Enter your 16-digit credit card number
- Enter your 4-digit expiration date
- Enter the 4-digit location code for Spring Valley Garage: 4889
- Enter your license plate number.
- Enter the number of hours you want to park.

MAP OF OLLI MAIN LOCATION



MAP OF AU CAMPUS



INTRODUCING HYBRID CLASSES

With the Fall semester, OLLI is offering classes in three formats: Online Only, In-Person Only, and Hybrid. In hybrid classes, the SGL and some members of the class are in-person while other members participate via Zoom. In the catalog, each course description lists the format. When registering for a hybrid class, you must select whether you want to attend in-person (Hybrid In-Person) or by Zoom (Hybrid Zoom). List both formats if the class is a priority and you're willing to attend either format. Given the greater number of options, you can now prioritize up to 12 classes for the lottery, instead of just six. As always, the lottery will then assign you to up to three classes.

REGISTRATION PROCESS

Registrations are due by 8:00 AM Tues., Sept. 7, for the Fall Lottery. Class sizes are determined by Study Group Leaders' requests, classroom capacity, and the office. If a study group is oversubscribed on Lottery Day, registrations in that class are subjected to a random, computerized lottery. Members who are not selected for said study group are put on the waiting list and will be emailed by the office if space becomes available. **Class assignment letters will be emailed by Thurs., Sept. 9.**

We will continue to accept registrations on a space-available basis until the semester begins. **OLLI reserves the right to cancel any study group. Members registered in a study group that is cancelled will be notified immediately so that they may select an available alternate.**

JOIN OLLI AT AU

You may join OLLI, pay for membership, register for study groups, and donate to OLLI, all at once. To do so, complete the form on the following pages. Mail the form to the address on the form with a check made payable to OLLI. Or register online at www.oli-dc.org to pay with a credit card in an encrypted, secure transaction.

To register, you will need to create a user account. Follow the steps below to do so.

1. Go to <http://www.OLLI-DC.org>

Click on "Membership" in the menu at the top of the page.

A submenu appears. Click on "Join OLLI."

2. A new screen appears titled "Join OLLI." Click on "create an account" in the first paragraph.

3. Fill in the contact information form including entering a username and password. Write your username and password below. If you lose your username, the OLLI office can give it to you. If you forget your password, you can reset it or ask the office to do so.

Username _____

Password _____

4. Follow the instructions under Register for Study Groups.

REGISTER FOR STUDY GROUPS

1. Identify the number of study groups you are interested in taking. **You must select 1, 2, or 3.**
2. **Prioritize up to 12 study groups** based on your preference for taking the study groups.
(1 = highest priority and 12 = lowest priority).

If the class is hybrid, be sure to include your desired format, in-person or online. If you are willing to attend either in-person or online, be sure to list each format for the class. See the example on the registration form.

Note: Prioritize your study groups by whichever method works best for you: subject matter, time/day, location, or Study Group Leader. Even if you mark that you only want to take one study group, you may still prioritize up to 12 study groups. When the system processes your registration, it will assign you to your highest priority study groups that are available.

Note: All members have an equal chance at getting into a class. There is no restriction if a member has taken a Study Group or Study Group Leader previously.

3. Submit your registration.
4. You will receive email confirmation of your **pending** registration.
5. After Lottery Day, you will receive by email **your class assignment letter.**

Through the second week of classes, you can change your schedule online or by emailing the office.

You may register online for a fourth course AFTER you have received your class assignment letter.

Study group leaders spend a prodigious amount of time preparing their classes. Please attend the classes for which you are registered and only the classes for which you are registered.

OLLI AT AU REGISTRATION FORM

FALL 2021: SEPTEMBER 20 – DECEMBER 3

4400 Massachusetts Ave. NW • Washington, DC 20016

Phone 202.895.4860 | Email: OLLI@american.edu | website: www.OLLI-DC.org

Register for 2021 FALL SEMESTER
by 8:00 AM, Tues., Sept. 7, 2021
to be included in the Lottery

Please complete all parts of the registration form. See directions on the previous page. You also can register online at www.oll-i-dc.org

CONTACT INFORMATION

FIRST NAME _____ LAST NAME _____

STREET ADDRESS _____ APARTMENT NUMBER _____

CITY _____ STATE _____ ZIP _____ E-MAIL ADDRESS _____

HOME PHONE NUMBER -- CELL PHONE NUMBER --

EMERGENCY CONTACT NAME _____ RELATIONSHIP TO EMERGENCY CONTACT _____

EMERGENCY CONTACT PHONE NUMBER --

REGISTER FOR STUDY GROUPS

- 1. SELECT whether you want to register for 1, 2, or 3 study groups.** Check only one box: 1 2 3
- 2. List up to 12 study groups in priority order.** A hybrid class has both in-person and online members. If you want a hybrid class, you must write either "Hybrid In-Person" or "Hybrid Zoom" as the Format, depending on which you prefer. If you wish to attend the class regardless of the format, be sure to list both formats. Please see the sample below in which 655 is a hybrid class and the member wants to attend regardless of format.

Number	Format	Study Group Name
1. 655	Hybrid In-Person	Tennessee Williams and the Golden Age of American Theater
2. 655	Hybrid Zoom	Tennessee Williams and the Golden Age of American Theater
3. 681	In-Person Only	Three Oedipus Plays by Sophocles
4. 142	Online Only	Intelligence and the US Intelligence Community

Number	Format	Study Group Name
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____
9. _____	_____	_____
10. _____	_____	_____
11. _____	_____	_____
12. _____	_____	_____

Please complete the other side of this form.

PAYMENTS

Please make checks payable to OLLI. Payment must accompany registration or register with a credit card online at: www.OLLI-DC.org. Financial assistance is available. Contact the OLLI office for information.

\$ _____ **\$270:** *Fall 2021 Semester Membership Fee*

\$ _____ **\$243:** *Fall 2021 Semester Membership Fee with AU 10% discount*

(Alum or alum spouse/current staff or spouse/current or emeriti faculty or spouse. The names of members using the AU discount are shared with the AU Alumni Office for data-tracking purposes only.)

\$ _____ **\$550:** *Fall 2021 and Spring 2022 Semesters Membership Fee*

\$ _____ **\$495:** *Fall 2021 and Spring 2022 Semesters Membership Fee with AU 10% discount*

(Alum or alum spouse/current staff or spouse/current or emeriti faculty or spouse. The names of members using the AU discount are shared with the AU Alumni Office for data-tracking purposes only.)

DIRECTORY LISTING

Please check the boxes below if you do NOT want your contact information included in our Membership Directory, which is produced as a courtesy to our members and is intended for internal use only.

DO NOT include the following in the OLLI Membership Directory.

My Phone Number My Street Address My E-mail Address

BECOME A STUDY GROUP LEADER

Check this box if you are interested in becoming a Study Group Leader at OLLI.

Topic(s) of interest for leading a study group: _____

An OLLI staff member or Curriculum Committee member will contact you shortly. Please visit the website below for more information:

https://www.oli-dc.org/become_a_study_group_leader

VOLUNTEER

Contact the office by email at olli@american.edu or by phone at 202-895-4860 if you are interested in volunteering.

RETURN COMPLETED FORM

MAIL completed form to:

Osher Lifelong Learning Institute

4400 Massachusetts Ave. NW

Washington, DC 20016

SCHEDULE OF FALL 2021 STUDY GROUPS

Members attending **In-Person Only** classes and members attending **Hybrid classes in-person** will meet at 4801 Massachusetts Ave. NW. Study group 237 India: Culture, Traditions, and Gandhi will be held at the Gandhi Center, 4748 Western Ave., in Bethesda.

#	STUDY GROUP	LEADER	START	WKS	FORMAT
MONDAY 9:45 AM					
151	Middle East Institute Scholars Seminar	DeRoze, OLLI Coordinator	9/27	7	Online Only
244	Survivors and Descendants of the Holocaust: A Search for Meaning	Feinberg	9/27	10	In-Person Only
617	The Great French Songbook	Harper	9/20	10	In-Person Only
655	Tennessee Williams and the Golden Age of American Theater	Parlato	9/20	10	Hybrid
681	Three Oedipus Plays by Sophocles	Willens	9/20	8	Online Only
806	Medical Chi Kung	Reo	9/20	10	Online Only
831	Mastering Skills of Mindfulness Meditation	J Drobis, S Drobis	9/20	10	Online Only
MONDAY 11:45 AM					
292	Living Healthier and Happier in Retirement—Essential Steps	Bickford	9/20	9	In-Person Only
426	The Human Body	Shaw	9/20	11	Hybrid
501	Appalachian Dulcimer: More Tunes and Techniques	K Buglass	9/20	8	Online Only
630	Then and Now: Daring to Rewrite Bronte and Gaskell	Freeman	9/20	8	Online Only
690	Anthony Trollope's <i>The Prime Minister</i> (Palliser 5)	Moody	9/20	10	Online Only
794	Eight American Stories (as told by Master Historians)	Connell	9/20	8	Hybrid
834	Mastering Skills of Mindfulness Meditation: Intermediate Level	J Drobis	9/20	10	Online Only
MONDAY 1:45 PM					
377	Understanding Trade Issues	Graef	9/20	10	Hybrid
403	Drinking Water from A to Z. What You Should Know. Is It Safe?	Cotruvo	9/20	8	Online Only
440	Adults Conquering Technology IV (ACT IV)	Cahn, Friedman	9/20	8	Online Only
505	Mozart — One of the Wonders of the World!	Flaxman	9/20	11	Online Only
603	Cours de Lecture et Conversation en Français	Férat	9/20	10	In-Person Only
631	Understanding Families Through Plays	KG Lewis	9/20	8	Online Only
838	Mommie Dearest—The Great Mother Goddesses of World Mythology	Croog	9/20	11	Hybrid
TUESDAY 9:45 AM					
250	TED Talks	Mindel, L Lewis	9/21	8	Online Only
489	Mathematics in Fiction	Atkinson	9/21	8	Online Only
618	La Vuelta al Mundo con Cuentos Cortos—Tertulias	Grigera, Reilly	9/21	8	Online Only
620	Italian Conversation and Culture	Mongini	9/21	10	In-Person Only
646	Poetry Craftshop: Between My Eyes Is Always the Rain, the Migrant Rain	Pierson	9/21	10	In-Person Only
658	Reviewing <i>The New York Times Book Review</i>	Moldauer, C Weichel	9/21	8	Online Only
701	The Myth and Reality of the Wild West	Vorhes	9/21	10	Hybrid
TUESDAY 11:45 AM					
185	Making a Difference? The Role of Nonprofit Organizations	Belden	9/21	8	Hybrid
201	The Evolution of Mind	Keatley	9/21	10	Online Only
242	Marketing II	Batra	9/21	8	Online Only
480	The Ups and Downs of Weather	Brown	9/21	10	Online Only
702	Cruising with OLLI: Cruise Ship Lectures Around the World	Snyder, Glakas	9/21	8	Online Only
850	A Yogi's Approach to the Evolution of Human Consciousness as Expounded by the Teachings of Paramahansa Yogananda	Carter	9/21	9	Hybrid

#	STUDY GROUP	LEADER	START	WKS	FORMAT
TUESDAY 1:45 PM					
112	Understanding Asia	Hadden	9/21	9	Online Only
172	Current Events and Public Policy II	Nevins, Levine, Porter	9/21	8	Online Only
180	Today's Supreme Court: A Course for Citizens	Hansen	9/21	9	Hybrid
492	The Human Immune System	Taran	9/21	10	Hybrid
651	A Writing Workshop: <i>Writing Down the Bones</i>	Ward, Spector	9/21	8	Online Only
653	Plagues We Have Known	Urofsky	9/21	8	Online Only
790	Off the Beaten Path in the DC Area	R Buglass	9/21	10	Online Only
WEDNESDAY 9:45 AM					
171	Current Events and Public Policy I	Nevins, Porter, King	9/22	8	Online Only
350	Protecting and Maximizing Your Retirement Income	Hurwitz	9/22	8	Online Only
361	Behavioral Economics	Daney	9/22	8	Online Only
460	Exponential Organizations in Our Changing World	Kolodney	9/22	10	In-Person Only
479	Understanding Environmental Issues: Making Choices	Hinga	10/6	9	Hybrid
511	Looking at Architecture	Vorhes	9/22	10	Hybrid
615	Deutsch fuer Fortgeschrittene	Caraher	9/22	9	Online Only
WEDNESDAY 11:45 AM					
113	What Is to Be Done	Elkin	9/29	8	Hybrid
196	The Shocking Emmett Till Story Told Through the Lens of the Law	Collins	9/22	7	Online Only
252	Exploring Our Hidden Brain: How Emotions Shape Our Decisions	C Weichel, K Weichel	9/22	8	Online Only
415	Science and Public Policy	Katz	9/22	8	Online Only
510	Songs of Sex, Drugs and Rock 'n Roll (and More!)	Gondelman	9/22	10	Hybrid
616	Hablemos en Español—Curso Intermedio/Avanzado	Keller	9/22	8	Online Only
695	One-Offs, Odd Lots, and Nonpareils: Idea-Driven Remarkable Fictions	Plotz	9/22	10	In-Person Only
WEDNESDAY 1:45 PM					
104	The Knowledge Gap: The Hidden Cause of America's Broken Education System—And How to Fix It	Wexler	10/6	8	Online Only
110	Contemporary Issues in Law, Government, and Policy	Rolnick, OLLI Coordinator	9/22	10	Online Only
207	The Psychology of Parenting Adult Children	Weissbrod, Kendall	9/22	8	In-Person Only
289	Understanding Addiction	Meyer	9/29	9	In-Person Only
560	Doing Art with Collage	Mosner	9/22	8	In-Person Only
773	The Legacy of "The Great War"—Too Soon to Tell?	Palmer	9/22	11	Online Only
780	History of the Jews of Spain	Gorsky	10/6	8	Hybrid
THURSDAY 9:45 AM					
142	Intelligence and the US Intelligence Community	Roth	9/23	9	Online Only
251	TED Talks	Swan, Mindel	9/23	8	Online Only
619	Latin for Curious Beginners	Smith	9/23	11	Hybrid
640	Bible Story, Your Story: Poetry Reveals Scripture	Hendershot	9/23	8	Online Only
710	Seven Photographers Documenting 20th-Century America	Greene	9/23	9	Online Only
740	Race in America 1864 to the Present	Stewart	9/23	10	Online Only

#	STUDY GROUP	LEADER	START	WKS	FORMAT
THURSDAY 11:45 AM					
160	Education Inequality and Demographic Transformation	Blank, Usdan	9/23	8	Online Only
579	New Art Movements of the Late 18th Century Through the 19th Century	Leinberger	9/23	8	In-Person Only
621	Enjoying <i>The New Yorker</i> Together	Spurlock	9/23	9	Online Only
657	<i>Middlemarch</i> , by George Eliot	Frantz	9/30	8	In-Person Only
688	Performing <i>Our Town</i>	Light	9/23	10	Online Only
715	Jewish History and Life: Patriarchs to Israel	Berman	9/23	10	Online Only
786	America in the Fifties	Thurman	9/23	9	Hybrid
THURSDAY 1:45 PM					
370	Climate Change: Some Major Health and Economic Aspects	Ridker, Paulson	9/23	8	Online Only
500	Jazz 101	Stevens	9/23	8	Online Only
515	Operas in Four Languages	Eisen	9/23	8	In-Person Only
516	Best Ballet Performances	Lipkowitz	10/7	8	Hybrid
530	Curtain Up, Light the Lights: Broadway Musicals About Broadway Musicals	Moskowitz	9/23	8	Online Only
607	Beginning-plus Spanish	Schneider	9/23	10	In-Person Only
747	Poisonous Places: Historical Perspective on Toxins in the Home, Workplace, and Environment	Parascandola	9/23	7	Online Only
FRIDAY 9:45 AM					
199	How Literature and Drama Can Illuminate Politics and Government	Verdier	9/24	10	In-Person Only
232	Workshop: Finding Your Family History	Goodman	9/24	8	Online Only
591	This Is Your Brain on Architecture: Neuroscience in the Trenches	Shinberg	9/24	10	Online Only
671	From the Age of Theatre to the Age of Rhetoric	White	9/24	9	Hybrid
750	The Victorian Era: Key Literary and Political Figures	Leibowitz	9/24	9	Online Only
805	Meditation Class	Reo	9/24	8	Online Only
860	Kant	Ross	9/24	11	Hybrid
FRIDAY 11:45 AM					
111	Reconstruction and Its Legacies: The 13th, 14th, and 15th Amendments	Pomerantz	9/24	8	Online Only
237	India: Culture, Traditions, and Gandhi	Srimati	9/24	8	In-Person Only GMC
444	The Quantum World	Read	9/24	10	Online Only
598	Foreign Films	King	9/24	10	Online Only
861	Utilitarianism	Ross	9/24	10	Hybrid

FALL 2021 LECTURES

During the Fall semester, lectures will be held via Zoom from 1:30–2:30 PM on Fridays starting September 24, except October 22, when the Town Hall is held. Lectures are free and open to the public. The Zoom link to each Friday lecture is included in our e-newsletter which is emailed to all members and inquiries each Friday morning.

FALL 2021 STUDY GROUP DESCRIPTIONS

100 POLITICS, LAW & GOVERNMENT

104: The Knowledge Gap: The Hidden Cause of America's Broken Education System—and How to Fix It

NATALIE WEXLER

Eight Wednesdays (1:45 PM - 3:15 PM)

October 6

Online Only

We've long been trying to improve education outcomes and narrow gaps between students from wealthy and poor families, without success. There's a basic problem that's been overlooked: elementary schools focus on supposed reading comprehension skills like "finding the main idea" rather than trying to teach kids anything substantive. Yet scientific studies show the key factor in comprehension isn't skill, it's knowledge. Children from more educated families pick up academic knowledge at home, but others rely on school for that. And in our system, they're the least likely to get it there. We'll explore how this situation came about—and how we can turn education into the engine of social mobility that it should be. ***This study group has a high class size capacity.***

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Natalie Wexler is an education writer and the author of The Knowledge Gap: The Hidden Cause of America's Broken Education System—And How to Fix It. She is a senior contributor to Forbes, and her work has appeared in The Atlantic, The New York Times, and other publications. She has spoken on education before a wide variety of groups.

110: Contemporary Issues in Law, Government, and Policy

SUSAN ROLNICK, OLLI COORDINATOR

Ten Wednesdays (1:45 PM - 3:15 PM)

September 22

Online Only

Topics introduced by American University's School of Public Affairs will include: The Fate of the Filibuster; Re-Envisioning the American Policing Model: What Needs to Change and How Will It

Be Accomplished?; The Heartland Table: Telling the Story of the American Midwest Through Food; Authoritarian Challenges to US Democracy; Teacher Diversity and Student Success; Cruel and Unusual: The Impact of COVID-19 on Prisoners and Immigration Detainees; Cryptocurrency and the Nexus to Terrorism; Policing in America; Rebalance to Asia: The Overlooked Role of US Territories and Small Island Nations in US Security Considerations; and Assessing Biden's Relationship with Congress. ***This study group has a large capacity.***

This study group is a repeat with revisions.

Class Format: Lecture

Reading: No required reading.

Ranked among the top schools of its kind, American University's School of Public Affairs offers education in the fields of political science, public administration, public policy, and justice. It was founded in 1934 with a handful of graduate students.

111: Reconstruction and Its Legacies: The 13th, 14th, and 15th Amendments

DAVID POMERANTZ

Eight Fridays (11:45 AM - 1:15 PM)

September 24

Online Only

The era of Reconstruction lasted from the Emancipation Proclamation in 1863 to the withdrawal of Federal troops after the election of Rutherford B. Hayes in 1877. In this period, America abolished slavery and tried to repair the citizenship and voting rights of African Americans before reintegrating the 11 secessionist states and the former Confederate soldiers and supporters who lived there. In the 75 years that followed, the gains of Reconstruction were largely overturned by Black codes, Jim Crow laws, and violence. The 13th, 14th and 15th amendments, however, rank among the enduring legacies of the era. We'll study how those amendments were understood when proposed and how they came to be interpreted today. ***This study group has a large capacity.***

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: No required reading.

David Pomerantz taught political philosophy at SUNY Stony Brook in the early 1980s. He then worked for the House of Representatives, the House Rules Committee, and the House Appropriations.

112: Understanding Asia

RITA HADDEN

Nine Tuesdays (1:45 PM - 3:15 PM)

September 21

Online Only

Why is Asia thriving? How have China, Japan, India, and their Asian neighbors changed? What is China after? Join us for intelligent conversation on issues such as: How has Asian economic development impacted poverty, family, and gender patterns? Status of health and healthcare in Asia? Where are key Asian flash points? How is Asia dealing with disastrous pollution? What major changes could move Asia forward faster and better? Cultural Expectations: East vs. West. This study group will cover political, social, cultural, health, business, technology, and historical topics. Each week, class members receive articles via email that will be used for class discussion. Reading, class participation, and email address are required. ***This study group has a large capacity.***

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 1 hr/week.

Rita Hadden is Chinese-American, born in Hanoi, and lived in Saigon, Phnom Penh, Hong Kong, Thailand, China, and the US. She has traveled widely in Asia and worked in China for a year. She was President of the Asian American Forum in Washington, DC, and has lectured on Asian topics at OLLI for 10 years. Rita did management consulting for 40 years.

113: What Is to Be Done

STEPHEN ELKIN

Eight Wednesdays (11:45 AM - 1:15 PM)

September 29

Hybrid

In this course we will first establish that the American Republic is in serious decline. What then should be done? We will consider a variety of paths of reform running from changes in institutions to reforms of the party system. We also will consider whether our understanding of citizenship has been corrupted, and wonder whether statesmanship can save us.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 2-3 hrs/week.

Stephen Elkin has a PhD from Harvard and has taught at Smith College, University of Pennsylvania, and the University of Maryland.

142: Intelligence and the US Intelligence Community

MARK ROTH

Nine Thursdays (9:45 AM - 11:15 AM)

September 23

Online Only

This course presents an overview of intelligence activities and the US Intelligence Community provided by a retired US Intelligence Community senior executive. The key objective of this course is to understand the “ground truth” about intelligence and the Intelligence Community rather than what you may know from movies, TV, fiction, and the news media. We will examine the history and evolution of the field of intelligence, intelligence functions (e.g., analysis, collection, counter-intelligence, covert action), the organizational structure of the US Intelligence Community and oversight mechanisms, and the relationship between the Intelligence Community and its decision-maker customers. The required book is available for free download here: https://www.afio.com/publications/AFIO's_Intelligence_Study_Guide_ver1_for_public_release_2020July07.pdf. ***This study group has a large capacity.***

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

Mark Roth is a 34-year veteran and former senior executive of the US Intelligence Community. For the first half of his career he was an all-source intelligence analyst, and in the second half, he managed inter-agency analytic, collection, and strategic human capital projects.

151: Middle East Institute Scholars Seminar

VIRGINIA DEROZE, OLLI COORDINATOR

7 Mondays (9:45 AM - 11:15 AM)

September 27

Online Only

In one of OLLI's most popular offerings, scholars from the Middle East Institute (MEI) will present in-depth analyses on a wide-ranging set of issues. MEI Scholars include former ambassadors, university professors, journalists, and senior government officials who are experts in their fields. ***This study group has a large capacity.***

This study group is a repeat with revisions.

Class Format: Lecture

Reading: No required reading.

Founded in 1946, the Middle East Institute is the oldest Washington-based institution dedicated solely to the study of the Middle East. Its

founders laid out a simple mandate: "To increase knowledge of the Middle East among the citizens of the United States and to promote a better understanding between the people of these two areas."

160: Education Inequality and Demographic Transformation

MARTIN BLANK

MICHAEL USDAN

Eight Thursdays (11:45 AM - 1:15 PM)

September 23

Online Only

The class explores challenging education issues that will influence the future of our grandchildren and the country's social and economic viability. Starting with a focus on changing demographics, the purpose of public education and school finance and governance, the course will examine urban education; charters and choice; persistent racial and socioeconomic segregation; the school-community relationship; and student assessment beyond testing. We will scrutinize the impact of Covid-19 and racial tensions on public schools as well as the implications of President Biden's early childhood and community college proposals.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Martin Blank was Director of the Coalition for Community Schools and a consultant on numerous education and social policy issues.

Michael Usdan is an educator with experiences as a public school and college teacher, state higher education commissioner, and president of a college, national non-profit, and city school board.

171: Current Events and Public Policy I

JEFFREY PORTER

LEONARD KING

LOUIS NEVINS

Eight Wednesdays (9:45 AM - 11:15 AM)

September 22

Online Only

Lou Nevins, Leonard King, and Jeffrey Porter will lead lively discussions and debates on current events and public policy issues, focusing largely, but not exclusively, on politics, law, economics, and foreign affairs. Discussion topics, outlines, suggested readings (if any), and questions will be furnished in advance, and participants are expected to follow the news closely. It is emphasized that this is a discussion class. Thus, participants are expected to take an active role in the conversations.

This study group is a repeat with revisions.

Class Format: Discussion

Reading: Less than 1 hr/week.

Jeff Porter is a graduate of the University of Wisconsin where he earned both bachelor's and master's degrees. After moving to Washington, DC, he owned his own businesses for nearly 20 years. Following that, Jeff worked in the catering business at Whole Foods on P Street.

Leonard King taught at the Maret School for 43 years, including a year-long course on 20th-Century Europe. At OLLI, he has taught courses on Film, Nonviolence, and Moral Dilemmas.

Lou Nevins was a financial institutions and housing finance attorney and lobbyist for more than 35 years. He ran Washington operations for two financial trade associations and a New York law firm. He was the CEO of one of the two trade associations and a partner in the law firm for 10 years.

172: Current Events and Public Policy II

ARTHUR LEVINE

JEFFREY PORTER

LOUIS NEVINS

Eight Tuesdays (1:45 PM - 3:15 PM)

September 21

Online Only

Lou Nevins, Art Levine, and Jeff Porter will lead lively discussions and debates on current events and public policy issues, focusing largely, but not exclusively, on politics, law, economics, and foreign affairs. Discussion topics, outlines, suggested readings (if any) and questions will be furnished in advance, and participants are expected to follow the news closely. It is emphasized that this is a discussion class. Thus participants are expected to take an active role in the conversations.

This study group is a repeat with revisions.

Class Format: Discussion

Reading: Less than 1 hr/week.

Art Levine is a retired attorney who practiced copyright law in DC. He also was Executive Director of a Presidential Commission on copyright and was an Adjunct Professor at Georgetown Law School. He currently is on the board of directors and a volunteer at the Friends Club, an Alzheimer's support group.

Jeff Porter is a graduate of the University of Wisconsin where he earned both bachelor's and master's degrees. After moving to Washington, DC, he owned his own businesses for nearly 20 years. Following that, Jeff worked in the catering business at Whole Foods on P Street.

Lou Nevins was a financial institutions and housing finance attorney and lobbyist for more than 35 years. He ran Washington

operations for two financial trade associations and a New York law firm. He was the CEO of one of the two trade associations and a partner in the law firm for 10 years.

180: Today's Supreme Court: A Course for Citizens

PENNY HANSEN

Nine Tuesdays (1:45 PM - 3:15 PM)

September 21

Hybrid

This study group will explore the important cases and decisions that continue to be made by the Supreme Court under Chief Justice John Roberts. Presentation material and discussion will focus on the major Constitutional issues being decided by a clearly activist and divided court on: elections, health care, gun control, diversity, equality, climate change, the environment, religion, and presidential power. We will focus on the historical and political background of these issues and the legal philosophies of the justices, along with the procedural mysteries of this, the least well known of our three branches of government. We will read *The Supreme Court: A Very Short Introduction* by Linda Greenhouse and *The Oath: The Obama White House and the Supreme Court* by Jeffrey Toobin, along with articles on more recent cases and other supplementary material.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Penelope Hansen directed numerous programs at the Environmental Protection Agency during its first 30 years, implementing the country's first recycling, hazardous waste, Superfund, acid rain, and technology verification programs. She was educated at Skidmore College, Johns Hopkins University, and the Kennedy School at Harvard.

185: Making a Difference? The Role of Nonprofit Organizations

JOE BELDEN

Eight Tuesdays (11:45 AM - 1:15 PM)

September 21

Hybrid

The 1.5 million 501(c) nonprofits in the US employ more than 11 million people and take in billions a year in donations and other revenue. This study group will focus on the origins, impacts, successes, and failures of these groups. Guest speakers will include leaders and founders of prominent NGOs—both in DC and from around the US—reflecting on how they started or led

their groups, what they do, and what their work has achieved. Most nonprofits are small; over 65% have annual expenses of under \$100,000. The study group will emphasize anti-poverty, environmental, and human rights nonprofits—and also examine corporate philanthropy, private and community foundations, and nonprofit connections to government. ***The online format of this hybrid study group has a large capacity; in-person is limited.***

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Joe Belden has led several OLLI study groups since 2017. He worked for affordable housing, rural poverty, and food policy nonprofits—and still writes regularly on those issues. As Deputy Executive Director of the Housing Assistance Council from 1989-2015, he led efforts in fundraising, policy, planning, management, research, grantmaking, lending, and training.

196: The Shocking Emmett Till Story Told Through the Lens of the Law

RONALD COLLINS

7 Wednesdays (11:45 AM - 1:15 PM)

September 22

Online Only

Decades before there was George Floyd, there was Emmett Till. It is said that the modern civil rights movement began in earnest in the wake of the brutal murder of 14 year-old Emmett Till in Mississippi in 1955, the year following the *Brown v. Board of Education* ruling. These seven lectures retell the story of that tragic event and the five-day trial of the two men (Roy Bryant and J.W. Milam) accused and acquitted of Till's murder. The trial transcript from the case was missing for decades; it was not found until 2004 and not publicly released until 2007. Drawing on that transcript and news accounts from the time, the lectures will examine the role of the two radically different sheriffs who warred over jurisdiction, the character of the judge who presided over the case, the prosecutors and how they presented their arguments and surprise witnesses, and the defense's strategies (legal, rhetorical, and racial) for swaying the all-white male jury. The lectures will center on the witnesses and the alleged victim (Carolyn Bryant). It will focus as well on the two defendants—what they said and did before, during, and after the trial. Moreover, there will be an additional focus on other unindicted actors involved in the Till kidnapping and murder. The discussion also will examine the FBI's 2004 reopening of the case to determine if other individuals were involved. The FBI investigation of the Till murder was not

completed until 2020. Finally, the Till murder is a story about a series of journalistic lies perpetuated by William Bradford Huie's *Look* magazine articles and how they defined the history of the Emmett Till tragedy for decades.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Ronald Collins is the former Harold S. Shefelman Scholar at the University of Washington School of Law. His areas of specialty are jurisprudence and constitutional law. He has authored some eleven books including *The Death of Discourse* (1996), *The Judge: 26 Machiavellian Lessons* (2017), *Robotica: Speech Rights and Artificial Intelligence* (2018), and *People v. Ferlinghetti: The Fight to Publish Allen Ginsberg's HOWL* (2019). He is also the co-director of the *History Book Festival*, book editor for *SCOTUSblog*, and editor of *ATTENTION*, a bi-monthly online journal on the life and legacy of Simone Weil.

199: How Literature and Drama Can Illuminate Politics and Government

JAMES VERDIER

Ten Fridays (9:45 AM - 11:15 AM)

September 24

In-Person Only

The study group will explore and discuss how literature and drama can illuminate politics and government in ways that journalism, history, and biography often cannot. We will discuss how authors such as Ward Just, Anthony Trollope, Robert Penn Warren, C.P. Snow, Edwin O'Connor, Hilary Mantel, and William Shakespeare have provided insights into the character, incentives, motivations, and behavior of the inhabitants of the world of politics and government in a variety of different times and contexts. We will consider how much of what the authors describe depends on time and context, how much is more fundamental, and how to tell the difference.

This study group is a repeat with revisions.

Class Format: Discussion

Reading: 2 hrs/week.

James Verdier has taught at Harvard and Princeton, and has worked in the US House and Senate, the Congressional Budget Office, and state government in Michigan and Indiana. For the last three decades he has assisted states and the federal government in designing and implementing Medicaid and Medicare policies and programs.

200 PSYCHOLOGY, SOCIOLOGY, & CULTURE

201: The Evolution of Mind

CATHARINE KEATLEY

Ten Tuesdays (11:45 AM - 1:15 PM)

September 21

Online Only

What is consciousness? Did it evolve along with the evolution of our bodies? If yes, why and how? What are the origins of our minds and subjective experience? Do other animals have minds, feelings, consciousness? Peter Godfrey-Smith, author of *Other Minds*, has written a new book, *Metazoa*, in which he explores these questions through observations of animals from different phyla, sponges to vertebrates. He interweaves his sensitive, delightful experiences with these animals together with theories of cognitive evolution and mind. I will supplement with information from neuroscience. This new approach to the study of consciousness provides us with provocative ideas bringing together mind, evolution, and subjectivity.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Catharine Keatley (PhD) has taught, conducted research, and administered programs related to cognition and language learning. At OLLI, she has taught a course on *Theories of Consciousness* for the past three years.

207: The Psychology of Parenting Adult Children

ANNE KENDALL

CAROL WEISSBROD

Eight Wednesdays (1:45 PM - 3:00 PM)

September 22

In-Person Only

Our children will always be our children. Yet, our children emerge as adults, and through our own aging process and their own development, different issues in need for closeness, consultation and advice, perspective, and priority emerge. Key thematic issues that inform the relationships between parents and their adult children are questions of—whose life is it?, validation, and boundaries. This course will explore these issues from the perspective of the parent and the adult-child, using information from the fields of Developmental and Clinical Psychology. The course format will involve lecture, discussion of readings, and participant sharing of parent-adult/child issues relevant to thematic course content. **This**

study group meets from 1:45 to 3:00 PM.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Anne Kendall is a clinician at *The Wake Kendall Group* where she works with adolescents and adults in individual and family therapy as well as doing parenting and couples work. She co-authored, *Effective Parenting for the Hard-to-Manage Child*, with Georgia DeGangi. Anne is also a mother, in-law, and grandmother.

Carol Weissbrod is Associate Professor Emeritus in the American University Department of Psychology, where during her tenure she was, at different times, Director of Clinical Training for the Clinical Psychology doctoral program and Department Chair. Currently, she is in Clinical Psychology practice in DC. She is also a mother, step-mother, in-law, and grandmother.

232: Workshop: Finding Your Family History

SUSAN GOODMAN

Eight Fridays (9:45 AM - 11:15 AM)

September 24

Online Only

This workshop aims to help members begin finding and recording basic genealogy data (birth, death, and census material); using free resources in libraries and archives as well as the internet; and contacting other researchers working on related families. Members discuss user-friendly ways to share what they have found with their own families and others by creating DIY-printed booklets, as well as digital online photo albums, blogs, and audio recordings. Membership to **Ancestry.com** is suggested although not required. Members may opt to give the SGL access to their trees for help during class and by email after the end of the course.

This study group is a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Susan Goodman has been doing genealogy research as a hobby for 20 years. Before she retired, she worked as a journalist in print and radio, contributing features to NPR programs and news reports for WAMU.

237: India: Culture, Traditions, and Gandhi

SRIMATI KARUNA

Eight Fridays (11:45 AM - 1:15 PM)

September 24

In-Person Only at the Gandhi Memorial Center

Join us for an exploration of the rich cultural diversity of India. Each week we will engage in interactive sessions with presentations

by musicians, dancers, artists, and scholars from the Indian sub-continent. Come engage with performers of Indian classical music and dance. Enjoy subjects by guest speakers such as Indian art, architecture, textiles, Gandhian philosophy, and the spiritual heritage of India. Each session will add new layers of perspective of the culture and tradition. **This study group will take place at the Gandhi Memorial Center, 4748 Western Ave., Bethesda, MD 20816.**

This study group is a repeat with revisions.

Class Format: Appreciation

Reading: No required reading.

Srimati Karuna is Director of the Gandhi Memorial Center. She works to bring the message of Mahatma Gandhi to academic, professional, social, and religious groups throughout the year. For this study group, she will invite speakers of various disciplines to share the cultural heritage that nourished the life of Mahatma Gandhi.

242: Marketing II

MONICA BATRA

Eight Tuesdays (11:45 AM - 1:15 PM)

September 21

Online Only

This class is a continuation of Marketing from the spring—what makes a big brand succeed? The focus will continue to be on consumer packaged-goods companies and will include some service industries where we will explore how these brands disrupted the industry, or have stayed relevant, while learning about marketing concepts that have helped these brands succeed. The class will have the same format of lecture, TED talk videos, and commercials as Marketing I. We will explore different brands from the spring course and continue to learn about marketing concepts not presented in the earlier course. Class will follow the same case-study approach as the Spring where marketing concepts will be integrated into a case study where examples will illustrate the concept being discussed. Both previous and new class members welcome!

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Monica Batra is a market research consultant who has worked at CPG companies including Procter & Gamble, Clorox, and Andrew Jergens, and a variety of technology start ups and B2B firms. Monica has taught and guest lectured at various graduate and undergraduate marketing courses at UC Berkeley, UCLA, University of San Francisco, and Kent State.

244: Survivors and Descendants of the Holocaust: A Search for Meaning

EDWARD FEINBERG

Ten Mondays (9:45 AM - 11:15 AM)

September 27

In-Person Only

This study group focuses on the lives of Holocaust Survivors and their descendants. Overarching question: What is the legacy of immeasurable loss? This highly interactive class will feature presentations, review of articles, and discussion.

1. Catastrophe and Survival: 1939-1945
2. Concept of trauma and its application to Survivor families
3. Early post-war Survivor experiences: Silence, disbelief
4. Later post-war experiences: Eichmann Trial, Aging of Survivors
5. Existential angst: Faith after Auschwitz
6. Inter-generational transmission of trauma
7. Resilience: Holocaust commemoration, grandchildren
8. What is the legacy of immeasurable loss?

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

Edward Feinberg, PhD, has been an OLLI participant since 2017. He is a retired psychologist who devoted his professional career to the management of programs and provision of services to children with disabilities and their families. A volunteer at the US Holocaust Museum for five years, he has been a docent since 2018.

250: TED Talks

CAROLINE MINDEL

LYNN LEWIS

Eight Tuesdays (9:45 AM - 11:15 AM)

September 21

Online Only

TED Talks feature speakers who expose audiences to cutting-edge work across diverse fields: in short, ideas worth spreading. This study group will focus on talks related to issues that matter, from personal growth, aging, humanity, and innovation to society, community, and more. During our highly interactive sessions, the class will view and discuss several talks weekly. Participants are encouraged to preview the talks in advance. Individual members will be asked (on a volunteer basis) to prepare brief background and discussion points for each presenter. TED Talks are available on the Internet and public radio, among other outlets. **Please note that both TED Talks classes will view and discuss similar subjects.**

This study group is a repeat with revisions.

Class Format: Discussion

Reading: No required reading.

Caroline Mindel has a BA and an MSW in community organization from the University of Pennsylvania. She founded Mindel Management, Inc., a property-management business in DC.

Lynn Lewis received an undergraduate degree from the University of Michigan and has an MA in journalism from Ohio State University. She has been a writer and an editor for more than four decades.

251: TED Talks

CAROLINE MINDEL

DIANE SWAN

Eight Thursdays (9:45 AM - 11:15 AM)

September 23

Online Only

TED Talks feature speakers who expose audiences to cutting-edge work across diverse fields: in short, ideas worth spreading. This study group will focus on talks related to issues that matter, from personal growth, aging, humanity, and innovation to society, community, and more. During our highly interactive sessions, the class will view and discuss several talks weekly. Participants are encouraged to preview the talks in advance. Individual members will be asked (on a volunteer basis) to prepare brief background and discussion points for each presenter. TED Talks are available on the Internet and public radio, among other outlets. **Please note that both TED Talks classes will view and discuss similar subjects.**

This study group is not a repeat.

Class Format: Discussion

Reading: No required reading.

Caroline Mindel has a BA and an MSW in community organization from the University of Pennsylvania. She founded Mindel Management, Inc., a property-management business in DC.

Diane Swan taught English, worked as a Defense Department analyst, and developed training courses for various federal agencies.

252: Exploring Our Hidden Brain: How Emotions Shape Our Decisions

CARL WEICHEL

KIM WEICHEL

Eight Wednesdays (11:45 AM - 1:15 PM)

September 22

Online Only

How do our emotions influence our behavior and life choices? How does our "hidden brain" make important decisions in our lives without our awareness? In this course we'll explore topics ranging from roles of social conformity to snapshots of our prejudices.

Data-driven research has shown that most human decisions are triggered unconsciously through over 135 emotions, from falling in love to following a career path to nations going to war. The book and NPR radio series “The Hidden Brain” by Shankar Vedantam draw intriguing arcs from social psychology to our embedded cultural norms. And while social cues influence interactions, they also can create hazards. We’ll listen to podcasts, review research, and have interactive discussions.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Carl Weichel has held various positions over his career in marketing, design, and advertising in Australia, South Africa, Canada, and San Francisco. Carl has led OLLI study groups on Political Polarization, The 1960s Decade, Eastern Thought, The New York Times Book Review, Cultural Complexities, and David Brooks’ Writings.

Kim Weichel is a social entrepreneur and nonprofit leader in the fields of women’s leadership, cross-cultural dialogue, citizen diplomacy, and peacebuilding, and is a published author. In addition to The Hidden Brain, she has co-led OLLI courses on The UN, The 1960s Decade, and Exploring Our Cultural Complexities.

289: Understanding Addiction

ROGER MEYER

Nine Wednesdays (1:45 PM - 3:15 PM)

September 29

In-Person Only

This course will commence with a brief history of addiction and its consequences, including efforts to confront the problems of alcohol and opioid addictions in the 19th, 20th, and 21st centuries. We will include segments of films that highlight problems with alcohol in men and women, opioid addiction, and other substance-use disorders. We plan to amplify these stories through personal testimony by active members of Alcoholics Anonymous during one of the classes. We will review the neurobiology underlying addiction, as well as the political and socioeconomic factors that contribute to the risk of drug/alcohol use and addiction; and, we will review successful and failed national, community, and personal efforts to address drug and alcohol use, as well as epidemics. We will review extant approaches to treatment, as well as a novel approach to the prevention of substance use among the young. In the final session, we will be joined by the first White House Drug Czar, whose work has been captured in the book, *The Fix*, by Michael Massing.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: No required reading.

Commencing at the NIH, Roger Meyer has had a long career in academic medicine, leading NIH-funded clinical research on cannabis in heavy and casual smokers at Harvard, on opioid addiction at Harvard and more recently at Penn State, and on alcoholism at the University of Connecticut, where he also served as Chair of Psychiatry. Dr. Meyer also served as consultant to three White House Offices on Addiction.

292: Living Healthier and Happier in Retirement—Essential Steps

BRAD BICKFORD

Nine Mondays (11:45 AM - 1:15 PM)

September 20

In-Person Only

Do you want to live longer and experience life to its fullest? Do you want to have more energy and find fulfillment in retirement? Learn how exercise, a healthy diet, and socializing will impact your brain and body to prevent or slow down the onset of dementia, depression, or high blood pressure. Find out how drinking water first thing in the morning is critical for the brain. Do you want to get healthier by learning what common household products such as the soap, lotion, or deodorant you use daily can negatively impact your body? The course not only identifies the essential element of what makes us the most happy, but examines the critical role of laughter and play in our well being. The course also will cover topics like the mind/body connection, nature bathing, what bacteria found outside is good for us, spirituality, how men and women are different biochemically and physically, and how to enhance your family and personal relationships. We will use lecture, TED talks, discussion, fun exercises, a Tibetan singing bowl, and laughter. ***This study group may have a copied materials fee between \$5-20. If this is the case, class members will be sent more information after the lottery.***

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Brad Bickford is a semi-retired therapist and grandpa, who has studied improv, stand-up comedy, and the hammer dulcimer. He has taught classes in healthy living, sex education, grief work, and fly fishing. Brad enjoys playing pickleball, gardening, painting, and carpentry. He volunteers with EcoAction of Arlington, Sierra Club, and Widowed Persons Outreach at Sibley Hospital.

300 ECONOMICS & PERSONAL FINANCE

350: Protecting and Maximizing Your Retirement Income

DAVID HURWITZ

Eight Wednesdays (9:45 AM - 11:15 AM)

September 22

Online Only

During this study group, members will learn how to set up a retirement-income stream consistent with their retirement goals, understand tax treatments with their investment objectives, and plan for inflation, economic challenges, and a potentially long retirement. Sessions will include insights on estate planning, tax planning, long-term care, social security planning, and how to utilize various investment vehicles. **OLLI does not endorse particular products or financial advice from Study Group Leaders.**

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: No required reading.

David Hurwitz is a Certified Financial Planner Practitioner™ as well as a Chartered Retirement Planning Counselor®, Chartered Retirement Plan Specialist®, Retirement Income Certified Professional®, and Accredited Portfolio Management Advisor®. David has been named “Best Financial Advisor” by the readers of Bethesda Magazine.

361: Behavioral Economics

WILLIAM DANAY

Eight Wednesdays (9:45 AM - 11:15 AM)

September 22

Online Only

Coupling discoveries in human psychology with studies of consumer and market behavior, the development of behavioral economics over the last 50 years has opened up new ways to look at decisionmaking. Drawing on books, writings, and videos by several of the most well-known behavioral economists, this study group will examine this new twist to “the dismal science.” Behavioral economics is the study of human biases and departures from the rational assumptions inherent in most classical economic thinking. Several prevalent themes include heuristics (mental shortcuts), framing, and market inefficiencies. A better understanding may help us make smarter investments and consumer decisions.

This study group is a repeat.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

Bill Daney has a background in science and engineering and a lifelong interest in the social sciences. He has taught economics, political science, and other classes at OLLI at AU and other senior programs in the metropolitan area since retirement in 2007.

370: Climate Change: Some Major Health and Economic Aspects

JEROME PAULSON

RONALD RIDKER

Eight Thursdays (1:45 PM - 3:15 PM)

September 23

Online Only

This will be a two-part, eight-week course. The first four sessions, to be led by Jerry Paulson, will cover the impacts of climate change with an emphasis on the health consequences, environmental justice, and how one might get involved (based on presentations by leaders of local organizations). Reading materials will be provided by email. The second four sessions, to be led by Ronald Ridker, will focus on two other dimensions: Decarbonization (is it necessary; can it be done; what policies would be needed) and what the international community has done so far and plans to do. Readings will include Bill Gates’ new book, *How to Avoid a Climate Disaster*, and materials to be sent by email. **This study group has a large capacity.**

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Jerome A. Paulson, MD, FAAP, is Emeritus Professor of Pediatrics and Emeritus Professor of Environmental and Occupational Health at the George Washington University Schools of Medicine and of Public Health. He created the American Academy of Pediatrics Program on Climate Change and Health.

Ronald Ridker, a PhD economist, wrote two of the earliest books on related topics, directed a program on population, resources, and the environment at Resources for the Future (an economic think tank in DC), and worked in the Operation Evaluation Department of the World Bank for many years.

377: Understanding Trade Issues

P. LANCE GRAEF

Ten Mondays (1:45 PM - 3:15 PM)

September 20

Hybrid

The World Trade Organization was once the baseline for world

trade but was sidelined by the former US Administration. Is it still relevant, especially in the context of US/China economic and trade competition? The unresolved “trade war” between the two only has heightened the differences in the two systems of economic organization. Will other trade agreements—CFTPP, RCEP, USMCA—play an important role in the competition? What about US discussions with Japan, EU, and the UK? Were TPP and NAFTA the worst trade agreements ever negotiated? Previous participants are not only welcome but encouraged to attend the discussions. **The online format of this hybrid study group has a large capacity; in-person is limited.**

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Lance Graef was part of the USTR negotiations team at the Tokyo and Uruguay Round of multilateral trade negotiations. He has consulted on international trade issues, trade agreements, trade policy analysis and negotiation, and regional trade agreements. He was a Peace Corps volunteer in Somalia and Peace Corps staff in Washington and the Philippines.

400 STEM: SCIENCE, TECHNOLOGY, ENGINEERING & MATH

Climate Change: Some Major Health and Economic Aspects

JEROME PAULSON

RONALD RIDKER

Eight Thursdays (1:45 PM - 3:15 PM)

September 23

Online Only

For study group description and Study Group Leader’s bio, see 370.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

403: Drinking Water from A to Z. What You Should Know. Is It Safe?

JOSEPH COTRUVO

Eight Mondays (1:45 PM - 3:15 PM)

September 20

Online Only

The class will overview drinking water history, composition, chemical and microbial quality, treatment, and safety regulations.

Is drinking water in the US and the DC area safe? What should you know before you buy bottled water and home treatment devices? It will address water shortages, desalination and water recycling, water DNA analyses, and also coronavirus tracking in sewage. It will review several publicized drinking water issues including: Flint and lead (what really happened), Chrome VI (Erin Brockovich), perfluorochemicals (PFAS), algal blooms and toxins, perchlorate, microplastic particles in food and water, legionellosis, and disinfection by-products.

This study group is a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Joseph Cotruvo was Director of EPA’s Drinking Water Standards Division after passage of the Safe Drinking Water Act, and retired former Director of EPA’s Risk Assessment Division. He is a Water, Environment and Public Health Consultant, holds a PhD in Physical Organic Chemistry, and is Board Certified in Environmental Science.

415: Science and Public Policy

ARTHUR KATZ

Eight Wednesdays (11:45 AM - 1:15 PM)

September 22

Online Only

Precision medicine, climate change, artificial intelligence/machine learning, cybersecurity, the microbial world/Covid 19, and the challenge of nuclear, biological, and chemical weapons are topics that epitomize the intersection of science and public policy. These topics and others will be examined as emblematic of the critical role science plays in almost every aspect of our world, and the opportunities and challenges it poses for society. The course will provide a balanced examination of both the underlying science, and how those advances pose public-policy challenges and, in some cases, very real personal choices. In a world that increasingly sidelines fact-based science understanding these connections is important.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: No required reading.

Arthur Katz, PhD (chemistry) and MS (meteorology), worked almost 40 years with science and public policy in the US Department of Energy and predecessor agencies, dealing with areas such as international collaboration for fusion energy and the Human Genome Project. He is also the author of the book *Life After Nuclear War*.

426: The Human Body

MARJORIE SHAW

Eleven Mondays (11:45 AM - 1:15 PM)

September 20

Hybrid

The best way to partner with your physician in guarding your health is to understand the basic workings of your body. So many well-educated people know little about their own insides! This course will be inspired by readings from Bill Bryson's book *The Body: A Guide For Occupants*. Class sessions will supplement the readings with deeper explanations of how major organs function, using images and videos to convey structure/function relationships. This course is for beginners; no prior knowledge is assumed and the reading is easy.

This study group is a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Marjorie D. Shaw, PhD, is retired from teaching anatomy at Howard University College of Medicine. She received the freshman teaching award for her last six years of instruction.

440: Adults Conquering Technology IV (ACT IV)

GARY CAHN

LISA FRIEDMAN

Eight Mondays (1:45 PM - 3:15 PM)

September 20

Online Only

This study group includes five computer topics, one of which is not applicable to owners of Mac computers. Feel free to come to any or all sessions. We will discuss:

- Organizing your computer files so you can find them in a New York minute;
- Working with your home wireless network and Bluetooth;
- Streaming Internet audio and video to your computer, mobile devices, and TV;
- Improving your proficiency with the Windows 10 operating system;
- Creating your own website for free, e.g., for your book club, extended family reunion, community group, etc.

Much more detailed descriptions of the five topics are available at <https://tinyurl.com/5hdfxmdf>

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Gary Cahn has been working with computers since 1979. He teaches adult education classes in the Washington area on a wide variety of topics including computers.

Lisa Friedman is a retired EPA lawyer who has taught computer skills to older adults for almost 15 years.

444: The Quantum World

JACQUES READ

Ten Fridays (11:45 AM - 1:15 PM)

September 24

Online Only

The laws of nature explained by Isaac Newton in the 17th century served mankind for 200 years. But in the last decades of the 19th century, they were unable to explain an array of new discoveries, and a totally new mechanics based on an inexplicable set of seemingly absurd propositions was found necessary, largely developed during meetings in Belgium from 1924 to 1928.

This study group attempts to impart an appreciation of modern quantum mechanics and its consequences to everyday life. **This study group has a large capacity.**

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

Jacques Read has taught at Fairleigh Dickinson University and the University of California, performed research at Oak Ridge and Lawrence Livermore National Laboratories, and been employed by the Atomic Energy Commission, the Nuclear Regulatory Commission, and the Department of Energy. He has been a study group leader since 2013.

460: Exponential Organizations in our Changing World

ROBERT KOLODNEY

Ten Wednesdays (9:45 AM - 11:15 AM)

September 22

In-Person Only

We will look at a new management approach, Exponential Organizations, that has been developed in order to cope with and take advantage of the rapid changes that are taking place throughout our economy and society. The changes are due to numerous exponentially-developing technologies (such as Artificial Intelligence, Nanotechnology, Quantum Computing, Robotics, 3D Printing, Blockchain, and Biotechnology) that are transforming every aspect of human existence. The objective of the ExO approach is to enable startups and diversifications based on disruptive innovation to succeed and to develop 10 times faster than is the case with traditional organizations. This course gives

us the opportunity to look at a world where disruptive change is the new norm, and to understand what is being done to optimize activities, and realize potential benefits.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Bob Kolodney is currently an OLLI Study Group Leader, after having been a serial entrepreneur, a manager, a consultant, a lawyer, and a graduate school teaching assistant (educated at Harvard/Columbia Law School/INSEAD).

479: Understanding Environmental Issues: Making Choices

KENNETH HINGA

Nine Wednesdays (9:45 AM - 11:15 AM)

October 06

Hybrid

This class examines the basics behind selected environmental issues that we may face. These will include climate change, genetically modified organisms, marine dead zones, nuclear radiation and wastes, persistent organic pollutants, crude oil, and pesticides. It is intended to give the participant a foundation for making informed decisions in their daily lives. Along the way, we will look at some of the workings of scientific endeavors to help the participant identify credible information sources. The course materials are aimed at the non-scientist, so no scientific background is required. **The online format of this hybrid study group has a high class size capacity; in-person is limited.**

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: No required reading.

Kenneth R. Hinga, PhD, was a research scientist and assistant dean at URI's Graduate School of Oceanography. His research addressed a variety of environmental issues. He served as a science advisor for USDA on environmental and food safety issues during international negotiations. He has taught classes for OLLI since 2016.

480: The Ups and Downs of Weather

PAUL BROWN

Ten Tuesdays (11:45 AM - 1:15 PM)

September 21

Online Only

This is a beginner's guide to weather and climate, for which at least a rudimentary familiarity with science will be helpful, but not necessary. The first half of the course will focus on the principal elements that underlie weather—heat, wind, and water—and

the second half will show how they interact to produce the major types of "bad" weather: frontal storms, thunderstorms, supercells, tornadoes, derechos, and hurricanes. The course will conclude with single sessions devoted to the environment (especially global warming) and to atmospheric optics (blue sky, rainbows, halos, auroras, etc.). Out-of-class forecasting instruction will be available for any interested class members, including real-time forecasts for the DC area. A profusely illustrated, spiral-bound booklet written for the course can be purchased for the printing cost of \$35 (optional but highly recommended both as a guide to the lectures and as a useful work of reference). Class members will receive more information about when and where to purchase the book. This study group is a repeat.

Class Format: Appreciation

Reading: 1-2 hrs/week.

Paul Brown is a Harvard College- and Johns Hopkins-trained MD with an NIH research career focused on transmissible dementia, and a mini-career as meteorology instructor to both college students (Montgomery College and Berea College) and adults (including OLLI) since his retirement in 2004.

489: Mathematics in Fiction

GRAHAM ATKINSON

Eight Tuesdays (9:45 AM - 11:15 AM)

September 21

Online Only

This course will examine the role that mathematics has played in works of fiction, and to a lesser extent, the way it has inspired artists and poets. It also will explain some of the major mathematical concepts that recur in fiction and point you to works that make use of these ideas. It also will discuss some works of art that have a clear mathematical inspiration. No prior mathematical knowledge will be required, and there will be no required reading, but I hope the course will inspire you to explore some of the books discussed. Themes will include mathematics in: science fiction, the works of Lewis Carroll, *Flatland* and its successors, fictional biographies, murder mysteries, art, and poetry. **This study group has a large capacity.**

This study group is a repeat with revisions.

Class Format: Lecture

Reading: No required reading.

Graham Atkinson has a bachelors degree in mathematics from St. Andrews University and a doctorate in mathematics from Oxford University. He has taught several courses for OLLI on mathematics and the ancient Maya language and culture.

492: The Human Immune System

ALBERT TARAN

Ten Tuesdays (1:45 PM - 3:15 PM)

September 21

Hybrid

The human immune system is a remarkably complex, resilient, and powerful biological mechanism for protecting us against infection and disease. It can distinguish between alien invaders of our body (bacteria and viruses), and the body's own cells and microbiome—eliminating the former and protecting the latter. However, it can at times misfire and attack the body's own cells, leading to autoimmune diseases. In this study group, we will explore in some detail the operation and components of both the innate and adaptive immune systems. New therapies to fight cancer have resulted from our expanded understanding of the immune system, as well as novel techniques to fight viral infections such as the coronavirus.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 2 hrs/week.

Al Taran has a BA in Philosophy but spent his working career in Information Technology. He has had a lifelong interest in the sciences and mathematics, and has led several study groups in the sciences at OLLI. This will be the twelfth study group that Al has led.

500 VISUAL ARTS & MUSIC

500: Jazz 101

MARK STEVENS

Eight Thursdays (1:45 PM - 3:15 PM)

September 23

Online Only

Are you ready to swing? Join us in Jazz 101 and have fun exploring America's one true original art form. Whether you're looking for a great introduction or already listening to jazz and want to discover more, this course is for you. From Dixieland to Bebop, Swing to Cool, Fusion to Smooth, we'll have fun exploring the many artists, styles, songs, and rich history jazz has to offer. We'll hear Louis Armstrong, John Coltrane, Duke Ellington, Herbie Hancock, Charlie Parker, Ella Fitzgerald, and more. Plus, we'll discuss many of the most popular albums and songs, like the classic *Kind of Blue* from Miles Davis or Dave Brubeck's breakthrough, *Take 5*. Class sessions will include plenty of listening and videos of the artists. We'll discuss how to

listen, too. You'll learn where to discover new and classic recordings, and where to experience live performances. Come away with a whole new appreciation and enthusiasm for this constantly evolving art and get ready to share your knowledge and interest with others.

This study group has a large capacity.

This study group is a repeat.

Class Format: Discussion

Reading: No required reading.

Mark Stevens has been listening to and performing Jazz for over 50 years. He spent his entire career in the entertainment industry, including many years as President of Time Life Music. A graduate of Syracuse and Columbia Universities, Mark still performs with various bands around the DC and New York areas.

501: Appalachian Dulcimer: More Tunes and Techniques

KAREN BUGLASS

Eight Mondays (11:45 AM - 1:15 PM)

September 20

Online Only

Take your playing to the next level! We'll tackle new tunes from several genres and incorporate techniques that enable you to add variety and interest to any music. This study group is open to anyone who has an Appalachian dulcimer and is comfortable reading tablature.

This study group is not a repeat.

Class Format: Appreciation

Reading: No required reading.

Karen Buglass found her passion as a fourth grade teacher. Since retiring, she's pursued a long-standing interest in Appalachian dulcimer. She's offered workshops locally at OLLI and House of Musical Traditions. Overseas, she's a popular instructor for the Nonsuch Dulcimer Club in the UK. Learn more at www.sweetstrings.biz.

505: Mozart—One of the Wonders of the World!

DAVID FLAXMAN

Eleven Mondays (1:45 PM - 3:15 PM)

September 20

Online Only

Wolfgang Amadeus Mozart, one of the greatest musical geniuses of all time, left us a huge body of work when he was taken from us at the tender age of 35. He was an incredible child prodigy who developed into a magnificent composer of music in all the genres

available to him: symphony, opera, sonatas, concertos, masses, and perhaps the greatest of all, requiems. We will explore his vast oeuvre as we also explore some of what is known about the man, his life, and times. The format, as always, will be some presentation of this information as a way to frame a largely chronological discovery of his works through extracts from performances on video. ***This study group has a large capacity.***

This study group is not a repeat.

Class Format: Appreciation

Reading: No required reading.

David Flaxman is a largely retired computer scientist who now spends most of his time studying music and languages. He plays the piano (not particularly well) and sings with the Choral Arts Society of Washington, the City Choir of Washington, and the Georgetown Chorale.

510: Songs of Sex, Drugs and Rock 'n Roll (and More!)

LARRY GONDELMAN

Ten Wednesdays (11:45 AM - 1:15 PM)

September 22

Hybrid

Sex, drugs, and rock 'n roll are common themes in Rock 'n Roll songs. In this class, each week we'll focus on one subject about which rockers often sing and watch videos of 15 to 20 songs. While we will discover interesting facts about the songs and the artists, the emphasis will be on simply rockin' out to songs that are about the same topic. Other categories will include God and the Devil; Time; Death; Dreams; Magic; Freedom; and Home. Most of the artists and songs will be from the 1960s and 1970s (such as Jerry Lee Lewis, The Beatles, Bob Dylan, The Rolling Stones, The Animals, The Who, The Rascals, The Doors, Stevie Wonder, Simon & Garfunkel, Carole King, Bruce Springsteen, Bob Seger, and many more), although a couple of songs each week will introduce the class to great songs by lesser known and more contemporary artists. ***The online format of this hybrid study group has a large capacity; in-person is limited.***

This study group is not a repeat.

Class Format: Appreciation

Reading: No required reading.

Larry Gondelman, a former trial attorney, has loved rock 'n roll his entire life. His first concert was by The Beatles, who he also got to meet. He is (or at least was before the pandemic) a prolific concert-goer. Larry has previously taught *A History of Rock 'n Roll and Iconic Albums—1960 to 2000* at OLLI.

511: Looking at Architecture

JOHN VORHES

Ten Wednesdays (9:45 AM - 11:15 AM)

September 22

Hybrid

A building is part of history and, by really looking, we can see details that illuminate the culture and technology of its time. When describing a house or an office building, we often use terms like "Colonial," "Victorian," or "Modern," yet these don't accurately define the style or suggest the reasons for it. Spotting details you may have never noticed before will give you a vocabulary—a quick understanding of basic structure from load-bearing walls to steel skeleton skyscrapers. The class's visual survey of historic to current architecture might inspire you to explore your neighborhood to find examples of great (and sometimes not so great) architecture. We'll establish an email conversation with photos and you can practice your skill as a design critic. We end with a "Fun Final," a review exam to test your design recall. ***The online format of this hybrid study group has a large capacity; in-person is limited.***

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: No required reading.

John Vorhes is a retired industrial designer and former project director for USIA Exhibition Services for worldwide cultural-exchange programs. He has 40 years of experience in art direction, architectural design, landscape design, graphics, and television-production design.

515: Operas in Four Languages

BRUCE EISEN

Eight Thursdays (1:45 PM - 3:15 PM)

September 23

In-Person Only

We will discuss and view the following operas on DVD: *La Traviata* (Verdi), *Carmen* (Bizet), *Vanessa* (Barber), *Die Frau ohne Schatten* (Strauss). The class will be encouraged to address opera experiences they may have had as opera houses begin to open worldwide.

This study group is not a repeat.

Class Format: Appreciation

Reading: Less than 1 hr/week.

Bruce Eisen has been a study group leader in both opera and literature for a number of years at OLLI.

516: Best Ballet Performances

IRIS LIPKOWITZ

Eight Thursdays (1:45 PM - 3:15 PM)

October 07

Hybrid

Join me in watching/discussing my selection of quality ballet performances. See what makes these performances special in my eyes. Also, learn about the dancers and choreographers involved in these performances. My ballet selections will be drawn from a variety of 19th- and 20th-century periods: *La Sylphide*, *Spectre de la Rose*, *Push Come to Shove*, *Monotones*, *The Judas Tree*, *The Bolt*, and *Agon* and companies including NYC Ballet, ABT, Royal and Bolshoi. Study group participants are invited to suggest recordings of ballets they own and wish to share with the class. No dance background is required. **The online format of this hybrid study group has a large capacity; in-person is limited.**

This study group is not a repeat.

Class Format: Appreciation

Reading: No required reading.

Iris Lipkowitz is a retired Treasury Department analyst and ballet lover whose collection of playbills and programs resides at the AU Library. She studied dance for many years and has taught ballet history/appreciation courses since 2004. She holds degrees from the University of Michigan and the University of Southern California.

530: Curtain Up, Light the Lights: Broadway Musicals About Broadway Musicals

DANIEL MOSKOWITZ

Eight Thursdays (1:45 PM - 3:15 PM)

September 23

Online Only

At least since George M. Cohan's *The Man Who Owns Broadway* in 1909, Broadway composers, lyricists, and librettists have taken the hoary advice to write about what you know, and have created shows about the pleasures and (mostly) the pains of putting on a Broadway musical. Sigmund Romberg, Jerome Kern, George and Ira Gershwin, Cole Porter, Richard Rodgers and Oscar Hammerstein II, Jule Styne, John Kander and Fred Ebb, Betty Comden and Adolph Green, and Marvin Hamlisch all wrote such shows. We'll hear the songs and look at the plots of hits (*Kiss Me, Kate*; *Chorus Line*; *The Producers*), modest successes (*Say, Darling*; *Me and Juliet*), and some real flops, and try to extract what they say about how Broadway really works. **This study group has a large capacity.**

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Daniel B. Moskowitz is a journalist with an avocational interest in Broadway shows and popular music who has led a number of study groups on related subjects at the OLLIs at both AU and George Mason.

560: Doing Art with Collage

ROSE MOSNER

Eight Wednesdays (1:45 PM - 3:15 PM)

September 22

In-Person Only

Collage is the perfect medium for getting your creative juices flowing. Using a variety of materials, we will immerse ourselves in creativity: color, composition, imagery, and texture. In this class you will have a weekly assignment to be done at home. We will meet via the computer to look at the work, share, and learn.

A background in art/collage is helpful.

This study group is a repeat.

Class Format: Appreciation

Reading: No required reading.

Rose Mosner taught art in New York City schools for 22 years. With budgets for supplies very low, she canvassed neighborhood stores for fabric scraps, leftover wool skeins, wallpaper sample books, and the local lumberyard for wood scraps. Thus began her love of found-object collage. Rose's work has been in many juried shows, and she recently had a solo show at the Iona Gallery. She is also one of only ten artists involved with a special program for artists over 62 sponsored by Columbia University.

579: New Art Movements of the Late 18th Century Through the 19th Century

LISA LEINBERGER

Eight Thursdays (11:45 AM - 1:15 PM)

September 23

In-Person Only

The rise of new art movements in the late 18th through the 19th centuries were varied. We will explore and discuss Romanticism, The Pre-Raphaelite Brotherhood, the Arts and Crafts Movement, and Orientalism.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Lisa Leinberger has an MA in Art History and has been a study group leader previously. She has been a co-host of a film review show on television in New Mexico. She worked at the Phillips Collection and has co-written articles on the influence of movies and television on Urbanism.

591: This Is Your Brain on Architecture: Neuroscience in the Trenches

MILTON SHINBERG

Ten Fridays (9:45 AM - 11:15 AM)

September 24

Online Only

This course is a series of talks that reconsiders traditional architectural thinking and design approaches in light of insights from cognitive neuroscience, perception, art, and evolution. The thesis of the course is that architecture can be seen through the lens of how our brains apprehend and process environmental information and cognitive/aesthetic processing. The approach helps explain certain aesthetic biases in art as well as architecture, along with specific perceptual mechanisms that are foundational in perceiving architecture. The course also looks at incorporating emotional (limbic) and body-specific (kinesthetic) aspects that are significant aspects of architectural experience. ***This study group has a large capacity.***

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Milton Shinberg, AIA, is principal emeritus, retired in 2019, of Shinberg Levinas Architects, focusing on the design of schools in DC for the last 25 years. He has taught architecture at The Catholic University of America for over 40 years, leading design studios and theses with emphasis on the cognition and design of architecture.

598: Foreign Films

LEONARD KING

Ten Fridays (11:45 AM - 1:15 PM)

September 24

Online Only

Cinema is international. This study group will focus on classic and more modern foreign films including: *The 400 Blows*, *Small Change*, *King of Hearts*, *8½*, *Persona*, *Queen of Katwe*, *The Year of Living Dangerously*, *Pan's Labyrinth*, *The Farewell*, and *Cinema Paradiso*. Members will see each week's film before the study group meets so that we can devote time to discussions and my PowerPoint lectures. These films are available for streaming or rental through YouTube, Vudu, Google Play, Amazon, On Demand, Netflix, Kanopy, or other sources. ***This study group has a large capacity.***

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Leonard King taught at Maret School for 43 years, introducing a History and Aesthetics of Film course in 1973. At OLLI, he has taught classes in film, European Ideology, and History, Nonviolence, and Moral Dilemmas.

600 LITERATURE & LANGUAGE

How Literature and Drama Can Illuminate Politics and Government

JAMES VERDIER

Ten Fridays (9:45 AM - 11:15 AM)

September 24

In-Person Only

For study group description and Study Group Leader's bio, see 199.

Class Format: Discussion

Reading: 2 hrs/week.

Mathematics in Fiction

GRAHAM ATKINSON

Eight Tuesdays (9:45 AM - 11:15 AM)

September 21

Online Only

For study group description and Study Group Leader's bio, see 489.

This study group has a large capacity.

Class Format: Lecture

Reading: No required reading.

603: Cours de Lecture et Conversation en Français

ELAINE FÉRAT

Ten Mondays (1:45 PM - 3:15 PM)

September 20

In-Person Only

Ce cours est conçu pour les participants qui possèdent les compétences avancées dans la compréhension et expression orale. La discussion des actualités et questions socio-économiques, ainsi que des présentations orales et débats, contribuent à l'enrichissement du vocabulaire spécialisé et à l'amélioration de prononciation. Les devoirs et articles de journaux hebdomadaires sont transmis par courriel. ***Les membres qui s'inscrivent pour la première fois à ce cours sont priés de bien vouloir me contacter avant la loterie: ecferrat1@gmail.com***

This study group is a repeat.

Class Format: Reading and Discussion

Reading: 1 hr/week.

Elaine Férat has over 25 years experience in teaching French. She is a retired member of the language faculty at The Johns Hopkins University SAIS, offers private lessons, tutors all levels, and is a freelance translator.

607: Beginning-plus Spanish

SUSAN SCHNEIDER

Ten Thursdays (1:45 PM - 3:15 PM)

September 23

In-Person Only

This conversational study group enables students with some exposure to Spanish to improve their fluency, pronunciation, and language skills. The course stresses listening and speaking, more than reading and writing. The class will be challenging for true beginners, *pero bienvenidos a todos!* It focuses on everyday vocabulary and “street” Spanish. The study group uses the book, *Spanish for Dummies*, 2nd edition. One hour of homework is required for each class. Those who practice daily will find it easier to learn greetings, directions, and how to communicate with their Hispanic neighbors. In addition to the required book, class members also can download SpanishDict at <https://www.spanishdict.com>. This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

Susan Schneider has taught conversational Spanish and English for decades. She started the ESL program for adults at the National Cathedral. Susan also was a Peace Corps Volunteer in El Salvador, improving her Spanish in the barrio. She has a PhD in linguistics and an MA in education.

615: Deutsch fuer Fortgeschrittene

HANNE CARAHER

Nine Wednesdays (9:45 AM - 11:15 AM)

September 22

Online Only

Können Sie sich auf deutsch unterhalten? Beherrschen Sie die Grundregeln der deutschen Grammatik? Wenn ja, dann sind Sie ein guter Kandidat fuer diese Klasse. Wir werden ausgesuchte Texte uebersetzen, uns auf deutsch unterhalten, Audios hoeren und auch Grammatik ueben. Hausaufgaben jede Woche eine oder zwei Stunden. Neue Teilnehmer werden vor der Lotterie ein telefonisches Interview untergehen; deshalb ist es wichtig, sich rechtzeitig zu registrieren.

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 1-2 hrs/week.

Hanne Caraher graduated from the University of Heidelberg, Germany, with the equivalent of a master's degree in conference interpreting and translation.

616: Hablemos en Español-Curso Intermedio/Avanzado

MINERVA KELLER

Eight Wednesdays (11:45 AM - 1:15 PM)

September 22

Online Only

El español—cuyo uso se acrecienta a diario—es el lenguaje oficial de 19 países. El objetivo de este curso es que cada participante adquiera fluidez y un mejor dominio del idioma participando activamente en cada sesión. La conversación girará en torno de charlas, videos, artículos de la prensa internacional sobre eventos de actualidad, además de cuentos ó lecturas que se asignarán semanalmente por medio de un correo electrónico ó en forma impresa. Después de una breve introducción, cada tema merecerá una animada conversación culminando, si así lo desean, en un breve resumen escrito, para así incrementar la capacidad de expresión, no solo hablada, sino escrita.

This study group is a repeat.

Class Format: Reading and Discussion

Reading: 1-2 hrs/week.

Minerva Keller has an MA in Language/Foreign Studies from American University. She was a Lecturer and Adjunct Professor of Spanish, French, and Translation at college-level area institutions, and is a freelance translator. She has worked for international organizations as a translator/interpreter in Chile, Switzerland, Belgium, and Washington, DC.

617: The Great French Songbook

LISA HARPER

Ten Mondays (9:45 AM - 11:15 AM)

September 20

In-Person Only

This course will explore the great French songs of the 1950s and 1960s through videos, audiotapes, and class presentations. The class will focus on such artists as Edith Piaf, Charles Aznavour, and Juliette Greco, and the poetic songs they interpreted. Students will practice speaking, listening, and singing (optional) in French. Members of the class, who so desire, will make oral presentations about their favorite French singer. An intermediate knowledge of French is required for full participation in the class. Those who wish to revive their French through listening are also welcome. This is a French conversation class with a specialized focus, not a music

appreciation or social history class.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Lisa Harper has spoken French for 68 years and taught the language off and on for 54 years. She grew up in Paris in the 1950s listening to popular French songs. After a career mostly in Francophone countries, she became an adult educator. Now retired, she divides her time between Maryland and Morocco.

618: La Vuelta al Mundo con Cuentos Cortos —Tertulias

LIZ REILLY

MONICA GRIGERA

Eight Tuesdays (9:45 AM - 11:15 AM)

September 21

Online Only

Curso Virtual de conversación en español. Este Grupo de Estudio ofrece a los 15 participantes de la clase la oportunidad de aprender, trabajar, y perfeccionar sus habilidades orales en español. Leeremos cuentos cortos que nos permitirán viajar con la literatura.

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 1 hr/week.

Liz Reilly is a fluent Spanish speaker with a passion for Spain and Latin America. She spent her early childhood in Latin America, worked in Madrid for five years, and most recently led the Latin America program for an education-based nonprofit in Washington, DC.

Monica Mendy Grigera is a native Spanish speaker and has taught from kindergarten to college and from Patagonia to Pennsylvania.

619: Latin for Curious Beginners

DIANA SMITH

Eleven Thursdays (9:45 AM - 11:15 AM)

September 23

Hybrid

If you always have wanted to learn Latin, now is your chance!

This will be a traditional approach to learning the Latin language, with more emphasis on grammar and translation, and less on speaking. We will learn the building blocks of the language and start to translate some original works. All language learning is a challenge, but this language lends itself to those who like its puzzle and architecture.

This study group is not a repeat.

Class Format: Discussion

Reading: 2-3 hrs/week.

Register online at www.oli-dc.org

Diana Smith worked as a teacher and administrator for 35 years in secondary schools. Most recently, she served as the principal of Washington Latin Public Charter School since 2008. She has a BA in Classics from Princeton and a PhD in English from UVa.

620: Italian Conversation and Culture

ARRIGO MONGINI

Ten Tuesdays (9:45 AM - 11:15 AM)

September 21

In-Person Only

At home, we will read selections from the Italian website EasyItalianNews.com and literature by Moravia, Severgnini, Canilleri, and others. Classes will be devoted to recitation from these sources and discussion among class members. In addition, two volunteers will each recount an event or incident from her/his experience and engage in conversation with other students. Students should be at least at the level of "intermediate Italian." Members are advised to consult Arrigo Mongini at 301-906-1653 before registering.

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 1-2 hrs/week.

Arrigo Mongini earned an SB in Engineering and an SM in Civil Engineering from MIT. He learned Italian as a child and is fluent. He was president of the Italian Cultural Society of Washington, DC, and visited many parts of Italy more than 15 times over 60 years.

621: Enjoying *The New Yorker* Together

DELBERT SPURLOCK

Nine Thursdays (11:45 AM - 1:15 PM)

September 23

Online Only

The New Yorker's audience beyond New York enjoys reportage, commentary, essays, short stories, satire, poetry, and cartoons, with provocative covers, book, theater, and movie reviews, and articles on medicine and law, world politics, and social issues. For 40 minutes of each session, a class member chooses an item from a *New Yorker* issue and adds something from his/her experience, knowledge, or research, followed by class discussion. Individual OLLI members have taken the course two, three, and more times. Enjoy an open, friendly atmosphere where true conversation occurs. Each class member will register a date for her/his presentation for the semester at the first class.

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 1-2 hrs/week.

Delbert Spurlock has spent many years in government service and from 1993 to 2010 was Associate Publisher/Executive Vice President of the New York Daily News.

630: Then and Now: Daring to Rewrite Bronte and Gaskell

LINDA FREEMAN

Eight Mondays (11:45 AM - 1:15 PM)

September 20

Online Only

We will read four novels, two masterpieces from the 19th century and two 20th-century versions of the same stories. Charlotte Bronte's *Jane Eyre* will be paired with Jean Rhys's powerful and haunting *Wide Sargasso Sea*; Elizabeth Gaskell's *North and South* will be read with David Lodge's slyly hilarious *Nice Work*. We will consider author biographies, historical contexts, and why any writer would want to risk creating a new version of a celebrated novel. Spoiler alerts: Mr. Rochester will never seem quite the same after Rhys is through with him, and *North and South* is NOT a novel about the American Civil War.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: More than 3 hrs/week.

Linda Freeman, PhD, a retired University of Maryland lecturer in Victorian literature, also has taught for Smithsonian Associates and led many OLLI literature study groups.

631: Understanding Families Through Plays

KAREN GAIL LEWIS

Eight Mondays (1:45 PM - 3:15 PM)

September 20

Online Only

We start with *The Deer and the Antelope Play*, by Mark Dunn. This is a story of three generations of women, stuck in their lives. Staying with females, our second play is *Sisters Rosensweig*, by Wendy Wasserman, about three very different siblings. Next, we'll read *Moon for the Misbegotten*, by Eugene O'Neill, the sequel to *Long Day's Journey*. We'll conclude with *Other Desert Cities*, by Jon Robin Baitz, in which a sister is publishing a memoir exposing a tragic family event. We discuss each play for two weeks, focusing on themes, i.e., family/sibling relationships, gender roles, multi-generational patterns, and gender issues. This is an entertaining, interactive class. Reading each play beforehand will enrich participation.

This study group is not a repeat.

Class Format: Discussion

Reading: 1 hr/week.

Karen Gail Lewis has been a family therapist for over four decades. She has published numerous books and articles about family relationships. She has taught at OLLI for over a decade.

640: Bible Story, Your Story: Poetry Reveals Scripture

GERRY HENDERSHOT

Eight Thursdays (9:45 AM - 11:15 AM)

September 23

Online Only

We will read stories from the Hebrew bible, elucidations of the stories by Scott Cairns in his poem series, *The Recovered Midrashim of Rabbi Sab*, and additional modern poems that struggle with the same moral and ethical issues. Through discussion and writing, we will relate the stories and poems to our own lives. Biblical stories will include Adam and Eve, Jonah and the Whale, the Sacrifice of Isaac, and others. Among our poets will be Walt Whitman, James Weldon Johnson, Natalie Diaz, and others. Group members are expected to write and share in discussion an original poem (or two) based on scripture and their lives. No prior experience in reading, writing, or discussing poetry (or scripture) is assumed. This study group is not a repeat.

Class Format: Discussion

Reading: 1-2 hrs/week.

Gerry Hendershot has studied and taught both Hebrew scripture and modern poetry, including OLLI study groups on Famous Poems About Famous Paintings and African-American Poetry, and is the author of a number of published poems. He was on the faculties of several universities and retired from the Centers for Disease Control.

646: Poetry Craftshop: Between My Eyes Is Always the Rain, the Migrant Rain

JENNY PIERSON

Ten Tuesdays (9:45 AM - 12:30 PM)

September 21

In-Person Only

For serious poets who wish to strengthen their skills and heart, this semester we will study the lineage from the Chinese T'ang Dynasty poet, Li Po (ce 712-760), through the contemporary poets Li-young Lee (b.1957) and Ocean Vuong (b.1989). As Asian immigrant poets, Lee and Vuong bring a specific, shared literary history to their work. Both poetry and memoir will offer us ways to examine loss and identity from their perspective. Reading specific works on weekly assignment will teach us how to shape our own original poems. Deep discussion on technique and voice, as well as analysis of each other's work constitute the course.

This study group is not a repeat.

Class Format: Reading and Discussion

Reading: More than 3 hrs/week.

Jennifer Pierson, poet and professor of writing at George Washington University, worked as a human rights advocate, dairy farmer, editor, and caterer. She holds an MFA in creative writing from American University. Jenny has been leading poetry craftshops at OLLI since fall 1996.

651: A Writing Workshop: *Writing Down the Bones*

EDWARD WARD

PATRICIA SPECTOR

Eight Tuesdays (1:45 PM - 3:15 PM)

September 21

Online Only

This workshop is for people who like to write or think they might like to write and who find it helpful to have a setting or stimulus to actually sit down and write. Each session consists of two or more spells of writing in response to a short prompt. After writing for 10-15 minutes, participants have the opportunity—but are not required—to share what they have written. Positive feedback is encouraged; critical feedback can be requested. The common prompts lead participants in surprisingly different directions. The format was established by Brock Hansen, who led the workshop in earlier years. It draws on ideas about writing practice presented in Natalie Goldberg's book, *Writing Down the Bones*.

This study group is a repeat.

Class Format: Appreciation

Reading: No required reading.

Patricia Spector and Edward Ward participated in the workshop several times with Brock Hansen. When Brock was unable to continue the workshop, they agreed to co-lead it on an informal basis during the Spring 2018 semester and have continued it as a regular OLLI offering since then.

653: Plagues We Have Known

SUSAN UROFSKY

Eight Tuesdays (1:45 PM - 3:15 PM)

September 21

Online Only

Looking back in time we can discover what major upheavals such as Covid-19 require of individuals and cultures. Even in the Bible, there were plagues. Through active discussion, this study group will explore what scared people, the nature of the damage, and the

impact of attempted solutions. We will read and discuss fiction and nonfiction to better understand the story of our current pandemic, note parallels with past pandemics, and reach toward the future. Two required books are listed for the course. Others are optional. This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 2-3 hrs/week.

Susan Urofsky enjoys OLLI as a participant and as a study group leader. An English major, her later career emphasized effective and efficient governance and service delivery in the nonprofit and government sectors. She held leadership positions with JLARC and the Health and Human Services Secretariat in Virginia.

655: Tennessee Williams and the Golden Age of American Theater

RONALD PARLATO

Ten Mondays (9:45 AM - 11:15 AM)

September 20

Hybrid

The course will study six major works of Tennessee Williams, two of Arthur Miller, and one of Eugene O'Neill. The purpose of the course is to describe, define, and illustrate Williams's particular lyricism, poetic genius, and dramatic personal insights; and to compare and contrast them with the morality plays of Miller and the emotional realism of O'Neill's mature work. The Williams plays have been selected for their individual character and common themes; and because they express the range of his dramatic talents. Those of Miller and O'Neill have been chosen for their power and their representation of the playwrights' major dramatic concerns. This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 2 hrs/week.

Ronald Parlato has been teaching literature at OLLI for more than five years. He is a retired International Development Consultant with experience in over 60 countries of Africa, Asia, Latin America, and Europe. He holds a BA in English Literature from Yale and an advanced degree in Public Administration and Urban Affairs.

657: *Middlemarch*, by George Eliot

LESLIE FRANTZ

Eight Thursdays (11:45 AM - 1:15 PM)

September 30

In-Person Only

George Eliot's *Middlemarch* is considered by some to be the ultimate Great Big Victorian Novel. Of the handful of contenders

for this honor, Eliot's great work may be the wisest and the most intellectually informed. The novel is divided into eight books. We will study it one book at a time, with an eye to characterization, social and historical background, and the carefully woven plot. This study group is a repeat.

Class Format: Lecture and Discussion

Reading: 2-3 hrs/week.

Leslie Frantz has a Master's degree in English literature from Georgetown University and taught in the Georgetown University Continuing Education Department for over 20 years. She has taught many courses on English literature for OLLI.

658: Reviewing *The New York Times Book Review*

BARBARA MOLDAUER

CARL WEICHEL

Eight Tuesdays (9:45 AM - 11:15 AM)

September 21

Online Only

Since 1896, the weekly *New York Times Book Review* (NYTBR) has helped America's curious, general-interest readers stay informed about new books and numerous interesting topics. Over time, the book industry has evolved with self-publishing, audio books, printless digital formats, and now, radio podcasts. One of the highlights of NYTBR is how it selects 20-30 books from emerging and seasoned authors that are reviewed by freelance literary critics, novelists, and academics. A lure of the "Book Review Podcast" is how host Pamela Paul's interviewing style probes nuanced views from authors. During each class, we'll hear 2-4 podcasts, have volunteers summarize featured print reviews, then enjoy class conversations and become knowledgeable with the current must-reads.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Barbara Moldauer has worked as a speechwriter and scribe for energy, education, and labor organizations for audiences ranging from Congress to coal miners on issues running the gamut from aspirin to vouchers. Her specialty is conveying complex issues simply and memorably by marrying words and images for maximum effect.

Carl Weichel has held various positions over his career in marketing, design, and advertising in Australia, South Africa, Canada, and San Francisco, and continues to consult. Carl has led OLLI study groups on *Political Polarization*, *The 1960s*, *Eastern Thought*, and *David Brooks' Writings*.

671: From the Age of Theatre to the Age of Rhetoric

ANDREW WHITE

Nine Fridays (9:45 AM - 11:15 AM)

September 24

Hybrid

Andy White returns with a puzzle for you to solve: what happened to Greek Drama? After Athens' golden age, and after the triumph of mass entertainment under the Roman Empire, dramatic literature disappears. What takes its place? We will explore what the descendants of Aeschylus, Euripides, and Aristophanes are up to, as they study drama in grammar school, in order to become stand-up performers (i.e., rhetors), who entertain each other at after-hours soirées they call "theatres." They become professionals, but of a very different kind. ***The online format of this hybrid study group has a large capacity; in-person is limited.***

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Andrew Walker White has been teaching at OLLI for a few years now—quite a few. He is an actor, playwright, theatre critic, and a scholar of theatre history as well—ask him about Byzantium, too, when you get the chance!

681: Three Oedipus Plays by Sophocles

SUSAN WILLENS

Eight Mondays (9:45 AM - 11:15 AM)

September 20

Online Only

The class will discuss and occasionally read aloud three classic plays by Sophocles from *Three Theban Plays: Antigone; Oedipus the King; Oedipus at Colonus*, translated by Robert Fagles.

This study group is a repeat with revisions.

Class Format: Discussion

Reading: 2-3 hrs/week.

Susan Willens has taught at OLLI for several years and looks forward to a new year with new works to investigate.

688: Performing *Our Town*

CAROL LIGHT

Ten Thursdays (11:45 AM - 1:15 PM)

September 23

Online Only

Thornton Wilder's play, *Our Town*, takes the simple events of everyday life—"the way we were in our growing up and in our marrying and in our doctoring and in our living and in our dying"—

transforming them into universal experiences. Actors and audiences find *Our Town* to be strong stuff, often evoking very powerful emotions—and we will be both actors and audience. We will read the play aloud, see excerpts from recorded performances featuring Paul Newman and Hal Holbrook, among others, and discuss the text, its structure, and range of ideas, as well as performance issues. Finally, assuming enough participants are willing, we will do a Zoom performance of some or all of the play for the OLLI community. This study group is not a repeat.

Class Format: Reading and Discussion

Reading: Less than 1 hr/week.

Carol Light directed an OLLI group which presented several staged readings, including Wilder's *Skin of Our Teeth*. Additionally, she has led seven Shakespeare study groups, each examining one play and how the performance choices of actors, directors, and other artists combine to make a unique experience for all participants.

690: Anthony Trollope's *The Prime Minister* (Palliser 5)

ELLEN MOODY

Ten Mondays (11:45 AM - 1:15 PM)

September 20

Online Only

The 5th Palliser refocuses us on Plantagenet and Lady Glen, now Duke and Duchess of Omnium. Phineas and Marie (Madame Max) and Finn are characters in the story of the Duke and Duchess's political education as he takes office and she becomes a political hostess. We delve into practical politics and philosophies asking what are political power, patronage, elections, and how can you use these realities/events. A new group of characters provide a story of corrupt stockbroking, familial, marital, and sexual conflicts, and violence. And what power have women? We'll also read Trollope's short colonialist Orwellian *The Fixed Period*, and short online writing by Victorian women (Caroline Norton, Harriet Martineau, Francis Power Cobb, and Margaret Oliphant).

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 2 hrs/week.

Ellen Moody holds a PhD in English literature and has taught in colleges for more than 30 years and at OLLI for seven. She's published on Trollope, film adaptations, and 18th- and 19th-century literature. At OLLI, she has taught Trollope's *Barsetshire* and *Palliser* fiction, his short stories, 19th-century novels by women, Booker Prize novels, and Virginia Woolf.

695: One-Offs, Odd Lots, and Nonpareils: Idea-Driven Remarkable Fictions

JUDITH PLOTZ

Ten Wednesdays (11:45 AM - 1:15 PM)

September 22

In-Person Only

In this study group, we will read a series of rich and strange fictions—idea-driven narratives that play philosophical and metaphysical games in the pursuit of serious religious, political, and ethical issues. What unites these texts—besides their bravura excellence—is their intense originality, deep playfulness, and surprising brevity. We'll read works by Borges, Diderot (*Rameau's Nephew*), Dostoevski (*Grand Inquisitor*), Erofeev (*Moscow to the End of the Line*), Orwell (*Animal Farm*), Ozick (*Envy*; or *Yiddish in America*), Rushdie (*Haroun and the Sea of Stories*), Sciascia (*To Each His Own*), Segal (*Her First American*), Trilling (*Middle of the Journey*), and Voltaire (*Candide*).

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 2-3 hrs/week.

Judith Plotz taught for almost 50 years at GWU, specializing and publishing in *British Romanticism*, *postcolonialism*, and *children's literature*. She has taught a number of OLLI courses, most recently *Italian Jewish Literature*.

700 HISTORY & GEOGRAPHY

701: The Myth and Reality of the Wild West

JOHN VORHES

Ten Tuesdays (9:45 AM - 11:15 AM)

September 21

Hybrid

Many Americans are nostalgic for the mythic period known as the "Wild West" (1865–1895), when we boldly settled the Great Plains and the Far West. But the idea of moving the frontier from the Appalachians west into the heartland and beyond took root much earlier, after our independence and our successes over rival European powers that had laid claim to the land. The concept of Manifest Destiny gained popularity before the Civil War and then after, when trails were crowded with adventurers and entrepreneurs. The way we spread our civilization is an arguable achievement, especially when you take into account the Native Americans who were the original residents. In 1893, we celebrated the end of the frontier with a grand exposition in Chicago where the frontier was declared "ended." The entire saga is now a beloved blur to many of us, shaded by the

myth that has often colored the reality. Here we study the reality and maybe discover the birth of what some think is our national character. **The online format of this hybrid study group has a large capacity; in-person is limited.**

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: No required reading.

John Vorhes is a retired industrial and architectural designer with a love affair with the American West. Born in New York City, his family roots go back to frontier Kansas and his personal research expanded his interest. His 50-year design career includes SOM, architects in NY, and USIA's Cultural Exchange Program in Washington.

702: Cruising with OLLI: Cruise Ship Lectures Around the World

JOSEPH SNYDER

NICK GLAKAS

Eight Tuesdays (11:45 AM - 1:15 PM)

September 21

Online Only

Two experienced cruise-ship lecturers will draw on talks that they have given around the world, covering areas as diverse as Polynesia, Morocco, Venice, and New Zealand. They were designed to give cruise-ship passengers background on and a deeper appreciation of their destinations. **This study group has a large capacity.**

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Joe Snyder served 30 years in the US Foreign Service in Thailand, Iran, Taiwan, Malaysia, Austria, and Washington. After his government service, Joe headed the American Australian Association in New York, the Asia Society Washington Center, and the Asia Program at the Atlantic Council in Washington. For 11 years, he lectured on cruise ships, jet tours, and land tours. He studied international relations at Georgetown and Yale.

Nick Glakas is a retired lawyer and Smithsonian lecturer. For the past eight years, he has lectured on cruise ships around the world as well as at Cambridge, Georgetown, and George Washington Universities. He has clerked for two federal judges, served as general counsel of the Senate Appropriations Committee, been senior vice president of ITT Corporation, and president of two college associations. He is a former naval officer who served aboard a destroyer and an LST in the Mekong Delta, later attending law school at Georgetown and Cambridge.

710: Seven Photographers Documenting 20th-Century America

ELEANOR GREENE

Nine Thursdays (9:45 AM - 11:15 AM)

September 23

Online Only

We will focus on seven photographers—Lewis Hine, Dorothea Lange, Walker Evans, Gordon Parks, Roy De Carava, Esther Bubley, and Danny Lyon—who created images that picture America from 1904 to 2000. Photographs, like other historical sources, are interpretations, versions of “reality” that document facts, express ideas and opinions, and also tell stories. We’ll begin with a session on 20th-century themes and note some strategies for interpreting photographs. Then we’ll spend a session on each photographer considering his or her historical context and life experiences, and examine a selection of photographs asking these questions: What is this picture about? How, why, and for whom was it taken? How was it used?

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

Elly Greene has taught history, trained teachers, and designed curricula, for about 30 years in Massachusetts, Northern Virginia, and DC. She led OLLI study groups on Eleanor Roosevelt, the Laurel Grove School, the Progressives, Making the History of 1989, and four years ago, on Seven Photographers Documenting 20th-Century America.

715: Jewish History and Life: Patriarchs to Israel

JOSH (JONATHAN) BERMAN

Ten Thursdays (11:45 AM - 1:15 PM)

September 23

Online Only

Judaism has been present for 4,000 years. We will survey Judaism from the Patriarchs to the State of Israel, with the aim of understanding how Judaism was able to survive 40 centuries and be part of our present world. Equal emphasis will be placed on historic events and Jewish life during those periods of history. The two texts—Scheidlin, which is short and clear, and Johnson, which is longer and more provocative—will be supplemented by original source handouts, some of which are excellent, and videos from Ori Soltes’ “Jewish Art” series. With two texts and handouts, there is a large amount of recommended reading each week to get the full depth of the content and benefit of the session. This overview of a vast swath of history is intended for Jews who wish to have a firmer understanding of their heritage and non-Jews interested in the Jewish story. **This study group has a large capacity.**

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: More than 3 hrs/week.

Jonathan (Josh) Berman, MD, PhD, FASTMH, is not a professional historian, but rather is a Jewish-American with a lifelong interest in his religious heritage.

740: Race in America 1864 to the Present

KAREN STEWART

Ten Thursdays (9:45 AM - 11:15 AM)

September 23

Online Only

In this course we will follow the struggle of this nation to finish its revolution of racial equality begun in 1863 with the Emancipation Proclamation. Through lecture, outside reading, and discussion, we will examine the uneven path through Reconstruction, redemption, Jim Crow, and the civil rights movement that leads to our present. We will look at the forces and individuals who have moved us forward as well as the counterforces and individuals who have moved us backwards. **The online format of this hybrid study group has a large capacity; in-person is limited.**

This study group is not a repeat.

Class Format: Lecture

Reading: 1-2 hrs/week.

Karen Stewart has taught at OLLI for five years. She is a graduate of Barnard College and the University of North Carolina School of Public Health. She served as a Peace Corps Volunteer in Malawi and Congo. She retired from Westat where she was an epidemiologist conducting social science and health research.

747: Poisonous Places: Historical Perspective on Toxins in the Home, Workplace, and Environment

JOHN PARASCANDOLA

7 Thursdays (1:45 PM - 3:15 PM)

September 23

Online Only

Poisonous substances in the home, workplace, and environment always have presented a health hazard, but urbanization, the Industrial Revolution, and increased use of chemicals in daily life have greatly magnified this problem since the late 18th century. This study group will focus on the history of these toxins and their impact on humans, while also considering their continuing presence in our society. The poisons examined will include mercury, phosphorous, arsenic, radium, and lead. Examples of some of the issues to be discussed include mercury and “mad hatters,” the “radium

girls” poisonings, lead in paint and gasoline, arsenic in wallpapers, pesticide residues in food, and “phossy jaw” in match workers. **This study group has a large capacity.**

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

John Parascandola has a PhD in the history of science from the University of Wisconsin-Madison. He has served as a historian in the federal government and on the faculty of the Universities of Wisconsin and Maryland (where he taught, among other subjects, courses on the history of poisons and on the history of public health). He is the author of several books and has taught five OLLI classes.

750: The Victorian Era: Key Literary and Political Figures

ARNOLD LEIBOWITZ

Nine Fridays (9:45 AM - 11:15 AM)

September 24

Online Only

During this nine-week course we will discuss the key literary and political figures of the Victorian era, such as: (1) Queen Victoria and Prince Albert (Key Parliamentary Issues and the Reform of 1867); (2) The Bronte Sisters (Ann, Emily and Charlotte); (3) Benjamin Disraeli and William Gladstone (The Irish Question); (4) Charles Dickens; (5) George Eliot, G. H. Lewes and Dorothy Wordsworth; (6) Jane and Thomas Carlyle; (7) Charles Darwin; (8) The Pre-Raphaelites: John Ruskin, Euphemia (Effie) Gray and Jean Millais; and (9) Lord Alfred Tennyson and Robert Browning.

This study group has a large capacity.

This study group is a repeat with revisions.

Class Format: Lecture

Reading: No required reading.

Arnold Leibowitz is an attorney in Washington, DC, in practice for over 40 years. His special interests are major social and political trends.

773: The Legacy of “The Great War” — Too Soon to Tell?

RICHARD PALMER

Eleven Wednesdays (1:45 PM - 3:15 PM)

September 22

Online Only

After a nod toward the pre-1914 order and the last decisive year of the war, then the conditions of 1919, the course will look at major transformations wrought upon the world by WWI. The focus will be topical, not chronological, and generally on what may be regarded as “permanent” changes in light of subsequent history,

from the perspective of the present. Emphasis will be on political, ideological, economic, and social legacies. This is an actively participative study group rather than a passive “lecture course.” We’ll mostly use online resources or downloadable book or article extracts. Members may opt to present subtopics of interest—e.g., cultural or literary elements—that might otherwise be neglected. Only online or downloadable reading material will be assigned, but class members may want to consult other texts or books on the subject matter of the study group. **This study group has a large capacity.**

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 2-3 hrs/week.

Richard R. Palmer is a retired Washington psychiatrist with an interest in history, language, and culture; he has led several OLLI study groups in these areas.

780: History of the Jews of Spain

JEFFREY GORSKY

Eight Wednesdays (1:45 PM - 3:15 PM)

October 06

Hybrid

Using the book, *Exiles in Sepharad*, the group will study the one-thousand-year history of Jews in Spain from the Visigoth era and Muslim Spain to the Spanish Inquisition and the Expulsion of 1492, and the aftermath in Portugal, Holland, and the New World. We also will study significant works in religion, literature, science, and philosophy, including poets, the great Jewish philosopher, Moses Maimonides, and Moses de Leon, author of *The Zohar*, the core text of the *Kabbalah*. **The online format of this hybrid study group has a large capacity; in-person is limited.**

This study group is a repeat.

Class Format: Reading and Discussion

Reading: 2-3 hrs/week.

Jeffrey Gorsky is retired from the Department of State, where he worked as Vice-Consul in Bilbao, Spain, and as an Iberian Intelligence Analyst. He was Senior Counsel for a law firm that is nationally recognized in immigration law. He is the author of *Exiles in Sepharad: The Jewish Millennium in Spain*.

786: America in the Fifties

CANDACE THURMAN

Nine Thursdays (11:45 AM - 1:15 PM)

September 23

Hybrid

Many historians use the term “boom” to illustrate the 1950s in a variety of ways: the flourishing economy, the record-setting

birthrate, and the fearful consequence of nuclear war. Some OLLI members will remember the era; others will not. This study group reviews that decade’s significant historical events and trends, popular culture, politics, and fads. The approach in weekly sessions is thematic and augmented with lots of optional material—selected readings and audio and video of the period. This study group is highly participatory. Members compare different experiences and perspectives of the decade; with this in mind, we ask each member to provide his/her age and living situation on October 4, 1957—the date of the Sputnik launch.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Candace Thurman is a retired social studies teacher in the Montgomery County Public Schools. She was born in Pennsylvania soon after Sputnik. This is her fourth OLLI study group.

790: Off the Beaten Path in the DC Area

RALPH BUGLASS

Ten Tuesdays (1:45 PM - 3:15 PM)

September 21

Online Only

As the nation’s capital, our area is replete with well-known historical attractions tourists swarm to. But there are many other lesser known yet equally interesting landmarks and spots worth visiting—or at least knowing about. Come hear about—and experience through lavishly illustrated slides—some of these little-known gems and the fascinating stories behind them. Examples include presidential monuments and commemoratives in unexpected places; reminders of World War II and the area’s rich African American history; Gilded Age mansions around DuPont Circle; buildings by Frank Lloyd Wright and other noted architects; early mills that still work; cemeteries that come to life with stories of those interred; and more. **This study group has a large capacity.**

This study group is a repeat.

Class Format: Lecture

Reading: No required reading.

Ralph Buglass is a Washington-area native and lifelong history buff who enjoys sharing lesser-known aspects of the wonderful area we call home. A frequent speaker for Montgomery History, the neighboring Maryland County historical society, he is a retired communications professional with a history BA from Cornell and a journalism MA from American University.

794: Eight American Stories (as Told by Master Historians)

MARION CONNELL

Eight Mondays (11:45 AM - 1:15 PM)

September 20

Hybrid

This class and its text are an outgrowth of a series of interviews conducted by David Rubenstein on PBS. Each chapter focuses on a significant figure in American history as seen by a major historian who authored a well-received biography on the subject. The text was a best seller and well reviewed by critics. Participants will read and discuss one chapter each week.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Marion Connell graduated from Mount Holyoke College with an AB degree in political science and philosophy. She has a master's degree in public administration plus over 30 years experience in local, state, and Federal government. Marion has lectured in the School of Public Affairs at American University.

800 PHILOSOPHY & RELIGION

805: Meditation Class

JOSEPH REO

Eight Fridays (9:45 AM - 11:15 AM)

September 24

Online Only

In this class we will meditate together as a group. The primary goal of this course is the systematic, eight-week, on-going commitment, that we come together, weekly, at this same time, with the simple intention to regularly practice the discipline of meditation. It doesn't matter if you've never meditated in your life, or if you've done it for 20 years with your own lovely mantra, and years-long routine. I'll guide us through various "styles," some perhaps leading us somewhere, some taking us potentially, to a quiet nowhere. We will practice several short meditations each class, or just one. We'll debrief at the end of the session to talk about what works, what didn't, what was helpful/useful, and what wasn't. And we'll be open to attendees who may wish to take the lead and guide us through a session towards the end. You can show us your style via your years of experience, or just jump in, having fun being adventurous guiding us for the first time. Anyone, and all forays or experimentation into leading, will be welcome.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Joseph Reo holds a bachelor's degree from Arizona State University and was an adjunct instructor at George Washington's School of Exercise Science where he taught Meditation, Massage, and Sports Massage for over 10 years. He currently teaches Meditation and Massage with various adult education companies and is a licensed, massage therapist with an active, 20-year practice in Northwest DC.

806: Medical Chi Kung

JOSEPH REO

Ten Mondays (9:45 AM - 10:45 AM)

September 20

Online Only

In Asia, for thousands of years, overall health, fitness, and well-being, always have considered mind, body, and spirit as a whole. This class will introduce the practice and medical benefits of Chinese Chi Kung, or Qigong, the centuries-old Chinese method of "healing movement." We will exercise together blending action, breathing, and imagination, to physically energize the body, and promote overall well-being. Through rhythmic movement, relaxed breathing, and mental focus, we'll practice simple forms, together as a group, to stimulate and heal specific organs and organ-systems in the body. The easy-to-perform, simple "mudras" will gently release tight muscles, soften ligaments, and coax the lengthening of tendons, which can diminish joint pain and improve balance. You'll be able to follow along with something, no matter the state of health you are in. You may even learn to feel, and potentially direct the flow of "Chi" to and through specific areas of your body, where you need it most. Exercise modifications will be shown, when requested.

Dress comfortably, we'll start training the first day. **Note:** Before participating in any exercise program, participants should check with their doctors to ensure that there are no contraindications, special considerations, or limitations from a medical standpoint. ***This study group meets for one hour, from 9:45 to 10:45 AM.***

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

Joseph Reo is a graduate of Arizona State University and completed the Landmark Forum adult education curriculum. He is a graduate of the Pathways Institute, a program of personal growth and consciousness work, and is currently a student in the Pathways graduate studies program. As an adjunct, he taught over 10 years in George Washington University's Exercise Science department, instructing classes in meditation, massage, and sports massage. As a voice-over actor he has recorded various meditation tracts

and currently teaches meditation and massage at various adult-education companies. He is a licensed, massage therapist with an active, 20-year practice, and currently serves on DC's Department of Health's Massage Therapy Board.

831: Mastering Skills of Mindfulness Meditation

JEFFREY DROBIS

SUSAN DROBIS

Ten Mondays (9:45 AM - 11:15 AM)

September 20

Online Only

In this study group, you will learn mindfulness skills to rewire your brain to help make you a happier and more compassionate person. Mindfulness enhances our capacity for managing anxiety, stress, intense emotions, and uncertainty, and increases our capacity to experience deep fulfillment. We primarily will practice techniques that we have learned from Shinzen Young to use both in sitting meditation practice and in ordinary life. Sessions will include instruction, guided meditations, and group discussion. Although there is no required reading, participants should plan to practice meditation on their own for at least 10 minutes on most days. This study group is appropriate for both beginners and experienced meditators.

This study group is a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Susan Drobis, a retired psychotherapist, and Jeffrey Drobis, a retired MD, have practiced meditation for over 25 years. Their teacher Shinzen Young draws on traditional Asian practices but is consciously secular and contemporary. Susan has been teaching mindfulness for 20 years and Jeffrey has led meditation study groups at OLLI since 2015.

834: Mastering Skills of Mindfulness Meditation: Intermediate Level

JEFFREY DROBIS

Ten Mondays (11:45 AM - 1:15 PM)

September 20

Online Only

This study session is similar to another offering, Mastering the Skills of Mindful Awareness Practice. It is intended for persons who have taken other study groups with me. If you have not worked with me but have significant experience with meditation and are interested in this offering, please contact me at jeffdrobis@gmail.com. Classes will include instruction, extensive guided meditations, and discussions. In addition, we will devote about 10 minutes to discuss a book related to mindfulness practice (to be determined).

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Jeffrey Drobis, a retired MD, has practiced meditation for 25 years. He has trained as a facilitator with his teacher Shinzen Young and leads regular group meditations on the telephone. The Mindfulness techniques that he teaches draw on traditional Asian practices but are consciously secular and contemporary.

838: Mommie Dearest —The Great Mother Goddesses of World Mythology

ROBERT CROOG

Eleven Mondays (1:45 PM - 3:15 PM)

September 20

Hybrid

From time immemorial, Mother Goddesses have been worshipped and revered the world over. She is the nurturing figure—the Madonna, Demeter, Parvati—a loving caregiver who protects and dotes on her children. But she also has her darker side. She appears as Lilith, Hecate, Kali—evoking stark terror, demanding blood sacrifice, devouring souls. This course will explore the Great Mother in her many faces, her stories, her place in the pantheon and what she reveals about the cultures she inhabits. ***The online format of this hybrid study group has a large capacity; in-person is limited.***

This study group is not a repeat.

Class Format: Lecture

Reading: No required reading.

Robert Croog (BA Harvard, JD Columbia) is a retired intellectual-property lawyer and former professor of Communication, Writing, Media Law, and Ethics. At OLLI he has taught courses in Skepticism and Truth Denial, War and Morality, Tales of the Underworld and the Trickster Archetype.

850: A Yogi's Approach to the Evolution of Human Consciousness as Expounded by the Teachings of Paramahansa Yogananda

WOODY CARTER

Nine Tuesdays (11:45 AM - 1:15 PM)

September 21

Hybrid

The aim of this study group is to explore the yogic approach to the evolution of human consciousness by examining the life and teachings of Paramahansa Yogananda, author of the spiritual classic *The Autobiography of a Yogi*. The group also will examine

the impact of these teachings in the life of one of Yogananda's followers as depicted in the novel, *Narada's Children: A Visionary Tale of Two Cities*. Although the principles presented are universal in scope, this offering is "culturally-rooted" and geared to participants living out a western worldview. Through cognitive and experiential learning, these will be highly interactive sessions including open discussion, video screenings, guided meditations, and selected readings. This course is appropriate for beginners and those with meditation experience.

This study group is a repeat with revisions.

Class Format: Discussion

Reading: 1 hr/week.

Woody Carter is a narrative theologian and writer with a doctorate in theology, religion, and the arts from the Graduate Theological Union in Berkeley, California. He was an associate professor in the Bachelor of Arts Completion Program at the California Institute of Integral Studies in San Francisco and a theater arts instructor.

860: Kant

DONALD ROSS

Eleven Fridays (9:45 AM - 11:15 AM)

September 24

Hybrid

The purpose of this course is to explore the philosophy of Immanuel Kant. We will be covering the shorter versions of his first two Critiques (Critique of Pure Reason and Critique of Practical Reason), plus selections from the third Critique (Critique of Judgment). The shorter version of Kant's first Critique is his Prolegomena to Any Future Metaphysics. The shorter version of Kant's second Critique is his Grounding for the Metaphysics of Morals, supplemented by Part II of his Metaphysics of Morals, titled The Metaphysical Principles of Virtue. The selections from the third Critique also will be supplemented by two essays on politics. **The online format of this hybrid study group has a large capacity; in-person is limited.**

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 2 hrs/week.

Don Ross received his bachelor's degree in philosophy from Wake Forest University in 1970, his master's from the University of Iowa in 1972, and his doctorate from the University of Chicago in 1979. His publications include articles on ancient and medieval philosophy. He also has done work in Asian and modern European philosophy

861: Utilitarianism

DONALD ROSS

Ten Fridays (11:45 AM - 1:15 PM)

September 24

Hybrid

In this course, we will read five classic texts of the Utilitarian school of ethics, three of them from the pen of John Stuart Mill (the most gifted writer among them). The other two authors and works are Jeremy Bentham's *Principles of Morals and Legislation*, the founding document of Utilitarianism, and *The Methods of Ethics*, by Henry Sidgwick, the last of the classic Utilitarians. **The online format of this hybrid study group has a large capacity; in-person is limited.**

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 2 hrs/week.

Don Ross received his bachelor's degree in philosophy from Wake Forest University in 1970, his master's from the University of Iowa in 1972, and his doctorate from the University of Chicago in 1979. His publications include articles on ancient and medieval philosophy. He also has done work in Asian and modern European philosophy.

ASSIGNED BOOKS FOR FALL 2021

#	Study Group	Book Title	Author	ISBN	Publisher	Notes
104	The Knowledge Gap: The Hidden Cause of America's Broken Education System— And How to Fix It	<i>The Knowledge Gap: The Hidden Cause of America's Broken Education System--And How to Fix It</i>	Natalie Wexler	978-0-7352-1356-2	Avery	Required
113	What Is to Be Done	<i>Democracy in America?: What Has Gone Wrong and What We Can Do About It</i>	Benjamin Page and Martin Gilens	978-0226724935	University of Chicago Press	Required
		<i>The Great Risk Shift</i>	Jacob Hacker	978-0190844141	Oxford University Press	Required
		<i>Reclaiming Patriotism in an Age of Extremes</i>	Steven S. Smith	978-0300254044	Yale University Press	Required
		<i>Democracy Rules</i>	Jan-Werner Muller	978-0374136475	Farrar, Straus and Giroux	Required
142	Intelligence and the US Intelligence Community	<i>AFIO's Guide to the Study of Intelligence</i>	Peter C. Oleson, Robert M. Gates, et al.	978-0997527308	Association of Former Intelligence Officers	Required
180	Today's Supreme Court: A Course for Citizens	<i>The Oath: The Obama White House and the Supreme Court</i>	Jeffrey Toobin	978-0-307-39071-4	Anchor Books, Random House	Required
		<i>The US Supreme Court: A Very Short Introduction</i>	Linda Greenhouse	978-0199754540	Oxford University Press	Required
201	The Evolution of Mind	<i>Metazoa: Animal Life and the Birth of the Mind</i>	Peter Godfrey-Smith	9780374207946	Farrar, Straus and Giroux	Required
244	Survivors and Descendants of the Holocaust: A Search for Meaning	<i>Why the Germans? Why the Jews? Envy, Race, Hatred and the Prehistory of the Holocaust</i>	Gotz Aly	978-1-250-062464-2	Metropolitan Books	Recommended
		<i>Survivor Cafe: The Legacy of Trauma and the Labyrinth of Memory</i>	Elizabeth Rosner	978-1-64009-107-8	Counterpoint	Recommended
370	Climate Change: Some Major Health and Economic Aspects	<i>How to Avoid a Climate Disaster</i>	Bill Gates	978-0385546133	Knopf	Required
426	The Human Body	<i>The Body: A Guide For Occupants</i>	Bill Bryson	9780385593902	Doubleday	Recommended
444	The Quantum World	<i>The Quantum World, Quantum Physics for Everyone</i>	Kenneth W. Ford	0-674-01342-5	Harvard University Press	Recommended
460	Exponential Organizations in our Changing World	<i>Exponential Organizations: New Organizations Are Ten Times Better, Faster, and Cheaper Than Yours (and What to Do About It)</i>	Salim Ismail, et al	978-1626814233	Diversion Books	Recommended
		<i>Exponential Transformation: Evolve Your Organization (and Change the World)</i>	Salim Ismail, et al	978-1119611394	Wiley	Recommended
480	The Ups and Downs of Weather	<i>The Ups and Downs of Weather: An Introduction to Meteorology</i>	Paul Brown			Recommended

#	Study Group	Book Title	Author	ISBN	Publisher	Notes
492	The Human Immune System	<i>The Beautiful Cure: The Revolution in Immunology and What It Means for Your Health</i>	Daniel M. Davis	9780226371009	University of Chicago Press	Required
607	Beginning-plus Spanish	<i>Spanish for Dummies</i> , 2nd edition	Susana Wald			Required
619	Latin for Curious Beginners	<i>Wheelock's Latin</i> , 7th Edition (The Wheelock's Latin Series)	Frederic M. Wheelock	10 0061997226	Collins Reference	Required
620	Italian Conversation and Culture	<i>Workbook for Wheelock's Latin</i>	Paul Comeau	10 0060956429	Collins Reference	Required
		<i>Racconti Romani</i>	Alberto Moravia	978-88-452-4897-9	Bompiani	Required
		<i>La Testa degli Italiani</i>	Beppe Severgnini	978-88-58-60627-8	BUR Saggi (Kindle)	Required
		<i>Ora Dimmi di Te /Lettere a Matilda</i>	Andrea Camilleri	978-88-587-8004-6	Bompiani	Required
630	Then and Now: Daring to Rewrite Bronte and Gaskell	<i>Jane Eyre</i>	Charlotte Bronte	0-393-97542-8	Norton Critical Edition	Recommended
		<i>North and South</i>	Elizabeth Gaskell	0-393-9708-3	Norton Critical Edition	Recommended
		<i>Wide Sargasso Sea</i>	Jean Rhys	0-393-96012-9	Norton Critical Edition	Recommended
		<i>Nice Work</i>	David Lodge	0-14-013396-8	Penguin Books	Recommended
631	Understanding Families Through Plays	<i>The Deer and the Antelope</i>	Mark Dunn	978-0822217947	Dramatists Play Service, Inc.	Required
		<i>The Sisters Rosensweig</i>	Wendy Wasserman	978-0156000130	Mariner Books	Required
		<i>A Moon for the Misbegotten</i>	Eugene O'Neill	978-0300118155	Yale University Press	Required
		<i>Other Desert Cities</i>	Jon Robin Baitz	978-0802145659	Grove Press	Required
646	Poetry Craftshop: Between My Eyes Is Always the Rain, the Migrant Rain	<i>The Selected Poems of Li Po</i>	Translation by David Hinton	978-0-8112-1323-3	New Directions	Required
		<i>Rose</i>	Li-young Lee	0-918526-53-1	BOA Editions	Required
		<i>Night Sky With Exit Wounds</i>	Ocean Vuong	978-155659-495-3	Copper Canyon Press	Required
		<i>The Winged Seed</i>	Li-young Lee	938-1-938160-04-2	BOA Editions	Recommended
		<i>On Earth We're Briefly Gorgeous</i>	Ocean Vuong	978-0-525-56202-3	Penguin Press	Recommended
653	Plagues We Have Known	<i>Year of Wonders</i>	Geraldine Brooks	978-0-14-20000143-1	Penguin Books	Required
		<i>The Plague</i>	Albert Camus	978-0679720218	Quality Paper Book Club	Required
655	Tennessee Williams and the Golden Age of American Theater	<i>Cat on a Hot Tin Roof</i>	Tennessee Williams	978-0811216012	New Directions	Required
		<i>A Streetcar Named Desire</i>	Tennessee Williams	978-0811216029	New Directions	Required
		<i>The Glass Menagerie</i>	Tennessee Williams	978-0811214049	New Directions	Required
	(Continued on next page)	<i>Suddenly Last Summer</i>	Tennessee Williams	978-0822210948	Dramatists Play Service, Inc.	Required
		<i>Summer and Smoke</i>	Tennessee Williams	978-0822210979	Dramatists Play Service, Inc.	Required
		<i>Sweet Bird of Youth</i>	Tennessee Williams	978-0811218078	New Directions	Required

#	Study Group	Book Title	Author	ISBN	Publisher	Notes
655	Tennessee Williams and the Golden Age of American Theater (Continued from previous page)	<i>Death of a Salesman</i>	Arthur Miller	978-0140481341	Penguin Books	Required
		<i>All My Sons</i>	Arthur Miller	978-0141185460	Penguin Classics	Required
		<i>Long Day's Journey into Night</i>	Eugene O'Neill	978-0300093056	Yale University Press	Required
657	Middlemarch	<i>Middlemarch</i>	George Eliot	Any edition		Required
681	Three Oedipus Plays by Sophocles	<i>The Three Theban Plays: Antigone; Oedipus the King; Oedipus at Colonus</i>	Translated by Robert Fagles	978-0140444254	Penguin Classics	Required
688	Performing <i>Our Town</i>	<i>Our Town</i>	Thornton Wilder	97-0-06-051263-7	Harper Perennial Classics	Required
690	Anthony Trollope's <i>The Prime Minister</i> (Palliser 5)	<i>The Prime Minister</i>	Trollope, Anthony Nicholas Shrimpton, ed.	978-0199587193	Oxford	Required
		<i>The Fixed Period</i>	Trollope, Anthony David Skilton, ed.	019-282842-8	Oxford	Required
		<i>Criminals, Idiots, Women and Minors</i>	Hamilton, Susan	978-1-55111-608-2	Broadview Press	Recommended
715	Jewish History and Life: Patriarchs to Israel	<i>A Short History of the Jewish People</i>	R.P. Scheindlin	978-0195139419	Oxford University Press	Required
		<i>A History of the Jews</i>	P. Johnson	978-1842124796	Orion Publishing Co.	Required
780	History of the Jews of Spain	<i>Exiles in Sepharad</i>	Jeffrey Gorsky	978-0-8276-1251-8	University Nebraska Press	Required
794	Eight American Stories (as Told by Master Historians)	<i>The American Story: Conversations with Master Historians</i>	David M. Rubenstein	978-1-9821-2025-2	Simon & Schuster	Required
806	Medical Chi Kung	<i>Chi Kung: The Chinese Art of Mastering Energy</i>	Yves Réquena	978-0892816392	Healing Arts Press	Recommended
850	A Yogi's Approach to the Evolution of Human Consciousness as Expounded by the Teachings of Paramahansa Yogananda	<i>The Autobiography of a Yogi</i>	Paramahansa Yogananda	0-87612-083-4	Self-Realization Fellowship	Required
		<i>Narada's Children: A Visionary Tale of Two Cities</i>	Woody Carter	982730713	Sleepingman's Books	Required
860	Kant	<i>Prolegomena to Any Future Metaphysics</i>	Immanuel Kant	978-0872205932	Hackett	Required
		<i>Ethical Philosophy</i>	Immanuel Kant	978-0872203204	Hackett	Required
		<i>Critique of Judgment</i>	Immanuel Kant	978-1420965056	Digireads	Required
		<i>Perpetual Peace and Other Essays</i>	Immanuel Kant	978-0915145478	Hackett	Required
861	Utilitarianism	<i>Principles of Morals and Legislation</i>	Jeremy Bentham	978-1979128360	CreateSpace	Required
		<i>The Basic Writings of John Stuart Mill</i>	John Stuart Mill	978-0375759185	Modern Library	Required
		<i>Methods of Ethics</i>	Henry Sidgwick	978-0915145287	Hackett	Required