Curriculum for OLLI Short…A User’s Guide to Heart and Brain Health..

Day 1..Dr. Lough will present 1hour lecture on anatomy and function of the heart and will discuss current methods for investigation signs and symptoms of cardiac illness..then Q and A.

Day 2..Dr. Lough will present 1 hour lecture on current treatments and recommendations for prevention of cardiac illness…the Q and A.

Day 3 …Dr. Leahy will present 1 hour lecture on anatomy and function of the brain and will discuss current methods for investigating signs and symptoms of brain illness, e. stroke, dementia..then Q and A.

Day 4…Dr. Leahy will discuss current recommendations for brain health with emphasis on Dementia …the Q and A.