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OLLI BEATS THE WINTER BLAHS

In the depth of winter, I finally learned that within me there lay an invincible summer.

— Albert Camus

OLLI members have no excuse for the winter blahs, not with an array of diverse January lectures; a provocative read with the OLLI-wide Book Club; a full offering of stimulating February Shorts; a James Joyce birthday party complete with readings from *Ulysses*; and just in time to welcome spring, a trip to the Philadelphia Flower Show. There is absolutely no reason to hide under the covers for the next few months — get up, get out, and get to OLLI!

The Lecture Committee will brighten the last two weeks of January with speakers such as Kathleen Kennedy Townsend speaking on the life and times of the Democratic Party; Theodore Lutz, general manager of Metro when the system opened in 1976 (and when he was just 31!); and David Cohen, an expert on the Harvard long-term study of adult development (starting with the classes that included John F. Kennedy and Ben Bradlee).

Friday afternoon lectures will resume with the start of the Spring Semester in early March, so keep your eyes glued to the OLLI website for more speakers and topics you won't want to miss.

This catalog guides members through two academic sessions:

OLLI February Shorts on pages 43–48, which are the week of February 4–8, and Spring Semester on pages 12–38, which take place between March 4 and May 10. There are different registration forms for February and Spring, so please be sure to complete them separately. Registration can be done using the forms in the catalog or online at www.oli-dc.org.

Our Curriculum Committee and beloved Study Group Leaders will again offer you the high quality and range of courses you have come to expect at OLLI at AU. No matter your area of study or interest, we are sure you will find what you're looking for in the pages that follow. Enjoy choosing from among the 21 February Shorts and 98 Spring offerings.

We are in debt to those who give of their time and talents to our members. In addition to the 12 new Study Group Leaders we welcome for February and Spring, we welcome back those who have taught at OLLI at AU for years. Some have been here over 10, 20, and even 25 years.

OLLI at AU's reputation for the depth and breadth of its offerings and for the rich experience of its members and Study Group Leaders is well represented in this catalog, and we look forward to yet another successful semester.

Denise Liebowitz
Chair, Board of Directors

Tony Long
Executive Director

Mailing Address: 4400 Massachusetts Avenue NW, Washington, DC 20016
An Equal Opportunity/Affirmative Action Organization
Phone: 202.895.4860 | **Email:** olli@american.edu | **Website:** www.oli-dc.org

MISSION

The Osher Lifelong Learning Institute (OLLI) at American University is an association of, by, and for the people in the Washington, DC area who wish to continue to study and learn.

*OLLI at AU is dedicated to the proposition that learning is a lifelong process and that **curiosity never retires.***

EQUAL OPPORTUNITY

OLLI does not discriminate on the basis of race, gender, age, religious preference, national origin, or sexual orientation.

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PARKING

Parking is available in the garage beneath 4801. In accordance with DC regulations and AU's "Good Neighbor Policy," **OLLI members are required to park in AU lots while attending OLLI.**

SPRING REFUNDS

The office must receive requests for refunds in a written note or an e-mail **no later than close of business on Friday, March 15.** A \$10 processing fee will be assessed.

SPRING IMPORTANT DATES

Feb. 12	Lottery Day
Feb. 14	Registration Letters Emailed
Feb. 18	Open House
	10:00 AM–12:00 Noon
March 4	Classes Begin
April 26	Annual Meeting
May 10	Last Day of Classes

INCLEMENT WEATHER

OLLI follows American University's weather policy. If AU has a delayed opening, OLLI's 9:45 AM classes are cancelled and the 11:45 AM and 1:45 PM classes are held. If AU is closed, OLLI also is closed for the day and all classes are cancelled. **OLLI posts a notification of any delay or closure on its website (olli-dc.org) by 6:30 AM and sends an email to all registrants.**



Printed on Recycled Paper.

WHAT IS OLLI AT AU?

Drawing on the talent and experience of seniors in the Washington, DC area, the Osher Lifelong Learning Institute (OLLI) at American University offers a unique opportunity to continue learning at the university level. Members come from varied social, economic, and career backgrounds, ranging from business, academia, and homemaking to education, the arts, and government service. What they have in common is a genuine interest in continuing their learning experiences and intellectual stimulation by participation in an organization with other “seasoned learners.” There are no educational prerequisites for membership in OLLI.

Learning Community

The basic concept of the program is that of peer learning and teaching. Members participate fully in study groups through preparation for, and involvement in, discussions on a wide variety of subjects. There are no tests and no grades; members participate purely for the joy of learning. Members are encouraged to discuss the possibility of leading a study group with members of the Curriculum Committee and by participating in our Study Group Leader Training Orientation.

Study Group Leader Orientation

We offer an orientation session for new study group leaders before each fall and spring semester. The topics covered include support, general logistics, information about OLLI and its members, classroom management, and using audio/visual equipment in the classrooms. Participants also have the opportunity to take a tour of OLLI, see their assigned classroom, and try out the equipment. This semester's orientation will be held on February 20 from 9:30 AM–12:00 noon.

Membership Involvement

Members become involved not only as study group leaders or representatives but also as participants on an elected board and appointed committees. As a democratic membership organization, OLLI depends on the volunteer services of its members.

Members are strongly encouraged to participate in one or more of the following:

The **Board of Directors** and its various committees develop and implement policies, procedures, and activities designed to enhance the overall program.

Study Group Leaders (SGLs) are members with special expertise or interests who wish to share these with other members by designing and leading study groups. They are entitled to free classes during the semester they lead a group or the following semester.

Study Group Representatives (SGRs) function as a liaison between their study group and the OLLI administration. They facilitate member participation, make announcements, and assist study group leaders.

Expanded Social Experience

Membership in OLLI at AU provides an opportunity for increased social interaction and new friendships based on a shared interest in learning. Informal lunchtime discussions and special events, such as open houses, provide some of the many occasions for socializing. Many outgrowths of OLLI have developed among members interested in pursuing a topic in depth. Each “OLLI Opportunity” or “OLLI Op” meets independently and provides an environment of continued friendship and learning.

HOW IS OLLI AT AU ORGANIZED?

OLLI at AU is an independent, 501(c)(3) nonprofit organization incorporated in Washington, DC, and is part of the Osher Lifelong Learning Institute National Network, which now includes 122 Institutes in all 50 states and the District of Columbia.

Members are eligible to use the university library, computers, parking, Metro shuttle service, campus store, dining facilities, and to join the Jacobs Fitness Center at a reduced rate. **ALL OLLI educational activities take place at 4801 Massachusetts Ave. NW. (See map on page 5.)**

Support of OLLI at AU

Membership fees (\$300 per semester, \$550 per year) support the program. OLLI is further supported by an endowment from the Osher Foundation given to, and managed by, American University. OLLI receives a percentage of the interest from the endowment annually to assist in funding OLLI's operations.

The Friends of OLLI Fund (previously the Future Fund), established by the Board of Directors, is a reserve fund helping OLLI maintain affordable tuition, expand and enhance its physical facilities, and develop innovative and diverse programs.

THE ABCs OF OLLI

Accessibility

OLLI at AU is located at 4801 Massachusetts Ave. NW, which is handicapped accessible for walkers and wheelchairs. All of OLLI's classrooms have hearing loops. See the Hearing Loop information below.

American University Benefits

AU Library

All registered OLLI members may use the AU Library. The library is located on the main campus at the west end of the university quadrangle (www.library.american.edu/). Request a Special Borrowers Card from the Circulation Desk. Tell them you are an OLLI member. We send a list of our members to the library when each academic session begins.

AU Fitness Centers

OLLI members are eligible for an annual membership at the Jacobs Fitness Center (202-885-6267) at a discounted rate.

Books

Books will be ordered through Politics and Prose bookstore at 5015 Connecticut Avenue NW, Washington, DC 20008, 202-364-1919 or politics-prose.com online. Politics and Prose is offering OLLI members a 10% discount on books for study groups.

Books also can be ordered online (often at reduced prices) or purchased at other book stores. The following are some online suggestions for purchasing books, in alphabetical order: AbeBooks.com, AddAll.com, Alibris.com, Amazon.com, BookOutlet.com, BookFinder.com, eBay.com, and Powells.com.

Contact Information

Please log into your OLLI account to ensure your contact information, including home and cell telephone number(s), email, as well as emergency contact name and relationship are current and accurate.

Directory of Members

We publish a membership directory each semester listing members' names, addresses, phone numbers, and emails. Please fill out this section of the registration form carefully. The directory is available online to download during the second week of class. Printed copies are available upon request.

Email and E-Newsletter

We use email as our primary means of communication. Please make sure that you check your email several times per week during the semester. Also we send a weekly newsletter via email.

Hearing Loops

All of OLLI's classrooms are equipped with hearing loops. Hearing loops are a state-of-the-art assistive listening technology.

EVENTS

Open Houses occur each fall and spring, enabling new and continuing members to get together, learn about OLLI, and meet study group leaders.

The **Semester Lecture Series** features members of the greater Washington, DC community, each speaking on a field of interest. Semester lectures are on Fridays from 1:30 to 2:30 PM. Lectures are free and require registration.

Interim Lecture Series are held on weekday mornings in January and May — from 10:00 to 11:30 am — featuring speakers on a variety of subjects. Lectures are free and require registration.

Special Events include day trips, museum tours, and other activities.

The **Town Hall** in the fall and **Annual Meeting** in the spring give members an opportunity to voice concerns, ask questions, and learn more about OLLI's future plans.

A **Holiday Party** is held in December.

A hearing loop is installed around the perimeter of the classroom, with a microphone installed in the center of the ceiling. Most recent hearing aids are equipped with a t-coil. Your audiologist can tell you whether or not your hearing aid has a t-coil and, if it does, your audiologist can activate the t-coil.

With the t-coil turned on, a member can hear others in the room clearly. Members who do not have hearing aids or who have hearing aids without t-coils, can use a loop receiver with a headset, to benefit from the loop. Each classroom is supplied with a number of loop receivers.

Lecture Series

We offer four Lecture Series throughout the year. During each semester there is a lecture on Fridays from 1:30-2:30 PM. In January and May, there are lectures on various weekday mornings from 10:00-11:30 AM. Members are given an opportunity to register before non-members may register. Online registration is required.

Lost and Found

There is a lost and found box in the OLLI office. Please check there if you have misplaced something.

Lunchtime Options

Brown bag lunch with OLLI friends in one of the social spaces on the 5th floor. Buy lunch to carry out or eat in at DeCarlo's Restaurant, Le Pain Quotidien, Millie's, Starbucks, or Wagshal's Market — all within one block of 4801 Massachusetts Ave. NW.

Membership Fee

The fee paid each semester (or for the full academic year) is a membership fee. It allows members to take from one to three study groups for the semester. The fee is NOT a fee per study group. The membership fee entitles you to all of the benefits of membership at OLLI at AU.

Minis

Minis are study groups held once-a-week for four weeks during the month of June. Each day's session in the four weeks is 1½ hours long.

Nametags

Please wear your OLLI nametag to all classes and events. Plastic nametag holders and lanyards are available in the hallway outside the office.

Parking

See page 4.

Privacy Policy

OLLI at American University is highly sensitive to the privacy interests of members and believes that the protection of those interests is one of its most significant responsibilities. We publish the member directory as a courtesy to members. We expect members to respect other members' privacy. The directory is not to be shared with others outside of OLLI. If you have questions about this policy, please contact us by phone at 202-895-4860 or email at olli@american.edu.

Refunds

The office must receive requests for refunds by the deadline specified in the catalog. A \$10 processing fee will be assessed.

Shorts

We offer February and July Shorts, three- to five-day immersion study groups. Each day's session is 1½ hours long.

Scholarships

If you need scholarship assistance, please download and complete the scholarship request form on the website. All requests are confidential.

Semesters

OLLI at AU has two regular academic semesters: Spring, which begins in March, and Fall, which begins in September. Semester study groups run from 8 to 10 weeks long. Each class session is 1½ hours long.

Spring Valley Building

American University and OLLI at AU refer to 4801 Massachusetts Ave. NW as the Spring Valley Building.

Texting

Sign up to receive text messages regarding delayed openings, closings, cancelled classes, etc. **1.** Make sure your account includes

your cell phone number. Login to your account, click on "Edit Account" in the menu on the left. Add your cell phone number to your account if it is not there, then click "Submit." A blank page titled "Overview" appears. **2.** Click on "Text Messaging." Click on the blue button that reads "Opt In for Text Messaging." You will receive a text to confirm. **3.** Reply "YES." You can opt out at any time.

Transfers

Membership in OLLI is not transferable. Spouses or partners must have their own individual memberships.

Trips

Each academic year we try to offer several trips for members. Typically, buses are provided. Trips sometimes include boxed lunches or meals at a restaurant. Trip destinations have included:

- The Anderson House
- Baltimore Museum of Art
- Civil War sites in Maryland, Virginia, and Pennsylvania
- Library of Congress
- Virginia Museum of Fine Arts

Vending Machines

There are vending machines with water, soda, and snacks on the 4th and 6th floors.

Waitlists

If a seat opens in a class which has a waitlist, members will be contacted by staff and offered a seat in the order in which they appear on the waitlist.

Weather Policy for Class Cancellation

OLLI follows American University's weather policy. If AU has a delayed opening, OLLI's 9:45 AM classes are cancelled and the 11:45 AM and 1:45 PM classes are held. If AU is closed, OLLI also is closed for the day and all classes are cancelled. OLLI posts a notification of any delay or closure on its website (www.olli-dc.org) by 6:30 AM and sends an email to all registrants.

Website

Please visit the OLLI website at www.olli-dc.org:

- to view our calendar, including lecture series and events,
- to register for classes and to pay membership dues with a credit card in an encrypted, secure transaction,
- to add, drop, or change classes, or to request a refund, to volunteer, and/or
- to make a donation.

Wi-Fi

Wi-Fi at OLLI is free. The Network Name is AUGuest-ByRCN. No password is required.

PARKING & TRANSIT

Public Transportation

Visit the **Parking & Transit** page on our website at https://www.oli-dc.org/parking_transit for up-to-date information on using public transportation to attend OLLI activities.

Parking

Parking is available in the garage beneath 4801. In accordance with DC regulations and AU's "Good Neighbor Policy," all members of the AU community — including OLLI members — are required to park in AU lots while attending OLLI. Parking on the street while attending OLLI likely will result in a \$200 parking ticket from AU. For full parking information, visit the Parking & Transit page at https://www.oli-dc.org/parking_transit on our website.

Parking Payment Options

Parking is \$2 per hour. You must pay for parking BEFORE class. You must know your vehicle's license plate number. You may pay with cash or credit card at the kiosks located on each level of the 4801 garage or you may pay with credit card by phone or with the PayByPhone app.

How to Use Pay By Phone

Dial 888-450-7275. The first time, you will be prompted to:

- Enter your cell phone number
- Create a 4-digit pin number
- Enter your 16-digit credit card number
- Enter your 4-digit expiration date
- Enter the 4-digit location code for Spring Valley Garage: 4889
- Enter your license plate number.
- Enter the number of hours you want to park.

AU SHUTTLE BUS FROM TENLEYTOWN METRO

For full information on the shuttle service, go to: <http://www.american.edu/finance/facilities/shuttle.cfm> on AU's website.

The AU shuttle buses are kneeling buses and are handicapped accessible.

A free, open-to-the-public AU shuttle bus leaves regularly from the Tenley Metro station, makes stops at the Katzen Center, and then at the Spring Valley Building (4801 Massachusetts Ave. NW), where OLLI is located. To return to the Katzen Center Garage or the Metro, catch the shuttle at the shuttle bus stop behind 4801 Massachusetts Ave. NW.

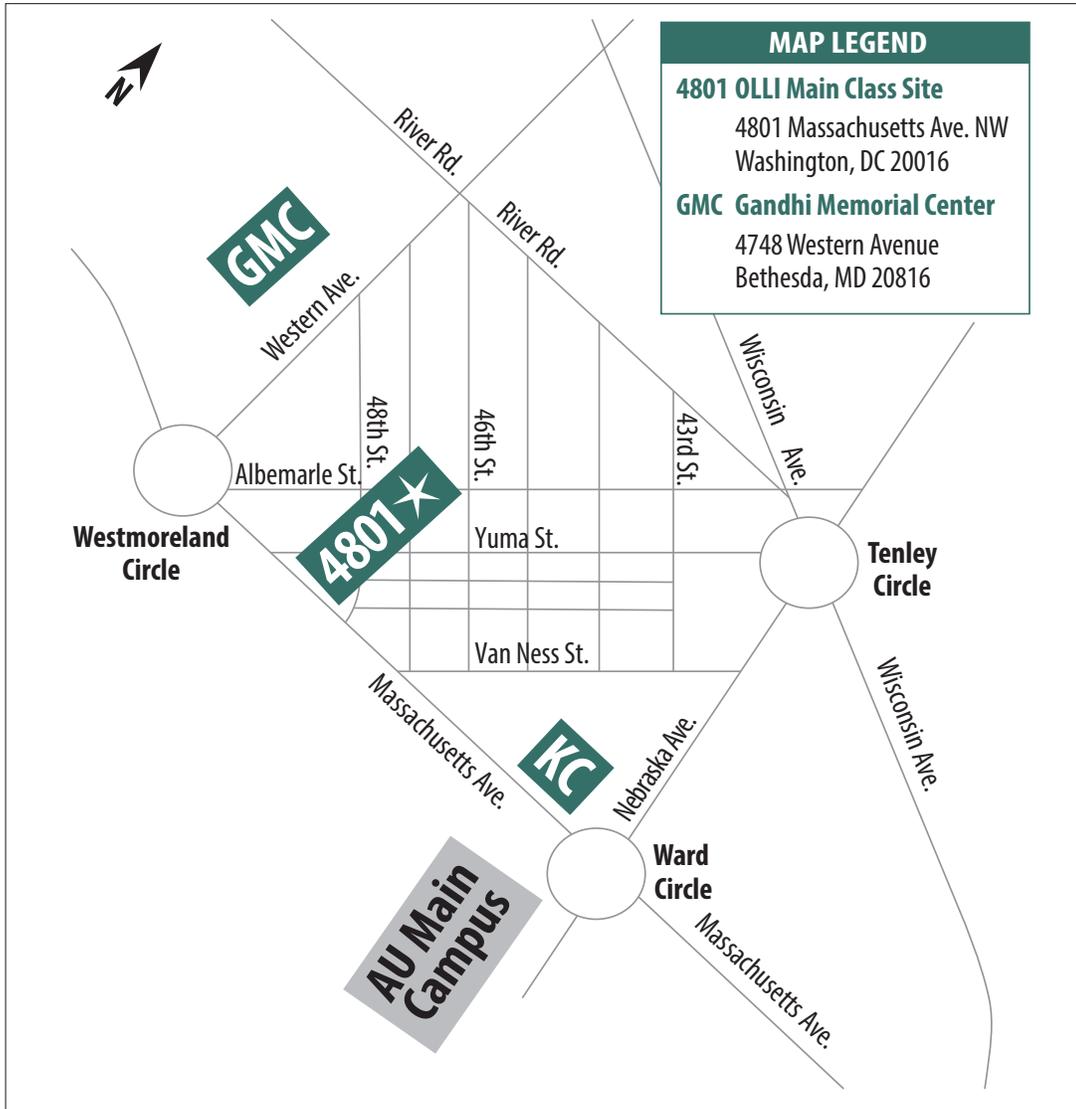
How to Use the PayByPhone App

You can download the free "PayByPhone" app from the App Store or Google Play Store to pay for parking via your smartphone.

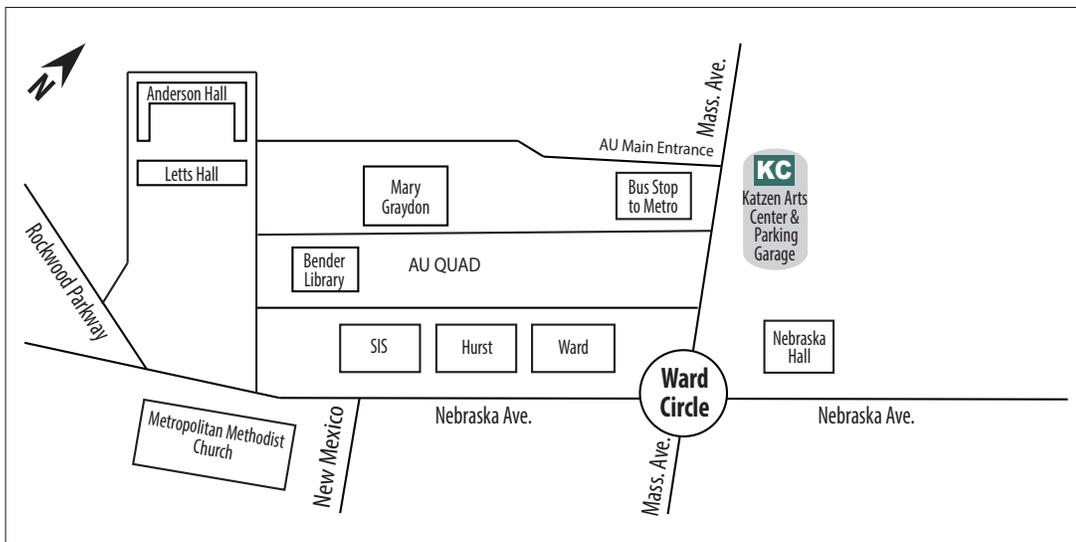
The first time you need to:

- Enter your cell phone number
- Create a 4-digit pin number
- Enter your 16-digit credit card number
- Enter your 4-digit expiration date
- Enter the 4-digit location code for Spring Valley Garage: 4889
- Enter your license plate number.
- Enter the number of hours you want to park.

MAP OF OLLI MAIN LOCATION



MAP OF AU CAMPUS



REGISTRATION PROCESS

We highly recommend that members get their registrations into our office BEFORE Lottery Day, Tuesday, February 12, 2019. Class sizes are determined by Study Group Leaders' requests and available space. If a study group is oversubscribed on Lottery Day, the registrations in that class are subjected to a random computer lottery process. Members who are not selected for said study group are put on a waiting list and will be called by the office if space becomes available.

Registration confirmation notices and your nametag will be emailed by Thursday, February 14. We will continue to accept registrations on a space-available basis until the semester begins. **OLLI reserves the right to cancel any study group. Members registered in a study group that is cancelled will be notified immediately so that they may select an available alternate.**

JOIN OLLI AT AU

You may join OLLI, pay for membership, register for study groups, and donate to OLLI, all at once. To do so, complete the form on pages 7 and 8. Mail the form with a check made payable to OLLI to the address on the form. Or use our online registration system at www.OLLI-DC.org to join and to pay with a credit card in an encrypted, secure transaction.

To keep your information confidential, you will need to create a user account. Follow the steps below to create your user account.

1. Go to <http://www.OLLI-DC.org>
Click on "**Membership**" in the menu at the top of the page.
A submenu appears. Click on "**Join OLLI**."

2. A new screen appears titled Join OLLI. Click on "**create an account**" in the first paragraph.

3. Fill in the contact information form including entering a username and password. Write your username and password below. If you lose your username, the OLLI office can give it to you. You can reset your password or ask the office to do so.

Username _____

Password _____

You only need to create your username and password once. You will use the same ones for all subsequent semesters.

4. Follow the instructions under Register for Study Groups.

REGISTER FOR STUDY GROUPS

1. Identify the number of study groups you are interested in taking.
(You must select 1, 2, or 3 study groups.)

2. Prioritize up to 6 study groups based on your preference for taking the study groups.
(1 = highest priority and 6 = lowest priority).

Note: Prioritize your study groups by whichever method works best for you: subject matter, time/day, location, or Study Group Leader. Even if you have marked that you only want to take one study group, you may still prioritize up to six study groups. When the system processes your registration, it will assign you to your highest level priority study groups that are available.

Note: All members have an equal chance at getting into a class. There is no longer a restriction if a member has taken a Study Group or Study Group Leader previously.

3. Prior to submitting your registration, please ensure that you have completed all items with an asterisk (*). These are **required** items.

4. Submit your registration.

5. You will receive email confirmation of your **PENDING** registration.

6. After Lottery Day, you will receive email confirmation of your **ASSIGNED** schedule with your name tag. **Please print both.**

You can change your schedule during open registration by going online or calling the office.

Please email or call the office to register for a fourth course AFTER Friday, March 15, 2019.

Do not assume there is space available if you see an empty seat. The number of participants for each study group is determined by the study group leader, by available space, and by the office.

Our study group leaders spend a prodigious amount of time preparing their classes. Please attend the classes for which you are registered and ONLY the classes for which you are registered.

OLLI AT AU REGISTRATION FORM

SPRING 2019: MARCH 4 – MAY 10

4400 Massachusetts Ave. NW • Washington, DC 20016
Phone 202.895.4860 | Email: OLLI@american.edu | website: www.OLLI-DC.org

**Register BEFORE
Lottery Day
Tuesday, Feb. 12, 2019**

Please complete all parts of the registration form. See directions on the previous page. You can also register online at www.ollidc.org

CONTACT INFORMATION

FIRST NAME _____ LAST NAME _____

STREET ADDRESS _____ APARTMENT NUMBER _____

CITY _____ STATE _____ ZIP _____ E-MAIL ADDRESS _____

HOME PHONE NUMBER -- CELL PHONE NUMBER --

EMERGENCY CONTACT NAME _____ RELATIONSHIP TO EMERGENCY CONTACT _____

EMERGENCY CONTACT PHONE NUMBER --

REGISTER FOR STUDY GROUPS

1. SELECT whether you want to register for 1, 2, or 3 study groups.

Check only one box: 1 2 3

2. List up to 6 study groups in priority order.

STUDY GROUP NUMBER	STUDY GROUP NAME	VOLUNTEER TO BE STUDY GROUP REPRESENTATIVE
1. _____	_____	<input type="checkbox"/>
2. _____	_____	<input type="checkbox"/>
3. _____	_____	<input type="checkbox"/>
4. _____	_____	<input type="checkbox"/>
5. _____	_____	<input type="checkbox"/>
6. _____	_____	<input type="checkbox"/>

Study Group Leaders: To register for Study Group Leader Orientation, please call the office at 202-895-4860.

***To register for a 4th class, you must call or e-mail the OLLI office AFTER Friday, March 15, 2019.**

PAYMENTS

Please make checks payable to OLLI. Payment must accompany registration or register with a credit card online at: www.ollidc.org. Financial assistance is available. Contact the OLLI office for information.

\$ _____ **\$300:** Spring 2019 Semester

See reverse side for name and image releases.

DIRECTORY LISTING

Please check the boxes below if you do NOT want your contact information included in our Membership Directory, which is produced as a courtesy to our members and is intended for internal use only.

DO NOT include the following in the OLLI Membership Directory.

My Phone Number My Street Address My E-mail Address

PUBLICITY RELEASE

Check this box if you **DO NOT** authorize OLLI to use your photo and name in its marketing and publicity.

BECOME A STUDY GROUP LEADER

If you are interested in becoming a Study Group Leader, please visit https://olli-dc.org/become_a_study_group_leader for more information.

VOLUNTEER

See the "Get Involved" page on the OLLI website, <https://www.olli-dc.org/volunteer>.

RETURN COMPLETED FORM

MAIL completed form to:

Osher Lifelong Learning Institute

4400 Massachusetts Ave. NW

Washington, DC 20016

Or DELIVER completed form to the OLLI office at:

4801 Massachusetts Ave. NW

Suite 501

Washington, DC

SCHEDULE OF SPRING 2019 STUDY GROUPS

All study groups are held at 4801 Massachusetts Ave. NW and are fully accessible, except for 237 India: Culture, Traditions, and Gandhi, which is held at the Gandhi Memorial Center, 4748 Western Ave., Bethesda, MD.

#	STUDY GROUP	LEADER(S)	START DATE	SESSIONS
MONDAY 9:45 AM				
444	Energy	Read	3/4/2019	9
542	Early Romantic Composers: Their Lives, Their Times, Their Music	Bowen	3/4/2019	9
624	Italiano: Conversazione e Cultura	Mongini	3/4/2019	10
631	Understanding Families Through Plays	Lewis	3/4/2019	8
681	African-American Drama, 1959–Present	Willens, Kass	3/4/2019	8
683	Mystery Potpourri	Greif	3/4/2019	9
834	Mastering Skills of Mindfulness Meditation Intermediate Level	Drobis	3/4/2019	10
MONDAY 11:45 AM				
140	Sino-American Relations	Yahuda	3/4/2019	8
479	Making Choices: Understanding Environmental Issues	Hinga	3/4/2019	10
620	La famille en littérature, cinéma, chansons et BD	Sandifer	3/4/2019	10
630	Moby-Dick — Adults ONLY!	Freeman	3/4/2019	8
715	Jewish History and Life: Patriarchs to Israel	Berman	3/4/2019	10
744	The Origins of the Zionist-Arab Conflict, 1881–1949	Poole	3/4/2019	10
805	Introduction to Meditation	Reo	3/4/2019	8
MONDAY 1:45 PM				
254	How Real is Reality — Truth Denial from Protagoras to Breitbart	Croog	3/11/2019	9
292	Living Healthier and Happier in Retirement	Bickford	3/4/2019	9
577	Songs in the Dark: Musicals at the Movies	Sherman	3/11/2019	8
612	Cours de Lecture et Conversation en Français	Labib	3/4/2019	10
621	French Literature	Sandifer	3/4/2019	10
677	Shakespearean Tragedy and Romance: <i>King Lear</i> and <i>The Tempest</i>	Stone	3/4/2019	11
791	History of American Indian-White Relations	Wolfe	3/4/2019	10
TUESDAY 9:45 AM				
201	Consciousness: What Is It and How Does It Work?	Keatley	3/5/2019	8
250	TED Talks	Mindel, Lewis	3/5/2019	8
345	The Rise of the Robots: Can We Adjust?	Cohen	3/5/2019	8
501	Beginning Folk Guitar	Siebens	3/5/2019	9
508	Watercolor Painting	Whitener	3/5/2019	10
615	Deutsch fuer Fortgeschrittene	Caraher	3/5/2019	9
831	Mastering Skills of Mindfulness Meditation	Drobis, Drobis	3/5/2019	10
TUESDAY 11:45 AM				
240	Hearing Matters and You	Alden	3/5/2019	8
437	Energy, Entropy, and Time's Arrow	Glass	3/5/2019	10
579	Innovations in 19th and Early 20th Century Art in France	Leinberger	3/5/2019	8
580	Die Meistersinger / Verismo Opera	Eisen, Holman	3/5/2019	8
632	Writing Memoir: Getting Started	Smith	3/5/2019	8
695	The Idea of North in Canadian and US Writing	Plotz	3/5/2019	9
721	The Bloody Breakup of Pakistan in 1971	Coe	3/5/2019	10

#	STUDY GROUP	LEADER(S)	START DATE	SESSIONS
TUESDAY 1:45 PM				
172	Current Events and Public Policy II	Nevins, Levine	3/5/2019	8
180	Today's Supreme Court: A Course for Citizens	Hansen	3/5/2019	8
641	Trollope's "Can You Forgive Her?" (Palliser 1)	Moody	3/5/2019	10
693	Essays: Classics, Favorites, Earmarked	Palmer, Monkman	3/5/2019	10
703	US Foreign Policy from the End of the Great War Through the Wars of Present Day	Nathan	3/5/2019	10
799	Ulysses S. Grant: In Peace and War	Kilborne	3/5/2019	8
841	Albert Camus: Moral Philosopher	Taran	3/5/2019	10
WEDNESDAY 9:45 AM				
171	Current Events and Public Policy I	Nevins, Ringell	3/6/2019	8
472	Mystery of the Cancer Cell: New Treatments Bring New Hope	Litwin	3/6/2019	9
604	Poetry Craftshop: We Turn in Dream	Pierson	3/6/2019	10
646	The Book of Genesis, Part 2	Lebow	3/6/2019	10
701	The Myth and Reality of the Wild West	Vorhes	3/6/2019	10
725	Treaties and Fish: The Uncommon and Continuing Controversy Over Indian Treaty Fishing Rights	Pierson	3/6/2019	9
740	History of Slavery in America	Stewart	3/6/2019	10
WEDNESDAY 11:45 AM				
190	US-Israel Relations in the Era of Trump	Center for Israel Studies Boley, OLLI Coordinator	3/6/2019	8
252	Our Hidden Brain: How Emotions and Patterns Shape Our Decisions	Weichel, Weichel	3/6/2019	8
410	Psychopharmacology: Drug Development and Therapies	Chipkin	3/6/2019	8
515	French Musical Genius: Tracing the Evolution From Berlioz to Fauré	Flaxman	3/6/2019	8
523	Creating Art Through Collage: Beginners and Advanced	Mosner	3/6/2019	10
616	Hablemos en Español-Curso Intermedio/Avanzado	Keller	3/6/2019	8
619	French Review and Conversation Practice	Bonhomme	3/6/2019	10
WEDNESDAY 1:45 PM				
373	How to Get Rich Surely, But Slowly, Part 2	Cahn	3/13/2019	11
492	The Human Microbiome	Taran	3/6/2019	10
552	You Can Play the Appalachian Dulcimer!	Buglass	3/6/2019	8
605	Shakespeare's <i>The Two Gentlemen of Verona</i>	Casazza	3/6/2019	8
656	<i>War and Peace</i> , Part II	Palmeter	3/6/2019	11
673	US Poets Laureate, Part 2	Coyle	3/6/2019	8
797	The United States in World War I and Its Aftermath	Grigsby	3/6/2019	10
THURSDAY 9:45 AM				
156	AU School of International Service — Foreign Policy Challenges for the Year Ahead	AU SIS DeRoze, OLLI Coordinator	3/7/2019	8
168	The Eurasian Four Ring Circus and the Long War Against Salafist-Jihadism — US National Security Challenges of the Early 21st Century	Wilson	3/7/2019	8
232	Workshop on Finding Your Family History in the Digital World	Goodman	3/7/2019	8
480	The Ups and Downs of Weather	Brown	3/7/2019	10
502	Intermediate/Advanced Folk Guitar	Siebens	3/7/2019	9
607	Leaving Home II	Poole	3/7/2019	10
835	Exploration of Eastern Thought	Weichel	3/7/2019	9

#	STUDY GROUP	LEADER(S)	START DATE	SESSIONS
THURSDAY 11:45 AM				
101	History and Overview of the U.S. Environmental Protection Agency Programs and Progress	Cotruvo, Elkins	3/7/19	10
251	TED Talks Favorites	Swan	3/7/2019	8
588	Taking Artful Photographs	Swan	3/7/2019	9
669	Enjoying <i>The New Yorker</i> Together	Hausman	3/7/2019	8
711	How Great Britain Managed to Lose the American Revolution	Lipson	3/7/2019	10
751	The American Soul: Rediscovering the Wisdom of the Founders	Boardman	3/7/2019	10
770	A Brief History of Washington, DC	Somers	3/7/2019	10
THURSDAY 1:45 PM				
105	The Ambiguous Goals of Public Policy	Nadel	3/7/2019	8
258	Writing and Sharing Your Life Story	Benor	3/7/2019	8
260	The Impact of the Great War on Western Culture and the Western Worldview	O'Connor	3/7/2019	10
622	Beginning-plus Spanish	Schneider	3/7/2019	10
684	Enjoying Contemporary American Literature by African-American Writers	Siegler	3/7/2019	8
689	Writing Down the Bones: A Writing Workshop	Ward, Spector	3/7/2019	8
690	Portraits of a Lady: Henry James and Beyond	Heginbotham	3/7/2019	9
FRIDAY 9:45 AM				
237	India: Culture, Traditions, and Gandhi	Srimati	3/8/2019	8
350	Protecting and Maximizing Your Retirement Income	Hurwitz	3/8/2019	8
671	German Drama from Sturm und Drang to Buchner	White	3/8/2019	10
750	Great American Trials	Leibowitz	3/8/2019	10
806	Meditation Level 2: Molding the Brain by Managing the Mind	Reo	3/8/2019	8
867	Aristotle II (Physics, Ethics, and Politics)	Ross	3/8/2019	10
872	Death, Dying, and Life: A Conversation	Owen	3/8/2019	10
FRIDAY 11:45 AM				
203	Human Progress: The Case for Reason, Science and Humanism	Daney	3/8/2019	8
389	Market Theory: Past and Present	Metler	3/8/2019	8
440	Adults Conquering Technology I (Act I)	Friedman, Cahn, Rezmovic	3/8/2019	9
685	August Wilson's American Century Cycle	Maxwell	3/8/2019	10
688	Shakespeare in Performance — Tackling <i>Taming of the Shrew</i>	Light	3/8/2019	10
790	Off the Beaten Path in the DC Area	Buglass	3/8/2019	10
868	Hellenistic Philosophy	Ross	3/8/2019	10

SPRING 2019 LECTURES

During the spring semester, lectures will be held from 1:30–2:30 PM on every Friday from March 8 through May 10, except for April 26, when the Annual Meeting is held. Lectures are free but you must register on Eventbrite. On the Tuesday of the week before each lecture, all members are emailed the link to register for the upcoming lecture. On the Thursday of the week before each lecture, non-members are emailed a link to register for the upcoming lecture.

SPRING 2019 STUDY GROUP DESCRIPTIONS

100 POLITICS, LAW & GOVERNMENT

101 History and Overview of the US Environmental Protection Agency Programs and Progress

JOSEPH COTRUVO

CHUCK ELKINS

Ten Thursdays (11:45 AM - 1:15 PM)

March 07

This course will be led by key former senior officials who led the programs at the U.S. Environmental Protection Agency and developed the range of existing environmental protection programs. They will discuss a topic each week that will include an overview of the program area, key policy decisions, and the science, economics, and societal policies that underlie each program. They will also discuss the results (successes and setbacks) that have occurred since the 1970s and 1980s when most of the legislation was enacted, as well as needs and prospects for the future. There will be opportunity for extensive Q&A interactive discussions during the class. Suggested, but not mandatory online readings will be sent to participants the week before each session. This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

*Course organizer **Joseph Cotruvo** was Director of the Drinking Water Standards and Risk Assessment Divisions; Course organizer **Charles Elkins** was an Office Director of several EPA programs. Also speaking will be leaders of Air and Radiation, Solid Waste, Clean Water, Pesticides, and Enforcement programs: Victor Kimm, Rita Schoeny, Bill Pederson, Jim Hanlon, Albert Cheh, Mike Cook, Mark Greenwood, and Jim Jones.*

105 The Ambiguous Goals of Public Policy

MARK NADEL

Eight Thursdays (1:45 PM - 3:15 PM)

March 07

As we think about public policies covering everything from farm subsidies to taxes, many of us have clear assessments about what is fair, what the causes of public problems are, and what strategies

should be employed to solve them. People of good will have greatly varying concepts of policy goals, issues, and solutions. This study group will discuss how our world view is shaped by differing views of such concepts as equity, efficiency, and liberty, and we will apply these views to current public policy issues. We will also cover ambiguities inherent in defining problems and consider how varying interests affect strategies for resolving policy problems.

Note: This study group has a photocopying charge between \$5-10, to be collected in class.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

***Mark Nadel** has taught public policy at Cornell University, Georgetown's McCourt School of Public Policy, and the University of Maryland. He spent 20 years covering various policy issues at the Government Accountability Office.*

140 Sino-American Relations

MICHAEL YAHUDA

Eight Mondays (11:45 AM - 1:15 PM)

March 04

Sino-American relations have been transformed under the respective leaderships of Xi Jinping and Donald Trump to become much more confrontational. Some suggest that this will lead to warfare between a status quo leading power and its rival rising power. Others argue that their long term interests are compatible despite their differences. Meanwhile, the confrontation is taking place in the domains of economics and trade, inflicting pain on their respective societies. The background to these issues will be considered through a combination of lectures and discussions. Articles will be emailed weekly to members in time for relevant group meeting.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

***Michael Yahuda** was a professor of International Relations at The London School of Economics for thirty years. Since 2003 he has been a Visiting Scholar at GWU. He is the author of a dozen books and many academic articles. He has lectured at universities in more than 30 countries and has an international reputation as a specialist on Asia.*

156 AU School of International Service — Foreign Policy Challenges for the Year Ahead

AU'S SCHOOL OF INTERNATIONAL STUDIES (SIS)

VIRGINIA DEROZE, OLLI COORDINATOR

Eight Thursdays (9:45 AM - 11:15 AM)

March 07

This study group is designed to explore some of the salient foreign policy challenges facing the Trump Administration in the final 18 months leading up to the 2020 presidential elections. Professors from American University will explore topics ranging from the future of the transatlantic alliance, Russia's challenge to the West, containing China's influence in Asia, the North Korean nuclear threat, confronting Iranian hegemony, the future of global climate changes, tactics for dealing with ISIS and transnational terrorism, the future of diplomacy, the endgame in Syria, and dealing with radical regimes in Latin America: Venezuela, Nicaragua, and Cuba. This study group is a repeat with revisions.

Class Format: Lecture

Reading: No required reading.

The American University School of International Service (SIS), produces cutting-edge research and prepares the next generation of leaders to address global challenges. SIS enrolls a diverse student body of approximately 3,000 undergraduate and graduate students from throughout the US and more than 150 countries, taught by nearly 120 full-time faculty members.

168 The Eurasian Four Ring Circus and the Long War Against Salafist-Jihadism — U.S. National Security Challenges of the Early 21st Century

PETER WILSON

Eight Thursdays (9:45 AM - 11:15 AM)

March 07

Four major challenges to the US have emerged in Eurasia: the rise of China as a revisionist near-peer competitor, the reemergence of Russia as a revisionist great power, the emergence of North Korea as a nuclear-armed regional power, and the continued quest by Iran to become a hegemonic power in the Greater Middle East. Simultaneously, the United States must contain, if not ultimately defeat, the threat of Salafist-Jihadism that includes both al Qaeda and ISIS as members of a global insurgency. Peter Wilson will explore with the class how the United States must balance its ambitious national security strategy with constrained fiscal resources during the 2020s by competing domestic needs for Federal support. *Note: This study group has a photocopying charge*

between \$5-10, to be collected in class.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Peter A. Wilson is an adjunct senior national security analyst at the RAND Corporation, an adjunct professor at the Center for Security Studies, Georgetown University, and senior lecturer at the Johns Hopkins University Applied Physics Laboratory and the Eisenhower School, National Defense University.

171 Current Events and Public Policy I

LOUIS NEVINS

RICHARD RINGELL

Eight Wednesdays (9:45 AM - 11:15 AM)

March 06

Lou Nevins and Richard Ringell will lead lively discussions and debates on current events and public policy issues, focusing largely, but not exclusively, on politics, law, economics, and foreign affairs. Discussion topics, outlines, suggested readings (if any), and questions will be furnished in advance, and participants are expected to follow the news closely. It is emphasized that this is a discussion class. Thus, participants are expected to take an active role in the conversations.

This study group is a repeat with revisions.

Class Format: Discussion

Reading: Less than 1 hr/week.

Lou Nevins was a financial institutions and housing finance attorney and lobbyist for more than 35 years. He ran Washington operations for two financial trade associations and a New York law firm. He was the CEO of one of the two trade associations and a partner in the law firm for ten years.

Richard Ringell was a sole practitioner in DC for 29 years as a trial lawyer who handled a variety of cases. In August, 1999, he was appointed by the Honorable Chief Judge Eugene Hamilton of the Superior Court of the District of Columbia to the position of Magistrate Judge. He retired in December of 2013.

172 Current Events and Public Policy II

ARTHUR LEVINE

LOUIS NEVINS

Eight Tuesdays (1:45 PM - 3:15 PM)

March 05

Lou Nevins and Art Levine will lead lively discussions and debates on current events and public policy issues, focusing largely, but not exclusively, on politics, law, economics, and foreign affairs. Discussion topics, outlines, suggested readings (if any), and

questions will be furnished in advance, and participants are expected to follow the news closely. It is emphasized that this is a discussion class. Thus, participants are expected to take an active role in the conversations.

This study group is a repeat with revisions.

Class Format: Discussion

Reading: Less than 1 hr/week.

Art Levine is a retired attorney who practiced copyright law in DC. He also was Executive Director of a Presidential Commission on copyright and was an Adjunct Professor at Georgetown Law School. He currently is on the board of directors and a volunteer at the Friends Club, an Alzheimer's support group.

Lou Nevins was a financial institutions and housing finance attorney and lobbyist for more than 35 years. He ran Washington operations for two financial trade associations and a New York law firm. He was the CEO of one of the two trade associations and a partner in the law firm for ten years.

180 Today's Supreme Court: A Course for Citizens

PENNY HANSEN

Eight Tuesdays (1:45 PM - 3:15 PM)

March 05

This study group will explore the important cases and decisions that continue to be made by the Supreme Court under Chief Justice John Roberts. Presentation material and discussion will focus on the major Constitutional issues being decided by a clearly activist and divided court on: elections, health care, gun control, diversity, equality, climate change, the environment, religion, and presidential power. We will focus on the historical and political background of these issues and the legal philosophies of the justices, along with the procedural mysteries of this, the least well known of our three branches of government. We will read *The Supreme Court: A Very Short Introduction* by Linda Greenhouse and *The Oath: The Obama White House and the Supreme Court* by Jeffrey Toobin, along with articles on more recent cases and other supplementary material.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Penelope Hansen directed numerous programs at the Environmental Protection Agency during its first 30 years, implementing the country's first recycling, hazardous waste, Superfund, acid rain, and technology verification programs. She was educated at Skidmore College, Johns Hopkins University, and the Kennedy School at Harvard.

190 US-Israel Relations in the Era of Trump

AU'S CENTER FOR ISRAEL STUDIES (CIS)

SUE BOLEY, OLLI COORDINATOR

Eight Wednesdays (11:45 AM - 1:15 PM)

March 06

In this era of uncertainty, what aspects of US policy toward Israel have changed and what have remained the same? This course explores the evolution of the "special relationship between the US and Israel." From President Truman's decision to recognize the Jewish state in 1948 to President Trump's decision to relocate America's Embassy in Israel to Jerusalem, this unique bilateral relationship is characterized at once by both tight bonds and inherent tensions. Leading experts from American University and the Washington, DC area will explore US-Israel relations from a variety of perspectives, including the European and Arab perspectives.

This study group is a repeat with revisions.

Class Format: Lecture

Reading: No required reading.

AU's Center for Israel Studies (CIS) is a nationally known pioneer and leader in the growing academic field of Israel Studies. Their approach is multi-disciplinary, going beyond the Arab-Israeli conflict to study modern Israel's history, vibrant society, culture, multiethnic democracy, and complex geopolitical challenges. The Center sponsors frequent public programs, including conferences, discussions, lecture series, performances, and exhibits.

200 PSYCHOLOGY, SOCIOLOGY, & CULTURE

The Myth and Reality of the Wild West

JOHN VORHES

Ten Wednesdays (9:45 AM - 11:15 AM)

March 06

For study group description and Study Group Leader bio, see 701.

Class Format: Lecture and Discussion

Reading: No required reading.

201 Consciousness: What Is It and How Does It Work?

CATHARINE KEATLEY

Eight Tuesdays (9:45 AM - 11:15 AM)

March 05

This course will explore some efforts to explain how our conscious mind — and our nonconscious mind — work together to create

the world we experience. We will read parts of a book by the neuroscientist, Christof Koch, *Consciousness: Confessions of a Romantic Reductionist*, and articles by writers such as Oliver Sacks and Antonio Damasio. Discussion will focus on questions including: What is consciousness? Is there a nonconscious? Is self-awareness part of consciousness? Do animals have consciousness? Is consciousness part of the brain, caused by the brain; different from the brain? What can we learn from altered states of consciousness? *Note: This study group has a photocopying charge between \$5-10, to be collected in class.*

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 2 hrs/week.

Catharine Keatley is a cognitive psychologist who specialized in *Psychology of Language and language learning*. Prior to retiring she was director of a language resource center at George Washington University. Some material for this course was developed from previous lectures and classes.

203 Human Progress: The Case for Reason, Science and Humanism

WILLIAM DANEY

Eight Fridays (11:45 AM - 1:15 PM)

March 08

Is the world really falling apart? Steven Pinker has written *Enlightenment Now, The Case for Reason, Science, Humanism, and Progress*, an elegant assessment of the human condition. Pinker, a professor of psychology at Harvard and author of numerous books urges us to step back from the lurid headlines and follow the data. In numerous graphs, Pinker shows that life, democracy, health, prosperity, safety, peace, and knowledge are on the rise in this country and around the world. But the enlightenment swims against the currents of tribalism, authoritarianism, demonization and magical thinking. This study group will examine this cogent analysis of past trends and discuss the author's observations and conclusions.

This study group is not a repeat.

Class Format: Reading and Discussion

Reading: 2-3 hrs/week.

Although **Bill Daney** was never trained in sociology or psychology he has a background in engineering and a lifelong interest in the social sciences. He has taught classes at OLLI and other senior programs since 2007 on various topics including political science, history, economics, space science, and photography.

232 Workshop on Finding Your Family History in the Digital World

SUSAN GOODMAN

Eight Thursdays (9:45 AM - 11:15 AM)

March 07

The aim of this study group is to help members get started finding and recording basic genealogy data (birth, death, and census material); using free resources in libraries and archives as well as the internet; contacting other researchers working on related families; posting information on the web; and determining a "confidence level" for the data. Members may opt to give the SGL access to their trees for help during class and by email during (and after) the eight-week course.

Format change: As requested by former members who want to continue researching their ancestry, this study group will be run as a workshop. New members are also welcome. Ancestry.com membership is suggested although not required. Demonstrations will be projected on a screen.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: No required reading.

Susan Goodman has been doing genealogy research as a hobby for 15 years. Before she retired, she worked as a journalist in print and radio, contributing features to NPR programs and news reports for WAMU.

237 India: Culture, Traditions, and Gandhi

KARUNA SRIMATI

Eight Fridays (9:45 AM - 11:15 AM)

March 08

Gandhi Memorial Center

Join us for an exploration of the rich cultural diversity of India. Each week we will engage in interactive sessions with guest presenters including musicians, dancers, artists, and scholars from the Indian sub-continent. Come listen to musicians trained in the classical and folk music traditions of India and see classical Indian dance such as Bharatanatyam. Specially invited artists will provide demonstrations to add to your appreciation of these art forms. Other speakers will introduce the lives of Mahatma Gandhi and Rabindranath Tagore, as well as bring an understanding of the origins of Indian languages, which vary from state to state and even village to village. Class members will also be offered tastes of India, with food samples. Each session will add a new layer of culture and tradition. **Note: This study group will take place at the Ghandi Memorial Center, 4748 Western Ave., Bethesda, MD 20816.**

This study group is a repeat with revisions.

Class Format: Appreciation

Reading: No required reading.

Srimati Karuna is Director of the Gandhi Memorial Center. She works to bring the message of Mahatma Gandhi to academic, professional, social, and religious groups throughout the year. For this study group she will invite speakers of various disciplines to share the cultural heritage that nourished the life of Mahatma Gandhi.

240 Hearing Matters and You

JUDY ALDEN

Eight Tuesdays (11:45 AM - 1:15 PM)

March 05

OLLI's classroom induction loops benefit many of us with hearing loss. Are you benefitting yet? Would you like to know how this and other hearing assistive technologies work to help those with hearing loss — perhaps a family member, friend, or communications partner? An estimated 45% of those over 70 years of age have hearing loss, which plays a vital role in how individuals experience, interact with, and relate to the people and environment around them. In this study group, we discuss hearing health and loss with a focus on its impact on well-being. Included are hearing assistive technologies (assessment, devices, apps, systems, "hearables," PSAPs, OTC aids), and communication strategies to enhance hearing.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Judy Alden has severe, age-related hearing loss. She is on the Hearing Loss Association of America DC Chapter Executive Board. She volunteers with Network of Consumer Hearing Assistive Technology Trainers to support her passion to support those with hearing loss. She has a BS, MA, MBA, and is a former American University Kogod adjunct lecturer.

250 TED Talks

CAROLINE MINDEL

LYNN LEWIS

Eight Tuesdays (9:45 AM - 11:15 AM)

March 05

TED Talks feature speakers who present "ideas worth spreading." This study group will focus on 16 talks related to issues such as aging, polarization, and listening to the "other." During these highly interactive sessions, the class will view and discuss two

talks weekly. Participants are encouraged to preview the talks in advance. Individual members will be asked to prepare brief background and discussion points for each presenter. Although this study group is a repeat, the talks will be new. TED (an acronym for Technology, Entertainment and Design) Talk videos have been available on the Internet since 2007.

This study group is a repeat with revisions.

Class Format: Discussion

Reading: No required reading.

Caroline Mindel has a BA and an MSW in community organization from the University of Pennsylvania. She founded Mindel Management, Inc., a property management business in DC.

Lynn Lewis received an undergraduate degree from the University of Michigan and has an MA in journalism from Ohio State University. She has been a writer and an editor for more than four decades.

251 TED Talks Favorites

DIANE SWAN

Eight Thursdays (11:45 AM - 1:15 PM)

March 07

TED (Technology, Entertainment, and Design) conferences, first held in 1984, feature a range of speakers who present "Ideas Worth Spreading." Since 2007, an ever-expanding body of thought-provoking TED Talk videos has been available on the internet. Emphasis will be on discussion that takes advantage of the wealth of knowledge and perspectives that OLLI members bring to a range of topics. Each class member will have the opportunity to prepare background and discussion points for one speaker. We will view and discuss excerpts from three TED talks each week.

This study group is a repeat with revisions.

Class Format: Discussion

Reading: No required reading.

Diane Swan taught English, worked as a Defense Department analyst, and developed training courses for various federal agencies.

252 Our Hidden Brain: How Emotions and Patterns Shape Our Decisions

CARL WEICHEL

KIM WEICHEL

Eight Wednesdays (11:45 AM - 1:15 PM)

March 06

How does our "hidden brain" — without our awareness or conscious control — influence the important decisions in our lives? Data-driven research has shown that most human decisions

are triggered unconsciously through our 135 emotions; from falling in love to nations going to war. We'll explore our brain's hidden biases that shape our likes and dislikes, and influence our judgments. The basis of the class is the book and NPR radio series *The Hidden Brain* by Shankar Vedantam, that draws intriguing arcs from social psychology to our embedded cultural norms. We'll listen to weekly radio shows, review key research findings from other thought leaders and discuss our perspectives.

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 1 hr/week.

Carl Weichel has held various positions over his career in marketing, design, and advertising in Australia, South Africa, Canada, and San Francisco, and continues to consult. Carl has led OLLI study groups on *Political Polarization*, *The 1960s* and *Eastern Religions*.

Kimberly Weichel is a social entrepreneur and nonprofit leader in the fields of women's leadership, cross cultural dialogue, citizen diplomacy, and peacebuilding. She has taught OLLI courses on *The UN* and *The 1960s*.

254 How Real is Reality — Truth Denial from Protagoras to Breitbart

ROBERT CROOG

Nine Mondays (1:45 PM - 3:15 PM)

March 11

The subject of this study group, which bridges philosophy and sociology, examines whether objective reality and truth exist or whether we live largely in a reality we and others construct for us. It begins with a look at the philosophical underpinnings of skepticism and the argument between objectivism and relativism. It then moves into the elements that make truth so hard — perhaps impossible — to ascertain, and proceeds to discuss issues in culture and media that affect our perception of reality. Of course, we will at various points examine how political movements and leaders have attempted to shape reality and affect perceptions of truth.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

Robert Croog earned a BA from Harvard (1966) and a JD from Columbia Law (1969). He is a former intellectual property lawyer, Director of Trademarks, Advertising & Copyright, Eastman Kodak Co.; professor of Communications, Law & Ethics, Rochester Institute of Technology (Rochester, NY, and Dubrovnik, Croatia); and instructor in Writing & Communications, Trinity Washington University (DC).

258 Writing and Sharing Your Life Story

ROBERTA BENOR

Eight Thursdays (1:45 PM - 3:15 PM)

March 07

What are the stories of your family history? You can add substance to the limbs of your family tree by recording and preserving your unique history. This course will cover the five Ws of recording your life story and then will show you how to create a lasting document. You can share vignettes of your history in class, and you will learn ways to bond with your grandchildren and plan a family reunion. During part of each class, you will have the opportunity to write parts of your life story by answering questions that deal with your chronology and philosophy.

This study group is a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Roberta Schultz Benor has worked with ages newborn to 100 years old in her positions as parenting instructor, English teacher, and director of a senior citizen apartment building. She is the author of two books that span the generations, one on parenting and one on senior housing. She records life stories through "Let Us Remember."

260 The Impact of the Great War on Western Culture and the Western Worldview

CHARLES O'CONNOR

Ten Thursdays (1:45 PM - 3:15 PM)

March 07

Intellectual and cultural historians generally consider World War I the turning point in modern Western civilization. This disastrous war shattered Enlightenment confidence in human reason, exposed the nineteenth-century myth of inevitable progress, challenged traditional belief in a divinely ordered universe, and fostered a postwar cosmic pessimism and materialist cosmology. To understand the war's effect on Western culture, we will compare prewar and postwar philosophy, theology, literature, art, and music, focusing on the evolving Western view of reality. We will end with a discussion of the continuing postwar science-religion debate.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

After more than 40 years of environmental law practice, **Charles O'Connor** earned a Doctor of Liberal Studies from Georgetown, focusing on modern Western culture, including the cultural impact of World War I. He is currently a lecturer in the Georgetown Graduate Liberal Studies Program and has taught at OLLI since 2014.

292 Living Healthier and Happier in Retirement

BRAD BICKFORD

Nine Mondays (1:45 PM - 3:15 PM)

March 04

Do you want to live longer and experience life to its fullest? Do you want to have more energy, and learn how exercise, a healthy diet, and socializing can impede the onset of dementia, depression, and/or high blood pressure? Do you want to learn about what common household products, like soap and lotion, can negatively impact your health? Do you want to find out how laughter and play significantly enhance your mood and lifespan? Many of us left careers which identified who we are, and we struggled to form a new identity. Join this dynamic study group that will help develop this new identity, and make you happier and healthier. This class will also cover other topics as the mind/body connection, nature bathing, how men and women are different, and how to enhance your family and personal relationships. We will use lecture, TED Talks, discussion, fun exercises, listen to a Tibetan Singing bowl, and laughter.

Note: This study group has a photocopying charge between \$5-10, to be collected in class.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Brad Bickford is a semi-retired therapist and grandpa, who has studied improv, stand-up comedy, painting, and the hammer dulcimer. He has taught classes in healthy living, sex education, grief work, and fly fishing. Brad enjoys playing pickleball, gardening, painting, and carpentry. He volunteers with Widowed Persons and Sierra club.

300 ECONOMICS

345 The Rise of the Robots: Can We Adjust?

LEWIS COHEN

Eight Tuesdays (9:45 AM - 11:15 AM)

March 05

The gap between increasing productivity and stagnant real incomes has been widening for a generation, bringing America's Goldilocks era (1950–1980) to an end. Where does the US economy go from here as information-driven technological change accelerates? Can we adapt economically, socially, and politically in

an era of innovation that is rapidly pushing us toward a less labor-intensive economy? Those are among the key questions we will address using the arguments and insights in Andrew McAfee and Erik Brynjolfsson's *Machine, Platform, and Crowd* as well as Hannah Fry's *Hello World – Being Human in the Age of Algorithms*.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 2 hrs/week.

Lewis Cohen earned degrees from Columbia College, Johns Hopkins University (SAIS), and Harvard University (Kennedy School). He was a Peace Corps Volunteer in Tunisia, a Foreign Service Officer and Trade Negotiator with the Office of the US Trade Representative, and a consultant on international trade for a major DC law firm.

350 Protecting and Maximizing Your Retirement Income

DAVID HURWITZ

Eight Fridays (9:45 AM - 11:15 AM)

March 08

During this study group, members will learn how to set up a retirement income stream consistent with their retirement goals, understand tax treatments with their investment objectives, and plan for inflation, economic challenges, and a potentially long retirement. Sessions will include insights on estate planning, tax planning, and long-term care, social security planning, and how to utilize various investment vehicles.

OLLI does not endorse particular products or financial advice from Study Group Leaders.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: No required reading.

David Hurwitz is a Certified Financial Planner Practitioner™ as well as a Chartered Retirement Planning Counselor®, Chartered Retirement Plan Specialist®, Retirement Income Certified Professional®, and Accredited Portfolio Management Advisor®. David has been named "Best Financial Advisor" by the readers of Bethesda Magazine.

373 How to Get Rich Surely, But Slowly, Part 2

GARY CAHN

Eleven Wednesdays (1:45 PM - 3:15 PM)

March 13

It is highly suggested that those registering for this course have taken Part 1 last fall. Part 2 of the course builds on what you learned in the fall course. The goal this semester is to enable you to manage your portfolio without any help from a financial adviser.

Topics include:

1. How to choose an asset allocation that is appropriate for your age, risk tolerance, and when you need your money, while balancing risk vs. return
2. Which investments belong in taxable accounts and which belong in tax deferred accounts (retirement accounts)
3. What new investing issues confront you when you retire
4. How can dollar cost averaging and rebalancing improve your return
5. Learn why you should not follow most financial advice you see on TV, the internet, magazines, and newspapers
6. Strategies to reduce risk

OLLI does not endorse particular products or financial advice from Study Group Leaders.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Gary Cahn was a Chief Financial Officer for two Washington companies. He has been teaching investing courses for 15 years. He received a BA from Tufts University and an MBA from Dartmouth College.

389 Market Theory Past and Present

WILLIAM METLER

Eight Fridays (11:45 AM - 1:15 PM)

March 08

In this study group, members will review classical to modern technical theories and practices for characterizing Bull and Bear market profiles in order to be timely (when to buy and sell) your investments. Members will explore practical market indicators for Bull and Bear markets with nominal access to a charting service website to time their favorite stocks. **OLLI does not endorse particular products or financial advice from Study Group Leaders.**

This study group is a repeat.

Class Format: Discussion

Reading: No required reading.

With a PhD in Systems Engineering, Bill Metler spent 40 years in Research and Development for AT&T Bell Laboratories, Aerospace Corp., and the Pentagon specializing in computerized system modeling for new methods in problem solving from deep sea to deep space with emphasis on System Performance. During this time, he became fascinated with theories for stock-market modeling and timing of trades (Buy & Sell) for multi-year big swings.

400 STEM: SCIENCE, TECHNOLOGY, ENGINEERING & MATH

Survey of Environmental Policy, Science, Regulations, Legislation

CHUCK ELKINS

JOSEPH COTRUVO

Ten Thursdays (11:45 AM - 1:15 PM)

March 07

For study group description and Study Group Leaders' bios, see 101.

Class Format: Lecture and Discussion

Reading: No required reading.

Our Hidden Brain How Emotions and Patterns Shape Our Decisions

CARL WEICHEL

KIM WEICHEL

Eight Wednesdays (11:45 AM - 1:15 PM)

March 06

For the study group description and the Study Group Leaders' bios, see 252.

Class Format: Reading and Discussion

Reading: 1 hr/week.

410 Psychopharmacology: Drug Development and Therapies

RICHARD CHIPKIN

Eight Wednesdays (11:45 AM - 1:15 PM)

March 06

Drugs affecting the central nervous system have become ubiquitous in our society. What are they? Where do they come from? How do they work? This course will discuss basic concepts of drug action, drug development, and the classes of drugs that are used to treat psychiatric diseases. *Note: This study group has a photocopying charge between \$5-10, to be collected in class.*

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Richard Chipkin has worked in psychopharmacology for over 25 years, developing novel drugs for central nervous system diseases at both large pharmaceutical companies and small biotechs. He is the author of 60-plus, peer-reviewed publications and six issued patents. He received his doctorate from the Virginia Commonwealth University/MCV.

437 Energy, Entropy, and Time's Arrow

SOLOMON GLASS

Ten Tuesdays (11:45 AM - 1:15 PM)

March 05

There are certain laws of nature that tell us what is possible and what isn't. A dropped egg will splatter. We'd be surprised if the pieces were to rise up and reassemble themselves into an egg. The laws of Thermodynamics tell us what is possible in all areas of science. We will discuss the concepts of temperature, energy, and the strange idea of entropy, and apply them to various phenomena.

This study group is a repeat.

Class Format: Lecture

Reading: No required reading.

Solomon Glass, professor emeritus, Howard University, was a physics professor at the University of London for two years and a physicist at the National Bureau of Standards for five years.

440 Adults Conquering Technology I (Act I)

GARY CAHN

LISA FRIEDMAN

VICTOR REZMOVIC

Nine Fridays (11:45 AM - 1:15 PM)

March 08

Trying to get your digital act together? This study group includes an assortment of computer topics that can help you upgrade your existing technology skills and learn some new ones. Topics include converting film slides and video tapes to digital format; backing up your computer and mobile devices; buying and selling on eBay; shopping on the Internet; working with podcasts; and using the more advanced features in Gmail. (You can find a more detailed description of the topics at <https://tinyurl.com/y8dwxwsa>.) You'll be sent a syllabus before the study group starts, so you can plan to come to whichever sessions interest you. *Note: This study group has a photocopying charge between \$5-10, to be collected in class.*

This study group is a repeat.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

Victor Rezmovic spent 30 years as an IT consultant and trainer. He currently teaches cybersecurity at Montgomery College. Gary Cahn has been working with computers since 1979. He teaches 30+ computer classes in the DC area. Lisa Friedman is a retired EPA lawyer who has taught computer skills to older adults for over 12 years.

444 Energy

JACQUES READ

Nine Mondays (9:45 AM - 11:15 AM)

March 04

There are several kinds of energy that are involved in human exertions, that supplied steam engines in the past, fission and fusion, electrical, "renewable," and the nasty kind that turns the energy of rotation of the planet into earthquakes and hurricanes. Energy is conserved, the amount created by the formation of the universe can neither be created nor destroyed; we can just borrow some of it (the second law permitting) or try to keep out of the way when it tries to hurt us. This course is a casual review of the physical and chemical laws that cover the subject.

This study group is a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Jacques Read has a PhD in both chemistry and physics, and has performed research at Lawrence Livermore and Oak Ridge National Laboratories. He has taught at the University of California and Fairleigh Dickinson, and has been employed by the NRC and DOE.

472 Mystery of the Cancer Cell: New Treatments Bring New Hope

STEPHEN LITWIN

Nine Wednesdays (9:45 AM - 11:15 AM)

March 06

There has been remarkable progress in understanding and treating cancer, among the most enigmatic of human diseases. This malady is just beginning to be understood, as part of the complexity of living, growing, and dividing cells. The book, *The Emperor of All Maladies* by Satterjee Mukherjee, will be used along with lectures, class discussions, and recent media reports to update past achievements, and to introduce the extraordinary, counterpoised, balance between our genes and our immune defenses. While the initial group meetings will introduce the history and progress in cancer treatment, a major part of the study group will emphasize targeted therapy and immuno-oncology modulation of tumors with drugs guided by genome analysis.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 2 hrs/week.

Stephen Litwin, MD, is a retired doctor (Internal Medicine), medical school researcher, faculty member, and former cancer drug reviewer for the USFDA. He has a strong interest in the history of science and a background of professional involvement in human immunology, as it relates to human cancer and autoimmune diseases.

479 Making Choices: Understanding Environmental Issues

KENNETH HINGA

Ten Mondays (11:45 AM - 1:15 PM)

March 04

This study group provides participants with a foundation for making choices they may be faced with in their daily lives. Such choices may include which environmental and health policies to support, what personal actions to take or avoid, and even what to buy in the supermarket. The participant will obtain a better understanding of how the world works by introduction to the physical processes central to understanding issues of the human environment. No scientific background is required. Topics to be covered will include: climate change, renewable energy, GMOs, nuclear radiation and wastes, marine dead zones, fate of chemicals in the environment, the conduct of science itself, and in general “what is safe.”

This study group is a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Kenneth Hinga is a retired oceanographer and environmental scientist, former marine research scientist, academic administrator, and science advisor. He has been a participant in the study and the public dialogue for many environmental issues.

480 The Ups and Downs of Weather

PAUL BROWN

Ten Thursdays (9:45 AM - 11:15 AM)

March 07

In the first half of the study group, discussion will focus on the principal elements that underlie weather — heat, wind, and water — and in the second half, show how they interact to produce the major types of ‘bad’ weather: frontal storms, thunderstorms, tornadoes, derechos, and hurricanes. The study group will conclude with single sessions devoted to the environment (including global warming), and to atmospheric optics, including rainbows, halos, mirages, and auroras. As an optional outside-class activity, forecasting instruction and practice exercises will be available for any interested class members, including competition with the local pros in 24-hour, real-time forecasts for the DC area. *A profusely illustrated spiral-bound booklet written for the course can be purchased from OLLI at or before the first session at the printing cost of \$35 (optional but highly recommended both as a guide to the lectures and as a useful work of reference).*

This study group is a repeat.

Class Format: Appreciation

Reading: 1-2 hrs/week.

Paul Brown is a Harvard College and Johns Hopkins-trained MD with an NIH research career focused on transmissible dementia, and a mini-career as meteorology instructor to both college students (Montgomery College and Berea College) and adults (including OLLI) since his retirement in 2004.

492 The Human Microbiome

ALBERT TARAN

Ten Wednesdays (1:45 PM - 3:15 PM)

March 06

There are many more microbes in us and on us than there are cells in our body. In this study group, we will explore in depth both the benefits and dangers that our symbiotic relationship with our microbes presents. Our microbes are ubiquitous and vital, defending us from disease, breaking down our food, and educating our immune system. They can also kill us. We will closely read *I Contain Multitudes: The Microbes Within Us and a Grander View of Life* by Ed Yong, an award-winning science writer and *Atlantic* staff-writer. In addition, I will supplement this required book with readings on the harmful overuse of antibiotics. Through this study group, you will gain a broad understanding of this important subject.

This study group is not a repeat.

Class Format: Reading and Discussion

Reading: 2-3 hrs/week.

Al Taran has a BA in Philosophy but spent his working career in Information Technology. He has had a lifelong interest in the sciences and mathematics. This is the eighth study group that Al has led.

500 VISUAL ARTS & MUSIC

501 Beginning Folk Guitar

ARTHUR SIEBENS

Nine Tuesdays (9:45 AM - 11:15 AM)

March 05

Do you have a guitar lying around that you’ve been meaning to learn to play but have never gotten around to? This course will be an introduction to folk guitar, i.e., learning to play chords, mainly to accompany singing (as opposed to classical guitar which involves reading music). I think it helps motivation if you have specific songs that you would like to learn, so we will play and sing songs selected by class members.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Art Siebens, a.k.a. Dr. Art the Singing Scientist, used songs to teach biology and AP biology at Woodrow Wilson High School for about 20 years after doing doctoral and post-doctoral research at NIH and Yale. His PhD is in human physiology.

502 Intermediate/Advanced Folk Guitar

ARTHUR SIEBENS

Nine Thursdays (9:45 AM - 11:15 AM)

March 07

This course is a follow-up to the Beginning Folk Guitar course taught in June 2018 and for those who already have basic guitar skills. More advanced guitar techniques will be taught in the first half hour of the class. We will then play and sing songs selected by the class, joined by guitarists who are already proficient and other string players capable of playing off of a guitar lead sheet (mandolin? banjo? bass guitar/string bass?). Singers interested in singing folk songs and 20th century rock and popular songs are also welcome.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Art Siebens, a.k.a. Dr. Art the Singing Scientist, used songs to teach biology and AP biology at Woodrow Wilson High School in DC for about 20 years after doing doctoral and post-doctoral research at NIH and Yale. His Ph.D. is in human physiology.

508 Watercolor Painting

SARAH WHITENER

Ten Tuesdays (9:45 AM - 11:15 AM)

March 05

This study group will focus on the basics of watercolor — how to use light, color, and composition to express our ideas. We will look at slides of the masters and discuss how to strengthen our own paintings. We will paint from still life and from photos, in the classroom. This is a good environment for people who have never painted, are returning to painting after a long gap, or simply need the structure of a class to keep painting. All skill levels are welcome. Materials for the first class will be provided, and in that class we will discuss which materials should be bought or brought from home. This study group is a repeat.

Class Format: Appreciation

Reading: No required reading.

Sarah Whitener is a lifelong artist who enjoys drawing, painting, block printing, and needlework. She has a BA in Art History and an MA in Archaeology. She has illustrated a book on Native American stone pipes and a cooking manual, designed knitting and needlepoint projects, and painted house portraits.

515 French Musical Genius:

Tracing the Evolution From Berlioz to Fauré

DAVID FLAXMAN

Eight Wednesdays (11:45 AM - 1:15 PM)

March 06

Debussy (perhaps the most “French” of the French composers) said “music should humbly seek to give pleasure.” French music, at least since Berlioz, has veered away from what the Italians and Germans (especially) were producing. We will explore French music as it begins to evolve from Berlioz into the early part of the 20th century. We will touch on Debussy, Fauré, Ravel, Satie and Poulenc (as well as Schmitt and Boulanger) as we discuss and present large scale choral works, French mélodie, opera and piano music. There will be some live performance and some exciting guest lecturers. This study group is not a repeat.

Class Format: Appreciation

Reading: No required reading.

David Flaxman is a tenor who sings with the Choral Arts Society of Washington and the Georgetown Chorale. He has been a passionate student of classical music throughout his life and a devotee of French culture. He is a semi-retired computer scientist who has written and taught on a variety of technology topics.

523 Creating Art Through Collage: Beginners and Advanced

ROSE MOSNER

Ten Wednesdays (11:30 AM - 1:15 PM)

March 06

Collage is the perfect medium for getting your creative juices flowing. Using a variety of materials, we will immerse ourselves in creativity: color, composition, imagery, and texture. This class is designed for beginners and seasoned artists. Bring scissors, glue, pencils, background cardboard, old photos, fabric scraps, ribbons, textured papers, string, pieces of plastic, colored pencils, paints, markers, pens, or whatever comes to mind. **This class starts at 11:30 AM to allow for more work time.**

This study group is a repeat.

Class Format: Appreciation

Reading: No required reading.

Rose Mosner taught art in New York City schools for 22 years. With budgets for supplies very low, she canvassed neighborhood stores for fabric scraps, leftover wool skeins, wallpaper sample books, and the local lumberyard for wood scraps. Thus began her love of found-object collage. Rose’s work has been in many juried shows, and she recently had a solo show at the Iona Gallery. She is also one of only ten artists involved with a special program for artists over 62 sponsored by Columbia University.

542 Early Romantic Composers: Their Lives, Their Times, Their Music

JOHN BOWEN

Nine Mondays (9:45 AM - 11:15 AM)

March 04

“The forces set in motion by the French Revolution and the Industrial Revolution had transformed Europe. Everything was in the process of change new attitudes about life, religion, economics and politics were in the air. In the arts, everybody was talking about Romanticism. Modern life came into being. Music, of course, reflected the new age”

— Harold C. Schonberg.

In this course we will spend time with musical leaders of this new age: Hummel, Paganini, Weber, Schubert, Berlioz, Mendelssohn, Chopin, Schumann, Liszt. We'll listen to some of their best, most original and most beautiful music, trace the outlines of their lives, and ask about the sources of their inspiration.

This study group is a repeat with revisions.

Class Format: Appreciation

Reading: Less than 1 hr/week.

Boasting economics degrees from Yale and Vanderbilt, John Bowen has offered OLLI courses since 2011 on music composed by women, romantics, Americans, and Russians, as well as piano trios, quartets, and quintets.

552 You Can Play the Appalachian Dulcimer!

KAREN BUGGLASS

Eight Wednesdays (1:45 PM - 3:15 PM)

March 06

If you can count to three, you can play the dulcimer! Learn to strum, fret notes, play chords, and finger pick on this user-friendly instrument. With tab — a simple play-by-number system — you'll master many tunes in several styles and be ready to play many more. Everything from traditional fiddle tunes to classical music is available for the dulcimer. Reading music is not required. Have fun learning and playing in a joyful, non-competitive environment. Instruments and picks may be borrowed from the instructor during class time.

This study group is a repeat.

Class Format: Appreciation

Reading: No required reading.

Karen Buglass was a city planner and utility manager before finding her passion for elementary education. Since retiring, she's pursued a long-standing interest in the Appalachian dulcimer. Her workshops are offered here at OLLI and at House of Musical Traditions in Takoma Park. Find out more at www.sweetstrings.biz.

Register online at www.ollidc.org

577 Songs in the Dark: Musicals at the Movies

DAN SHERMAN

Eight Mondays (1:45 PM - 3:15 PM)

March 11

For nearly 100 years, song and dance have been part of the movies. This course will explore the challenges of presenting song and dance in movies and how these challenges have been addressed. It will show how movies have changed between presenting original songs to presenting mixes of existing songs and also big-screen adaptations of stage shows. We will provide background on performers (Fred and Ginger), composers and lyricists (the Gershwins, Harry Warren), directors (Arthur Freed), and choreographers (Busby Berkeley, Bob Fosse). The course will provide many clips from films, including many favorites, with an emphasis on “Golden Age” musicals.

This study group is not a repeat.

Class Format: Appreciation

Reading: No required reading.

Dan Sherman in an economist who has taught more than 20 classes on topics related to musical theatre in the Washington area. He made his debut at OLLI at American University in the spring of 2017 with a lecture entitled on “Hamilton” and has taught several courses since. Barry Bortnick will be a guest lecturer for this course.

579 Innovations in 19th and Early 20th Century Art in France

LISA LEINBERGER

Eight Tuesdays (11:45 AM - 1:15 PM)

March 05

Modern artists experimented with new ways of seeing and with fresh ideas about the nature of materials and functions of art. This course will trace the evolution of art from the Classical roots to the art of Ingres, Gros, and David. We will touch on the Romantic period of Delacroix. Then move to the period of Realism looking at Corot and Courbet, the Barbizon School of Millet and others. We will see how art changed again with paintings by Manet. Impressionism was the next change; we will see examples by Renoir and Monet. After WWI, artistic innovation began again. We will see the effect in the art of Leger. We will also look at the Cubists, Surrealists, and Dada artists. This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: No required reading.

Lisa Leinberger has an MA in Art History and has been a study group leader previously. She has been a co-host of a film review

show on television in New Mexico. She recently worked at the Phillips Collection and has co-written articles on the influence of movies and television on urbanism.

580 Die Meistersinger / Verismo Opera

BRUCE EISEN

JAMES HOLMAN

Eight Tuesdays (11:45 AM - 1:15 PM)

March 05

Jim Holman will deliver four lectures on Wagner's monumental "Die Meistersinger von Nurnberg." He will take students through the entire opera, with many video and audio clips. He will also discuss Wagner's 20-year creative evolution during which a simple comedy grew into a central masterpiece of Western art, probing issues of love, aging, social cohesion, violence, and artistic creation itself. Bruce Eisen will discuss the forces that gave rise to "verismo" opera in Italy and elsewhere — the identifiable ingredients of verismo and the influence of its composers on society and other art forms. Some of the operas to be discussed and shown will be Cavalleria Rusticana, Il Tabarro, and Andrea Chenier.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Bruce Eisen has been an OLLI SGL for many semesters and was general counsel of *The Washington National Opera*.

Jim Holman is a founder and chairman of *The Wagner Society of Washington, DC*, who has lectured and written extensively on *Wagner's life and legacy*.

588 Taking Artful Photographs

WENDEL SWAN

Nine Thursdays (11:45 AM - 1:15 PM)

March 07

Members will learn traditional compositional skills that will foster the photographic vision to move beyond ordinary snapshots and take artful images that are "frame-worthy." Each week, members will submit their images that replicate outstanding sample photographs of a given subject; those submissions will be discussed and evaluated in class. Throughout, the emphasis will be on training the eye rather than camera technicalities, but members must still learn certain basic camera functions (e.g., focusing, shutter speed, and aperture). Members should expect to spend at least 2-4 hours per week on assignments, with satisfaction and achievement being in direct proportion to the time spent.

This study group is not a repeat.

Class Format: Appreciation

Reading: Less than 1 hr/week.

Wendel Swan has had a life-long interest in the arts and has been an SGL for courses on rugs and textiles, computers and the internet, as well as discussions in the visual arts. He wants to share with others his relatively recent experience in creating art with a camera.

600 LITERATURE & LANGUAGE

604 Poetry Craftshop: We Turn in Dream

JENNY PIERSON

Ten Wednesdays (9:45 AM - 11:15 AM)

March 06

This study group is for poets serious about deepening their craft. We will read and model two poets of dreamlike mystery: Jean Valentine and Laura Kasischke. Our primary poet, Valentine, is known for spare, haunting poems that seek to comprehend love, death, and the pure self. Difficult yet wise; urgent, authentic and quiet, she is a master of intensity. A much younger poet, Kasischke, addresses everyday experience from a witty, slanted view. Her poems can seem twisted, funny and enchanting. Taking lessons from them, we will work to unearth deep iconic images through weekly reading and writing assignments; in-class discussions and critique of class and assigned poems.

This study group is not a repeat.

Class Format: Reading and Discussion

Reading: More than 3 hrs/week.

Jenny Pierson, poet and professor of writing at George Washington University, worked as a human rights advocate, dairy farmer, editor, and caterer. She holds an MFA in creative writing from American University. Jenny has been leading poetry craftshops at OLLI since Fall 1996.

605 Shakespeare's *The Two Gentlemen of Verona*

JOSEPH CASAZZA

Eight Wednesdays (1:45 PM - 3:15 PM)

March 06

We will read *The Two Gentlemen of Verona*, seeking ways to hear the play as its 16th century audience did, with particular attention to the religious and political context of the play and how that can shape our 21st century understanding. Commonly agreed to be Shakespeare's first comedy, and probably his first play, it is also a play about friendship, love, and sacrifice, sin, judgment,

repentance, and forgiveness. We will pay special attention to the significance of the great scene with Crab the dog and the servant Launce's comic, moving monologue, for which the play comes to a halt, and to the troubling climax.

This study group is not a repeat.

Class Format: Reading and Discussion

Reading: 1-2 hrs/week.

Joseph Casazza received his AB from Harvard University and his MA from the University of Texas at Austin in Latin and Greek Classics. He taught in private schools for 12 years, and worked at the Harvard University libraries, the Library of Congress, and the Congressional Research Service. He is retired.

607 Leaving Home II

MARY POOLE

Ten Thursdays (9:45 AM - 11:15 AM)

March 07

What happens when a person leaves, willingly or not, his or her known world to go to a place that is strange, perhaps unwelcoming? The authors of the five novels (all under 300 pages) we will read and discuss in this study group attempt, in the resources of prose at their command, to explore this question. Each of the books, whether it concerns Germany's refugee crisis today, or three young Americans' devastating encounter with North Africa in the forties, or an Austrian girl's struggle to survive the economic hardship that engulfed her country after the First World War, reflects its own historical period. As usual, we will pay attention to the lives of the authors and the way their works are written.

This study group is not a repeat.

Class Format: Reading and Discussion

Reading: 2-3 hrs/week.

Mary Poole has a master's degree from Georgetown University and taught English Literature in the International Baccalaureate program at Washington International School for 23 years.

612 Cours de Lecture et Conversation en Français

JALEH LABIB

Ten Mondays (1:45 PM - 3:15 PM)

March 04

Ce cours est pour ceux dont le français, de niveau suffisamment avancé, leur permet de lire, comprendre et converser facilement parmi un groupe de francophiles qui cherchent à améliorer leur connaissance du français et leur prononciation. Les discussions sont en partie basées sur une variété de sujets et thèmes, soumis chaque semaine sous forme de documents Word joints aux

courriers électroniques. Les participants sont donc censés avoir régulièrement accès à leurs emails et une bonne connaissance de l'Internet. Ceux qui postulent pour la première fois seront contactés pour une interview au téléphone avant d'être inclus dans le système de sélection. Ils sont donc priés de soumettre leur candidature bien avant la date limite.

This study group is a repeat.

Class Format: Reading and Discussion

Reading: 2-3 hrs/week.

Jaleh Labib a parlé français depuis son enfance et tout au long de ses 35 ans d'expérience aux entreprises françaises et organisations internationales. Elle a mené un bon nombre de cours de conversation en français à OLLI.

615 Deutsch fuer Fortgeschrittene

HANNE CARAHER

Nine Tuesdays (9:45 AM - 11:15 AM)

March 05

Koennen Sie sich auf deutsch unterhalten? Beherrschen Sie die Grundregeln der deutschen Grammatik? Wenn ja, dann sind Sie ein guter Kandidat fuer diese Klasse, in der wir uns unterhalten, manchmal Grammatik studieren und deutsche Texte (Kurzgeschichte, Novelle) uebersetzen. Hausaufgaben jede Woche eine oder zwei Stunden. Neue Teilnehmer werden vor der Lotterie ein telefonisches Interview untergehen; deshalb ist es wichtig, sich rechtzeitig zu registrieren.

This study group is not a repeat.

Class Format: Reading and Discussion

Reading: 1-2 hrs/week.

Hanne Caraher graduated from the University of Heidelberg, Germany, with the equivalent of a masters degree in conference interpreting and translation.

616 Hablemos en Español-Curso Intermedio/Avanzado

MINERVA KELLER

Eight Wednesdays (11:45 AM - 1:15 PM)

March 06

El español — cuyo uso se acrecienta a diario — es el lenguaje oficial de 19 países. El objetivo de este curso es que cada participante adquiera fluidez y un mejor dominio del idioma participando activamente en cada sesión. La conversación girará en torno de charlas, videos, artículos de la prensa internacional sobre eventos de actualidad, además de cuentos ó lecturas que se asignarán semanalmente por medio de un correo electrónico ó en forma impresa. Después de una breve introducción, cada tema

merecerá una animada conversación culminando, si así lo desean, en un breve resumen escrito, para así incrementar la capacidad de expresión, no solo hablada, sino escrita.

This study group is a repeat.

Class Format: Reading and Discussion

Reading: 1-2 hrs/week.

Minerva Keller has an MA in Language/Foreign Studies from American University. She was a Lecturer and Adjunct Professor of Spanish, French, and Translation at college-level area institutions, and is a freelance translator. She has worked for international organizations as a translator/interpreter in Chile, Switzerland, Belgium, and Washington, DC.

619 French Review and Conversation Practice

EVELYNE BONHOMME

Ten Wednesdays (11:45 AM - 1:15 PM)

March 06

Antoine de Saint-Exupéry wrote that, "It is only with the heart that one can see rightly; what is essential is invisible to the eye." If this statement resonates with you and you wish to review the basic structures of the French language in order to improve your conversation skills, this study group may be for you. We will polish your pronunciation, as needed, review basic French structures, and help you develop an expanding vocabulary relating to fun activities such as meeting people, traveling, ordering food, obtaining basic services, and other topics of interest to you. Expect a lot of conversation practice as you also take your first steps toward reading selected short texts by Saint-Exupéry and other French writers. This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 1 hr/week.

Evelyne Bonhomme is a native French speaker who taught French and French for Business at Bowie State University. She has more than 20 years of experience teaching French. She is a retired lawyer with a JD from the University of Pennsylvania and an MTS from Wesley Theological Seminary.

620 La famille en littérature, cinéma, chansons et BD

CATHERINE SANDIFER

Ten Mondays (11:45 AM - 1:15 PM)

March 04

La famille est un thème majeur de la littérature ainsi que des films, de la musique ou de la BD. Gide a écrit: "famille je vous hais!" Comment nous situons nous par rapport à cela? La famille est-elle une source de joies, d'espérances, de force? ou au contraire un

terrain miné par la haine, la trahison, le ressentiment? A travers les grands moments de l'Histoire, la famille a pu être honorable ou honteuse et nous, qui en sommes les descendants, devons assumer ce glorieux ou terrible héritage. Des textes de la littérature française et plusieurs autres médias seront étudiés autour de ce thème. **This class will be in FRENCH.**

This study group is not a repeat.

Class Format: Reading and Discussion

Reading: 1 hr/week.

Catherine Proust-Sandifer has a major and an agrégation in British and American literature from the Sorbonne (Paris). She taught in Stanislas, a private school in Paris, and also gave a course in British and American literature at Sciences-Po Paris (the Institute of Political Science in Paris).

621 French Literature

CATHERINE SANDIFER

Ten Mondays (1:45 PM - 3:15 PM)

March 04

Zola is considered to be one of the most influential French writers of the nineteenth century. The course will study *L'Assommoir*, along with impressionist painters who were Zola's friends. The novel focuses on the story of a working class family living in Paris during the second empire under Napoleon III. It tells of the hardships and poverty in Pigalle. Zola believed in the discoveries by Mendel on genetics. Above all, Zola was well known for his stand in the Dreyfus case and in his unrelenting efforts to prove that Dreyfus had been wrongly accused of treason: this sent a wave of reactions through French society which became divided for many years. **This class will be in ENGLISH.**

This study group is not a repeat.

Class Format: Lecture

Reading: Less than 1 hr/week.

Catherine Sandifer studied at the Sorbonne for six years where she earned an MA in British and American literature and an "agrégation" in teaching. She also taught at the Institute of Political Sciences in Paris (Sc-Po) and at the Catholic University in Paris. She was a teacher in the private high school and college of Stanislas.

622 Beginning-plus Spanish

SUSAN SCHNEIDER

Ten Thursdays (1:45 PM - 3:15 PM)

March 07

This conversational study group enables students with some exposure to Spanish to improve their pronunciation and fluency. The course stresses listening and speaking more than reading

and writing. The class will be challenging for true beginners, pero bienvenidos a todos! It focuses on everyday vocabulary and “street” Spanish. The study group uses the book, *Spanish for Dummies*, 2nd edition. There is an hour of homework for each class and those who practice each day will find it easier to learn greetings, directions, and how to communicate with their Hispanic neighbors.

This study group is a repeat.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

Susan Schneider has taught conversational Spanish and English for decades. She started the ESL program for adults at the National Cathedral. She also was a Peace Corps Volunteer in El Salvador where she learned to speak Spanish in the barrio. She has a PhD in Linguistics, an MA in Education, and a BA in History.

624 Italiano: Conversazione e Cultura

ARRIGO MONGINI

Ten Mondays (9:45 AM - 11:15 AM)

March 04

Tutte le classi sono in italiano. Gli student leggono a voce per turni da testi designati con enfasi sulla pronuncia e qualche volta sulla grammatica e la comprensione del testo, seguito da discussioni fra tutti gli studenti. Talvolta parliamo due a due. Le letture sono tratte dalla storia italiana, eventi correnti in Italia, o letteratura italiana. Presentazioni orali o multimedia da student individui sono incoraggiate, seguite da discussioni fra tutti nella classe. Raccomandiamo almeno un anno di preparazione accademica di italiano o l'equivalente di esperienza. Il nostro obiettivo è di migliorare l'abilità di conversare in questa bellissima lingua in un'atmosfera di buon'umore.

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 2 hrs/week.

Arrigo Mongini spoke Italian as a child and has traveled throughout Italy at least 15 times over 60 years and maintained fluency. He is past president of the Italian Cultural Society of Washington, DC, with two degrees from MIT, and retired as a federal executive in the USDOT.

630 Moby-Dick — Adults ONLY!

LINDA FREEMAN

Eight Mondays (11:45 AM - 1:15 PM)

March 04

You really should be over 65 to read Moby-Dick. It takes a full lifetime of experience before you can read this great novel with any real understanding. If you think you might qualify, do consider joining a

group of similarly mature adults who will take on this world-famous book to chase the whale (and its possible symbolic meanings) during spring of 2019, the bicentennial year of Melville's birth. (How trendy can we get!) We also will explore one of the most enigmatic of Melville's short stories, “Bartleby the Scrivener.” Would it be possible to compare Bartleby with Captain Ahab?? Come and find out. First reading Nathaniel Philbrick's charming little book, *Why Read Moby-Dick?* is a good idea. All aboard!

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: More than 3 hrs/week.

Linda Freeman, PhD, a retired University of Maryland lecturer in Victorian Literature, also has taught for Smithsonian Associates and led many OLLI literature study groups.

631 Understanding Families Through Plays

KAREN GAIL LEWIS

Eight Mondays (9:45 AM - 11:15 AM)

March 04

The four plays we will read this time are: *4000 Miles*, by Amy Herzog, a story of a grandmother and her grown grandson; *God of Vengeance*, by Shalom Asch, about a Jewish family's brothel; a brand new play called *Familiar*, by Danaï Gurira, about a multi-generational African American and Zimbabwean family. And, we will end with the last two of Tom Dudzick trilogy — a humorous but meaningful *King O' The Moon* and *The Last Mass at St. Casimir's* (They are short enough to read them together.) We discuss each play for two weeks, focusing on themes such as family and sibling relationships, gender roles, multi-generational patterns, gender issues, and the context of the period. This is an entertaining, interactive class. Reading each play beforehand will enrich participation.

This study group is a repeat with revisions.

Class Format: Discussion

Reading: 1 hr/week.

Karen Gail Lewis has been a family therapist for more than four decades. She has published numerous books and articles about family relationships. She has taught at OLLI for over a decade.

632 Writing Memoir: Getting Started

MARILYN SMITH

Eight Tuesdays (11:45 AM - 1:15 PM)

March 05

Writing Memoir: Getting Started is a study group designed for OLLI members with an interest in capturing their memories through writing. During this course, participants will complete three short memoirs — the first focusing on a person, the second zooming

in on a place and time, and the third about a lived experience. Through interactive in-class writing exercises and supportive small-group sharing, members will learn basics of writing memoir as stories, including character development, plot, setting, and senses. No previous writing experience is necessary. This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: No required reading.

Marilyn Smith earned a PhD in education policy/higher education, an MA in Reading Education, and has taken numerous writing classes from The Writer's Center. Marilyn has had two books published — a memoir and a women's health anthology, as well as numerous academic articles and reports. She has taught memoir and other forms of writing and editing throughout the DC area for several years.

641 Trollope's "Can You Forgive Her?" (Palliser 1)

ELLEN MOODY

Ten Tuesdays (1:45 PM - 3:15 PM)

March 05

In this course we will begin a journey through Trollope's famous roman fleuve: the six Palliser novels over several spring/fall terms. The series mirrors and delves into many, many levels of society and central issues of life in 19th century Europe. It contains a cast of brilliantly conceived recurring characters in a realistic thoroughly imagined landscape. *Can You Forgive Her?* initiates central linked themes of coerced marriage, class and parliamentary politics and contains extraordinary psychological portraiture. As we move through the books, we'll watch segments of the 1970s film adaptation dramatizing this material in original modern ways. This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 2 hrs/week.

Ellen Moody holds a PhD in English literature, and taught in colleges for more than 30 years. She has published more on Trollope than on any other topic: a book, four essays on his fiction, two on the film adaptations, and many reviews. Online, she leads a Trollope reading group, blogs, and maintains a website about his work.

646 The Book of Genesis, Part 2

IRWIN LEBOW

Ten Wednesdays (9:45 AM - 11:15 AM)

March 06

In this course we will complete the study of the Book of Genesis begun in the fall semester. The writers of Genesis, the first example of prose narrative from the ancient world, were unshakable

monotheists living in the polytheistic world of early to mid-first millennium BCE. The highlight of the narrative is the Joseph story, in which Joseph, an Asiatic immigrant, achieves great power in Egypt, perhaps emblematic of the fact that history tells us that there was increased Asiatic immigration to Egypt at that time. All members of the first half of the course will be accepted in this second half if they desire. In the first session there will be an extensive review so that newcomers will be able to participate fully.

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: Less than 1 hr/week.

Irwin Lebow, a retired telecommunications engineer with a PhD from MIT, also has been a lifelong student of the Bible. He has taught many study groups for OLLI in both telecommunications and the Bible.

656 War and Peace, Part II

DAVID PALMETER

Eleven Wednesdays (1:45 PM - 3:15 PM)

March 06

War and Peace is said to be the greatest novel ever written. Yet Tolstoy said that it is neither a novel, nor an epic, nor an historical chronicle. It is, in reality, all of these and more, a meditation on families, love, courage, fear, the causes of war, the nature and meaning of history itself. Virginia Woolf wrote, "There is hardly any subject of human experience that is left out of *War and Peace*." Clive James was more graphic, "Despite the heaps of evidence that Tolstoy was in reality half crackers, you would swear from the pages of *War and Peace* that he was God's stenographer." This spring we will read and discuss the second half of this monumental book. Our discussions will be supplemented each week by watching an episode of a 1972 BBC production of *War and Peace*, featuring a young Anthony Hopkins. This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 2-3 hrs/week.

David Palmeter, a retired lawyer, has led OLLI study groups in history, literature, and philosophy since 2008.

669 Enjoying *The New Yorker* Together

BOB HAUSMAN

Eight Thursdays (11:45 AM - 1:15 PM)

March 07

The New Yorker's audience beyond New York enjoys reportage, commentary, essays, short stories, satire, poetry, and cartoons with artistic provocative covers, book, theater and movie reviews, medicine and law, world politics and social issues. For 45 minutes

each class, a member chooses an item from a *New Yorker* issue and adds something from his/her experience, knowledge or research, followed by class discussion. OLLI members have taken the course two, three, and more times. Enjoy an open, friendly atmosphere where true conversation occurs.

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 1-2 hrs/week.

Bob Hausman has been an attorney in all three branches of the federal government and in private practice. He has enjoyed reading and discussing *New Yorker* articles for most of his adult life.

671 German Drama from Sturm und Drang to Buchner

ANDREW WHITE

Ten Fridays (9:45 AM - 11:15 AM)

March 08

Actor, theatre historian, and critic Andy White returns to OLLI for a semester of compelling, and surprisingly contemporary drama from German theatre's formative years. We'll begin with the scene of Lessing, Klinger, and Goethe, consider the impact of Schiller's work, and end in the strange post-Romantic world of Georg Buchner. *Note: This study group has a photocopying charge between \$5-10, to be collected in class.*

This study group is not a repeat.

Class Format: Reading and Discussion

Reading: 2 hrs/week.

Andrew White has taught courses in dramatic literature for quite some time; A specialist in Byzantine theatre, he has acted in and reviewed productions on the Washington, DC theatre scene for many years, and is happy to return to his second home at OLLI.

673 US Poets Laureate, Part 2

DANIEL COYLE

Eight Wednesdays (1:45 PM - 3:15 PM)

March 06

Since the late 1930s, the Librarian of Congress has appointed an American poet to serve as the national poet laureate for a period of one to two years. Many of our finest poets have been so honored. In this study group we will examine the themes and techniques of eight of these poets: Robert Lowell (appointed 1947), Elizabeth Bishop (1949), William Stafford (1970), Anthony Hecht (1982), Ted Kooser (2004), Kay Ryan (2008), Charles Wright (2014), and Tracy Smith (2017–18). With the exception of Kay Ryan, none of these poets were covered in my 2015 study group on the poets laureate. Readings will be distributed before each session.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Dan Coyle has a PhD in English and American literature from UNC/Chapel Hill. Although he spent 40 years in the publishing industry, teaching literature had been his original career goal. Retirement has its rewards. This will be his fifth OLLI study group on modern poetry.

677 Shakespearean Tragedy and Romance: *King Lear* and *The Tempest*

JAMES STONE

Eleven Mondays (1:45 PM - 3:15 PM)

March 04

King Lear (1606) is Shakespeare's most devastating tragedy. It performs an apocalypse in the family that ramifies outwards into the state and the cosmos. During the storm scene, the king and his companions are reduced to nothing, to mere "unaccommodated" men detached from women and from civil society. No lasting reconciliation is established between Lear and his daughters. *The Tempest* (1611) is a romance, a work that begins with a terrifying storm that seems to announce universal destruction but ends in a marriage that reverses the usurpation that preceded the play. Whereas the pastoral tempest in *King Lear* is relentlessly punitive, *The Tempest* presents a pastoral island where magic restores what was lost and redeems past wrongs, although victims of colonialism remain uncompensated. We will read and discuss the plays and watch films of performances.

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 1 hr/week.

James Stone (Yale BA, Berkeley PhD) lectures on Shakespeare and early modern literature at American University. For many years he taught at the American University in Cairo and at the National University of Singapore. He is the author of *Crossing Gender in Shakespeare: Feminist Psychoanalysis and the Difference Within* (Routledge 2010).

681 African-American Drama, 1959–Present

SARAH KASS

SUSAN WILLENS

Eight Mondays (9:45 AM - 11:15 AM)

March 04

The class will read and act in these plays, concentrating on the careers of the playwrights and the effects of their plays on the racial conversation in our society. Participants must purchase

copies of the plays and study them before each class.

Week 1 - Lorraine Hansberry, *A Raisin in the Sun*, 1959

Week 2 - James Baldwin, *Blues for Mr. Charlie*, 1964

Week 3 and 4 - August Wilson, *Fences*, 1985

Week 4 and 5 - August Wilson, *The Piano Lesson*, 1990

Week 6 - Suzanne Lore Parks, *Top Dog/Underdog*, 2001

Week 7 - Lynn Nottage, *Sweat*, 2017

Week 8 - Summary and conclusions

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 2-3 hrs/week.

Sarah Willens Kass is a veteran teacher of middle and high school English. In addition to teaching public school for many years, Sarah taught English as a Foreign Language to undergraduates and graduate students at Bar-Ilan University in Ramat Gan, Israel. She holds a master's degree in American literature from George Washington University.

Susan Willens has been an OLLI Study Group Leader for several years, following her career as a teacher. She taught English—literature and composition—at George Washington University, the Edmund Burke School, and in several universities and schools overseas.

683 Mystery Potpourri

SUSAN GREIF

Nine Mondays (9:45 AM - 11:15 AM)

March 04

For the mystery enthusiast or someone who would like to sample a variety of new authors and titles, this group/book club will be a joint effort — 10 study group leaders working alone or with a partner, leading a weekly discussion. Authors might include: Agatha Christie, Laurie King, Michael Connelly, Michael Stanley, Sir Arthur Conan Doyle, Jacqueline Winspeare, John D. MacDonald, Louise Penny. *The book list will be available after registration, before the first day of class. If you have questions, you can contact organizer Susan Greif at susangreif@gmail.com.*

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: More than 3 hrs/week.

Susan Greif, the study group leader and coordinator, is a former English teacher and lifelong reader. Co-leaders include Lynette Asselin, Jane Dolkart, Marilyn Holland, Lisa Jenkins, Virginia Newmyer, Elsa Newmyer, Linda Orenstein, Jacky Spindler, and Dennis Shaw.

684 Enjoying Contemporary American Literature by African-American Writers

ELLEN SIEGLER

Eight Thursdays (1:45 PM - 3:15 PM)

March 07

Join this course and enjoy reading and discussing fiction, non-fiction and drama by a broad range of exceptional African-American authors. Fiction will consist of short stories by established and well-known authors, such as Chimamanda Adichie, Roxane Gay, and James McBride, to young new authors who have burst onto the literary scene recently with creative, topical works. In non-fiction, we'll explore provocative essays on race and culture by outstanding social and political commentators including Ta-Nahesi Coates, Beverly Tatum, and Phoebe Robinson. Our drama selection will be *Sweat* by Pulitzer prize-winning author, Lynn Nottage. This course is a repeat with all new reading materials. *Note: This study group has a photocopying charge between \$5-10, to be collected in class.*

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 1-2 hrs/week.

Ellen Siegler, a retired attorney and OLLI member since 2010, has led this course four times previously. She has been a devotee of literature by African-American authors for about ten years and is always finding new authors and works that OLLI members would appreciate.

685 August Wilson's American Century Cycle

RAYMOND MAXWELL

Ten Fridays (11:45 AM - 1:15 PM)

March 08

This study group covers the 10 plays of August Wilson's American Century Cycle, one play for every decade in the twentieth century. We explore a wide range of themes: the Great Migration; the plantation system in the post-Reconstruction South; mass incarceration; the recording industry; urban renewal and gentrification; Civil Rights and protest movements; political, social and business reform throughout the century. We investigate these and other themes through the lens of a small urban community in Pittsburgh, their daily successes and failures across the decades. We discuss themes of family relationships, conflict avoidance, and conflict resolution through those same lenses as we explore the structure of drama.

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 2-3 hrs/week.

Raymond Maxwell is from Greensboro, NC. He attended Woodberry Forest School, Florida A&M University, the University of London, and Catholic University. Following a stint in the Navy, he joined the Foreign Service, with tours in West Africa and the Middle East. In retirement, he has worked as a librarian and contract archivist.

688 Shakespeare in Performance — Tackling *Taming of the Shrew*

CAROL LIGHT

Ten Fridays (11:45 AM - 1:15 PM)

March 08

This is not the play you think it is. Choices made in individual productions make all the difference. Is Katherine a shrew who needs to be “tamed” or just a woman out of time? Slapstick and sexual tension lead to undeniably funny dialogue but modern audiences are left uneasy with the methods used to transform (or not) Katherine. We’ll view and discuss the same scene from different productions to compare and contrast the choices made by the actors, directors, and other artists. We’ll also look at more contemporary versions which this play inspired, including *Kiss Me Kate* and Anne Tyler’s 2016 Hobart novel, *Vinegar Girl*. Our goal is to enjoy becoming an informed, if wary, audience.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Carol Light is a retired federal attorney and self-admitted Shakespeare addict. This will be the sixth Shakespeare in Performance group she’s led at OLLI and she looks forward to engaging with (and learning from) the participants who she hopes will agree that Shakespeare has to be seen — not just read — to be fully realized.

689 *Writing Down the Bones:* A Writing Workshop

EDWARD WARD

PATRICIA SPECTOR

Eight Thursdays (1:45 PM - 3:15 PM)

March 07

This workshop/study group is for people who like to write or think they might like to write and who find it helpful to have a setting or stimulus to actually sit down and write. Each session consists of two or more spells of writing in response to a short prompt. After writing for 10–15 minutes, participants are encouraged — but not required — to share what they have written.

Positive feedback from fellow participants is encouraged; critical feedback can be requested. The common prompts lead workshop

participants in surprisingly different directions. The format was established by Brock Hansen, who led the workshop in earlier years. It draws on ideas in Natalie Goldberg’s book, *Writing Down the Bones*.

This study group is a repeat.

Class Format: Appreciation

Reading: No required reading.

Patricia Spector and **Edward Ward** participated in the workshop several times when it was led by its originator, Brock Hansen. They continued the workshop on an informal basis when the Spring 2018 session was cancelled. This will be the second time they offer the workshop as a regular OLLI offering.

690 Portraits of a Lady: Henry James and Beyond

ELEANOR HEGINBOTHAM

Nine Thursdays (1:45 PM - 3:15 PM)

March 07

Reading Henry James is not for everyone, but for those who delight in the power of his characters and the subtlety and rhythmic narrative pace, *Portrait of a Lady* is one of the best. This class will revel in the portrait of Isabel Archer, “a modern woman whose fate did not necessarily depend on marriage and sex, but on her freedom of choice,” a choice we watch in alarm, a drama for the ages. We will read James’s most successful novel and John Banville’s 2017 “epochal act of imitation, salutation, and imagination,” sequel, *Mrs. Osmond*, and will perhaps see scenes from films based on James’s complex, heartbreaking novel. Discussion will focus on Isabel, but it will also involve studying the differing styles of the two authors.

This study group is not a repeat.

Class Format: Reading and Discussion

Reading: 2-3 hrs/week.

Eleanor Heginbotham, PhD, Professor Emerita, CSP, has taught American Literature classes at American University/OLLI most years (14) since her retirement from teaching around the world. She has published on Emily Dickinson and others, but with James she returns (as she hopes you will) to a book that awed her over half a century ago.

693 Essays Classics, Favorites, Earmarked

RICHARD PALMER

BETTY MONKMAN

Ten Tuesdays (1:45 PM - 3:15 PM)

March 05

The study group will read and discuss essays notable for style, importance, and historical influence. The leader will offer a

tentative roster (Montaigne, Hazlitt, Merton, E.B. White, and others) but hopes to elicit from members in the first or second sessions several favorites to be read that can evoke discussion among life-reflective, life-experienced OLLI members, since this is envisioned as an actively participative course. Some members may volunteer to “introduce” suggested essays, or share contextual information about some essays. Ability to download scanned and email-attached content will be useful; printed-out copies will be made available for those who need them, though with charges. Note: *This study group has a photocopying charge between \$5–10, to be collected in class for those who need printed copies.*

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 1-2 hrs/week.

Richard R. Palmer is a retired Washington psychiatrist with an interest in culture, who has many essays on his “earmarked” list. He has led several OLLI study groups.

Betty C. Monkman is a retired curator, writer, and historian with a long interest in literature.

695 The Idea of North in Canadian and US Writing

JUDITH PLOTZ

Nine Tuesdays (11:45 AM - 1:15 PM)

March 05

Jack London evoked *The Call of the Wild* and Glenn Gould mused upon *The Idea of North*. These titles evoke the lure of the northern regions of North America. Writers of the North are preoccupied with issues of survival in the midst of arduous solitude and stark beauty, as well as with the danger of change coming from the populous South. We'll read eight or nine Canadian and US writers — among them Margaret Atwood, Robertson Davies, Timothy Findley, Howard Norman, Howard O'Hagan, Gabrielle Roy, Jack London — who stylistically and thematically turn a northern light on modern writing.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 2-3 hrs/week.

Judith Plotz is a Professor Emerita at George Washington University where she taught in the English Department for 50 years, specializing in British Romanticism, Children's Literature, Postcolonial/Colonial Literature, and 19th-century Humanities. She has taught various OLLI literature courses, most recently *Modern Italian Fiction*.

700 HISTORY & GEOGRAPHY

701 The Myth and Reality of the Wild West

JOHN VORHES

Ten Wednesdays (9:45 AM - 11:15 AM)

March 06

Most Americans are nostalgic for the mythic period known as the “Wild West” (1865–1895) when we boldly settled the Great Plains and the Far West. But the idea of moving the frontier from the Appalachians west into the heartland and beyond took root much earlier, after our independence and our successes over rival European powers that had lain claim to the land. The concept of Manifest Destiny gained popularity before the Civil War and then after when trails were crowded with adventurers and entrepreneurs. The way we spread our civilization is an arguable achievement, especially when you take into account the Native Americans who were the original residents. In 1893, we celebrated the end of the frontier with a grand exposition in Chicago where the frontier was declared “ended.” The entire saga is now a beloved blur to many of us, shaded by the myth that has often colored the reality. Here we study the reality and maybe discover the birth of what some think is our national character.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: No required reading.

John Vorhes is a retired industrial and architectural designer with a love affair with the American West. Born in New York City, his family roots go back to frontier Kansas and his personal research expanded his interest. His 50-year design career includes SOM, Architects in NY, and USIA's Cultural Exchange Program in Washington.

703 US Foreign Policy from the End of the Great War Through the Wars of Present Day

JAMES NATHAN

Ten Tuesdays (1:45 PM - 3:15 PM)

March 05

The course is organized by key themes and events. Among the topics are World Wars I and II, the Cold War, and the Korean, Vietnam, and Iraq Wars. We also review the impact of domestic politics and other “sources of American conduct.” Post-9/11 crises in US foreign policies as they impact America's role in the world are considered as well. The purpose of this course is to understand policy largely from the standpoint of American policy makers at the time and to evaluate their decisions in light of their consequences.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1–2 hrs/week.

James A. Nathan is a former Foreign Service Officer and the Khalid Bin Sultan Inaugural Eminent Scholar Emeritus at Auburn University. He is the author of seven books and is widely published in Foreign Affairs, The Washington Post, The New York Times, etc. He has won several literary prizes, a number of Senior Distinguished Fulbrights, was a NATO Fellow, and is a member of the Council on Foreign Relations.

711 How Great Britain Managed to Lose The American Revolution

JACK LIPSON

Ten Thursdays (11:45 AM - 1:15 PM)

March 07

Britain had a powerful empire, a dominant navy, a professional army, and a strong economy. Yet it lost the Revolutionary War to an upstart group of inexperienced colonies, hugging the Atlantic shore of North America, that lacked any of these attributes. What went wrong for Britain? What went right for the 13 American colonies? It could have turned out differently. This course will explore the flaws of Britain's leadership, its political and battlefield misjudgments, its naval failures — as well as its repeated underestimate of the fighting quality and resilience — of its opponents — all of which led to an astonishing British defeat. This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

Jack Lipson has previously taught OLLI courses on the Pacific campaigns of WWII. He served in the US Navy and practiced law in Washington for more years than he will admit.

715 Jewish History and Life: Patriarchs to Israel

JOSH BERMAN

Ten Mondays (11:45 AM - 1:15 PM)

March 04

Judaism has been present for 4,000 years. We will survey Judaism from the Patriarchs to the State of Israel, with the aim of understanding how Judaism was able to survive 40 centuries and be part of our present world. Equal emphasis will be placed on historic events and Jewish life during those periods of history. The two texts — Scheindlin which is short and clear, and Johnson which is longer and more provocative — will be supplemented by original source handouts and videos from Ori Soltes' "Jewish Art" series. This overview of a vast swath of history is intended for Jews who wish to have a firmer understanding of their heritage and

non-Jews interested in the Jewish story.

This study group is a repeat.

Class Format: Lecture and Discussion

Reading: More than 3 hrs/week.

Jonathan (Josh) Berman, MD, PhD, FASTMH, is not a professional historian, but rather is a Jewish-American with a lifelong interest in his religious heritage.

721 The Bloody Breakup of Pakistan in 1971

ROBERT COE

Ten Tuesdays (11:45 AM - 1:15 PM)

March 05

We will examine the interacting policies of five governments (US, Pakistan, India, USSR, and China) and the events, including genocide and war, resulting in Pakistan's loss of its eastern territory in 1971. The most important figures in this tragedy are Nixon and Kissinger, Yahya Khan (military leader of Pakistan), Indira Gandhi, and Archer Blood (US Consul in Dhaka). We will use the book *The Blood Telegram: Nixon, Kissinger, and a Forgotten Genocide* by Gary Bass.

This study group is a repeat.

Class Format: Discussion

Reading: 1 hr/week.

Bob Coe has an MA in History from Columbia and an MA in Teaching from Wesleyan. A former Foreign Service Officer, he has taught mostly history courses at OLLI since 2005.

725 Treaties and Fish: The Uncommon and Continuing Controversy Over Indian Treaty Fishing Rights

STUART PIERSON

Nine Wednesdays (9:45 AM - 11:15 AM)

March 06

This course will examine the cultural, legal, and political conflicts, and the resolutions and continuing disputes, in the uncommon and continuing controversy over Indian treaty fishing rights in the Pacific Northwest. The subjects include the role of fishing in Indian life, the nineteenth century treaties, post-treaty Indian life, the biology of anadromous fish and State regulation, the court decisions from the early twentieth century to 2018, and the effects of those decisions on the non-Indian fisheries and Indian life into the twenty-first century. This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

As an Assistant US Attorney, **Stuart Pierson** led the government's case for the Washington Indian tribes to declare and protect their treaty fishing rights secured in the 1850's Stevens treaties. The resulting 1974

"Boldt Decision" recognized the tribes' federally protected rights and revolutionized Pacific NW fisheries management.

740 History of Slavery in America

KAREN STEWART

Ten Wednesdays (9:45 AM - 11:15 AM)

March 06

This course will provide a survey of the history of enslaved people in America from 1619 to 1865. The format is lecture and class discussion. The goal of the course is to provide an understanding of how this history impacts our present. The curriculum of a previous OLLI course, Slavery the First 200 Years, has been modified and expanded to include the nineteenth century. The text for the course is *Generations of Captivity, A History of African American Slaves* by Ira Berlin.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

Karen Stewart has been an OLLI study group leader for a year. Before retirement, she worked as a social science researcher at Westat, a contract research company in Rockville, MD. She is a graduate of Barnard College and the University of North Carolina School of Public Health.

744 The Origins of the Zionist-Arab Conflict, 1881–1949

JOHN POOLE

Ten Mondays (11:45 AM - 1:15 PM)

March 04

The aim of the course is to identify and discuss the salient, significant actions, events, forces, ideas, aspirations, and persons that led up to 1949, and to the creation of a Jewish state and Palestinian Nakba. A book by the eminent, if controversial, Israeli historian, Benny Morris, will provide the base of the course with additional material offering differing points of view.

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 2-3 hrs/week.

John Poole majored in British History and Literature, emphasis nineteenth century, in college. He was a lawyer in the Antitrust Division of the Department of Justice for 41 years.

750 Great American Trials

ARNOLD LEIBOWITZ

Ten Fridays (9:45 AM - 11:15 AM)

March 08

This course will present a series of lectures on 10 major trials. The lectures will place the trial in historical and political context so the

importance of the case can be seen more clearly. We will discuss the legal tactics and the personalities of the lawyer, prosecutors, and defendants. Trials discussed in this seminar will include: Mississippi Burning: The Trial of the Killers of Schwermer, Goodman and Chaney; The Trial of Alger Hiss; The Trial of Leo Frank; The Trial of Patty Hearst; The Trial of Bernard Goetz: The New York Subway Gunman; The Impeachment of President Andrew Johnson; The Harvard Admissions Case; The Amerasia Case; The Sam Sheppard Case; and the Trial of Ezra Pound. There may be a few, modest, changes in this list. The course is generally given by lecture but on a few cases, especially the Harvard Admission Case, a wide ranging discussion is expected. This study group is a repeat with revisions.

Class Format: Lecture

Reading: 1 hr/week.

Arnold Leibowitz is an attorney in Washington, DC, in practice for over 40 years. His special interests are major social and political trends.

751 The American Soul: Rediscovering the Wisdom of the Founders

RICHARD BOARDMAN

Ten Thursdays (11:45 AM - 1:15 PM)

March 07

"I found almost everywhere that the men and women who carved out the ideals of America were driven by the same transcendent questions that had always been my own as well." With these words, professor of philosophy and religion, Jacob Needleman, begins his landmark book, *The American Soul*, which takes the reader on a journey toward understanding the deeper purposes of America's founders as they struggled to launch a new nation. The class will provide an engaging framework in which participants can explore with each other the questions that motivated the Founding Fathers and that drove Jacob Needleman to write this book. We will discuss approximately 35 pages in the book each class session.

This study group is a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Rick Boardman was a human resources administrator for the American Friends Service Committee in Philadelphia for 30 years. He taught at the Joan Baez Institute for the Study of Nonviolence in Palo Alto in the late 1960s, followed by 18 months in Federal Prison for draft resistance in 1970-71 and directed Clergy and Laity Concerned, New York City in the 1970s.

770 A Brief History of Washington, DC

ROBERT SOMERS

Ten Thursdays (11:45 AM - 1:15 PM)

March 07

Born out of compromise, Washington, DC, was envisioned as a grand capital city and commercial center for the New American republic. Burned by the British in 1814, bitterly divided by the Civil War, and overshadowed by larger cities, Washington gradually began to come into its own by the turn of the 20th century. The city remains a work in progress as it deals with its unique political status and serves as the center stage for American history. This study group will highlight the history of the city, from its visionary origins to its current dual status as the capital of the free world, and a place that more than half a million people call home. *Note: This study group has a photocopying charge between \$5-10, to be collected in class.* This study group is a repeat with revisions.

Class Format: Lecture

Reading: No required reading.

Robert Somers is a retired Federal government attorney and has been a licensed Washington, DC, tour guide since 1989. He is a history buff and has been a docent with the Historical Society of Washington, DC, the National Building Museum, and the National Park Service. He has taught three previous DC history study groups at OLLI.

790 Off the Beaten Path in the DC Area

RALPH BUGLASS

Ten Fridays (11:45 AM - 1:15 PM)

March 08

As the nation's capital, our area is replete with well-known historical attractions tourists swarm to. But there are many other lesser known yet equally interesting landmarks and spots worth visiting — or at least knowing about. Come hear about — and experience through lavishly illustrated slides — some of these little-known gems and the fascinating stories behind them. Examples include presidential monuments and commemoratives in unexpected places; reminders of World War II and the area's rich African American history; Gilded Age mansions around DuPont Circle; buildings by Frank Lloyd Wright and other noted architects; early mills that still work; cemeteries that come to life with stories of those interred; and more.

This study group is a repeat.

Class Format: Lecture

Reading: No required reading.

Ralph Buglass, a Washington area native and lifelong history buff, keeps offering this off-beat course because folks keep showing up and actually claim to have learned a few interesting facts about the area we

call home — no matter how long they've lived here. Occasionally, it's believable that he has degrees in history and journalism.

791 History of American Indian-White Relations

PETER WOLFE

Ten Mondays (1:45 PM - 3:15 PM)

March 04

This course will discuss the relations between American Indians and whites from colonial times to the present. We will cover legal issues, treaties, trade, violence, government policies for dealing with the Indians, including the arguments in support of or opposition to such policies, and actions taken by the Indians themselves.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Peter Wolfe is a retired attorney, who graduated from Columbia University, majoring in American History. He has been a study group leader for many OLLI history courses.

797 The United States in World War I and Its Aftermath

FRANCES GRIGSBY

Ten Wednesdays (1:45 PM - 3:15 PM)

March 06

World War I propelled the United States from neutrality to world leadership. It generated a sea change in our ideas of heroism, race, gender, and class, and profoundly affected our government and economy. Rather than study battles and military tactics, we will use the war as a window into the US in the early twentieth century, and onward to today. We will focus on the period from 1914 to the early 1920s — from neutrality, to the decision to enter the war, to the disillusionment and prosperity that followed. We will have lively discussions on the war's impact on civil rights, propaganda, international relations, and leadership. What are the lasting effects of the war today? What have we learned?

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Fran Grigsby specializes in the history and art of WWI and the Interwar period. She has a BA in French and Modern History and a Master's in Business, both from Vanderbilt, and has studied at INSEAD. She recently retired from the computing and networking industry. She has led workshops for industry groups and at Babson College.

799 Ulysses S. Grant: In Peace and War

ALLERTON KILBORNE

Eight Tuesdays (1:45 PM - 3:15 PM)

March 05

This study group will follow the life and times of Ulysses S. Grant, “that quiet little feller,” as Lincoln described him. Grant’s early years were plagued by bad luck, alcoholism, and failure. At the outbreak of the Civil War, he was working as a junior clerk in his father’s leather goods store. Nevertheless, he ended up as Lincoln’s choice to lead Union armies to victory in the Civil War. Subsequently, as president, he championed civil rights and in so doing, broke the power of the Ku Klux Klan. His courage, resilience, and deep-seated humility remained unshaken throughout his ups and downs. Beyond all that, there was never a horse he couldn’t control.

This study group is not a repeat.

Class Format: Reading and Discussion

Reading: 1-2 hrs/week.

Al Kilborne taught history for 40 years in NYC and DC. Beyond the classroom, he has lectured at Georgetown, the National Archives, local historical societies, and Politics and Prose, where he introduced his book, Woodley and its Residents. His education (Pomona, NYU, and Oxford) was interrupted by stints in Vietnam and the rodeo.

800 PHILOSOPHY & RELIGION

How Real is Reality — Truth Denial from Protagoras to Breitbart

ROBERT CROOG

Nine Mondays (1:45 PM - 3:15 PM)

March 11

For study group description and Study Group Leader bio, see 254.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

The Impact of the Great War on Western Culture and the Western Worldview

CHARLES O’CONNOR

Ten Thursdays (1:45 PM - 3:15 PM)

March 07

For study group description and Study Group Leader bio, see 260.

Class Format: Lecture and Discussion

Reading: 1 hr/week.

805 Introduction to Meditation

JOSEPH REO

Eight Mondays (11:45 AM - 1:15 PM)

March 04

In this class we will discuss what meditation is, and its many benefits. We will practice meditation together with the overall intention of teaching participants how to take this new skill out of the classroom in order to develop and maintain an on-going, personal practice of their own. Modern scientific research has verified the many physiological and psychological benefits of quieting the mind and managing the Self through mindfulness. Come learn how to do it for yourself! This study group is appropriate for both beginners and those who already have some meditation experience. This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Joseph Reo holds a bachelor’s degree from Arizona State University and was an adjunct instructor at George Washington’s School of Exercise Science where he taught Meditation, Massage, and Sports Massage for over 10 years. He currently teaches Meditation and Massage with various adult education companies and is a licensed, massage therapist with an active, 20-year practice in Northwest DC.

806 Meditation Level 2: Molding the Brain by Managing the Mind

JOSEPH REO

Eight Fridays (9:45 AM - 11:15 AM)

March 08

This class is designed for those already practicing mindfulness, or who already have somewhat of a meditation discipline and wish to probe deeper and advance their skill. We know that the brain controls the body, but who controls the brain? In this class we’ll explore meditation not just for relaxation, but as a powerful tool to discover and manage our minds. We will practice various mindful exercises and instruction will focus on developing meditation as a tool, which when refined over time, can strengthen, develop, and implement the “muscle” of “shiftability.” We will learn how to move our focus and attention to where we choose it to be, thus developing our ability to manage ourselves consciously in order to make better choices in our lives.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 1-2 hrs/week.

Joseph Reo holds a bachelor’s degree from Arizona State University and was an adjunct instructor at George Washington’s School of

Exercise Science where he taught Meditation, Massage, and Sports Massage for over 10 years. He currently teaches Meditation and Massage with various adult education companies and is a licensed, massage therapist with an active, 20-year practice in Northwest DC.

831 Mastering Skills of Mindfulness Meditation

JEFFREY DROBIS

SUSAN DROBIS

Ten Tuesdays (9:45 AM - 11:15 AM)

March 05

Mindful awareness can be described as a process of opening ourselves to experience in the moment — physical sensations, emotional feelings, and thinking as well as the external world of sound and sight. We will primarily practice techniques that we have learned from our teacher Shinzen Young to use in formal practice and in ordinary life. Sessions will include instruction, guided meditations, and group discussion. Although there is no required reading, participants should plan to practice meditation on their own for at least 10 minutes on most days. This study group is appropriate for both beginners and experienced meditators.

This study group is a repeat.

Class Format: Lecture and Discussion

Reading: No required reading.

Susan Drobis, a psychotherapist, and Jeffrey Drobis, a retired MD, have practiced meditation for over 25 years. Their teacher Shinzen Young draws on traditional Asian practices but is consciously secular and contemporary. Susan has been teaching mindfulness for 20 years and Jeffrey has led meditation study groups at OLLI since 2015.

834 Mastering Skills of Mindfulness Meditation, Intermediate Level

JEFFREY DROBIS

Ten Mondays (9:45 AM - 11:15 AM)

March 04

This study session is similar to another offering, Mastering the Skills of Mindful Awareness Practice. It is intended for persons who have taken other study groups with me. If you have not worked with me but have significant experience with meditation and are interested in this offering, please contact me at jeffdrobis@gmail.com. Classes will include instruction, extensive guided meditations, and discussions. In addition, we will devote about 10 minutes to discuss a mindfulness classic entitled *Mindfulness in Plain English* by Bhante Gunaratana.

This study group is a repeat with revisions.

Class Format: Lecture and Discussion

Reading: Less than 1 hr/week.

Jeffrey Drobis, a retired MD, has practiced meditation for over 25 years. He has trained as a facilitator with his teacher, Shinzen Young and leads regular group meditations on the telephone. The Mindfulness techniques that he teaches draw traditional Asian practices, but are consciously secular and contemporary.

835 Exploration of Eastern Thought

CARL WEICHEL

Nine Thursdays (9:45 AM - 11:15 AM)

March 07

Eastern philosophies and religions embody many virtues that we in the West find alluring: introspection, gentleness, sensitivity, fortitude, and connection with mind and body. Sikhism in India; Jainism in India; Buddhism in India, Tibet and SE Asia; and Taoism in China hold these virtues, but each is quite different in its ideas, practices, and histories. We will explore the ethics, cosmology, and theology that comprise their unusual religious philosophies. Background will be given on the texts, symbols, images, and practices/rituals, plus the culture, politics, and sociology of each up through current times. *Note: This study group has a photocopying charge between \$5-10, to be collected in class.*

This study group is a repeat with revisions.

Class Format: Reading and Discussion

Reading: 1-2 hrs/week.

Carl Weichel has degrees in marketing and communications, has held various positions over his career in marketing, design, and advertising in Australia, South Africa, Canada, and San Francisco, and continues to consult. He has led study groups on Political Polarization, The 1960s Decade, and Our Brain's Hidden Patterns.

841 Albert Camus Moral Philosopher

ALBERT TARAN

Ten Tuesdays (1:45 PM - 3:15 PM)

March 05

Well known as a novelist, playwright, and journalist, and a Nobel-Laureate in Literature, Camus was also a world famous moral philosopher. To quote the Nobel Committee, "The essay *Le Mythe de Sisyphe* (The Myth of Sisyphus), 1942, expounds Camus' notion of the absurd and of its acceptance with 'the total absence of hope, which has nothing to do with despair, a continual refusal, which must not be confused with renouncement — and a conscious dissatisfaction.'" In this study group, we will closely read and discuss *The Myth of Sisyphus*. I will also supplement the assigned reading with excerpts from *The Rebel* and other works by Camus. My goal is to acquaint you with one of the most profound works of moral philosophy.

This study group is not a repeat.

Class Format: Reading and Discussion

Reading: 2-3 hrs/week.

Al Taran has a BA in Philosophy but spent his working career in Information Technology. He has had a lifelong interest in philosophy, primarily analytical philosophy, but he is returning to his roots in Existentialism with this study group. This is the third study group in Philosophy, and ninth study group overall, that Al has led.

867 Aristotle II (Physics, Ethics, and Politics)

DONALD ROSS

Ten Fridays (9:45 AM - 11:15 AM)

March 08

The purpose of this study group is to explore the philosophy of Aristotle. The practical aspects of Aristotelianism will be presented and organized within a seven-layer structure.

This study group is a repeat.

Class Format: Lecture and Discussion

Reading: 2 hrs/week.

Donald Ross received his bachelor's degree in philosophy from Wake Forest University in 1970, his master's from the University of Iowa in 1972, and his doctorate from the University of Chicago in 1979. His concentration in graduate school was in ancient philosophy, and he has published research on Aristotle and Plato.

868 Hellenistic Philosophy

DONALD ROSS

Ten Fridays (11:45 AM - 1:15 PM)

March 08

The purpose of this course is to explore the philosophical schools of the Hellenistic period. These include the Epicurean, Stoic, and Skeptic schools.

This study group is not a repeat.

Class Format: Lecture and Discussion

Reading: 2 hrs/week.

Donald Ross received his bachelor's degree in philosophy from Wake Forest University in 1970, his master's from the University of Iowa in 1972, and his doctorate from the University of Chicago in 1979. His concentration in graduate school was in ancient philosophy, and he has published research on Aristotle and Plato.

872 Death, Dying, and Life: A Conversation

HARRISON OWEN

Ten Fridays (9:45 AM - 11:15 AM)

March 08

When we are born, we know (as soon as we know) that we will die. But it always comes as a surprise. Some of us spend our lives defying death, avoiding death, forgetting death ... but it always gets us in the end. Others are sure that life and death are polar opposites ... and never the twain shall meet: very painful and anxiety producing. But Bette Midler was right, "Those afraid of death will never learn to live." There are alternatives. We will explore them.

This study group is not a repeat.

Class Format: Appreciation

Reading: No required reading.

Harrison Owen is an Anglican priest, creator of Open Space Technology, organization transformation, global teacher, consultant, writer (12 published books in multiple foreign languages), human being, and ready to die.

ASSIGNED BOOKS FOR SPRING 2019

#	Study Group	Book Title	Author	ISBN	Publisher	Notes
140	Sino-American Relations	<i>The Beautiful Country and the Middle Kingdom</i>	John Pomfret	978-1250160638	Picador	Recommended
		<i>The Third Revolution: Xi Jinping and the New Chinese State</i>	Elizabeth Economy		Oxford University Press	Recommended
168	The Eurasian Four Ring Circus and the Long War Against Salafist-Jihadism — US National Security Challenges of the Early 21st Century	<i>U.S. Military Capabilities and Forces for a Dangerous World — Rethinking the U.S. Approach to Force Planning</i>	David Ochmanek, Peter A. Wilson, et. al.	978-0-8330-9742-2	RAND Corporation	Required
180	Today's Supreme Court: A Course for Citizens	<i>The Oath: The Obama White House and the Supreme Court</i>	Jeffrey Toobin	978-0-307-39071-4	Anchor Books, Random House	Required
		<i>The US Supreme Court: A Very Short Introduction</i>	Linda Greenhouse	978-0199754540	Oxford University Press	Required
201	Consciousness: What Is It and How Does It Work?	<i>Consciousness: Confessions of a Romantic Reductionist</i>	Christopher Koch			Required
203	Human Progress: the Case for Reason, Science and Humanism	<i>Enlightenment Now, The Case for Reason, Science, Humanism and Progress</i>	Steven Pinker	978-0525427575	Viking	Required
260	The Impact of the Great War on Western Culture and the Western Worldview	<i>The Great War and the Death of God: Cultural Breakdown ...</i>	Charles A. O'Connor III	978-0-989-9169-9-8	New Academia	Required
345	The Rise of the Robots — Can We Adjust?	<i>Machine, Platform, and Crowd</i>	Andrew McAfee, Erik Brynjolfsson			Required
		<i>Hello World — Being Human in the Age of Algorithms</i>	Hannah Fry			Required
373	How to Get Rich Surely, But Slowly — Part 2	<i>How to Get Rich Surely, But Slowly</i>	Gary Cahn	978-1477429198	Createspace Amazon	Recommended
472	Mystery of the Cancer Cell: New Treatments Bring New Hope	<i>Emperor of All Maladies</i>	Siddhartha Mukherjee	978-1-4391-0795-9	Scribner	Required
492	The Human Microbiome	<i>I Contain Multitudes: The Microbes Within Us and A Grand View of Life</i>	Ed Yong	978-0-06-236859-1	Ecco	Required
604	Poetry Craftshop: We Turn in Dream	<i>Door In The Mountain: New and Collected Poems 1965–2003</i>	Jean Valentine	0-8195-6712-4	Wesleyan University Press	Required
		<i>Where Now: New and Selected</i>	Laura Kasischke	978-55659-512-7	Copper Canyon Press	Required
605	Shakespeare's Two Gentlemen of Verona	<i>The Two Gentlemen of Verona (Arden Shakespeare: Third Series)</i>	William Carroll, Ed.	1-903436-95-8	The Arden Shakespeare	Required

#	Study Group	Book Title	Author	ISBN	Publisher	Notes
607	Leaving Home II	<i>Go, Went, Gone</i>	Jenny Erpenbeck	978-0-8112-2594-6	New Directions	Required
		<i>The Post-Office Girl</i>	Stefan Zweig	978-1-59017-262-9	New York Review Books	Required
		<i>The Sheltering Sky</i>	Paul Bowles	978-0-06-235148-7	Ecco Paperback	Required
		<i>Housekeeping</i>	Marilynne Robinson	978-0-312-42409-1	Picador (FSG)	Required
		<i>Their Eyes Were Watching God</i>	Zora Neale Hurston	0-06-091650-8	Perennial Library	Required
619	French Review and Conversation Practice	<i>Intermediate French Grammar, 1st edition</i>	Eliane Kurbegov	978-0071775380	McGraw-Hill Education	Required
621	French Literature	<i>L'Assommoir</i>	Emile Zola			Required
622	Beginning-plus Spanish	<i>Spanish for Dummies, 2nd edition</i>	Susana Wald			Required
630	Moby-Dick — Adults ONLY!	<i>Moby-Dick</i>	Herman Melville, Hershel Parker and Harrison Hayford, Eds.	0-393-97283-6	Norton Critical Edition, paperback	Recommended
		<i>Melville's Short Novels</i>	Herman Melville, Dan McCall, Ed.	0-393-97641-6	Norton Critical Edition, paperback	Recommended
		<i>Why Read Moby-Dick?</i>	Daniel Philbrick	978-0-670-02299	Viking	Recommended
631	Understanding Families Through Plays	<i>Familiar</i>	Danai Gurira			Required
		<i>4,000 Miles</i>	Amy Herzog			Required
		<i>Little Foxes</i>	Lillian Hellman			Required
		<i>King O' The Moon</i>	Tom Dudzick			Required
		<i>The Last Mass at St. Casimir's</i>	Tom Dudzick			Required
641	Trollope's Can You Forgive Her? (Palliser 1)	<i>Can You Forgive Her?</i>	Anthony Trollope, Stephen Wall, Ed.	978-0140430868	Penguin	Required
646	The Book of Genesis — Part 2	<i>The Five Books of Moses</i>	Robert Alter	0-393-01955-1	W. W. Norton & Company	Required
656	War and Peace — Part II	<i>War and Peace</i>	Tolstoy (Peavear & Volokhonsky translation)	978-1400079988	Vintage	Required
677	Shakespearean Tragedy and Romance: King Lear and The Tempest	<i>The Tempest</i> (Folger Shakespeare Library)	William Shakespeare			Required
		<i>King Lear</i> (Folger Shakespeare Library)	William Shakespeare			Required
681	African-American Drama 1959–Present	<i>A Raisin in the Sun</i>	Lorraine Hansberry			Required
		<i>Blues for Mr. Charlie</i>	James Baldwin			Required
		<i>Fences</i>	August Wilson			Required
		<i>The Piano Lesson</i>	August Wilson			Required
		<i>Top Dog/Underdog</i>	Suzanne Lore Parks			Required

#	Study Group	Book Title	Author	ISBN	Publisher	Notes
684	Enjoying Contemporary American Literature by African-American Writers	<i>Sweat</i>	Lynn Nottage	978-1559365321		Required
688	Shakespeare in Performance — Tackling Taming of the Shrew	<i>Taming of the Shrew</i>	William Shakespeare		Folger edition recommended	Required
		<i>Vinegar Girl</i>	Anne Tyler	978-0-8041-4128-4	Hogarth (Random House paperback)	Recommended
690	Portraits of a Lady: Henry James and Beyond	<i>The Portrait of a Lady</i>	Henry James	978-1420957310	Penguin Classics	Required
695	The Idea of North in Canadian and US Writing	<i>Mrs. Osmond</i>	John Banville	978-0451493422	Vintage International	Required
		<i>Year of the Flood</i>	Margaret Atwood	307455475	Anchor	Required
		<i>Not Wanted on the Voyage</i>	Timothy Findley	014007306X	Penguin	Required
		<i>Fifth Business (part of The Deptford Trilogy)</i>	Robertson Davies	141186151	Penguin	Required
		<i>Country of Pointed Firs</i>	Sarah Orne Jewett	451531442	Signet	Required
		<i>Into the Wild</i>	John Krakauer	385486804	Anchor	Required
		<i>The Bird Artist</i>	Howard Norman	031213-0279	Picador	Required
		<i>Ty John</i>	Howard O'Hagan	771093926	New Canadian Library	Required
		<i>The Tin Flute</i>	Gabrielle Roy			Recommended
715	Jewish History and Life: Patriarchs to Israel	<i>A Short History of the Jewish People</i>	R.P. Scheindlin	13-978-0-19-513941-9	Oxford	Required
		<i>A History of the Jews</i>	P. Johnson	0-06-091533-1	Harper	Required
721	The Bloody Breakup of Pakistan in 1971	<i>The Blood Telegram</i>	Gary J. Bass	978-0-307-74462-3	Vintage Books	Required
740	History of Slavery in America	<i>Generations of Captivity: A History of African American Slaves</i>	Ira Berlin	978-0674016248	Harvard University Press	Required
744	The Origins of the Zionist-Arab Conflict, 1881 to 1949	<i>Righteous Victims: A History of the Zionist-Arab Conflict, 1881-2001 (first 300 pages)</i>	Benny Morris	0-679-74475-4	Vintage	Required
751	The American Soul, Rediscovering the Wisdom of the Founders	<i>The American Soul, Rediscovering the Wisdom of the Founders</i>	Jacob Needleman	1-58542-138-3	Tarcher/Putnam	Required
791	History of American Indian-White Relations	<i>How the Indians Lost Their Land: Law and Power on the Frontier</i>	Stuart Banner	0-674-01871-0	Harvard University Press	Required
797	The United States in World War I and Its Aftermath	<i>Over Here: The First World War and American Society</i>	David M. Kennedy	195173996	Oxford University Press	Recommended

#	Study Group	Book Title	Author	ISBN	Publisher	Notes
799	Ulysses S. Grant: In Peace and War	<i>Grant</i>	Jean Edward Smith	978-0684-84927-5	Simon and Schuster	Recommended
		<i>Grant</i>	Ron Chernow	978-1594204876	Penguin Random House LLC	Recommended
		<i>Ulysses S. Grant</i>	Josiah Bunting III	0-8050-6949-6	Henry Holt and Company LLC	Recommended
805	Introduction to Meditation	<i>Voluntary Controls</i>	Jack Schwarz			Recommended
		<i>The Alchemist</i>	Paulo Coelho			Required
806	Meditation Level 2: Molding the Brain by Managing the Mind	<i>The Ancient Secret of the Fountain of Youth</i>	Peter Kelder		Harbor Press Inc.	Required
834	Mastering Skills of Mindfulness Meditation Intermediate Level	<i>Human Energy Systems</i>	Jack Schwarz			Required
		<i>Mindfulness in Plain English</i>	Bhante Gunaratana		Wisdom Publications	Required
841	Albert Camus: Moral Philosopher	<i>The Myth of Sisyphus, and Other Essays</i>	Albert Camus		Vintage Books	Required
867	Aristotle II (Physics, Ethics, and Politics)	<i>The Basic Works of Aristotle</i>	Aristotle	978-0375757990	Modern Library	Required
868	Hellenistic Philosophy	<i>Hellenistic Philosophy</i>	Inwood & Gerson	978-0872203785	Hackett	Required
		<i>On the Nature of the Universe</i>	Lucretius	978-0199555147	Oxford	Required
		<i>The Manual of Epictetus</i>	Epictetus	978-0915145690	Hackett	Required