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AU Relationship: Myra Barron & Denise Liebowitz

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Development: Linda Kiser

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Personnel: Stuart Frisch

Scholarships: Sue Boley

Social: Jeffrey Porter

Strategic Planning: Denise Liebowitz

## Coordinators

International Accelerator Program/  
OLLI Partnership: Jeanne Kent

SGL Orientation: Lisa Leinberger & Mark Nadel

SGR Coordinators: Virginia DeRoze,  
Elizabeth Taylor & Jacqueline Gallagher

Summer Curriculum Coordinator: Marie Matthews

Trips Coordinator: Tammy Belden

Welcomers Coordinator: John Barger

Welcomers Coordinator: John Barger

Welcomers Coordinator: John Barger

## Curriculum Committee

100 Politics, Law & Government: Phil Schwartz

200 Psychology, Sociology & Culture:

Mark Nadel

300 Economics: John Peterson

400 STEM: Science, Technology, Engineering

& Math: Albert Cheh & Al Taran

500 Visual Arts: Lisa Leinberger

500 Music: Alan Frey & Stanley Newman

600 Literature: Jeannette Rivera & Cindy Lisec

600 Language: Sandy Leibowitz

700 History & Geography: Bob Coe &

Marion Connell

800 Philosophy & Religion: Katy Adams

## Staff

Executive Director: Tony Long

Deputy Executive Director: Mary Fran Miklitsch

Academic Programs Coordinator: Lesley Diaz

Operations Coordinator: Jesse Williams

Administrative Coordinator: Terri Greene



## WELCOME (OR WELCOME BACK) TO OLLI AT AU!

Reading through this Fall catalog of OLLI at AU courses makes many of us feel like kids in a candy store, faced with a wide assortment of delicious temptations. Thanks to our hard-working Curriculum Committee under the leadership of Marianne Soponis and to the 97 Study Group Leaders who have planned the fabulous array of course offerings detailed in the following pages, you can choose to delve into topics that are brand new to you or revisit some material that you have loved but not thought about in a long time. One of the delights of the OLLI experience is that it is low risk and high benefit. We don't have to worry about tests and grades; we can sample and enjoy whatever catches our fancy.

With the start of the Fall semester on September 23, we will also kick off the Friday lecture series. Judy Havemann and Mark Nadel, Co-Chairs of the Lecture Committee have another lineup of scintillating speakers on topics. Be sure to respond promptly to the Tuesday emails alerting you to the opportunity to register as these fill up quickly.

Volunteer Jacqui Gallagher is organizing an ongoing book exchange that will allow you to donate books from previous classes and take books for upcoming classes.

We have included a lot of information in this catalog, but the weekly e-newsletter that comes to you on Fridays as well as the website – [olli-dc.org](http://olli-dc.org) – both provide current, updated information on what the calendar of events has to offer. While some of you prefer to focus on courses, others enjoy the social events and trips as well. Based on the success of the outings that our Trip Coordinator Tammy Belden arranged and led to Arlington Cemetery and to the State Department Diplomatic Rooms this summer, we are confident there will be more outings to tempt you in the coming months. Social Committee Chair Jeff Porter has several ideas that you will soon hear about for getting together and enjoying the company and conversation of OLLI colleagues.

All of this is to assure you that a stimulating and invigorating year at OLLI at AU awaits you!

**Martha Cutts**

*Chair, Board of Directors*

**Tony Long**

*Executive Director*

**Mailing Address:** 4400 Massachusetts Avenue NW, Washington, DC 20016

An Equal Opportunity/Affirmative Action Organization

**Phone:** 202.895.4860 | **Email:** [olli@american.edu](mailto:olli@american.edu) | **Website:** [www.olli-dc.org](http://www.olli-dc.org)

# MISSION

*The Osher Lifelong Learning Institute (OLLI) at American University is an association of, by, and for the people in the Washington, DC area who wish to continue to study and learn.*

*OLLI at AU is dedicated to the proposition that learning is a lifelong process and that **curiosity never retires.***

# EQUAL OPPORTUNITY

OLLI does not discriminate on the basis of race, gender, age, religious preference, national origin, or sexual orientation.

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## PARKING

Parking is available in the garage beneath 4801. In accordance with DC regulations and AU's "Good Neighbor Policy," **OLLI members are required to park in AU lots while attending OLLI.**

## REFUNDS

The office must receive requests for refunds in a written note or an e-mail **no later than close of business on Friday, October 4.** A \$10 processing fee will be assessed.

## FALL IMPORTANT DATES

- Sept. 3** Lottery Day
- Sept. 4** Registration Letters Emailed
- Sept. 17** Open House  
10:00 AM–12:00 Noon
- Sept. 23** Classes Begin
- Oct. 25** Town Hall
- Dec. 6** Last Day of Classes

## INCLEMENT WEATHER

**OLLI follows American University's weather policy.** If AU has a delayed opening, OLLI's 9:45 AM classes are cancelled and the 11:45 AM and 1:45 PM classes are held. If AU is closed, OLLI also is closed for the day and all classes are cancelled. **OLLI posts a notification of any delay or closure on its website ([olli-dc.org](http://olli-dc.org)) by 6:30 AM and sends an email to all registrants.**



# WHAT IS OLLI AT AU?

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Drawing on the talent and experience of seniors in the Washington, DC area, the Osher Lifelong Learning Institute (OLLI) at American University offers a unique opportunity to continue learning at the university level. Members come from varied social, economic, and career backgrounds, ranging from business, academia, and homemaking to education, the arts, and government service. What they have in common is a genuine interest in continuing their learning experiences and intellectual stimulation by participation in an organization with other “seasoned learners.” There are no educational prerequisites for membership in OLLI.

## Learning Community

The basic concept of the program is that of peer learning and teaching. Members participate fully in study groups through preparation for, and involvement in, discussions on a wide variety of subjects. There are no tests and no grades; members participate purely for the joy of learning. Members are encouraged to discuss the possibility of leading a study group with members of the Curriculum Committee and by participating in our Study Group Leader Training Orientation.

## Study Group Leader Orientation

We offer an orientation session for new study group leaders before each fall and spring semester. The topics covered include support, general logistics, information about OLLI and its members, classroom management, and using audio/visual equipment in the classrooms. Participants also have the opportunity to take a tour of OLLI, see their assigned classroom, and try out the equipment. This semester’s orientation will be held on September 5 from 9:30 AM–12:00 noon.

## Membership Involvement

Members become involved not only as study group leaders or representatives but also as participants on an elected board and appointed committees. As a democratic membership organization, OLLI depends on the volunteer services of its members.

Members are strongly encouraged to participate in one or more of the following:

The **Board of Directors** and its various committees develop and implement policies, procedures, and activities designed to enhance the overall program.

**Study Group Leaders (SGLs)** are members with special expertise or interests who wish to share these with other members by designing and leading study groups. They are entitled to free classes during the semester they lead a group or the following semester.

**Study Group Representatives (SGRs)** function as a liaison between their study group and the OLLI administration. They facilitate member participation, make announcements, and assist study group leaders.

## Expanded Social Experience

Membership in OLLI at AU provides an opportunity for increased social interaction and new friendships based on a shared interest in learning. Informal lunchtime discussions and special events, such as open houses, provide some of the many occasions for socializing. Many outgrowths of OLLI have developed among members interested in pursuing a topic in depth. Each “OLLI Opportunity” or “OLLI Op” meets independently and provides an environment of continued friendship and learning.

# HOW IS OLLI AT AU ORGANIZED?

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OLLI at AU is an independent, 501(c)(3) nonprofit organization incorporated in Washington, DC, and is part of the Osher Lifelong Learning Institute National Network, which now includes 123 Institutes in all 50 states and the District of Columbia.

Members are eligible to use the university library, computers, parking, Metro shuttle service, campus store, dining facilities, and to join the Jacobs Fitness Center at a reduced rate. **ALL OLLI educational activities take place at 4801 Massachusetts Ave. NW. (See map on page 5.)**

## Support of OLLI at AU

Membership fees (\$300 per semester, \$550 per year) support the program. OLLI is further supported by an endowment from the Osher Foundation given to, and managed by, American University. OLLI receives a percentage of the interest from the endowment annually to assist in funding OLLI’s operations.

The Friends of OLLI Fund (previously the Future Fund), established by the Board of Directors, is a reserve fund helping OLLI maintain affordable tuition, expand and enhance its physical facilities, and develop innovative and diverse programs.

# THE ABCs OF OLLI

## Accessibility

OLLI at AU is located at 4801 Massachusetts Ave. NW, which is handicapped accessible. All of OLLI's classrooms have hearing loops. See the Hearing Loop information below.

## Adding or Dropping Study Groups

Members may add, drop, or change study groups through the second week of a semester.

## American University Benefits

### AU Library

All registered OLLI members may use the AU Library. The library is located on the main campus at the west end of the university quadrangle ([www.library.american.edu/](http://www.library.american.edu/)). Request a Special Borrowers Card from the Circulation Desk. Tell them you are an OLLI member. We send a list of our members to the library when each academic session begins.

### AU Fitness Centers

OLLI members are eligible for an annual membership at the Jacobs Fitness Center (202-885-6267) at a discounted rate.

## Books

Books will be ordered through Politics and Prose bookstore at 5015 Connecticut Avenue NW, Washington, DC 20008, 202-364-1919 or [politics-prose.com](http://politics-prose.com) online. Politics and Prose is offering OLLI members a 10% discount on books for study groups.

Books also can be ordered online (often at reduced prices) or purchased at other book stores. The following are some online suggestions for purchasing books, in alphabetical order:

[AbeBooks.com](http://AbeBooks.com), [AddAll.com](http://AddAll.com), [Alibris.com](http://Alibris.com), [Amazon.com](http://Amazon.com), [BookOutlet.com](http://BookOutlet.com), [BookFinder.com](http://BookFinder.com), [eBay.com](http://eBay.com), and [Powells.com](http://Powells.com).

## Contact Information

Please log into your OLLI account to ensure your contact information, including home and cell telephone number(s), email, as well as emergency contact name and relationship are current and accurate.

## Directory of Members

We publish a membership directory each semester listing members' names, addresses, phone numbers, and emails. Please fill out this section of the registration form carefully. The directory is available online to download during the second week of class. Printed copies are available upon request.

## Email and E-Newsletter

We use email as our primary means of communication. Please make sure that you check your email several times per week during the semester. Also we send a weekly newsletter via email.

## EVENTS

**Open Houses** occur each fall and spring, enabling new and continuing members to get together, learn about OLLI, and meet study group leaders.

The **Semester Lecture Series** features members of the greater Washington, DC community, each speaking on a field of interest. Semester lectures are on Fridays from 1:30 to 2:30 PM. Lectures are free and require registration.

**Interim Lecture Series** are held on weekday mornings in January and May — from 10:00 to 11:00 AM — featuring speakers on a variety of subjects. Lectures are free and require registration.

**Special Events** include day trips, museum tours, and other activities.

The **Town Hall** in the fall and **Annual Meeting** in the spring give members an opportunity to voice concerns, ask questions, and learn more about OLLI's future plans.

A **Holiday Party** is held in December.

## Fourth Study Group

At the end of the second week of study groups, members may ask to take a fourth study group. You must call the office to register for the study group.

## Hearing Loops

All of OLLI's classrooms are equipped with **hearing loops**, a state-of-the-art assistive listening technology. Most recent hearing aids are equipped with a t-coil. Your audiologist can tell you whether or not your hearing aid has a t-coil and, if it does, your audiologist can activate the t-coil.

With the t-coil turned on, a member can hear others in the room very clearly. Members who do not have hearing aids or who have hearing aids without t-coils, can use a loop receiver with a headset, to benefit from the loop. Each classroom is supplied with a number of loop receivers.

## Lecture Series

We offer four Lecture Series throughout the year. During each semester there is a lecture on Fridays from 1:30-2:30 PM. In January and May, there are lectures on various weekday mornings from 10:00-11:00 AM. Members are given an opportunity to register before non-members may register. Online registration is required.

## Lost and Found

There is a lost and found box in the OLLI office. Please check there if you have misplaced something.

## Lunchtime Options

Brown bag lunch with OLLI friends in one of the social spaces on the 5th floor. Buy lunch to carry out or eat in at DeCarlo's

Register online at [www.lli-dc.org](http://www.lli-dc.org)

Restaurant, Le Pain Quotidien, Millie's, Starbucks, or Wagshal's Market — all within one block of 4801 Massachusetts Ave. NW.

### **Membership Fee**

The fee paid each semester (or for the full academic year) is a membership fee. It allows members to take from one to three study groups for the semester. The fee is NOT a fee per study group. The membership fee entitles you to all of the benefits of membership at OLLI at AU.

### **Minis**

Minis are study groups held once-a-week for four weeks during the month of June. Each day's session in the four weeks is 1½ hours long.

### **Nametags**

Please wear your OLLI nametag to all classes. Lanyards and plastic nametag holders are available in the hallway outside the office.

### **Parking** (See page 4.)

### **Privacy Policy**

OLLI at American University is highly sensitive to the privacy interests of members and believes that the protection of those interests is one of its most significant responsibilities. We publish the member directory as a courtesy to members. We expect members to respect other members' privacy. The directory is not to be shared with others outside of OLLI. If you have questions about this policy, please contact us by phone at 202-895-4860 or email at [olli@american.edu](mailto:olli@american.edu).

### **Refunds**

The office must receive requests for refunds by the deadline specified in the catalog. A \$10 processing fee will be assessed.

### **Shorts**

We offer February and July Shorts, three- to five-day immersion study groups. Each day's session is 1½ hours long.

### **Scholarships**

If you need scholarship assistance, please download and complete the scholarship request form on the website. All requests are confidential.

### **Semesters**

OLLI at AU has two regular academic semesters: Spring, which begins in March, and Fall, which begins in September. Semester study groups run from 8 to 10 weeks long. Each class session is 1½ hours long.

### **Spring Valley Building**

American University and OLLI at AU refer to 4801 Massachusetts Ave. NW as the Spring Valley Building.

### **Texting**

Sign up to receive text messages regarding delayed openings,

closings, cancelled classes, etc. **1.** Make sure your account includes your cell phone number. Login to your account, click on "Edit Account" in the menu on the left. Add your cell phone number to your account if it is not there, then click "Submit." A blank page titled "Overview" appears. **2.** Click on "Text Messaging." Click on the blue button that reads "Opt In for Text Messaging." You will receive a text to confirm. **3.** Reply "YES." You can opt out at any time.

### **Transfers**

Membership in OLLI is not transferable. Spouses or partners must have their own individual memberships.

### **Trips**

Each academic year we try to offer several trips for members. Typically, buses are provided. Trips sometimes include boxed lunches or meals at

a restaurant. Trip destinations have included:

- Arlington Cemetery
- Baltimore Museum of Art
- Civil War sites in Maryland, Virginia, and Pennsylvania
- Library of Congress
- Virginia Museum of Fine Arts

### **Vending Machines**

There are vending machines with water, soda, and snacks on the 4th and 6th floors.

### **Waitlists**

If a seat opens in a class which has a waitlist, members will be contacted by staff and offered a seat in the order in which they appear on the waitlist.

### **Weather Policy for Class Cancellation**

OLLI follows American University's weather policy. If AU has a delayed opening, OLLI's 9:45 AM classes are cancelled and the 11:45 AM and 1:45 PM classes are held. If AU is closed, OLLI also is closed for the day and all classes are cancelled. OLLI posts a notification of any delay or closure on its website ([www.olli-dc.org](http://www.olli-dc.org)) by 6:30 AM and sends an email to all registrants.

### **Website**

Please visit the OLLI website at [www.olli-dc.org](http://www.olli-dc.org):

- to view our calendar, including lecture series and events,
- to register for classes and to pay membership dues with a credit card in an encrypted, secure transaction,
- to add, drop, or change classes, or to request a refund, to volunteer, and/or
- to make a donation.

### **Wi-Fi**

Wi-Fi at OLLI is free. The Network Name is AUGuest-ByRCN. No password is required.

# PARKING & TRANSIT

## Public Transportation

Visit the **Parking & Transit** page on our website at [https://www.lli-dc.org/parking\\_transit](https://www.lli-dc.org/parking_transit) for up-to-date information on using public transportation to attend OLLI activities.

## Parking

**Parking is available in the garage beneath 4801. In accordance with DC regulations and AU's "Good Neighbor Policy," all members of the AU community — including OLLI members — are required to park in AU lots while attending OLLI. Parking on the street while attending OLLI likely will result in a \$200 parking ticket from AU.** For full parking information, visit the **Parking & Transit** page at [https://www.lli-dc.org/parking\\_transit](https://www.lli-dc.org/parking_transit) on our website.

## Parking Payment Options

Parking is \$2 per hour. You must pay for parking BEFORE class. You must know your vehicle's license plate number. **You may pay with cash or credit card 1) at the kiosks located on each level of the 4801 garage, or 2) with credit card by phone, or 3) with credit card using the PayByPhone app.**

### How to Use Pay By Phone

Dial 888-450-7275. The first time, you will be prompted to:

- Enter your cell phone number
- Create a 4-digit pin number
- Enter your 16-digit credit card number
- Enter your 4-digit expiration date
- Enter the 4-digit location code for Spring Valley Garage: 4889
- Enter your license plate number.
- Enter the number of hours you want to park.

## AU SHUTTLE BUS FROM TENLEYTOWN METRO

For full information on the shuttle service, go to: <http://www.american.edu/finance/facilities/shuttle.cfm> on AU's website.

**The AU shuttle buses are kneeling buses and are handicapped accessible.**

A free, open-to-the-public AU shuttle bus leaves regularly from the Tenley Metro station, makes stops at the Katzen Center, and then at the Spring Valley Building (4801 Massachusetts Ave. NW), where OLLI is located. To return to the Katzen Center Garage or the Metro, catch the shuttle at the shuttle bus stop behind 4801 Massachusetts Ave. NW.

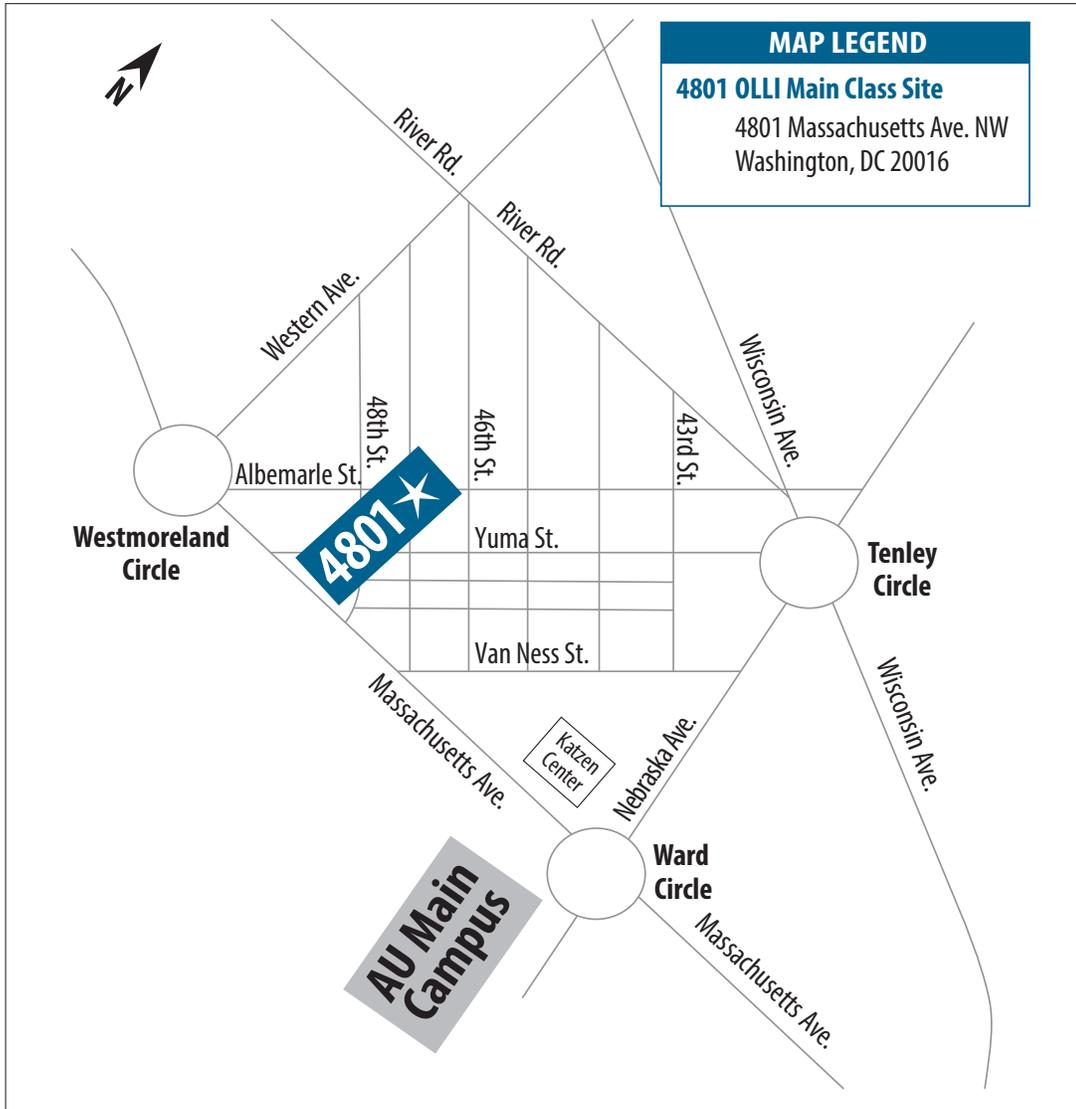
### How to Use the PayByPhone App

You can download the free "PayByPhone" app from the App Store or Google Play Store to pay for parking via your smartphone.

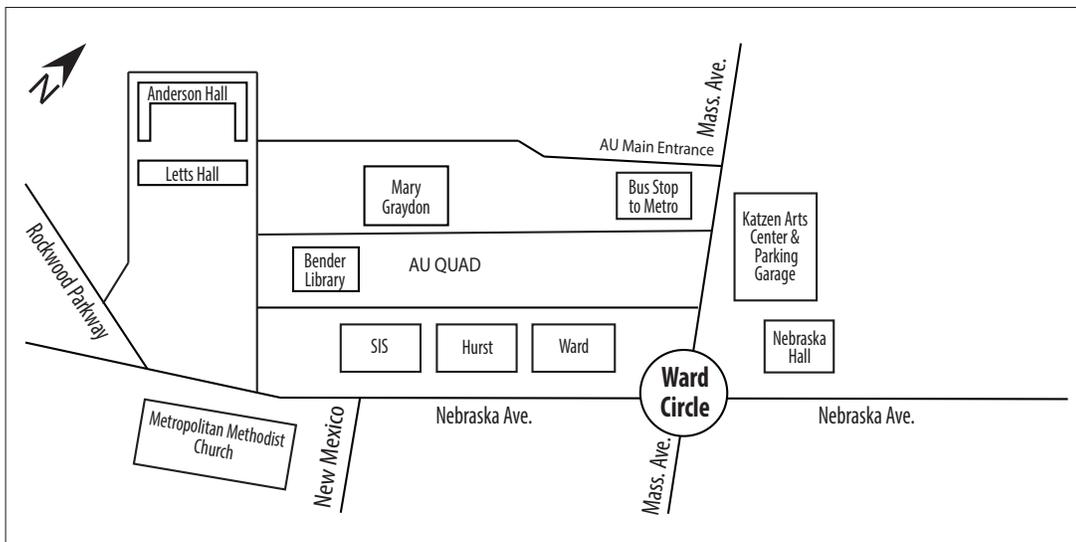
The first time you need to:

- Enter your cell phone number
- Create a 4-digit pin number
- Enter your 16-digit credit card number
- Enter your 4-digit expiration date
- Enter the 4-digit location code for Spring Valley Garage: 4889
- Enter your license plate number.
- Enter the number of hours you want to park.

# MAP OF OLLI MAIN LOCATION



# MAP OF AU CAMPUS



## REGISTRATION PROCESS

**We highly recommend that members get their registrations into our office BEFORE Lottery Day, Tuesday, Sept. 3, 2019.** Class sizes are determined by Study Group Leaders' requests and available space. If a study group is oversubscribed on Lottery Day, the registrations in that class are subjected to a random computer lottery process. Members who are not selected for said study group are put on a waiting list and will be called by the office if space becomes available.

**Registration confirmation notices and your nametag will be emailed by Wednesday, Sept. 4.** We will continue to accept registrations on a space-available basis until the semester begins. **OLLI reserves the right to cancel any study group. Members registered in a study group that is cancelled will be notified immediately so that they may select an available alternate.**

## JOIN OLLI AT AU

*You may join OLLI, pay for membership, register for study groups, and donate to OLLI, all at once. To do so, complete the form on pages 7 and 8. Mail the form with a check made payable to OLLI to the address on the form. Or use our online registration system at [www.OLLI-DC.org](http://www.OLLI-DC.org) to join and to pay with a credit card in an encrypted, secure transaction.*

To keep your information confidential, you will need to create a user account. Follow the steps below to create your user account.

1. Go to <http://www.OLLI-DC.org>  
Click on "**Membership**" in the menu at the top of the page. A submenu appears. Click on "**Join OLLI**."
2. A new screen appears titled Join OLLI. Click on "**create an account**" in the first paragraph.
3. Fill in the contact information form including entering a username and password. Write your username and password below. If you lose your username, the OLLI office can give it to you. You can reset your password or ask the office to do so.  
Username \_\_\_\_\_  
Password \_\_\_\_\_ You only need to create your username and password once. You will use the same ones for all subsequent semesters.
4. Follow the instructions under Register for Study Groups.

## REGISTER FOR STUDY GROUPS

1. Identify the number of study groups you are interested in taking.  
**(You must select 1, 2, or 3 study groups.)**
2. **Prioritize up to 6 study groups** based on your preference for taking the study groups.  
**(1 = highest priority and 6 = lowest priority).**  
Note: Prioritize your study groups by whichever method works best for you: subject matter, time/day, location, or Study Group Leader. Even if you have marked that you only want to take one study group, you may still prioritize up to six study groups. When the system processes your registration, it will assign you to your highest level priority study groups that are available.  
**Note: All members have an equal chance at getting into a class. There is no longer a restriction if a member has taken a Study Group or Study Group Leader previously.**
3. Prior to submitting your registration, please ensure that you have completed all items with an asterisk (\*). These are **required** items.
4. Submit your registration.
5. You will receive email confirmation of your **PENDING** registration.
6. After Lottery Day, you will receive email confirmation of your **ASSIGNED** schedule with your name tag. **Please print both.**  
You can change your schedule during open registration by going online or calling the office.

**Please email or call the office to register for a fourth course AFTER Friday, Oct. 4, 2019.**

**The last day to add a course is Friday, Oct. 11, 2019.**

Do not assume there is space available if you see an empty seat. The number of participants for each study group is determined by the study group leader, by available space, and by the office.

**Our study group leaders spend a prodigious amount of time preparing their classes. Please attend the classes for which you are registered and ONLY the classes for which you are registered.**

# OLLI AT AU REGISTRATION FORM

FALL 2019: SEPTEMBER 23 – DECEMBER 6

4400 Massachusetts Ave. NW • Washington, DC 20016

Phone 202.895.4860 | Email: [OLLI@american.edu](mailto:OLLI@american.edu) | website: [www.OLLI-DC.org](http://www.OLLI-DC.org)

Register **BEFORE**  
Lottery Day  
Tuesday, Sept. 3, 2019

Please complete all parts of the registration form. See directions on the previous page. You can also register online at [www.olli-dc.org](http://www.olli-dc.org)

## CONTACT INFORMATION

FIRST NAME \_\_\_\_\_ LAST NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_ APARTMENT NUMBER \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ E-MAIL ADDRESS \_\_\_\_\_

HOME PHONE NUMBER    -    -     CELL PHONE NUMBER    -    -

EMERGENCY CONTACT NAME \_\_\_\_\_ RELATIONSHIP TO EMERGENCY CONTACT \_\_\_\_\_

EMERGENCY CONTACT PHONE NUMBER    -    -

## REGISTER FOR STUDY GROUPS

1. SELECT whether you want to register for 1, 2, or 3 study groups.

Check only one box:  1  2  3

2. List up to 6 study groups in priority order.

STUDY GROUP NUMBER	STUDY GROUP NAME	VOLUNTEER TO BE STUDY GROUP REPRESENTATIVE
1. _____	_____	<input type="checkbox"/>
2. _____	_____	<input type="checkbox"/>
3. _____	_____	<input type="checkbox"/>
4. _____	_____	<input type="checkbox"/>
5. _____	_____	<input type="checkbox"/>
6. _____	_____	<input type="checkbox"/>

The last day to add a class is Friday, Oct. 4.

To register for a 4th class, you must call or e-mail the OLLI office **AFTER Friday, Oct. 4.**

## PAYMENTS

Please make checks payable to OLLI. Payment must accompany registration or register with a credit card online at: [www.OLLI-DC.org](http://www.OLLI-DC.org). Financial assistance is available. Contact the OLLI office for information.

\$ \_\_\_\_\_ **\$300:** Fall 2019 Semester

\$ \_\_\_\_\_ **\$270:** Fall 2019 Semester AU 10% discount (alum or alum spouse/current staff or spouse/  
current or emeriti faculty or spouse)

\$ \_\_\_\_\_ **\$550:** Full Year: Fall 2019 and Spring 2020

\$ \_\_\_\_\_ **\$495:** Full Year: Fall 2019 and Spring 2020 AU 10% discount (alum or alum spouse/  
current staff or spouse/current or emeriti faculty or spouse)

Please also complete the other side of this form.

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## DIRECTORY LISTING

Please check the boxes below if you do NOT want your contact information included in our Membership Directory, which is produced as a courtesy to our members and is intended for internal use only.

**DO NOT** include the following in the OLLI Membership Directory.

My Phone Number    My Street Address    My E-mail Address

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## PUBLICITY RELEASE

Check this box if you **DO NOT** authorize OLLI to use your photo and name in its marketing and publicity.

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## BECOME A STUDY GROUP LEADER

Check this box if you are interested in becoming a Study Group Leader at OLLI.

Topic(s) of interest for leading a study group: \_\_\_\_\_

An OLLI staff member or Curriculum Committee member will contact you shortly. Please visit the website below for more information:

[https://www.oli-dc.org/become\\_a\\_study\\_group\\_leader](https://www.oli-dc.org/become_a_study_group_leader).

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## VOLUNTEER

See the "Get Involved" page on the OLLI website, <https://www.oli-dc.org/volunteer>.

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## RETURN COMPLETED FORM

**MAIL completed form to:**

**Osher Lifelong Learning Institute**

4400 Massachusetts Ave. NW

Washington, DC 20016

**Or DELIVER completed form to the OLLI office at:**

4801 Massachusetts Ave. NW

Suite 501

Washington, DC

# SCHEDULE OF FALL 2019 STUDY GROUPS

All study groups are held at 4801 Massachusetts Ave. NW and are fully accessible.

#	STUDY GROUP	LEADER	START DATE	SESSIONS
<b>MONDAY 9:45 AM</b>				
151	Middle East Institute Scholars Seminar	DeRoze	9/23/2019	10
377	Understanding Trade Issues	Graef	9/23/2019	10
542	Romantic Composers: The Next Generation	Bowen	9/23/2019	9
600	The Story of Language	Squitieri	9/23/2019	8
631	Understanding Families Through Plays	K. G. Lewis	9/23/2019	8
681	Best Recent Essays to Read and Write	Willens	9/23/2019	8
723	The Evolution of Civilization in Meso-America in the Pre-Columbian Era (30,000 BC to 1517 AD)	Heilman	9/23/2019	8
<b>MONDAY 11:45 AM</b>				
210	Meaningful Success	Hecht	9/23/2019	8
251	Recent TED Talks	Swan	9/23/2019	8
479	Making Choices: Understanding Environmental Issues	Hinga	9/23/2019	10
577	Reading Lyrics: Understanding Popular Song	Sherman	9/23/2019	8
588	Taking Artful Photographs	Swan	9/23/2019	9
788	Fateful American Documents	Schwartz	9/30/2019	8
834	Mastering Skills of Mindfulness Meditation: Intermediate Level	Drobis	9/23/2019	10
<b>MONDAY 1:45 PM</b>				
445	Adults Conquering Technology II (Act II)	Cahn, Friedman	9/23/2019	9
515	Gustav Mahler: The Man and His Music	Flaxman	9/23/2019	11
612	Cours de Lecture et Conversation en Français	Labib	9/23/2019	10
641	Anthony Trollope's Phineas Finn, the Irish Member (Palliser 2)	Moody	9/23/2019	10
653	What Young Adult Literature Can Tell Us	Urofsky	9/23/2019	9
805	Meditation Level 1	Reo	9/30/2019	8
840	Can Morality and War Coexist?	Croog	9/23/2019	11
<b>TUESDAY 9:45 AM</b>				
185	Can Trump Win Again?	Belden	9/24/2019	8
250	TED Talks	Mindel, L. Lewis	9/24/2019	8
601	Classical Languages: A Primer on Sanskrit, Greek, and Latin	Ross	9/24/2019	10
624	Italiano: Conversazione e Cultura	Mongini, Flaxman	9/24/2019	10
673	World War I: Fact Through Fiction	V. Newmyer, E. Newmyer	9/24/2019	8
794	Frances Perkins: Principal Architect of the "New Deal"	Connell	9/24/2019	9
831	Mastering Skills of Mindfulness Meditation	J. Drobis, S. Drobis	9/24/2019	10
<b>TUESDAY 11:45 AM</b>				
191	Understanding Why American Politics Is Polarized	C. Weichel, Daney	9/24/2019	9
201	Consciousness	Keatley	9/24/2019	9
492	Extended Heredity: The New Science of Inheritance and Evolution	Taran	9/24/2019	10
516	The Impact of the Ballets Russes	Lipkowitz	9/24/2019	10
580	Early Operas of Wagner and Verdi	Eisen, Holman	9/24/2019	8
721	The Bloody Breakup of Pakistan	Coe	9/24/2019	10
786	America in the Fifties	Thurman, Palmer	9/24/2019	9

TUESDAY 1:45 PM				
172	Current Events and Public Policy II	Porter	9/24/2019	8
180	Today's Supreme Court: A Course for Citizens	Hansen	10/1/2019	8
361	Behavioral Economics	Daney	9/24/2019	8
373	How to Get Rich Surely but Slowly	Cahn	9/24/2019	11
550	Art in Italy: From National Unification to the Rise of Fascism	Keel	9/24/2019	10
605	Shakespeare's <i>Love's Labour's Lost</i>	Casazza	10/8/2019	8
787	Makers of the Mexican Revolution, 1910–1940	Wilkinson	10/1/2019	9
WEDNESDAY 9:45 AM				
171	Current Events and Public Policy I	Porter	9/25/2019	8
232	Workshop: Finding Your Family History in the Digital World	Goodman	9/25/2019	8
420	AU Science and Math Departments, College of Arts and Sciences— Current Topics Across Science and Math	Cheh	9/25/2019	8
604	Poetry Craftshop: Deaths and Delights: Odes, Chants, Rants, Elegies and Essayettes	Pierson	9/25/2019	10
619	French Review and Conversation Practice	Bonhomme	9/25/2019	10
646	The Book of Isaiah	Lebow	9/25/2019	10
701	The Myth and Reality of the Wild West	Vorhes	9/25/2019	10
WEDNESDAY 11:45 AM				
252	The 1960s—Exploring A Decade that Forever Changed America	C. Weichel, K. Weichel	9/25/2019	9
383	What Can US Policymakers Learn from the Scandinavian Social-Welfare Model?	Peterson, Zeijlon	9/25/2019	8
415	Science and Public Policy	Katz	9/25/2019	8
437	Sustainable Energy	Cheh	9/25/2019	8
523	Creating Art Through Collage: Beginners and Advanced	Mosner	9/25/2019	10
725	Africa—A Continent on the Move: A Survey of the Nations of Sub-Saharan Africa	Schermerhorn	10/2/2019	8
850	The Way of Quiet Sitting: Spirituality and the Evolution of Human Consciousness	Carter	9/25/2019	10
WEDNESDAY 1:45 PM				
110	Contemporary Issues in Law, Government, and Policy	Schwartz	9/25/2019	10
292	Living Healthier and Happier in Retirement—Essential Steps	Bickford	9/25/2019	9
410	Psychopharmacology: Drug Development and Therapies	Chipkin	9/25/2019	8
440	Introduction to the Cloud	Rezmovic	9/25/2019	8
560	Heroes of Biology and Medicine in Hollywood Biopics	Parascandola	9/25/2019	8
615	Deutsch fuer Fortgeschrittene	Caraher	9/25/2019	9
841	The Philosophy of Kierkegaard	Taran	9/25/2019	10
THURSDAY 9:45 AM				
112	Understanding Asia	Hadden	9/26/2019	9
120	Mark Twain on Politics: Useful Advice in the Coming Election Year	Bliss	9/26/2019	8
168	The Eurasian Four Ring Circus and the Long War Against Salafist- Jihadism —US National Security Challenges of the Early 21st Century	Wilson	9/26/2019	9
181	Scholars' World Series	Havemann	9/26/2019	8
241	Aspects of Aging in Two Parts	Hausman	9/26/2019	8
480	The Ups and Downs of Weather	Brown	9/26/2019	10
740	History of Slavery in America: Jamestown to the Civil War	Stewart	9/26/2019	10

**THURSDAY 11:45 AM**

113	Liberalism, Conservatism (and Socialism)	Elkin	9/26/2019	8
355	Anatomy of the 2008 Recession	Peterson	9/26/2019	10
476	Wondering What—Good For Your Health?	Zweig	9/26/2019	8
579	Innovations in 19th and Early 20th Century Art in France	Leinberger	9/26/2019	8
669	Enjoying <i>The New Yorker</i> Together	Hausman	9/26/2019	8
751	The American Soul: Rediscovering the Wisdom of the Founders	Boardman	9/26/2019	10
764	The Eastern Question: Dismemberment of the Ottoman Empire, 1800–Present	Shelton	9/26/2019	10

**THURSDAY 1:45 PM**

530	The Structure of the Broadway Musical	Moskowitz	9/26/2019	8
622	Beginning-plus Spanish	Schneider	9/26/2019	10
689	Writing Workshop: Writing Down the Bones	Ward, Spector	9/26/2019	8
703	US Foreign Policy I	Nathan	9/26/2019	10
766	The Ideological Origins of the American Revolution	Palmeter	9/26/2019	10
791	History of American Indian-White Relations	Wolfe	9/26/2019	10
799	Ulysses S. Grant: In Peace and War	Kilborne	9/26/2019	9

**FRIDAY 9:45 AM**

444	The Elements	Read	9/27/2019	10
618	Conversational Spanish II b	Grigera	9/27/2019	8
655	Graham Greene—The Drama Of Moral Conflict	Parlato	9/27/2019	9
750	Reformers in the Gilded Age	Leibowitz	9/27/2019	10
806	Meditation Level 2	Reo	10/4/2019	8
867	Aristotle (Metaphysics, Psychology, and Epistemology)	Ross	9/27/2019	10
871	Existentialism, Absurdism, and the Theatre	White	9/27/2019	10

**FRIDAY 11:45 AM**

125	Beyond Poverty Elimination: Enabling Optimum Survival	Bob Kolodney	9/27/2019	10
389	Market Theory: Past and Present	Metler	9/27/2019	8
521	Genre, Gender, Class, and Race in American Films	King	9/27/2019	10
632	Writing Memoir: Moving Along	Smith	9/27/2019	8
732	Islam and Secularism: Turkey's Modernization Struggle Since the Ottoman Empire	Leach	9/27/2019	8
780	History of the Jews of Spain	Gorsky	9/27/2019	8
868	Indian and Late Roman Philosophy	Ross	9/27/2019	10

## FALL 2019 LECTURES

During the fall semester, lectures will be held from 1:30–2:30 PM on every Friday from September 27 through November 22 except for October 25, when the Town Hall is held. Lectures are free but you must register on Eventbrite. On the Tuesday of the week before each lecture, all members are emailed the link to register for the upcoming lecture. On the Wednesday of the week before each lecture, non-members are emailed a link to register for the upcoming lecture. The link is also placed on the website at that time.

# FALL 2019 STUDY GROUP DESCRIPTIONS

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## 100 POLITICS, LAW & GOVERNMENT

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### Frances Perkins: Principal Architect of the “New Deal”

**MARION CONNELL**

**Nine Tuesdays (9:45 AM - 11:15 AM)**

**September 24**

For study group description and Study Group Leaders’ bios, see 794.

**Class Format:** Reading and Discussion

**Reading:** 2 hrs/week.

### 110 Contemporary Issues in Law, Government, and Policy

**PHILLIP SCHWARTZ, OLLI COORDINATOR**

**Ten Wednesdays (1:45 PM - 3:15 PM)**

**September 25**

Topics introduced by American University’s School of Public Affairs will include: Transforming the US Justice System: Rejecting the Status Quo and Speeding the Pace of Progress; Wealth and the American Family; Trump Administration’s Challenge to Constitutional Democracy; Death is Different: The Death Penalty in the US; Caregiving and Paid Family Leave in the US; Rulemaking in the Trump Administration; Loving Veterans to Death: How the VA Disability System Disables Veterans; What We Learn from Primaries and Caucuses; Turkish Politics, the US, and NATO; and Brexit and Its Impact on British Politics

This study group is a repeat with revisions.

**Class Format:** Lecture

**Reading:** No required reading.

*Ranked among the top schools of its kind, **American University’s School of Public Affairs** offers education in the fields of political science, public administration, public policy, and justice. It was founded in 1934 with a handful of graduate students.*

### 112 Understanding Asia

**RITA HADDEN**

**Nine Thursdays (9:45 AM - 11:15 AM)**

**September 26**

What makes Asia tick? How have China, Japan, India, North Korea, and their Asian neighbors changed? What do they want? Where are opportunities for major change? Join us for intelligent

conversation on issues such as: Asian economic development’s impact on marriage and family patterns; status of health and health care in Asia; key Asian flash points; how Asia is dealing with its disastrous pollution; and cultural expectations: East vs. West. This study group will cover political, social, cultural, health care, business, technology, and historical topics. Each week, class members receive articles via email that will be used for class discussion. Reading and class participation is required.

This study group is a repeat with revisions.

**Class Format:** Reading and Discussion

**Reading:** 1 hr/week.

***Rita Hadden** is Chinese-American, born in Hanoi, lived in Saigon, Phnom Penh, Hong Kong, Thailand, China, and the US. She has traveled widely in Asia, and worked in China for a year. She was President of the Asian American Forum in Washington, DC, and has lectured on Asian topics at OLLI. Rita did management consulting for 40 years.*

### 113 Liberalism, Conservatism (and Socialism)

**STEPHEN ELKIN**

**Eight Thursdays (11:45 AM - 1:15 PM)**

**September 26**

Even though the title is similar, new and startling revelations are on offer. Our starting point (still) is that conservatives have trouble defining what they are about and liberals are confused, some even thinking they are socialists. One of the central questions in this mess is what is a defensible conception of equality? We will try to work out what some of the others are. There is a good deal of reading but I have tried to pick out books written by literate, accessible writers, and I will pick out sections of each work for study group members to focus on.

This study group is a repeat with revisions.

**Class Format:** Reading and Discussion

**Reading:** 2-3 hrs/week.

***Stephen Elkin** has a PhD from Harvard and has taught at Smith College, University of Pennsylvania, and the University of Maryland.*

### 120 Mark Twain on Politics: Useful Advice in the Coming Election Year

**DONALD T. BLISS**

**Eight Thursdays (9:45 AM - 11:15 AM)**

**September 26**

We will study the fascinating life and continuing relevance of Mark Twain, with particular emphasis on his evolving views on politics

and the major issues of his time: race, women's rights, church and state, America's role in the world, and representative democracy—issues that remain relevant today. Twain believed deeply in American democracy and free enterprise, but he feared the rise of authoritarianism, the corruption of money in politics, the polarization of political parties, the apathy of voters, the vacuity of political campaigns, income inequality, and the false patriotism that fueled unjust wars. What guidance does he offer American voters as we approach the 2020 election?

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

*Ambassador Donald T. Bliss (retired) has spent 13 years in the federal government and 30 years practicing law in Washington, DC. He is the great grandson and grandson of Mark Twain's publishers and the author of articles, a book, and a play about Mark Twain.*

## 125 Beyond Poverty Elimination: Enabling Optimum Survival

**ROBERT KOLODNEY**

**Ten Fridays (11:45 AM - 1:15 PM)**

**September 27**

This course deals with the 17 Sustainable Development Goals of the United Nations: the challenges and potential for their achievement by 2030; synergies and friction between goals, targets, and indicators; yearly tracking of progress; the UN and World Bank as catalysts to mobilize governments, NGOs, corporations, and financial institutions; the technological and political world environments; and personal and collective support for the program. This is a multi-lecturer course; it draws on a core of study group leaders who participated in the OLLI December 2018 Celebration of the 70th Anniversary of the Universal Declaration of Human Rights, complemented by outside experts.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

*Bob Kolodney (SGL, angel investor), Ed Elmendorf (President Emeritus, UN Association), Anders Zeijlon (SGL, former World Bank economist), Nancy Donaldson (Former ILO Ambassador), Ron Ridker (SGL, environmental author), Nicholas Burnett (Chair, UNESCO IIEP), Peter Wilson (SGL, RAND), Tony Pipa (Brookings), and Mark Schneider (CSIS).*

## 151 Middle East Institute Scholars Seminar

**VIRGINIA DEROZE, OLLI COORDINATOR**

**Ten Mondays (9:45 AM - 11:15 AM)**

**September 23**

In one of OLLI's most popular offerings, scholars from the Middle East Institute (MEI) will present in-depth analyses on a wide-ranging set of issues, such as: implications of Middle East unrest for global energy; challenges and opportunities in the Gulf; the Arab Spring 2.0; challenges and implications of promoting non-oil sector in oil-dependent economies; and why making peace in Afghanistan is so difficult, among other topics. MEI Scholars include former ambassadors, university professors, journalists, and senior government officials who are experts in their fields. This study group is a repeat with revisions.

**Class Format:** Lecture

**Reading:** No required reading.

*Founded in 1946, the Middle East Institute is the oldest Washington-based institution dedicated solely to the study of the Middle East. Its founders laid out a simple mandate: "To increase knowledge of the Middle East among the citizens of the United States and to promote a better understanding between the people of these two areas."*

## 168 The Eurasian Four Ring Circus and the Long War Against Salafist-Jihadism— US National Security Challenges of the Early 21st Century

**PETER WILSON**

**Nine Thursdays (9:45 AM - 11:15 AM)**

**September 26**

Four major challenges to the US have emerged in Eurasia: the rise of China as a revisionist near-peer competitor, the reemergence of Russia as a revisionist great power, the emergence of North Korea as a nuclear-armed regional power, and the continued quest by Iran to become a hegemonic power in the Greater Middle East. Simultaneously, the United States must contain, if not ultimately defeat, the threat of Salafist-Jihadism that includes both al Qaeda and ISIS as members of a global insurgency. Peter Wilson will explore how the United States must balance its ambitious national security strategy with constrained fiscal resources during the 2020s.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*Peter A. Wilson is an adjunct senior national security analyst at the RAND Corporation, an adjunct professor at the Center for Security*

*Studies, Georgetown University, and senior lecturer at the Johns Hopkins University Applied Physics Laboratory and the Eisenhower School, National Defense University.*

## 171 Current Events and Public Policy I

**JEFFREY PORTER**

**Eight Wednesdays (9:45 AM - 11:15 AM)**

**September 25**

Jeff Porter will lead lively discussions and debates on current events and public policy issues, focusing largely, but not exclusively, on politics, law, economics, and foreign affairs. Discussion topics, outlines, suggested readings (if any), and questions will be furnished in advance, and participants are expected to follow the news closely. It is emphasized that this is a discussion class. Thus, participants are expected to take an active role in the conversations.

This study group is a repeat with revisions.

**Class Format:** Discussion

**Reading:** Less than 1 hr/week.

*Jeff Porter is a graduate of the University of Wisconsin where he earned both bachelor's and master's degrees. He worked his first eight years as a teacher and vice principal. After moving to Washington, DC, he owned his own businesses for nearly 20 years. Following that, Jeff worked in the catering business at Whole Foods on P Street. Since joining OLLI in 2016, he has been a very active participant in the Current Events and Foreign Policy classes.*

## 172 Current Events and Public Policy II

**JEFFREY PORTER**

**Eight Tuesdays (1:45 PM - 3:15 PM)**

**September 24**

Jeff Porter will lead lively discussions and debates on current events and public policy issues, focusing largely, but not exclusively, on politics, law, economics, and foreign affairs. Discussion topics, outlines, suggested readings (if any), and questions will be furnished in advance, and participants are expected to follow the news closely. It is emphasized that this is a discussion class. Thus, participants are expected to take an active role in the conversations.

This study group is a repeat with revisions.

**Class Format:** Discussion

**Reading:** Less than 1 hr/week.

*Jeff Porter is a graduate of the University of Wisconsin where he earned both bachelor's and master's degrees. He worked his first eight years as a teacher and vice principal. After moving to Washington, DC, he owned his own businesses for nearly 20 years. Following that, Jeff worked in the catering business at Whole Foods*

*on P Street. Since joining OLLI in 2016, he has been a very active participant in the Current Events and Foreign Policy classes.*

## 180 Today's Supreme Court: A Course for Citizens

**PENNY HANSEN**

**Eight Tuesdays (1:45 PM - 3:15 PM)**

**October 1**

This study group will explore the important cases and decisions that continue to be made by the Supreme Court under Chief Justice John Roberts. Presentation material and discussion will focus on the major Constitutional issues being decided by a clearly activist and divided court on: elections, health care, gun control, diversity, equality, climate change, the environment, religion, and presidential power. We will focus on the historical and political background of these issues and the legal philosophies of the justices, along with the procedural mysteries of this, the least well known of our three branches of government. We will read *The Supreme Court: A Very Short Introduction* by Linda Greenhouse and *The Oath: The Obama White House and the Supreme Court* by Jeffrey Toobin, along with articles on more recent cases and other supplementary material.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*Penelope Hansen directed numerous programs at the Environmental Protection Agency during its first 30 years, implementing the country's first recycling, hazardous waste, Superfund, acid rain, and technology verification programs. She was educated at Skidmore College, Johns Hopkins University, and the Kennedy School at Harvard.*

## 181 Scholars' World Series

**JUDY HAVEMANN, OLLI COORDINATOR**

**Eight Thursdays (9:45 AM - 11:15 AM)**

**September 26**

Experts from The Woodrow Wilson International Center for Scholars will present non-partisan analysis of international issues. Country-by-country briefings will offer study group participants opportunities to question and discuss issues of historical and contemporary foreign policy and national interest. Countries to be discussed include India, Japan, Brazil, China, North Korea, and Mexico, among others.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*The Woodrow Wilson International Center for Scholars, chartered by Congress in 1968 as the official memorial to President*

*Woodrow Wilson, is the nation's key non-partisan policy forum for tackling global issues through independent research and open dialogue to inform actionable ideas for the policy community.*

## 185 Can Trump Win Again?

**JOE BELDEN**

**Eight Tuesdays (9:45 AM - 11:15 AM)**

**September 24**

Donald Trump's 2016 victory could be repeated in 2020. This participatory group will look at many factors that may influence the outcome next year—the electoral college, swing counties and states, the candidates, information and media, Fox News, the internet, polls, immigration and “the wall,” race, economics, cultural conflict and resentments, education, social issues, guns, health, voter turnout, foreign interference, attitudes towards government, and the roles of women, elites, the white working class, and rural and suburban voters. The focus also will be on the potential impact of the Mueller report, Congressional actions, and claims of “fake news,” “witch hunts,” and “no collusion.” Several expert panelists will join the class for analysis and discussion.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*Joe Belden was Deputy Executive Director of the Housing Assistance Council, 1989–2015. He also worked in government and policy organizations on issues of rural development, rural poverty, housing, agriculture, and food policy.*

## 191 Understanding Why American Politics Is Polarized

**CARL WEICHEL**

**WILLIAM DANAY**

**Nine Tuesdays (11:45 AM - 1:15 PM)**

**September 24**

Our diverse American democracy and its political leaders are dangerously divided. Political institutions in most states and in all three branches of our federal government are highly polarized and largely dysfunctional. Through social media, tribal instincts and fear now dominate our electorate. With binding loyalty to our party's rigid ideologies, we're even stressing our family relations. This study group will chronicle major changes in politics and media the past 50 years, exploring how gerrymandering, voter registration, primaries, and fundraising are unbalancing fair elections and not addressing the major issues needing action. As citizens we'll explore how we might bring our country back together again. **Note:** This study group has a copied materials fee

between \$5–20, to be paid in class.

This study group is a repeat with revisions.

**Class Format:** Reading and Discussion

**Reading:** 1 hr/week.

*Bill Daney has a background in science and engineering and a lifelong interest in the social sciences. He has taught economics, political science, and other classes at OLLI and other senior programs in the metropolitan area since 2007.*

*Carl Weichel has held various positions over his career in marketing, design, and advertising in Australia, South Africa, Canada, and San Francisco, and continues to consult. Carl has led OLLI study groups on *The 1960s*, *Our Hidden Brain*, *Eastern Religions*, and *David Brooks' Writings*.*

## 200 PSYCHOLOGY, SOCIOLOGY, & CULTURE

### Meditation Level 1

**JOSEPH REO**

**Eight Mondays (1:45 PM - 3:15 PM)**

**September 30**

For study group description and Study Group Leaders' bios, see 805.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

### Meditation Level 2

**JOSEPH REO**

**Eight Fridays (9:45 AM - 11:15 AM)**

**October 4**

For study group description and Study Group Leaders' bios, see 806.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

### Mastering Skills of Mindfulness Meditation

**JEFFREY DROBIS**

**SUSAN DROBIS**

**Ten Tuesdays (9:45 AM - 11:15 AM)**

**September 24**

For study group description and Study Group Leaders' bios, see 831.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

## Mastering Skills of Mindfulness Meditation: Intermediate Level

**JEFFREY DROBIS**

**Ten Mondays (11:45 AM - 1:15 PM)**

**September 23**

For study group description and Study Group Leaders' bios, see 834.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

## 201 Consciousness

**CATHARINE KEATLEY**

**Nine Tuesdays (11:45 AM - 1:15 PM)**

**September 24**

This course will explore some efforts to explain how our conscious mind—and our non-conscious mind—work together to create the world we experience. Is our “mind” part of the brain; caused by the brain; different from the brain? We will read articles and chapters by writers such as Christof Koch, Oliver Sacks, Antonio Damasio, and Michael Pollen. I will give a few talks on brain basics and cognitive models. Discussion will focus on questions such as: What is consciousness? What is the non-conscious and how much of our thoughts and behavior does it control? Do we have free will? What do we learn about consciousness from “altered states” that can be produced by brain damage, psychedelic drugs, and meditation? **Note:** This study group has a copied materials fee between \$5–20, to be paid in class.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** 2 hrs/week.

*Catharine Keatley is a cognitive psychologist with a specialty in Language Representation. Prior to retiring she was Director of the Language Resource Center at the George Washington University. Some material for this course was developed from previous lectures and classes.*

## 210 Meaningful Success

**RABBI SHUA HECHT**

**Eight Mondays (11:45 AM - 1:15 PM)**

**September 23**

In the rat race of life, we are often too busy to remember our actual goals and what we want our life to be. As a result, we develop a distorted view of success. This course helps individuals reassess and refocus on what success truly means for them. With a step-by-step approach, this course will leave participants with practical steps to make the most of their daily life. Note: The book *How Success Thinks* (\$30) is required for the class. Class members will receive information from the study group leader shortly after the Lottery about how to order the book.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*Rabbi Shua Hecht was raised in Nice, France. Early on, he pursued Rabbinitics, studying in Yeshivas Toras Emes in Israel, the Rabbinical College of America, and Sao Paulo, Brazil. Rabbi Shua Hecht currently serves as the spiritual director of the Chabad Lubavitch of the AU community and serves as a Chaplain to Washington, DC hospitals.*

## 232 Workshop: Finding Your Family History in the Digital World

**SUSAN GOODMAN**

**Eight Wednesdays (9:45 AM - 11:15 AM)**

**September 25**

This study group aims to help members get started finding and recording basic genealogy data (birth, death, and census material); using free resources in libraries and archives as well as the internet; contacting other researchers working on related families; posting information on the web; and determining a “confidence level” for the data. Members may opt to give the SGL access to their trees for help during class and by email during (and after) the eight-week course. Format change: As requested by former members who want to continue researching their ancestry, this study group will be run as a workshop. New members are welcome. **Note:** An Ancestry.com membership is suggested although not required. This study group is a repeat.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*Susan Goodman has been doing genealogy research as a hobby for 20 years. Before she retired, she worked as a journalist in print and radio, contributing features to NPR programs and news reports for WAMU.*

## 241 Aspects of Aging in Two Parts

**CAROL HAUSMAN**

**Eight Thursdays (9:45 AM - 11:15 AM)**

**September 26**

*Part One: Exploring Aging Through Literature*

We will discuss: caregiving, relationships with children, love in old age, dementia, and illness. Please read *Carry Me Across the Water* by Ethan Canin before the first session.

*Part Two: A Good Death*

We all have to die, so let's discuss how to do it well. The course will cover practical and emotional aspects of preparing to have a dignified death. Topics will include: unfinished business, how to talk to loved ones, forgiveness, writing an ethical will, decisions about when to stop treatment, what we can learn from illness and death, and the impact of a good death on those we leave behind. This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*Carol Hausman, PhD, is a retired clinical psychologist and gerontologist. She has taught courses on aging at OLLI and at many other places in DC and around the country.*

## 250 TED Talks

**CAROLINE MINDEL**

**LYNN LEWIS**

**Eight Tuesdays (9:45 AM - 11:15 AM)**

**September 24**

TED Talks feature speakers who expose audiences to cutting-edge work across diverse fields: in short, ideas worth spreading. This study group will focus on 16 talks related to issues that matter, from personal growth, aging, humanity, and innovation to society, community, and more. During our highly interactive sessions, the class will view and discuss two talks weekly. Participants are encouraged to preview the talks in advance. Individual members will be asked (on a volunteer basis) to prepare brief background and discussion points for each presenter. Although this study group is a repeat, all talks will be new. TED Talks are available on the Internet and public radio, among other outlets.

This study group is a repeat with revisions.

**Class Format:** Discussion

**Reading:** No required reading.

*Caroline Mindel has a BA and an MSW in community organization from the University of Pennsylvania. She founded Mindel Management, Inc., a property management business in DC.*

*Lynn Lewis received an undergraduate degree from the University of Michigan and has an MA in journalism from Ohio State University. She has been a writer and an editor for more than four decades.*

## 251 Recent TED Talks

**DIANE SWAN**

**Eight Mondays (11:45 AM - 1:15 PM)**

**September 23**

TED (Technology, Entertainment, and Design) conferences feature a range of speakers who present "Ideas Worth Spreading." Since 2007, an ever-expanding body of TED Talk videos has been available on the internet. Each class will feature excerpts from three recent talks, with ample time left for discussion. Common themes have been society, science, climate change, medicine, technology, and individual development and potential. Class members may volunteer to prepare background information and discussion points for speakers.

This study group is not a repeat.

**Class Format:** Discussion

**Reading:** No required reading.

*Diane Swan taught English, worked as a Defense Department analyst, and developed training courses for various federal agencies.*

## 252 The 1960s—Exploring A Decade that Forever Changed America

**CARL WEICHEL**

**KIM WEICHEL**

**Nine Wednesdays (11:45 AM - 1:15 PM)**

**September 25**

The tectonic social, cultural, and political changes during the 1960s affected all of us and ushered in a new era for America. This study group will review the significant historical changes brought to life across a broad selection of reading materials from seasoned journalists, public intellectuals, and leading historians.

We'll explore key political events in civil rights and voters' rights, plus the free speech, women's, and environmental movements; lives of JFK, RFK, LBJ, and MLK; the SDS, ERA, NAACP, and Earth Day political events; and cultural shifts created with LSD, pot, and the Pill. We'll view video segments from CNN's "The Sixties" covering the Cold War, Cuba, Vietnam, the IRA, Woodstock, and the Beatles. Class engagement is encouraged. **Note:** This study group has a copied materials fee between \$5–20, to be paid in class.

This study group is a repeat with revisions.

**Class Format:** Reading and Discussion

**Reading:** 1 hr/week.

*Carl Weichel has held various positions over his career in marketing, design, and advertising in Australia, South Africa, Canada, and San Francisco, and continues to consult. Carl has led OLLI study groups on Political Polarization, Our Hidden Brain, Eastern Religions, and David Brooks' Writings.*

*Kimberly Weichel is a social entrepreneur and nonprofit leader in the fields of women's leadership, cross cultural dialogue, citizen diplomacy, and peace-building. She has taught OLLI courses on the UN and Our Hidden Brain.*

## 292: Living Healthier and Happier in Retirement—Essential Steps

**BRAD BICKFORD**

**Nine Wednesdays (1:45 PM - 3:15 PM)**

**September 25**

Do you want to live longer and experience life to its fullest? Do you want to have more energy and find fulfillment in retirement? Learn how exercise, a healthy diet, and socializing will impact your brain and body to prevent or slow down the onset of dementia, depression, or high blood pressure. Find out how drinking water first thing in the morning is critical for the brain. Do you want to get healthier by learning what common household products such as the soap, lotion, or deodorant you use daily can negatively impact your body? The course not only identifies the essential element of what makes us the most happy, but examines the critical role of laughter and play in our wellbeing. The course will also cover topics like the mind/body connection, nature bathing, what bacteria found outside is good for us, spirituality, how men and women are different biochemically and physically, and how to enhance your family and personal relationships. We will use lecture, TED talks, discussion, fun exercises, a Tibetan singing bowl, and laughter. **Note:** This study group has a copied materials fee between \$5–20, to be collected in class.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

*Brad Bickford is a semi-retired therapist and grandpa, who has studied improv, stand-up comedy, painting, and the hammer dulcimer. He has taught classes in healthy living, sex education, grief work, and fly fishing. Brad enjoys playing pickleball, gardening, painting, and carpentry. He volunteers with Widowed Persons and Sierra Club.*

## 300 ECONOMICS

### 355 Anatomy of the 2008 Recession

**JOHN F. PETERSON**

**Ten Thursdays (11:45 AM - 1:15 PM)**

**September 26**

The deep and costly recession of 2008–2009 stemmed from a perfect storm of events that had been brewing for over 40 years. By reviewing that history, this study group will evaluate the intertwined roles played by housing policy, financial regulation, monetary policy, macro-economic developments, changes in social norms, and the influence of free-market principles on making policy in setting the stage for the recession. An important goal of the group is to investigate how difficult it is to regulate financial markets and institutions, and to review the current regulatory framework. Although no knowledge of economics or banking is required for this discussion group, some of the material is a little wonkish.

This study group is a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 2 hrs/week.

*John F. Peterson was an economist with the Congressional Budget Office for 24 years. He has a PhD in economics from American University.*

### 361 Behavioral Economics

**WILLIAM DANAY**

**Eight Tuesdays (1:45 PM - 3:15 PM)**

**September 24**

Coupling discoveries in human psychology with studies of market behavior, the development of behavioral economics over the last 50 years has opened up new ways to look at decision-making. Drawing on books, writings, and videos by several of the most well-known behavioral economists, this study group will examine this new twist to "the dismal science." Behavioral economics is the study of human biases and departures from the rational assumptions inherent in most classical economic thinking. Several prevalent themes include heuristics (mental shortcuts), framing, and market inefficiencies. A better understanding may help us make smarter investment and consumer decisions.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1 hr/week.

**Bill Daney** has a background in science and engineering and a lifelong interest in the social sciences. He has taught economics, political science, and other classes at OLLI and other senior programs in the metropolitan area since 2007.

### 373 How to Get Rich Surely but Slowly

**GARY CAHN**

**Eleven Tuesdays (1:45 PM - 3:15 PM)**

**September 24**

This course will, at a minimum, enable you to verify whether your financial adviser is providing you with sound financial advice. This semester we will discuss the pros and cons of owning: stocks, bonds, cash equivalents, REITs, active and passive mutual funds, Exchange Traded Funds and Notes, annuities, commodities, hedge funds, futures, options, and more. The greatest emphasis will be devoted to mutual funds and ETFs. Part 2 of the course will be offered in the spring semester, when you will learn to build a portfolio that is appropriate for your needs. **OLLI does not endorse particular products or financial advice from Study Group Leaders.**

This study group is a repeat.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

**Gary Cahn** was Chief Financial Officer for two Washington, DC companies. He has been teaching investing courses for 15 years. He received a BA from Tufts University and an MBA from Dartmouth College.

### 377 Understanding Trade Issues

**P. LANCE GRAEF**

**Ten Mondays (9:45 AM - 11:15 AM)**

**September 23**

**Trade issues** continue to appear prominently in the news. How is the Trump Administration doing? Do its policies fit within existing agreements including the World Trade Organization? Are NAFTA and TPP the “worst” agreements ever negotiated? What has happened in bilateral negotiations with China, Japan, and the EU? Will Congress approve the NAFTA renegotiation? These and other issues will be presented and discussed.

This study group is a repeat with revisions to keep up with developments. Members of previously presented classes are welcome.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

**Lance Graef** was part of the USTR negotiations team at the Tokyo and Uruguay Round of multilateral trade negotiations. He has consulted on international trade issues, trade agreements, trade policy analysis and negotiation, and regional trade agreements. He has taught similar classes at OLLI.

### 383 What Can US Policymakers Learn from the Scandinavian Social-Welfare Model?

**ANDERS ZEIJLON**

**JOHN F. PETERSON**

**Eight Wednesdays (11:45 AM - 1:15 PM)**

**September 25**

This study group will investigate the social-welfare systems of Sweden, Norway, and Denmark to try to assess how well they have performed, their sustainability, and their applicability to the United States. By most measures, such as education, income distribution, health status, and poverty levels, the standard of living in those countries is higher than in the US, but many observers argue that the Scandinavian systems work in large part because of the unique histories and cultures of those countries, and that they have shortcomings, such as a failure to promote entrepreneurship, self-reliance, and the assimilation of immigrants, which may undermine the viability of these social-welfare states in the long run.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1 hr/week.

**Anders Zeijlon**, a graduate of Uppsala University, Sweden, was an economist and program manager at the World Bank from 1987 to 2016.

**John F. Peterson**, a graduate of American University, was an economist with the Congressional Budget Office from 1985 to 2010.

### 389 Market Theory: Past and Present

**WILLIAM METLER**

**Eight Fridays (11:45 AM - 1:15 PM)**

**September 27**

In this study group, members will review classical to modern technical theories and practices for characterizing Bull and Bear market profiles in order to be timely (when to buy and sell) with your investments. Members will explore practical market indicators for Bull and Bear markets with nominal access to a charting service website to time their favorite stocks. **OLLI does not endorse particular products or financial advice from Study Group Leaders.**

This study group is a repeat.

**Class Format:** Discussion

**Reading:** No required reading.

*With a PhD in systems engineering, Bill Metler spent 40 years in research and development for AT&T Bell Laboratories, Aerospace Corporation, and the Pentagon, specializing in computerized system modeling for new methods in problem solving from deep sea to deep space with emphasis on system performance. During this time, he became fascinated with theories for stock-market modeling and timing of trades (buy & sell) for multi-year big swings.*

## 400 STEM: SCIENCE, TECHNOLOGY, ENGINEERING & MATH

### 410 Psychopharmacology: Drug Development and Therapies

**RICHARD CHIPKIN**

**Eight Wednesdays (1:45 PM - 3:15 PM)**

**September 25**

**Drugs** affecting the central nervous system have become ubiquitous in our society. What are they? Where do they come from? How do they work? This course will discuss basic concepts of drug action, drug development, and the classes of drugs that are used to treat psychiatric diseases. **Note:** This study group has a copied materials fee between \$5–20, to be collected in class.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

*Richard Chipkin has worked in psychopharmacology for over 25 years, developing novel drugs for central nervous system diseases at both large pharmaceutical companies and small biotechs. He is the author of 60-plus, peer-reviewed publications and six issued patents. He received his doctorate from the Virginia Commonwealth University/MCV.*

### 415 Science and Public Policy

**ARTHUR KATZ**

**Eight Wednesdays (11:45 AM - 1:15 PM)**

**September 25**

Precision medicine, climate change, artificial intelligence/machine learning, cybersecurity, the microbiome, and the challenge of nuclear, biological, and chemical weapons are topics that epitomize the intersection of science and public policy. These topics and others will be examined as emblematic of the critical role science plays in almost every aspect of our world, and the opportunities and

challenges it poses for society. The course will provide a balanced examination of the underlying science and how advances in science pose public policy challenges and, in some cases, very real personal choices. In a world that increasingly sidelines fact-based science, understanding these connections are important.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** 1 hr/week.

*Arthur Katz, PhD (chemistry) and MS (meteorology), worked almost 40 years with science and public policy in the US Department of Energy and predecessor agencies, dealing with areas such as international collaboration for fusion energy and the Human Genome Project. He is also the author of the book Life After Nuclear War.*

### 420 AU Science and Math Departments, College of Arts and Sciences— Current Topics Across Science and Math

**ALBERT CHEH, OLLI COORDINATOR**

**Eight Wednesdays (9:45 AM - 11:15 AM)**

**September 25**

Faculty members from the AU Biology, Chemistry, Computer Science, Environmental Science, Math and Statistics, Physics, and Psychology Departments present a series of lectures covering a broad selection of subjects of current interest. These include microbial resistance, chemical weapons, how humans and machines perceive objects, genomic differences between humans and other primates, the impact of urbanization on the Anacostia River, cellphone architecture, the exploration of comets, and implicit/unconscious bias in thinking.

This study group is a repeat with revisions.

**Class Format:** Lecture

**Reading:** No required reading.

*The American University Science and Math Departments are part of the College of Arts and Sciences, which besides supporting basic undergraduate liberal arts education and training, Master's and PhD students, also conducts state-of-the-art research supported by federal agencies such as the National Science Foundation and the National Institutes of Health.*

### 437 Sustainable Energy

**ALBERT CHEH**

**Eight Wednesdays (11:45 AM - 1:15 PM)**

**September 25**

Global temperature rise needs to be kept below 1.5 °C by the end of this century. This requires a massive shift from fossil fuels to non-carbon-emitting renewable energy, plus substantial gains in

energy efficiency. We will examine the current status and future prospects of solar, wind, biomass, geothermal, hydroelectric, and nuclear technologies. We also will explore means of reducing energy consumption in buildings and transportation, and attempt to rank the most effective means of reducing carbon emissions. No scientific background is required.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*Albert Cheh has a BA in chemistry from Columbia and a PhD in biochemistry from the University of California at Berkeley. He joined the AU Chemistry Department in 1980 and the Environmental Science Department in 2009, retiring as Professor Emeritus in both in fall 2017. This course is adapted from one he continues to teach at AU to non-science majors.*

## 440 Introduction to the Cloud

**VICTOR REZMOVIC**

**Eight Wednesdays (1:45 PM - 3:15 PM)**

**September 25**

We use it every day, but we're not really sure what it means. The Cloud has slowly become part of our lives and touches much of the technology we use today. You can't understand the world of your children and grandchildren unless you spend some time dwelling in this Cloud. During this eight-session study group, we will use lectures and demonstrations to examine the terminology that explains the mechanics of how the Cloud functions. We will review the major players that dominate the Cloud such as Google, Apple, and Microsoft. We will also review the primary applications that are being used such as file storage, music and video streaming, and how to stay safe while using the Cloud.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*Victor Rezmovic, PhD, is a technology educator who has spent the last 30 years in academic, corporate, and government settings. He currently teaches Cyber Security at Montgomery College.*

## 444 The Elements

**JACQUES READ**

**Ten Fridays (9:45 AM - 11:15 AM)**

**September 27**

Discounting those that have been made in laboratories in invisibly small amounts, there are 98 chemical elements, many of which have interesting histories and/or uses. This study group will explore the history of the development of the Periodic Table of Elements, and using that table to organize relationships among its

entries, explore the properties of those 98.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

*Jacques Read has taught at Fairleigh Dickinson and the University of California, done research at Oak Ridge and Lawrence Livermore National Laboratories, and retired from the Department of Energy. This will be the 14th study group he has led.*

## 445 Adults Conquering Technology II (Act II)

**GARY CAHN**

**LISA FRIEDMAN**

**Nine Mondays (1:45 PM - 3:15 PM)**

**September 23**

Trying to get your digital act together? This 9-session study group includes an assortment of computer topics that can help you upgrade your existing technology skills and learn some new ones! We'll be discussing 11 Google programs other than the Google search engine and Gmail (Google Maps, Google Earth, and more); buying a new computer; organizing all your electronic "stuff" using Microsoft OneNote; advanced features in the Chrome web browser; working with PDF files; and making mail-merge mailing labels and business cards with easy-to-use free software. (More detailed descriptions of these topics at <https://tinyurl.com/y5uxkd49>.)

Come to whichever sessions interest you! **Note:** This study group has a photocopying charge between \$5–20, to be paid in class.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1 hr/week.

*Gary Cahn has been working with computers since 1979. He teaches 30-plus adult education classes in the DC area.*

*Lisa Friedman is a retired EPA lawyer who has taught computer skills to older adults for almost 15 years.*

## 476 Wondering What's Good for Your Health?

**MARK ZWEIG**

**Eight Thursdays (11:45 AM - 1:15 PM)**

**September 26**

Diet, exercise, and alcohol consumption. Dementia, cancer, and cardiovascular disease. Early detection and prevention. We are bombarded with drug claims, research news, health advice, dietary guidelines, and preventive recommendations. Much is aimed at how to preserve our daily functioning or lower our chances of serious illness—or for selling things. Some is new medical research or the latest word on prevention, at times changing in surprising ways. We assume recommendations and

guidelines are supported by medical evidence, though we may be puzzled by the shifts. What is simple, measured truth? What is deceptive or hype? What is weak science, pseudoscience, or even fake science? We will examine actual media pieces to explore the murky and sometimes contradictory world of health information and to interpret the implications for our health.

This study group is a repeat with revisions.

**Class Format:** Discussion

**Reading:** Less than 1 hr/week.

**Mark Zweig MD**, is a retired physician with 55 years of experience in clinical medicine and biomedical research, including 13 years in cancer prevention and epidemiology. He has published and taught widely, and has led a version of this OLLI study group a number of times.

## 479 Making Choices: Understanding Environmental Issues

**KENNETH HINGA**

**Ten Mondays (11:45 AM - 1:15 PM)**

**September 23**

This study group provides participants with a foundation for making choices they may be faced with in their daily lives. Such choices may include which environmental and health policies to support, what personal actions to take or avoid, and even what to buy in the supermarket. The participant will obtain a better understanding of how the world works by introduction to the physical processes central to understanding issues of the human environment. No scientific background is required. Topics to be covered will include: climate change, renewable energy, GMOs, nuclear radiation and wastes, marine dead zones, the fate of chemicals in the environment, the conduct of science itself, and, in general, “what is safe.”

This study group is a repeat.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

**Kenneth Hinga** is a retired oceanographer and environmental scientist, former marine research scientist, academic administrator, and science advisor. He has been a participant in the study and the public dialogue for many environmental issues.

## 480 The Ups and Downs of Weather

**PAUL BROWN**

**Ten Thursdays (9:45 AM - 11:15 AM)**

**September 26**

This is a beginner’s guide to meteorology, for which at least a rudimentary familiarity with science will be helpful, but not necessary. The first half of the course will focus on the principal elements that underlie weather—heat, wind, and water—and the second half will show how they interact to produce the major types of “bad” weather: frontal storms, thunderstorms, tornadoes, derechos, and hurricanes. The course will conclude with single sessions devoted to the environment (especially global warming) and to atmospheric optics (sky colors, rainbows, halos, mirages, auroras, etc.). Out-of-class forecasting instruction will be available for any interested class members, including real-time forecasts for the DC area. A profusely illustrated spiral-bound booklet written for the course can be purchased from OLLI at or before the first session at the printing cost of \$35 (optional but highly recommended both as a guide to the lectures and as a useful work of reference).

This study group is a repeat.

**Class Format:** Appreciation

**Reading:** 1-2 hrs/week.

**Paul Brown** is a Harvard College and Johns Hopkins-trained MD with an NIH research career focused on transmissible dementia, and a mini-career as meteorology instructor to both college students (Montgomery College and Berea College) and adults (including OLLI) since his retirement in 2004.

## 492 Extended Heredity: The New Science of Inheritance and Evolution

**ALBERT TARAN**

**Ten Tuesdays (11:45 AM - 1:15 PM)**

**September 24**

There is more to heredity than DNA sequences (genes), and recognizing this non-genetic dimension of heredity can provide us with new insights into how heredity works. It’s now clear that a variety of non-genetic factors, such as epigenetic and cultural factors, are transmitted across generations alongside genes. These non-genetic factors have a profound impact on the theory of evolution. We will explore the scientific details of this concept through a close reading of *Extended Heredity: A New Understanding of Inheritance and Evolution* by Russell Bonduriansky and Troy Day. This study group is not a repeat.

**Class Format:** Reading and Discussion

**Reading:** 2-3 hrs/week.

*Al Taran has a BA in philosophy but spent his working career in Information Technology. He has had a lifelong interest in the sciences and mathematics. This will be the tenth study group that Al has led.*

## 500 VISUAL ARTS & MUSIC

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### Existentialism, Absurdism, and the Theatre

**ANDREW WHITE**

**Ten Fridays (9:45 AM - 11:15 AM)**

**September 27**

For study group description and Study Group Leaders' bios, see 871.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

### 515 Gustav Mahler: The Man and His Music

**DAVID FLAXMAN**

**Eleven Mondays (1:45 PM - 3:15 PM)**

**September 23**

Gustav Mahler was a groundbreaking composer of symphonies and song cycles. His life was difficult and very complicated, and his music unfolded against this backdrop. We will study all 11 (yes 11, the ten numbered symphonies plus "Das Lied von der Erde") one class at a time in the context of his life events. We also will spend a day on some of his very beautiful song cycles. As we did in our study of French music in Spring 2019, we will listen to many excerpts of these great works and will have a light dose of music theory, music history, world history, philosophy, and psychology. We may also have some surprise guests.

This study group is not a repeat.

**Class Format:** Appreciation

**Reading:** No required reading.

*David Flaxman is an "adult onset" musician and amateur musicologist. He is a mostly retired computer scientist who sings with the Choral Arts Society of Washington, DC, and the Georgetown Chorale. He has taught extensively in the past on technology topics as well as on mathematical logic and philosophy.*

### 516 The Impact of the Ballets Russes

**IRIS LIPKOWITZ**

**Ten Tuesdays (11:45 AM - 1:15 PM)**

**September 24**

In 2013, the National Gallery of Art showed an exhibition of Ballets Russes costumes which drew worldwide interest. This course will examine major works of the Diaghilev Ballets Russes repertory (1909–1929) which simultaneously shocked and reinvented the

classical ballet art form. With its new choreography, modern music, exotic costumes, and set designs, as well as exciting dancers, this company became a ballet legend. Subsequent companies with Ballets Russes in the title continued that legend during the first half of the 20th century. Using DVDs as well as biographies and memoirs of choreographers and dancers, this class will relive the Ballets Russes and examine its legacy. No knowledge of ballet is required.

This study group is a repeat with revisions.

**Class Format:** Appreciation

**Reading:** No required reading.

*Iris Lipkowitz is a retired Treasury Department analyst and ballet lover whose collection of playbills and programs resides at the AU Library. She studied dance for many years and has taught ballet history/appreciation courses since 2004. She holds degrees from the University of Michigan and the University of Southern California.*

### 521 Genre, Gender, Class, and Race in American Films

**LEONARD KING**

**Ten Fridays (11:45 AM - 1:15 PM)**

**September 27**

Films are created by an industry whose profit is based on mass appeal. Genres honor certain narrative conventions and traditions designed for a mass market, relying on certain expectations, but also surprises. These genres reflect, but also teach, changing American attitudes about gender, social class (including the wealthy), and race (including the white race). In this course, we will use these lenses to analyze westerns, gangster films, film noir, romantic comedy, musicals, science fiction, race, social class, and blockbusters. Possible films (subject to change): *Casablanca*, *High Noon*, *The Godfather*, *Chinatown*, *Annie Hall*, *Singing in the Rain*, *ET*, *Malcolm X*, *Rocky*, and *Wonder Woman*. **Members must see the films before each session** so that study group time can focus on lecture and discussion.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*Leonard King taught classes at Maret School for 43 years, including the History and Aesthetics of Film, the History and Theory of Nonviolence, 20th Century Europe, Asia and the West, and American Social and Cultural History. He has been delighted to teach OLLI courses on film, nonviolence, and moral dilemmas, as well as take many OLLI courses.*

## 523 Creating Art Through Collage: Beginners and Advanced

**ROSE MOSNER**

**Ten Wednesdays (11:30 AM - 1:15 PM)**

**September 25**

Collage is the perfect medium for getting your creative juices flowing. Using a variety of materials, we will immerse ourselves in creativity: color, composition, imagery, and texture. This class is designed for beginners and seasoned artists. Bring scissors, glue, pencils, background cardboard, old photos, fabric scraps, ribbons, textured papers, string, pieces of plastic, colored pencils, paints, markers, pens, or whatever comes to mind. **This class starts at 11:30 AM to allow for more work time.**

This study group is a repeat.

**Class Format:** Appreciation

**Reading:** No required reading.

*Rose Mosner taught art in New York City schools for 22 years. With budgets for supplies very low, she canvassed neighborhood stores for fabric scraps, leftover wool skeins, wallpaper sample books, and the local lumberyard for wood scraps. Thus began her love of found-object collage. Rose's work has been in many juried shows, and she recently had a solo show at the Iona Gallery. She is also one of only ten artists involved with a special program for artists over 62 sponsored by Columbia University.*

## 530 The Structure of the Broadway Musical

**DANIEL MOSKOWITZ**

**Eight Thursdays (1:45 PM - 3:15 PM)**

**September 26**

Producer Jack Viertel says that virtually all successful Broadway musicals follow the same outline: 17 numbers in the same precise order—the overture, the opening number, the main character's introductory “I want” song, the first (conditional) love song, etc. We'll accept that matrix and, with examples from George Gershwin and Cole Porter through Rodgers & Hammerstein to Jerry Herman and Lin-Manuel Miranda, discuss how the creators turned each convention to the needs of the particular show and their personal artistic style.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*Daniel B. Moskowitz is an award-winning journalist who leads numerous OLLI study groups about popular American music.*

## 542 Romantic Composers: The Next Generation

**JOHN BOWEN**

**Nine Mondays (9:45 AM - 11:15 AM)**

**September 23**

This study group explores the lives, works, and contributions of important composers of the Mid-Romantic era, including César Franck, Johannes Brahms, Camille Saint-Saëns, Henryk Wieniawski, Anton Rubinstein, Max Bruch, Pyotr Ilyich Tchaikovsky, Antonín Dvořák, Edvard Grieg, and Nikolai Rimsky-Korsakov. Featured artists may include Leonard Bernstein, Elina Garanca, Joshua Bell, Hélène Grimaud, Mstislav Rostropovich, Andre Previn, Lynn Harrell, Jean Redpath, Van Cliburn, Itzhak Perlman, Gustavo Dudamel, Martha Argerich, Daniel Barenboim, Yuja Wang, Anna Netrebko, Jascha Heifetz, Mischa Maisky, Stephen Hough, Marita Solberg, Alice Sara Ott, Jacqueline du Pré, Artur Rubinstein, and Art Tatum.

This study group is a repeat with revisions.

**Class Format:** Appreciation

**Reading:** No required reading.

*Trained as an economist with degrees from Yale and Vanderbilt and with decades of teaching experience in the field, John Bowen grew up in a musical family and has led several classical composer courses for OLLI since 2011.*

## 550 Art in Italy: From National Unification to the Rise of Fascism

**ERICH KEEL**

**Ten Tuesdays (1:45 PM - 3:15 PM)**

**September 24**

Puccini's *La Bohème* may be one of the most frequently performed operas in the entire repertoire. Less known are the works of “*gli scapigliati*,” bohemians—writers and artists—who met in Milan from the 1860s to the 1880s. The scapigliati's aim (in Italian “*scapigliato*” means disheveled) was to break away from Romantic idealization and sentiment. In the process they laid the ground for the Italian avant-garde. This study group will look at and discuss some of the major progressive tendencies in the visual arts that followed Scapigliatura-Divisionism, Futurism, and “*pittura metafisica*.” Perhaps we will succeed in “correcting” the widely-held view that artistic innovation during that time was the sole birthright of the French.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

Born and raised in Zurich, Switzerland, **Erich Keel** served as the Kreeger Museum's Head of Education from 1999 to 2013. Keel graduated from Emory University with a dissertation on the French philosopher Maurice Merleau-Ponty. His current studies focus on European art and history of the 19th and 20th centuries.

## 560 Heroes of Biology and Medicine in Hollywood Biopics

**JOHN PARASCANDOLA**

**Eight Wednesdays (1:45 PM - 3:15 PM)**

**September 25**

The genre of biographical films, or biopics, reached its heyday in Hollywood in the 1930s, but such films continue to be produced by the movie industry. Biopics have featured musicians, politicians, outlaws, kings, saints, athletes, and many more categories of individuals, including scientists and doctors. This study group will focus on the depiction of famous "heroes" of biology and medicine in these films, including Louis Pasteur, Marie Curie, Walter Reed, and Charles Darwin. We will view substantial excerpts and discuss biopics from Hollywood's Golden Age as well as more recent films, examining Hollywood's portrayal of biological and medical scientists and its relationship to the reality of their lives.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

*John Parascandola* has a PhD in history of science from the University of Wisconsin-Madison. He has taught at several universities and served as a historian in the federal government. He is the author of five books, and has taught courses at OLLI on doctors in fiction and film and on mad scientists in fiction and film.

## 577 Reading Lyrics: Understanding Popular Song

**DAN SHERMAN**

**Eight Mondays (11:45 AM - 1:15 PM)**

**September 23**

Songs may have beautiful music, but it is their lyrics that convey meaning and help elicit our response. This course will sample lyrics from many sources, including operetta, stage shows, and movies. The focus will primarily be on writers who contributed lyrics to the "Great American Songbook," and will include Irving Berlin, Cole Porter, Lorenz Hart, Ira Gershwin, Dorothy Fields, and Johnny Mercer. Later writers (including Stephen Sondheim and Lin-Manuel Miranda) will also be sampled. The course will include biographical background on lyricists, discussion of what makes for good lyrics, and review and discussion of the lyrics of select songs

(with alternate versions of lyrics when available). The course will include many chances to hear and see great performances of songs discussed in the class through recordings and film clips.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*Dan Sherman* has taught several courses and musical theater and film musicals at OLLI, along with many other venues in the area. He holds his PhD in economics from Cornell and recently retired as Managing Director at the American Institutes for Research.

## 579 Innovations in 19th and Early 20th Century Art in France

**LISA LEINBERGER**

**Eight Thursdays (11:45 AM - 1:15 PM)**

**September 26**

Modern artists experimented with new ways of seeing and with fresh ideas about the nature of materials and functions of art. This course will trace the evolution of art from the Classical roots to the art of Ingres, Gros, and David. We will touch on the Romantic period of Delacroix. Then move to the period of Realism looking at Corot and Courbet, the Barbizon School of Millet, and others. We will see how art changed again with paintings by Manet. Impressionism was the next change; we will see examples by Renoir and Monet. After WWI, artistic innovation began again. We will see the effect in the art of Leger and will also look at the Cubists, Surrealists, and Dada artists.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*Lisa Leinberger* has an MA in art history and has been a study group leader previously. She has been a co-host of a film review show on television in New Mexico. She recently worked at the Phillips Collection and has co-written articles on the influence of movies and television on urbanism.

## 580 Early Operas of Wagner and Verdi

**BRUCE EISEN**

**JIM HOLMAN**

**Eight Tuesdays (11:45 AM - 1:15 PM)**

**September 24**

Jim Holman and Bruce Eisen will present eight classes on the early romantic operas of Richard Wagner and Giuseppe Verdi, contemporaries who likely never met. Wagner's operas *Rienzi*, *The Flying Dutchman*, *Tannhauser*, and *Lohengrin* established his reputation and represented advances in his use of thematic

development and complex orchestration. They each hold the seeds of his later masterpieces and continue to be staged in opera houses throughout the world. Verdi's early operas *Nabucco*, *Macbeth*, and *Il Trovatore* reflect a new-found maturity as he moved from oratorio form into the intrigue dramas of his later years. They contain the same elements—sublime choruses, soaring melodies—that made him famous.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*Jim Holman has written and edited various books on the life and music of Richard Wagner. Jim has lectured throughout the country and has conducted OLLI classes on Wagner for several years.*

*Bruce Eisen has been an OLLI study group leader for many semesters and has served as Washington National Opera General Counsel.*

## 588 Taking Artful Photographs

WENDEL SWAN

**Nine Mondays (11:45 AM - 1:15 PM)**

**September 23**

Members will learn traditional skills of composition to foster the photographic vision to move beyond ordinary snapshots and take artful images that are “frame-worthy.” Each week members will submit their images that replicate outstanding sample photographs of a given subject; those submissions will be discussed and evaluated in class. Throughout, the emphasis will be on training the eye rather than camera technicalities, but members must still learn certain basic camera functions (e.g., focusing, shutter speed, and aperture) and the importance of lighting. Members should expect to spend at least 2–4 hours per week on the assignments, with satisfaction and achievement being in direct proportion to the time spent.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*Wendel Swan is a retired lawyer and business intermediary with a lifelong eclectic interest in the arts. He has led various OLLI classes on Oriental rugs and textiles, discussions in the visual arts, computers and the internet, as well as photography. He is adept with PowerPoint and Photoshop, which will be used in the course.*

# 600 LITERATURE & LANGUAGE

## 120 Mark Twain on Politics: Useful Advice in the Coming Election Year

DONALD T. BLISS

**Eight Thursdays (9:45 AM - 11:15 AM)**

**September 26**

For study group description and Study Group Leaders' bios, see 120.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

## 600 The Story of Language

RAY SQUITIERI

**Eight Mondays (9:45 AM - 11:15 AM)**

**September 23**

The earliest humans spoke just one or a few languages. Modern humans speak over 6,000. How is it that humans now speak languages as diverse as German, Navajo, and Chinese? Like animals and plants, languages evolve. They split into separate branches. They borrow words from one another. They can even trade grammar, as when Viking settlers lived alongside English farmers in pre-1066 Britain, and had to find ways to communicate. In this course, we will examine the common features of languages, how languages change, how the brain processes language, and how children learn languages. Along the way, we will look in some detail at the history of our own language.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*Ray Squitieri, a retired economist, has led courses at OLLI for nine years; these include instrumental music, opera and art song, European history, Chinese history, economic history, philanthropy, and acoustics.*

## 601 Classical Languages: A Primer on Sanskrit, Greek, and Latin

DONALD ROSS

**Ten Tuesdays (9:45 AM - 11:15 AM)**

**September 24**

The goal of this course is not to make participants capable translators of Sanskrit, Greek, and Latin in ten weeks! Rather, the goal is to explore the interrelationships among those three Indo-European languages from a linguistic perspective. At the end, we will translate together some famous texts from the three classical languages.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

*Don Ross* received his bachelor's degree in philosophy from Wake Forest University in 1970, his master's from the University of Iowa in 1972, and his doctorate from the University of Chicago in 1979. He has many years of work in Latin and Greek and has recently taught himself Sanskrit.

## 604 Poetry Craftshop: Deaths and Delights: Odes, Chants, Rants, Elegies and Essayettes

**JENNY PIERSON**

**Ten Wednesdays (9:45 AM - 11:15 AM)**

**September 25**

For serious poets who wish to expand their craft, this course will examine the notion of Delights using Ross Gay's book of essays, in balance with the experience of Dying as expressed in the poems and letters of the young Max Ritvo. These two broad and fertile subjects will allow you to make use of such forms as the ode, elegy, charm, free-form laughter, and dismay (rant?), but without resignation. Weekly reading and writing assignments require you to write a poem a week and to carefully critique each other's poems. Discussion of technique and voice, interpretation, and inspiration are integral to the class.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** More than 3 hrs/week.

*Jenny Pierson*, poet and professor of writing at George Washington University, worked as a human rights advocate, dairy farmer, editor, and caterer. She holds an MFA in creative writing from American University. Jenny has been leading poetry craftshops at OLLI since fall 1996.

## 605 Shakespeare's *Love's Labour's Lost*

**JOSEPH CASAZZA**

**Eight Tuesdays (1:45 PM - 3:15 PM)**

**October 8**

We will read *Love's Labour's Lost*, seeking ways to hear the play as its 16th Century audience did, with particular attention to the religious and political context of the play and how that can shape our 21st Century understanding. Among Shakespeare's first comedies, the play is awash in specific references to the social, political, and religious context of the 1590s, and so is very difficult to make sense of in the 21st Century. Its focus, however, on oaths and on access to the transcendent through love, is still readable to us in the 21st Century.

This study group is not a repeat.

**Class Format:** Reading and Discussion

**Reading:** 1 hr/week.

*Joseph Casazza* received his AB from Harvard University and his MA from the University of Texas at Austin in Latin and Greek classics. Before retiring, he taught in private schools for 12 years, and worked at the Harvard University libraries, the Library of Congress, and the Congressional Research Service.

## 612 Cours de Lecture et Conversation en Français

**JALEH LABIB**

**Ten Mondays (1:45 PM - 3:15 PM)**

**September 23**

Ce cours est pour ceux dont le français, de niveau suffisamment avancé, leur permet de lire, comprendre et converser facilement parmi un groupe de francophiles qui cherchent à améliorer leur connaissance du français et leur prononciation. Les discussions sont en partie basées sur une variété de sujets et thèmes, soumis chaque semaine sous forme de documents Word joints aux courriers électroniques. Les participants sont donc censés avoir régulièrement accès à leurs emails et une bonne connaissance de l'Internet. Ceux qui postulent pour la première fois seront contactés pour une interview au téléphone avant d'être inclus dans le système de sélection. Ils sont donc priés de soumettre leur candidature bien avant la date limite.

This study group is a repeat.

**Class Format:** Reading and Discussion

**Reading:** 2-3 hrs/week.

*Jaleh Labib* a parlé français depuis son enfance et tout au long de ses 35 ans d'expérience aux entreprises françaises et organisations internationales. Elle a mené un bon nombre de cours de conversation en français à OLLI.

## 615: Deutsch fuer Fortgeschrittene

**HANNE CARAHER**

**Nine Wednesdays (1:45 PM - 3:15 PM)**

**September 25**

Können Sie sich auf deutsch unterhalten? Beherrschen Sie die Grundregeln der deutschen Grammatik? Wenn ja, dann sind Sie ein guter Kandidat fuer diese Klasse. Wir werden eine Komödie von Friedrich Duerrenmatt lesen und uebersetzen, uns auf deutsch unterhalten, Audios hoeren und ein bisschen Grammatik ueben. Hausaufgaben jede Woche eine oder zwei Stunden. Neue Teilnehmer werden vor der Lotterie ein telefonisches Interview untergehen; deshalb ist es wichtig, sich rechtzeitig zu registrieren.

This study group is not a repeat.

**Class Format:** Reading and Discussion

**Reading:** 1-2 hrs/week.

*Hanne Caraher graduated from the University of Heidelberg, Germany, with the equivalent of a masters degree in conference interpreting and translation.*

## 618 Conversational Spanish II b

**MONICA GRIGERA**

**Eight Fridays (9:45 AM - 11:15 AM)**

**September 27**

Conversational Spanish II b is for students who have the equivalent of one semester of college or four years of high-school level Spanish. Students will increase fluency and comprehension and also learn about the language and the culture as they experience authentic writing styles of authors from different countries.

This study group is a repeat with revisions.

**Class Format:** Reading and Discussion

**Reading:** 1-2 hrs/week.

*Monica Mendy Grigera is a native Spanish speaker and has taught from kindergarten to college and from Patagonia to Pennsylvania.*

## 619 French Review and Conversation Practice

**EVELYNE BONHOMME**

**Ten Wednesdays (9:45 AM - 11:15 AM)**

**September 25**

Antoine de Saint-Exupéry wrote that, "It is only with the heart that one can see rightly; what is essential is invisible to the eye." If this statement resonates with you and you wish to review the basic structures of the French language in order to improve your conversation skills, this study group may be for you. We will polish your pronunciation, as needed, review basic French structures, and help you develop an expanding vocabulary relating to fun activities such as meeting people, traveling, gastronomy, and other topics of interest to you. Expect a lot of conversation practice as you also take your first steps toward reading selected short texts by Saint-Exupéry and other French writers.

This study group is a repeat with revisions.

**Class Format:** Reading and Discussion

**Reading:** 1 hr/week.

*Evelyne Bonhomme, a native French speaker, has taught French and French for Business at Bowie State University. She has more than 20 years of experience teaching French. She is a retired lawyer with a JD from the University of Pennsylvania, an MTS from Wesley Theological Seminary, and a BA in French Literature from Wesleyan University.*

## 622 Beginning-plus Spanish

**SUSAN SCHNEIDER**

**Ten Thursdays (1:45 PM - 3:15 PM)**

**September 26**

This conversational study group enables students with **some** exposure to Spanish to improve their pronunciation and fluency. The course stresses listening and speaking more than reading and writing. The class will be challenging for true beginners, *pero bienvenidos a todos!* It focuses on everyday vocabulary and "street" Spanish. The study group uses the book, *Spanish for Dummies*, 2nd edition. There is an hour of homework for each class and those who practice each day will find it easier to learn greetings, directions, and how to communicate with their Hispanic neighbors.

This study group is a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1 hr/week.

*Susan Schneider has taught conversational Spanish and English for decades. She started the ESL program for adults at the National Cathedral. She also was a Peace Corps Volunteer in El Salvador where she learned to speak Spanish in the barrio. She has a PhD in linguistics, an MA in education, and a BA in history.*

## 624 Italiano: Conversazione e Cultura

**ARRIGO MONGINI**

**DAVID FLAXMAN**

**Ten Tuesdays (9:45 AM - 11:15 AM)**

**September 24**

Tutte le classi sono in italiano. Gli student leggono a voce per turni da testi designati con enfasi sulla pronuncia e qualche volta sulla grammatica e la comprensione del testo, seguito da discussioni fra tutti gli studenti. Talvolta parliamo due a due. Le letture sono tratte dalla storia italiana, da giornali italiani, o letteratura italiana. Presentazioni orali o multimedia da student individui sono incoraggiate, seguite da discussioni fra tutti nella classe. Raccomandiamo almeno un anno di preparazione accademica di italiano o l'equivalente di esperienza. Il nostro obiettivo è di migliorare l'abilità di conversare in questa bellissima lingua in un'atmosfera di buon'umore.

This study group is a repeat with revisions.

**Class Format:** Reading and Discussion

**Reading:** 2 hrs/week.

*Arrigo Mongini spoke Italian as a child and has traveled throughout Italy at least 15 times over 60 years and maintained fluency. He is past president of the Italian Cultural Society of Washington, DC, with two degrees from MIT, and retired as a federal executive from the USDOT.*

*David Flaxman* is a board member of the Italian Cultural Society, is fluent in Italian, and will act as SGL in the first three classes.

## 631 Understanding Families Through Plays

**KAREN GAIL LEWIS**

**Eight Mondays (9:45 AM - 11:15 AM)**

**September 23**

The four plays we will read this time start with *Crumbs from the Table of Joy*, by Lynn Nottage, about an African American single father and his two daughters having recently moved north. The next will be a big change to Lillian Hellman's *Little Foxes*. We move to a brand new play about an Amish family, *Everything is Wonderful*, by Chelsea Marcantel. We end with a delightful but little known play by Mark Dunn, about six sisters, *Belle: A Play in Two Acts and Forty-five Phone Calls*. We discuss each play for two weeks, focusing on themes such as family and sibling relationships, gender roles, multi-generational patterns, gender issues, and the context of the period. This is an entertaining, interactive class. Reading each play beforehand will enrich participation.

This study group is a repeat with revisions.

**Class Format:** Discussion

**Reading:** 1 hr/week.

*Karen Gail Lewis* has been a family therapist for more than four decades. She has published numerous books and articles about family relationships. She has taught at OLLI for over a decade.

## 632 Writing Memoir: Moving Along

**MARILYN SMITH**

**Eight Fridays (11:45 AM - 1:15 PM)**

**September 27**

This is a study group designed for OLLI members who want to capture their memories in writing. This course is designed for all OLLI members, especially as a follow-up to "Writing Memoir: Getting Started" or for those interested in writing and/or reading memoir. Through highly participatory, interactive exercises and discussions, and supportive small-group sharing, students will further their understanding of elements of memoir. These include theme, plot, dialogue, exposition, setting/scenes/senses, the narrative arc, and character development. Weekly at-home writing assignments are required. Students will complete drafting and revising one 5–10 page memoir.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*Marilyn Smith* has been teaching writing at OLLI for several years. She earned a PhD in education policy/higher education, an MA in

reading education, taught from K-12 to the university level, and has taken numerous writing classes from The Writer's Center. Marilyn has published two books—one memoir and a women's health anthology—as well as numerous academic articles and reports.

## 641 Anthony Trollope's *Phineas Finn, the Irish Member* (Palliser 2)

**ELLEN MOODY**

**Ten Mondays (1:45 PM - 3:15 PM)**

**September 23**

We continue our journey through Trollope's six Palliser novels over several terms. The second Palliser differs from the first in making central stories about how politics works from inside Parliamentary circles to outside in society central. *Phineas Finn* dramatizes fights over crucial transformations in law and electorate politics that occurred in the mid-19th century UK. It belongs to Trollope's Anglo-Irish fiction since it adds to the Pallisers' recurring characters, English landscapes, Ireland as a place, Irish characters, and issues. Trollope also examines sexual and marital conflicts with extraordinary psychological portraiture in socially complex situations. There is no need to have read *Can You Forgive Her?*

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 2 hrs/week.

*Ellen Moody* holds a PhD in English literature and has taught in colleges for more than 30 years. She has published on Trollope, film adaptations, and 19th Century literature. At OLLI, she has led study groups on Trollope's Barsetshire fiction, short stories, non-Anglo-centered fictions, and 19th Century novels by women.

## 653 What Young Adult Literature Can Tell Us

**SUSAN UROFSKY**

**Nine Mondays (1:45 PM - 3:15 PM)**

**September 23**

Young Adult Literature targets older teens, but the books often have an inter-generational appeal that includes mature younger readers, families, and adults. Books that cross over age groups or genres, and are sometimes made into movies or plays, address timely issues such as relationships within families, communities, and with the police. Others include the growing problem of suicide among young people and the inability of victims to be heard. Adults reading a selection of these books will find much to discuss with the young people in their lives and also initiate an understanding of coming generations. Each book and other materials will be discussed in terms of its literary, social, and personal growth content.

This study group is a repeat with revisions.

**Class Format:** Reading and Discussion

**Reading:** 2 hrs/week.

*Excellence in public service and literature have been lifetime goals for Susan Urofsky. She majored in literature and held several leadership positions in Virginia government. Regardless of role, she prioritized learning opportunities for leaders and staff. Her grandchildren stimulated her strong interest in young adult literature.*

## 655 Graham Greene—The Drama of Moral Conflict

**RONALD PARLATO**

**Nine Fridays (9:45 AM - 11:15 AM)**

**September 27**

The works of Graham Greene, a master of prose and storytelling, would be satisfying without his characteristic moral sensitivity; but his characters, all caught up in the tensions and conflicts of everyday life—work, marriage, calling, and profession—are made even more compelling because of the moral conundrums they create for themselves. The course will study five of Greene's major works, will identify and focus on major narrative and literary themes; and will place them within the context of his religious conversion, his consequent doctrinaire interpretation of faith, and important events of his personal life.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 2-3 hrs/week.

*Ronald Parlato is a five-time OLLI Study Group Leader, having taught Shakespeare, Ibsen, Strindberg, Chekhov, Dostoevsky, Conrad, and Lawrence. He is a graduate of Yale University with a double major in English and French literature; a student at Wesley Theological Seminary, and a former international development consultant.*

## 669 Enjoying *The New Yorker* Together

**BOB HAUSMAN**

**Eight Thursdays (11:45 AM - 1:15 PM)**

**September 26**

*The New Yorker's* audience beyond New York enjoys reportage, commentary, essays, short stories, satire, poetry, and cartoons, with artistic provocative covers, book, theater and movie reviews, and articles on medicine and law, world politics, and social issues. For 45 minutes of each session, a class member chooses an item from a *New Yorker* issue and adds something from his/her experience, knowledge, or research, followed by class discussion. OLLI members

have taken the course two, three, and more times. Enjoy an open, friendly atmosphere where true conversation occurs.

This study group is a repeat with revisions.

**Class Format:** Reading and Discussion

**Reading:** 1-2 hrs/week.

*Bob Hausman has been an attorney in all three branches of the federal government and in private practice. He has enjoyed reading and discussing New Yorker articles for most of his adult life.*

## 673 World War I: Fact Through Fiction

**ELSA NEWMYER**

**VIRGINIA NEWMYER**

**Eight Tuesdays (9:45 AM - 11:15 AM)**

**September 24**

This course will analyze the physical and emotional costs of World War I through the lens of fiction. A little over a century ago, in early August of 1914, Europe descended into a war more devastating and catastrophic than any ever fought. On the Western Front, the combatants—chiefly Germany, Austria-Hungary, France, and England—suffered untold slaughter of men and severe physical and psychological consequences, as did the women and children on the home front, over four long years. We will explore the Western Front from the British point of view and examine the place it continues to hold in our imagination. We will gain greater insights into the “The War to End All Wars.” This is a history class for those who love to read and discuss literature, and a literature class for those who value context. Class members should read “Part One: France 1910” of *Birdsong* for the first class.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*Elsa Newmyer taught middle and high school students for over 30 years, the last 20 of which were at Georgetown Day School.*

*A lifelong reader, she loves nothing more than discussing literature.*

*Virginia Newmyer has taught many courses at OLLI about British literature and history. She also teaches classes with Susan Willens on the links between fiction and the reimagined past at Politics and Prose and at the Smithsonian.*

## 681 Best Recent Essays to Read and Write

**SUSAN WILLENS**

**Eight Mondays (9:45 AM - 11:15 AM)**

**September 23**

Using the text *The Best American Essays 2018*, we will read and discuss a range of styles, forms, and subjects covered in some great American essays. Class members will also be invited to write essays

to be shared in class and published on the OLLI website.

This study group is not a repeat.

**Class Format:** Discussion

**Reading:** 2-3 hrs/week.

*Susan Willens has been an OLLI Study Group Leader for several years, following her career as a teacher. She taught English—literature and composition—at George Washington University, the Edmund Burke School, and in several universities and schools overseas.*

## 689 Writing Workshop: *Writing Down the Bones*

**EDWARD WARD**

**PATRICIA SPECTOR**

**Eight Thursdays (1:45 PM - 3:15 PM)**

**September 26**

This workshop (study group) is for people who like to write or think they might like to write, but who need a setting or stimulus to spur them to practice. Each session consists of two or more spells of writing in response to a short prompt. After writing for 10–15 minutes, participants have an opportunity to share what they have written, if they desire. Positive feedback is encouraged, critical feedback can be requested. This format was created by Brock Hansen, who led the workshop in earlier years. The class draws on ideas about the practice of writing in Natalie Goldberg's book, *Writing Down the Bones*. The common prompts lead workshop participants in surprisingly diverse directions.

This study group is a repeat.

**Class Format:** Appreciation

**Reading:** No required reading.

*Both Patricia Spector and Edward (Pat) Ward participated in the workshop several times with Brock Hansen. They enjoyed it so much that, when Brock was unable to continue, they offered to co-lead the workshop on an informal basis for a semester, and now, as a regular OLLI offering.*

## 646 The Book of Isaiah

**IRWIN LEBOW**

**Ten Wednesdays (9:45 AM - 11:15 AM)**

**September 25**

Isaiah, like many other books in the Hebrew Bible, is a composite of writings by several people. The book is named for Isaiah ben Amoz who lived in Jerusalem around 800 BCE. His prophecies are contained in the first 39 chapters of the book. Chapters 40-55 are the work of the second Isaiah who lived among the exiles in Babylon in the sixth century BCE. Nothing is known about his life or why his writings were appended to those of Isaiah ben Amoz. The last 11 chapters were written by the third Isaiah, a prophet who lived after the return to Jerusalem, as much as three generations after the second Isaiah. We will read selections from

all three prophets after discussing biblical poetry.

This study group is not a repeat.

**Class Format:** Reading and Discussion

**Reading:** Less than 1 hr/week.

*Irwin Lebow, a retired telecommunications engineer with a PhD from MIT, also has been a lifelong student of the Bible. He has taught many study groups for OLLI in both telecommunications and the Bible.*

## 700 HISTORY & GEOGRAPHY

### The Story of Language

**RAY SQUITIERI**

**Eight Mondays (9:45 AM - 11:15 AM)**

**September 23**

For study group description and Study Group Leaders' bios, see 600.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

### World War I: Fact Through Fiction

**ELSA NEWMYER**

**VIRGINIA NEWMYER**

**Eight Tuesdays (9:45 AM - 11:15 AM)**

**September 24**

For study group description and Study Group Leaders' bios, see 673.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

### 701 The Myth and Reality of the Wild West

**JOHN VORHES**

**Ten Wednesdays (9:45 AM - 11:15 AM)**

**September 25**

Many Americans are nostalgic for the mythic period known as the "Wild West" (1865–1895) when we boldly settled the Great Plains and the Far West. But the idea of moving the frontier from the Appalachians west into the heartland and beyond took root much earlier, after our independence and our successes over rival European powers that had laid claim to the land. The concept of Manifest Destiny gained popularity before the Civil War and then after when trails were crowded with adventurers and entrepreneurs. The way we spread our civilization is an arguable achievement, especially when you take into account the Native Americans who were the original residents. In 1893, we celebrated the end of the frontier with a grand exposition in Chicago where the frontier was declared "ended." The entire saga is now a beloved blur to many of us, shaded by the myth that has often colored the reality. Here we study the reality and maybe discover the birth of what some think is our national character.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*John Vorhes is a retired industrial and architectural designer with a love affair with the American West. Born in New York City, his family roots go back to frontier Kansas and his personal research expanded his interest. His 50-year design career includes SOM, architects in NY, and USIA's Cultural Exchange Program in Washington.*

## 703 US Foreign Policy I

**JAMES NATHAN**

**Ten Thursdays (1:45 PM - 3:15 PM)**

**September 26**

This is the first of a two-part class. The first part, this semester, covers the international context of the rise of American power and policymaking through the start of the Cold War, largely framed in terms of the great contest between Russia and the United States. The course concludes with a discussion of the Vietnam War. The second part of the class (next semester) will cover the period from the end of the Vietnam War through the present, reviewing the impact of domestic politics and other "sources of American conduct." The purpose of this course, in both parts, is to understand policy largely from the standpoint of American policymakers at the time and to evaluate their decisions in light of their consequences.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*James A. Nathan is a former Foreign Service Officer and the Khalid Bin Sultan Inaugural Eminent Scholar Emeritus at Auburn University. He is currently Senior Adjunct Professorial Lecturer at the School of International Service at American University. He is the author of seven books and is widely published in Foreign Affairs, The Washington Post, and The New York Times. He has won several literary prizes, a number of Senior Distinguished Fulbrights, was a NATO Fellow, and is a member of the Council on Foreign Relations.*

## 721 The Bloody Breakup of Pakistan

**ROBERT COE**

**Ten Tuesdays (11:45 AM - 1:15 PM)**

**September 24**

We will examine the interacting and conflicting policies of five governments (US, Pakistan, India, USSR, and China) and the events, including genocide and war, resulting in Pakistan's loss of its eastern territory in 1971. The most important figures encountered in this tragedy are Richard Nixon and Henry Kissinger, Yahya Khan (military leader of Pakistan), Indira Gandhi, and Archer

Blood (US Consul in Dhaka).

This study group is a repeat.

**Class Format:** Discussion

**Reading:** 1 hr/week.

*Bob Coe has an MA in history from Columbia and an MA in teaching from Wesleyan. A former Foreign Service Officer, he has taught mostly history courses at OLLI since 2005.*

## 723 The Evolution of Civilization in Meso-America in the Pre-Columbian Era (30,000 BC to 1517 AD)

**LARRY HEILMAN**

**Eight Mondays (9:45 AM - 11:15 AM)**

**September 23**

The course will explore the evolution of civilization in Meso-America from 30,000 BC to 1517 AD. The discussion of institutions, artifacts (art and architecture), and archaeological sites will provide the opportunity to study continuity and change in Meso-America during the Pre-Columbian Era. During each session, time permitting, 10 to 15 minutes may be devoted to contemporary affairs in Meso-America. The course will focus on the evolution of civilization of the Olmec, Maya, Teotihuacano, Zapotec, Toltec, and Aztec peoples.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*Larry Heilman has a PhD in history. He has taught Latin American history at various universities and undertaken archaeological fieldwork in Mexico, Spain, Florida, and California. Currently, he is a research associate in the Anthropology Department at the Natural History Museum of the Smithsonian, where his research is focused on the impact of US foreign assistance in Latin America. A recent publication of his is "USAID in Bolivia: Partner or Patrón."*

## 725 Africa—A Continent on the Move: A Survey of the Nations of Sub-Saharan Africa

**LANGE SCHERMERHORN**

**Eight Wednesdays (11:45 AM - 1:15 PM)**

**October 2**

This course will discuss the nations of Sub-Saharan Africa and where they are today, how they got there, and where they are going. Presentations and discussion of topics shaping the various countries of the continent will include elements of history, politics, economics, and the social and physical sciences. There is no required reading for this course, but a list of good sources will be provided to participants should they want to pursue any topics of

particular interest.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*Lange Schermerhorn's 35-year Foreign Service career included assignments in the Department of State, Sri Lanka, Vietnam, Iran, the United Kingdom, Belgium, and, lastly, as Ambassador to the Republic of Djibouti. Since retiring in 2001, she has served as the Political Advisor to the Commanding General, US Combined Joint Task Force-Horn of Africa, based in Djibouti. She has also served in temporary embassy assignments, consulted in Egypt, Somaliland, Djibouti, Afghanistan, and Ethiopia, and observed elections in Nigeria, Somaliland, and Kenya. She is a graduate of Mount Holyoke College and the National War College.*

## 732 Islam & Secularism: Turkey's Modernization Struggle Since the Ottoman Empire

**JERRY LEACH**

**Eight Fridays (11:45 AM - 1:15 PM)**

**September 27**

Topics covered in this course include the following: reasons for the collapse of the Ottoman Empire; Ataturk's reforms and reaction to them; Democrat Party policies of the 1950s; first coup in 1960; major conflict in the 1960s; second coup in 1971 followed by further deterioration; 1980 coup with severe repercussions; new constitution; military conflict with the Kurds; opening up of Turkish economy; unstable administrations; Welfare Party (Islamist) wins elections of 1996; pressure on ruling coalition causes disintegration; AK Party forms in 2001 and wins stunning victory in 2002; liberalizing period under AKP follows; sharp turn away from liberalization; increasing expansion of AKP rule and Erdogan's powers; change from parliamentary to presidential administration followed by change to executive presidency: government now a virtual dictatorship; failed coup of 2016; severe crackdown on a second Islamic organization, the Gulen Movement, and on Erdogan's opponents; decline of long-standing US-Turkish security cooperation; rapprochement with Russia; and threats to Kurds in Syria.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*Jerry Leach holds a PhD and MA from Cambridge University, an MA from Berkeley, and a BA from Emory. He lived in Turkey for three years and has traveled there ten times since. He has followed Turkish affairs for 54 years and has some command of the Turkish language.*

## 740 History of Slavery in America: Jamestown to the Civil War

**KAREN STEWART**

**Ten Thursdays (9:45 AM - 11:15 AM)**

**September 26**

From the landing of the first African captives at Jamestown, the existence of slavery has been a central contradiction of our history. We live with its legacy today. In this class we will look at the Atlantic world from which chattel slavery developed. We will trace the changes in the laws, economies, social mores, and politics that impacted the lives of the enslaved Africans through the almost 250 years of slavery in America. The struggle, resilience, and survival of these Africans in America was too often missing from the history we learned in school. This is a chance to catch up on modern scholarship and become informed participants in the ongoing national conversation on race. This study group is a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1 hr/week.

*Karen Stewart is a retired epidemiologist with a new and consuming interest in the history of slavery in America. She is a graduate of Barnard College and the University of North Carolina at Chapel Hill. She was a Peace Corps volunteer in Malawi. Karen has taught OLLI courses since 2017.*

## 750 Reformers in the Gilded Age

**ARNOLD LEIBOWITZ**

**Ten Fridays (9:45 AM - 11:15 AM)**

**September 27**

This 10-week course will discuss the Gilded Age. It will focus on the politics during the period of 1865–1877, but with some slippage into the 1880s and 1890s. All of the key reformers led long lives and wrote memoirs (not necessarily accurate). We shall approach the events of the period through the memoirs of the Reformers: Lucretia Mott, Elizabeth Cady Stanton, Frederick Douglass, Julia Ward Howe, Thomas Wentworth Higginson, the Beecher Family (Harriet Beecher Stowe, Catharine Beecher, Henry Ward Beecher), Oliver Otis Howard, John Mercer Langston, Ulysses S. Grant, and Julia Dent Grant. The reformist pressures will be seen against the political background of the time. This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*Arnold Leibowitz is an attorney in Washington, DC, in practice for over 40 years. His special interests are major social and political trends.*

## 751 *The American Soul: Rediscovering the Wisdom of the Founders*

**RICHARD BOARDMAN**

**Ten Thursdays (11:45 AM - 1:15 PM)**

**September 26**

"I found almost everywhere that the men and women who carved out the ideals of America were driven by the same transcendent questions that had always been my own as well." With these words, professor of philosophy and religion, Jacob Needleman, begins his landmark book, *The American Soul*, which takes the reader on a journey toward understanding the deeper purposes of America's founders as they struggled to launch a new nation. The class will provide an engaging framework in which participants can explore with each other the questions that motivated the Founding Fathers and that drove Jacob Needleman to write this book. We will discuss approximately 35 pages in the book each class session.

This study group is a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*Rick Boardman* was a human resources administrator for the American Friends Service Committee in Philadelphia for 30 years. He taught at the Joan Baez Institute for the Study of Nonviolence in Palo Alto in the late 1960s, followed by 18 months in federal prison for draft resistance in 1970–71 and directed *Clergy and Laity Concerned*, New York City, in the 1970s.

## 764 *The Eastern Question: Dismemberment of the Ottoman Empire, 1800–Present*

**ELIZABETH SHELTON**

**Ten Thursdays (11:45 AM - 1:15 PM)**

**September 26**

World War I brought the breakup of the Ottoman Empire into 40 separate nations, creating the modern Middle East and the Balkan nations. What are the consequences today, 100 years after the peace treaties were signed ending the War? This study group examines the disintegration of the Ottoman Empire, World War I, the European plays for territorial expansion, and how the treaties ending the Great War set the stage for hot spots in the Middle East today.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

*Elizabeth W. Shelton* retired from the State Department after a career of nearly 30 years as a Foreign Service Officer. She served in Thailand, Malaysia, Nigeria, Turkey (both in Istanbul and Adana in the southeast), Azerbaijan, the UN, and Albania. She earned a Doctor of Liberal Studies degree at Georgetown University.

## 766 *The Ideological Origins of the American Revolution*

**DAVID PALMETER**

**Ten Thursdays (1:45 PM - 3:15 PM)**

**September 26**

The Revolution, John Adams said, "was in the minds of the people before a single drop of blood was shed at Lexington." Colonial minds were changed in the 1760s and early 1770s by the writings of pamphleteers like John Dickinson and James Otis, who were influenced by a group of London coffeehouse radicals of the early 17th Century. These "Commonwealth men" railed against a Parliamentary regime they saw as corrupt. Colonial writers saw that corruption spreading to the colonies through such measures as the Stamp Act and the Townshend Acts. Theirs were the ideas which led to Lexington, Concord, Bunker Hill, and beyond to Yorktown and independence. We will read and discuss Bernard Bailyn's paradigm-changing study of these writers.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 2 hrs/week.

*David Palmeter*, a retired lawyer, has led OLLI study groups in history, literature, and philosophy since 2008.

## 780 *History of the Jews of Spain*

**JEFFREY GORSKY**

**Eight Fridays (11:45 AM - 1:15 PM)**

**September 27**

Using the book *Exiles in Sepharad*, the group will study the one-thousand-year history of Jews in Spain from the Visigoth era and Muslim Spain to the Spanish Inquisition and the Expulsion of 1492, and the aftermath in Portugal, Holland, and the New World. We also will study significant works in religion, literature, science, and philosophy, including poets, the great Jewish philosopher Moses Maimonides, and Moses de Leon, author of *The Zohar*, the core text of the Kabbalah.

This study group is not a repeat.

**Class Format:** Reading and Discussion

**Reading:** 2-3 hrs/week.

*Jeffrey Gorsky* is retired from the Department of State, where he worked as Vice-Consul in Bilbao, Spain, and as an Iberian Intelligence Analyst. He is Senior Counsel for an immigration law firm that is nationally recognized in immigration law. He is the author of *Exiles in Sepharad: The Jewish Millennium in Spain*.

## 786 America in the Fifties

**CANDACE THURMAN**

**RICHARD PALMER**

**Nine Tuesdays (11:45 AM - 1:15 PM)**

**September 24**

Many OLLI members came of age in 1950s America. This study group reviews the significant historical events and trends, high and popular culture, politics and fads, as remembered by some and perhaps studied by most. The approach in weekly sessions will be thematic, augmented with lots of optional material: Wikipedia articles, YouTube audio and video, and other readings. This study group will be highly participatory, and members will be comparing different experiences and perspectives of the decade; with this in mind, we will ask each member to provide his/her age and living situation on October 4, 1957, the date Sputnik was launched. This study group is a repeat with revisions.

**Class Format:** Reading and Discussion

**Reading:** Less than 1 hr/week.

*Richard R. Palmer is a retired psychiatrist and lifetime DC resident; he was 15 on Sputnik Day. He has led several OLLI study groups.*

*Candace Thurman is a retired social studies teacher in the Montgomery County schools; she was born in Pennsylvania soon after Sputnik. This is her first OLLI study group.*

## 787 Makers of the Mexican Revolution, 1910–1940

**XENIA WILKINSON**

**Nine Tuesdays (1:45 PM - 3:15 PM)**

**October 1**

Francisco Madero, Pancho Villa, Emiliano Zapata, and Lazaro Cardenas are familiar names to many of us. The Mexican Revolution produced political, economic, and social transformations that remain relevant to understanding Mexico today. This study group will examine the causes of the Mexican Revolution and the actions of leaders of the movements that shaped modern Mexico. We will explore the shifting role of the United States, which alternately supported or contested revolutionary and counter-revolutionary factions. Through slide presentations, the study group will view the work of Diego Rivera and other Mexican muralists who influenced popular and cultural perceptions of the revolution. We will focus on discussions, based on the readings, with some lectures.

This study group is not a repeat.

**Class Format:** Reading and Discussion

**Reading:** 1 hr/week.

*After a career in the US Foreign Service, Xenia Wilkinson earned a PhD in Latin American history from Georgetown University. She served twice in the US Embassy in Mexico City, where she became interested in Mexican history and culture.*

## 788 Fateful American Documents

**HELEN SCHWARTZ**

**Eight Mondays (11:45 AM - 1:15 PM)**

**September 23**

You will know about many of the documents in this class, but how many have you read? How differently some documents strike us when we know what occasioned their composition, the motives of those who wrote them, and their impact in the short and long run. All grow into or out of the experience of the United States, from the Mayflower Compact to Surgeon General Koop's pamphlet on AIDS. Some are legal documents that made things happen, like the Emancipation Declaration or Commodore Perry's first treaty with Japan. Some advocate or explain political goals and actions—such as Thoreau's "Civil Disobedience" or the Seneca Falls women's "Declaration of Sentiments" or Martin Luther King, Jr.'s "Letter from Birmingham Jail." This is a repeat course with new documents.

**Note:** This study group has a copied materials fee between \$5–20, to be paid in class.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** 1 hr/week.

*Helen Schwartz, a professor of English with international stints in Turkey and China, has taught OLLI courses on Shakespeare, the Internet, Year Zero: A History of 1945, and "Fateful Documents."*

## 791 History of American Indian-White Relations

**PETER WOLFE**

**Ten Thursdays (1:45 PM - 3:15 PM)**

**September 26**

This course will discuss relations between American Indians and whites from colonial times to the present. We will cover legal issues, trade, violence, and government policies for dealing with the Indians, including arguments in support of or opposition to such policies and actions taken by the Indians themselves.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1 hr/week.

*Peter Wolfe is a retired attorney who graduated from Columbia University, majoring in American history. He has been a study group leader for many OLLI history courses.*

## 794 Frances Perkins: Principal Architect of the “New Deal”

**MARION CONNELL**

**Nine Tuesdays (9:45 AM - 11:15 AM)**

**September 24**

One of FDR’s New York friends, Frances Perkins, became the first woman to hold a US cabinet position (Secretary of Labor 1933–45). She worked closely with him to enact most of the Depression-era programs that comprise today’s social safety network, for example, Social Security, Unemployment Insurance, and the Minimum Wage. We will examine the status of some key programs she fostered as well as her remarkable record of public service. OLLI members who have worked in any of these programs are especially encouraged to register for the class to add their expertise.

This study group is a repeat with revisions.

**Class Format:** Reading and Discussion

**Reading:** 2 hrs/week.

*Marion Connell graduated from Mount Holyoke College with an AB degree in political science and philosophy. She met Frances Perkins at her commencement. Marion has a master’s degree in public administration plus over 30 years’ experience in local, state, and federal government. She has lectured in the School of Public Affairs at American University.*

## 799 Ulysses S. Grant: In Peace and War

**ALLERTON KILBORNE**

**Nine Thursdays (1:45 PM - 3:15 PM)**

**September 26**

This study group will follow the life and times of Ulysses S. Grant, “that quiet little feller,” as Lincoln described him. Grant’s early years were plagued by bad luck, alcoholism, and failure. At the outbreak of the Civil War, he was working as a junior clerk in his father’s leather-goods store. Nevertheless, he ended up as Lincoln’s choice to lead Union armies to victory in the Civil War. Subsequently, as president, he championed civil rights and in so doing, broke the power of the Ku Klux Klan. His courage, resilience, and deep-seated humility remained unshaken throughout his ups and downs.

This study group is a repeat.

**Class Format:** Reading and Discussion

**Reading:** 1-2 hrs/week.

*Al Kilborne taught history for 40 years in New York City and DC. Beyond the classroom, he has lectured at Georgetown, the National Archives, local historical societies, and Politics and Prose, where he introduced his book, Woodley and Its Residents. His education (Pomona, NYU, and Oxford) was interrupted by stints in Vietnam and the rodeo.*

## 800 PHILOSOPHY & RELIGION

### 805 Meditation Level 1

**JOSEPH REO**

**Eight Mondays (1:45 PM - 3:15 PM)**

**September 30**

In this class we will discuss what meditation is and its many benefits. We will practice meditation together with the overall intention of teaching participants how to take this new skill out of the classroom in order to develop and maintain an ongoing, personal practice of their own. Modern scientific research has verified the many physiological and psychological benefits of quieting the mind and managing the Self through mindfulness. Come learn how to do it for yourself! This study group is appropriate for both beginners and those who already have some meditation experience.

This study group is a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*Joseph Reo holds a bachelor’s degree from Arizona State University and was an adjunct instructor at George Washington’s School of Exercise Science where he taught meditation, massage, and sports massage for over ten years. He currently teaches meditation and massage with various adult education companies and is a licensed, massage therapist with an active, 20-year practice in Northwest DC.*

### 806 Meditation Level 2

**JOSEPH REO**

**Eight Fridays (9:45 AM - 11:15 AM)**

**October 4**

This class is designed for those already practicing mindfulness, or who already have somewhat of a meditation discipline and wish to probe deeper and advance their skill. We know that the brain controls the body, but who controls the brain? In this class, we’ll explore meditation not just for relaxation, but as a powerful tool to discover and manage our minds. We will practice various mindful exercises and instruction will focus on developing meditation as a tool, which when refined over time, can strengthen, develop, and implement the “muscle” of “shiftability.” We will learn how to move our focus and attention to where we choose it to be, thus developing our ability to manage ourselves consciously in order to make better choices in our lives.

This study group is a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

**Joseph Reo** holds a bachelor's degree from Arizona State University and was an adjunct instructor at George Washington's School of Exercise Science where he taught meditation, massage, and sports massage for over ten years. He currently teaches meditation and massage with various adult education companies and is a licensed, massage therapist with an active, 20-year practice in Northwest DC.

## 831 Mastering Skills of Mindfulness Meditation

**JEFFREY DROBIS**

**SUSAN DROBIS**

**Ten Tuesdays (9:45 AM - 11:15 AM)**

**September 24**

In this study group you will learn mindfulness skills to rewire your brain to help make you a happier and more compassionate person. Mindfulness enhances our capacity for managing anxiety, stress, intense emotions, and uncertainty, and increases our capacity to experience deep fulfillment. We will primarily practice techniques that we have learned from Shinzen Young to use both in sitting meditation practice and in ordinary life. Sessions will include instruction, guided meditations, and group discussion. Although there is no required reading, participants should plan to practice meditation on their own for at least 10 minutes on most days. This study group is appropriate for both beginners and experienced meditators.

This study group is a repeat.

**Class Format:** Lecture and Discussion

**Reading:** No required reading.

**Susan Drobis**, a psychotherapist, and **Jeffrey Drobis**, a retired MD, have practiced meditation for over 25 years. Their teacher Shinzen Young draws on traditional Asian practices but is consciously secular and contemporary. Susan has been teaching mindfulness for 20 years and Jeffrey has led meditation study groups at OLLI since 2015.

## 834 Mastering Skills of Mindfulness Meditation: Intermediate Level

**JEFFREY DROBIS**

**Ten Mondays (11:45 AM - 1:15 PM)**

**September 23**

This study session is similar to another offering, Mastering the Skills of Mindful Awareness Practice. It is intended for persons who have taken other study groups with me. If you have not worked with me but have significant experience with meditation and are interested in this offering, please contact me at jeffdrobis@gmail.com. Classes will include instruction, extensive guided meditations, and discussions. In addition, we will devote about

10 minutes to discuss a book related to mindfulness practice (to be determined).

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** Less than 1 hr/week.

**Jeffrey Drobis**, a retired MD, has practiced meditation for 25 years. He has trained as a facilitator with his teacher Shinzen Young and leads regular group meditations on the telephone. The Mindfulness techniques that he teaches draw on traditional Asian practices but are consciously secular and contemporary.

## 840 Can Morality and War Coexist?

**ROBERT CROOG**

**Eleven Mondays (1:45 PM - 3:15 PM)**

**September 23**

We will discuss the development of Just War theory from ancient times to the present. After reviewing theoretical aspects, including alternatives such as realism and pacifism, we will look at specific conflicts to see how they measure up to the standards of a Just War. These will include the US Mexican War, the American Civil War, both World Wars, Vietnam, the Six-Day Arab-Israeli War, and the Bosnian War.

This study group is a repeat with revisions.

**Class Format:** Lecture and Discussion

**Reading:** 1 hr/week.

**Robert Croog:** Education: BA cum laude in English from Harvard College (1966); JD cum laude from Columbia University (1969). Intellectual property lawyer (Trademark, Copyright Director, Eastman Kodak Co., retired); Professor of ethics, communication and writing, Rochester Institute of Technology, Trinity Washington University (DC).

## 841 The Philosophy of Kierkegaard

**ALBERT TARAN**

**Ten Wednesdays (1:45 PM - 3:15 PM)**

**September 25**

Soren Kierkegaard was a mid-19th century Danish philosopher and essayist, who was mostly ignored by his contemporaries. He was rediscovered in the 20th century and had a profound impact on the existentialist philosophers. The primary focus of his philosophical writings was what it means to exist, and what it means to be human. We will explore his philosophy through a close reading of selections from his major philosophical works and journals, contained in *The Essential Kierkegaard*, edited by Howard and Edna Hong.

This study group is not a repeat.

**Class Format:** Reading and Discussion

**Reading:** 2-3 hrs/week.

*Al Taran* has a BA in philosophy but spent his working career in Information Technology. He has had a lifelong interest in philosophy, primarily analytical philosophy, but has recently rediscovered the philosophers who first inspired his interest in philosophy, namely the Existentialists. This is Al's fourth study group in philosophy.

## 850 The Way of Quiet Sitting: Spirituality and the Evolution of Human Consciousness

**WOODY CARTER**

**Ten Wednesdays (11:45 AM - 1:15 PM)**

**September 25**

The aim of this study group is to critically examine the concept of "spirituality," defined in this course as a total process of integration, growth, development, and fulfillment of one's potential in relation to others, to the ultimate purpose of life, and to the Ultimate. Although the principles presented are universal in scope, this offering is "culturally-rooted" and geared to participants living out a western worldview. Through cognitive and experiential learning, these will be highly interactive sessions including open discussion, video screenings, guided meditation, and selected readings. This course is appropriate for beginners and those with meditation experience. This study group is not a repeat.

**Class Format:** Discussion

**Reading:** 1 hr/week.

*Woody Carter* is a narrative theologian and writer with a doctorate in theology, religion, and the arts from the Graduate Theological Union in Berkeley, California. He was an associate professor in the Bachelor of Arts Completion Program at the California Institute of Integral Studies in San Francisco and a theater arts instructor.

## 867 Aristotle (Metaphysics, Psychology, and Epistemology)

**DONALD ROSS**

**Ten Fridays (9:45 AM - 11:15 AM)**

**September 27**

The purpose of this course is to explore the philosophy of Aristotle. The theoretical aspects of Aristotelianism will be presented and organized within a seven-layer structure. This study group is a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*Don Ross* received his bachelor's degree in philosophy from Wake Forest University in 1970, his master's from the University of Iowa in 1972, and his doctorate from the University of Chicago in 1979. His concentration in graduate school was in ancient philosophy, and he has published research in that field.

## 868 Indian and Late Roman Philosophy

**DONALD ROSS**

**Ten Fridays (11:45 AM - 1:15 PM)**

**September 27**

The purpose of this course is to explore the possible influence of Indian thought on the Western philosophical tradition. We will begin with the exposition of Indian philosophy in the *Upanishads* and the *Bhagavad Gita*. Then we will spend the rest of the time on the Neoplatonism of Plotinus.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*Don Ross* received his bachelor's degree in philosophy from Wake Forest University in 1970, his master's from the University of Iowa in 1972, and his doctorate from the University of Chicago in 1979. His concentration in graduate school was in ancient philosophy, and he has published research in that field.

## 871 Existentialism, Absurdism, and the Theatre

**ANDREW WHITE**

**Ten Fridays (9:45 AM - 11:15 AM)**

**September 27**

What has our world come to? What's the point? Does God even exist—and if he does, must he have such a dark sense of humor? Join OLLI regular, Andy White, as we explore the emergence of Existentialism and Absurdist Theatre in the early decades of the 20th Century, its literature, its plays, and the enduring legacy of Absurdist Drama on the contemporary stage.

This study group is not a repeat.

**Class Format:** Lecture and Discussion

**Reading:** 1-2 hrs/week.

*Andy White* is a theatre artist, historian, and performing arts critic. He publishes regularly with Cambridge University Press on Byzantine theatre and ritual.

# ASSIGNED BOOKS FOR SPRING 2019

#	Study Group	Book Title	Author	ISBN	Publisher	Notes
113	Liberalism, Conservatism (and Socialism)	<i>The Road to Serfdom</i>	Friedrich Hayek			Required
		<i>The Conservative Sensibility</i>	George Will			Required
		<i>The Future of Socialism</i>	Anthony Crosland			Required
		<i>The Good Society</i>	Walter Lippmann			Required
120	Mark Twain on Politics: Useful Advice in the Coming Election Year	<i>Mark Twain's Tale of Today: Halley's Comet Returns—The Celebrated Author Critiques American Politics</i>	Donald Tiffany Bliss	147740502X	CreateSpace/ Hale & Northam	Recommended
168	The Eurasian Four Ring Circus and the Long War Against Salafist-Jihadism	<i>US Military Capabilities and Forces for a Dangerous World—Rethinking the US Approach to Force Planning</i>	David Ochmanek, Peter A. Wilson, et. al.	13 978-0-8330-9742-2	RAND Corporation	Required
180	Today's Supreme Court: A Course for Citizens	<i>The Oath: The Obama White House and the Supreme Court</i>	Jeffrey Toobin	978-0-307-39071-4	Anchor Books, Random House	Required
		<i>The US Supreme Court: A Very Short Introduction</i>	Linda Greenhouse	978-0199754540	Oxford University Press	Required
201	Consciousness	<i>Consciousness: Confessions of a Romantic Reductionist</i>	Christof Koch	978-0262533508	MIT Press	Recommended
355	Anatomy of the 2008 Recession	<i>After the Music Stopped: The Financial Crisis, the Response, and the Work Ahead</i>	Alan S. Blinder	978-0-14-312448-1	The Penguin Press	Required
373	How to Get Rich Surely but Slowly	<i>How to Get Rich Surely but Slowly</i>	Gary Cahn	1477429190	Amazon	Recommended
444	The Elements	<i>The Elements</i>	Tom Jackson	978-1-4654-5660-1	Penguin Random House	Recommended
492	Extended Heredity: The New Science of Inheritance and Evolution	<i>Extended Inheritance: A New Understanding of Inheritance and Evolution</i>	Russell Bonduriansky and Troy Day	978-0-691-15767-2	Princeton University Press	Required
577	Reading Lyrics: Understanding Popular Song	<i>Reading Lyrics: More Than 1,000 of the Century's Finest Lyrics</i>	Robert Gottlieb and Robert Kimball	978-0375400810		Recommended
604	Poetry Craftshop: Deaths and Delights: Odes, Chants, Rants, Elegies and Essayettes	<i>The Book of Delights</i>	Ross Gay	978-61620-792-2	Algonquin Books	Required
		<i>Four Reincarnations</i>	Max Ritvo	978-1-57131-490-1	Milkweed Editions	Recommended
		<i>Letters from Max: A Book of Friendship</i>	Sarah Ruhl & Max Ritvo	978-1-57131-369-0	Milkweed Editions	Recommended
		<i>The Final Voicemails: Poems</i>	Max Ritvo	978-1571315113	Milkweed Editions	Required
605	Shakespeare's <i>Love's Labour's Lost</i>	<i>Love's Labour's Lost</i> (Arden Shakespeare: Third Series), 3rd edition	William Shakespeare, H. R. Woudhuysen, Editor	9781904271109	The Arden Shakespeare	Required

#	Study Groups	Book Title	Author	ISBN	Publisher	Notes
618	Conversational Spanish II b	<i>Read &amp; Think Spanish-Premium</i> , third edition	Kelly Garboden and the editors of Think Spanish	978-1-259-83631-2	McGraw-Hill	Required
619	French Review and Conversation Practice	<i>Intermediate French Grammar</i> , 1st edition	Eliane Kurberov	978-0071775380	McGraw-Hill Education	Required
622	Beginning-plus Spanish	<i>Spanish for Dummies</i> , 2nd edition	Susana Wald			Required
631	Understanding Families Through Plays	<i>Little Foxes</i>	Lillian Hellman			Required
		<i>Crumbs from the Table of Joy</i>	Lynn Nottage			Required
		<i>Belle: A Play in Two Acts and Forty-five Phone Calls</i>	Mark Dunn			Required
		<i>Everything Is Wonderful</i>	Chelsea Marcantel			Required
641	Anthony Trollope— <i>Phineas Finn: The Irish Member</i> (Palliser 2)	<i>Phineas Finn: The Irish Member</i>	Anthony Trollope	97801400430868	Oxford	Required
646	The Book of Isaiah	<i>The Hebrew Bible: A Translation with Commentary</i>	Robert Alter	978-0393292497	W. W. Norton & Company	Required
		<i>The Art of Biblical Poetry</i>	Robert Alter		Basic Books	Recommended
653	What Young Adult Literature Can Tell Us	<i>The Giver</i>	Lois Lowery	978-0-544-33626-1	Houghton Mifflin Harcourt	Required
		<i>The Hate U Give</i>	Angie Thomas	978-0-544-33626-1	HarperCollins	Required
		<i>Dear Evan Hansen</i>	Emmich, Levinson, Paul	9780316420464	Little Brown and Company	Required
655	Graham Greene—The Drama of Moral Conflict	<i>The Heart of the Matter</i>	Graham Greene			Required
		<i>The End of the Affair</i>	Graham Greene			Required
		<i>The Power and the Glory</i>	Graham Greene			Required
		<i>Brighton Rock</i>	Graham Greene			Required
		<i>A Burnt Out Case</i>	Graham Greene			Required
673	World War I: Fact Through Fiction	<i>Birdsong: A Novel of Love and War</i>	Sebastian Faulks		New York: Vintage	Required
		<i>Mrs. Dalloway</i>	Virginia Woolf		New York: Harcourt, Inc.	Required
681	Best Recent Essays to Read and Write	<i>The Best American Essays 2018</i>	Hilton Als and Robert Atwan	978-0544817340	Houghton Mifflin Harcourt	Required
721	The Bloody Breakup of Pakistan	<i>The Blood Telegram: Nixon, Kissinger, and A Forgotten Genocide</i>	Gary J. Bass	978-0-307-74462-3	Vintage	Required
723	The Evolution of Civilization in Meso-America in the Pre-Columbian Era (30,000 BC to 1517 AD)	<i>The Maya</i> , 9th edition	Michael D. Coe and Stephen Houston	978-0500291887	Thames & Hudson	Recommended
		<i>Mexico from the Olmecs to the Aztecs</i> , 6th edition	Michael D. Coe and Rex Kontz	978-0500290767	Thames & Hudson	Recommended

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732	Islam and Secularism: Turkey's Modernization Struggle Since the Ottoman Empire	<i>Ataturk: The Biography of the Founder of Modern Turkey</i>	Andrew Mango			Recommended
		<i>Turkey Unveiled: A History of Modern Turkey</i>	Hugh Pope and Nicola Pope			Required
		<i>The New Sultan: Erdogan and the Crisis of Modern Turkey</i>	Soner Cagaptay			Required
		<i>Fethullah Gulen: A Life of Hizmet</i>	Jon Pahl			Recommended
740	History of Slavery in America: Jamestown to the Civil War	<i>Many Thousands Gone</i>	Ira Berlin	0-674-81092-9	Belknap Press of Harvard Press	Required
751	<i>The American Soul: Rediscovering the Wisdom of the Founders</i>	<i>The American Soul, Rediscovering the Wisdom of the Founders</i>	Jacob Needleman	1-58542-138-3	Tarcher/Putnam	Required
766	The Ideological Origins of the American Revolution	<i>The Ideological Origins of the American Revolution</i>	Bernard Bailyn	978-0-674-97565-1	Harvard University Press	Required
780	History of the Jews of Spain	<i>Exiles in Sepharad</i>	Jeffrey Gorsky	978-0-8276-1251-8	University of Nebraska Press	Required
787	Makers of the Mexican Revolution, 1910–1940	<i>Biography of Power: A History of Modern Mexico</i>	Enrique Krauze		HarperCollins	Required
791	History of American Indian-White Relations	<i>How the Indians Lost Their Land: Law and Power on the Frontier</i>	Stuart Banner	0-674-01871-0	Harvard University Press	Required
794	Frances Perkins: Principal Architect of the "New Deal"	<i>The Woman Behind the New Deal: The Life and Legacy of Frances Perkins</i>	Kirstin Downey	978-1-4000-7856-1	Anchor Books	Required
		<i>The Roosevelt I Knew</i>	Frances Perkins	978-0-14-310641-8	Penguin Books	Recommended
799	Ulysses S. Grant: In Peace and War	<i>Grant</i>	Jean Edward Smith	978-0684-84927-5	Simon and Schuster	Recommended
		<i>Grant</i>	Ron Chernow	9781594204876	Penguin Random House LLC	Recommended
		<i>Ulysses S. Grant</i>	Josiah Bunting III	0-8050-6949-6	Henry Holt and Company LLC	Recommended
		<i>American Ulysses</i>	Ronald White	9780812981254	Random House	Recommended
		<i>The Man Who Saved the Union</i>	H.W. Brands	978-0-307-47515-2	Anchor Books	Recommended
805	Meditation Level 1	<i>Voluntary Controls</i>	Jack Schwarz		Dutton	Recommended
		<i>The Alchemist</i>	Paulo Coelho			Required
806	Meditation Level 2	<i>The Ancient Secret of the Fountain of Youth</i>	Peter Kelder		Harbor Press Inc.	Required
		<i>Human Energy Systems</i>	Jack Schwarz		Schwarz Publishing	Required
834	Mastering Skills of Mindfulness Meditation: Intermediate Level	<i>Peace Is Every Step: The Path of Mindfulness in Everyday Life</i>	Thich Nhat Hanh		Bantam Books	
840	Can Morality and War Coexist?	<i>The Morality of War, 2nd Edition</i>	Brian Orend	978-1-55481-095-6	Broadview Press	Recommended

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841	The Philosophy of Kierkegaard	<i>The Essential Kierkegaard</i>	Howard and Edna Hong	978-0691019406	Princeton University Press	Required
850	The Way of Quiet Sitting: Spirituality and the Evolution of Human Consciousness	<i>The Autobiography of a Yogi</i>	Paramahansa Yogananda	0-87612-083-4	Self-Realization Fellowship	Required
		<i>Narada's Children: A Visionary Tale of Two Cities</i>	Woody Carter	982730713	Sleepingman's Books	Required
867	Aristotle (Metaphysics, Psychology, and Epistemology)	<i>Basic Works of Aristotle</i>	Aristotle	9780375757990	Modern Library	Required
868	Indian and Late Roman Philosophy	<i>The Upanishads</i>		9780140447491	Penguin	Required
		<i>Bhagavad Gita</i>		9780140447903	Penguin	Required
		<i>Enneads</i>	Plotinus	9781974549207	CreateSpace	Required